A Thousand Notable things of sundrie sorts.

1168 h. 39.

Whereof some are wonderfull, some strange, some pleasant, diuers necessarie, a great sort profitable, and many very precious.

Newly corrected.

This Booke bewrayes, that some had rather hide,
which who so buyes, their mouey is not lost.
For many a thing therein, if truly tride,
will gaine much more then twenty such will cost.
And diuers else great secrets will detect,
and other more of strange and rare effect.
It is not made to please some one degree,
no, no, nor yet to bring a gaine to few:
For each thereby, how rich or poore they be,
may reape much good, & mischiefe great eschew.
The paines and trauaile hitherto is mine,
the gaine and pleasure hence-forth will be thine.

AT LONDON
Printed by *Edw. Allde* for *Edward White*, and are to be solde at the little North doore of Pauls, at the signe of the Gunne.
1612.

Chestnuts. 24.
Cucumber. 28.
Cardus bened. 33. 69.
Corall. 34.
Chaps. 39.
Cinkfoile. 45.
Cats. 51.
Celandine. 54.
Canker. 71.
Coriander. 77.
Cory gum. 77.

Pellitory 23.
Purgons. 53. 57. 74.
Plague. 58. 62. 64. 65. 68.
Poison. 56.
Pocke. 70.
Pistiers. 74.
Piony. 78.

Sa[illegible]. 18. 27.
Sicamore. 21.
Sleep. 21. 25. 48. 54. 56. 58. 80
Sheep. 25.
Snow. 26
Sympathies. 30. 32. 35.
Sparrow. 31.
Stones soft. 32. 20.
Scabs. 33.
Spiders. 33.
Sope. 39.
Saphire. 41.
Stomach. 44.
Sounding. 46.
Savory. 48.
Stone. 51. 58. 65. 77.
Strambery. 53.
Swallow. 54.
Silver bright. 62.
Sorrel. 70.
Syma roti. 75.
Sea cole. 77.
Sweet water. 179

[illegible] passio. 70.
[illegible] wo. 73.
[illegible]. 75.

Dormouse. 21.
Dropsy. 78. 79.

[illegible]. 73. 25.
[illegible]. 74.

6 31 OCT

¶ The preface of the Author to the Reader

IF ſome thinke no ſhame to diſpleaſure many, for the pleaſuring of a few (gentle Reader) then I need not to bluſh, nor feare to profite many by hurting of none, which I hope I haue done by the publiſhing of this my Booke abroad, not penned without paine, nor drawne without diligence, nor ended with eaſe: Wherein are ſuch and ſo many notable, rare, pleaſant, profitable, and precious things, (meaning one with another) as neuer were yet ſet forth in any volume in our vulgar or Engliſh tongue, nay diuers of them were neuer hetherto printed nor written that euer I knew: but onely that I writ them at ſuch time as I heard them credibly reported, thinking them ſuch rare things as were worthy to be regiſtred. Mary I muſt confeſſe, I haue ſelected and picked a great ſort out of Latine writers, the Authors and writers whereof I haue named moſt commonly at the end of the ſame: and ſome notable and pretious things I gathered out of ſome old Engliſh written Bookes, and ſome alſo not long ſince printed, vnworthy to be hid, and great pitty but they ſhould

be knowne, which purpoſely I haue placed herein, wherby I thinke verily many will read them, heare them, and haue pr ofite by them, that otherwiſe ſhould neuer haue knowen them. For many (I ſuppoſe) wil buy this Book, for things wherevnto they are affectionated, that neuer could or would haue bought or looked on the Bookes, wherein all they are. So that by this meanes they are like to winne againſt their wills.

Perhaps you will meruail that I haue not placed them in better order, and that things of like matter are not ioyned together. Truely there are ſo many of ſo diuerſe and ſundry ſorts, and contrary effects, that it could not be altogether obſerued: and in my iudgement, through the ſtrangeneſſe and variety of matter it will be more deſirouſly and delightfully read: knowing we are made of ſuch a mould, that delicate daintineſſe delights vs much, but we loath to be fed too much with one food, and that long wandring in ſtrange, pleaſant, and contrary places, will leſſe weary vs, then ſhort trauaile in often troden ground.

This worke might haue beene framed with finer Phraſes (more delectable to ſome, though not ſo meet for many) but that it is better to profite a great ſort, then to feed the fancies of a few, wel aſſured, that the learned eloquent can better perceiue plaine ſpeeches, then the ſlenderly learned and common ſort, can vnderſtand eloquent diſcourſes.

Therefore as I haue written it to all indifferently; ſo wiſh I to manifeſt the meaning thereof accordingly, eſpecially of ſuch as are to be conceiued. Not ignorant that there are diuers & ſundry Aſtrological Aphoriſmes

and

and ſome other practiſes beſides in this Booke, that many both wiſe, learned, and eloquent, cannot attaine to the vnderſtanding thereof, (much leſſe the cõmon ſort) the meaning whereof I commit to the learned therin. But becauſe the Planeticall power and effect in their howres, (whereof I haue noted ſome meruailous matters in this worke) ſhould not be hid or vnknowne, I hope ſhortly there will be ſet foorth ſuch a rule or platforme, that they may be thought ſimple witted, or ſlenderly learned, that thereby cannot finde out and know quickly, both what howre or time any Planet doth raigne or beare rule, and at what inſtant the ſame begins, and how long the force thereof doth laſt: which once knowne, the things that I haue written herein concerning the ſame, (being well marked and diligently obſerued) will not onely auoyd much miſchiefe and harme, but alſo will procure great pleaſure and profite. Vntill the publiſhing whereof, I referre you to a little Booke entituled or called, A briefe Treatiſe concerning many propertables, &c.

In which little Booke is contained the Computation of yeares, with the raignes of the Kings of England: alſo a briefe, neceſſary, and exact Table and rule, whereby any may finde iuſtly and truely when, and how long, any Planet doth raigne, eſpecially ſuch as be of good capacity, and haue pregnant wittes for to conceiue the ſame: but as for the duller ſort, whoſe vnderſtanding is vnable to reach the true meaning by ſhort inſtruction, I thinke the ſame to be both too briefe, and too buſie for them.

I haue diuided this into tenne Bookes, euery one

whereof containes an hundred of the intituled Notable things, which are in all a thouſand. Wiſhing that they may be accepted as thankefully and willingly, as I haue beſtowed them friendly and freely. Being bolde to affirme this much, that a great deale of gold cannot counteruaile this gift, if but ſome twenty of the ſaid thouſand be diligently marked, faithfully followed, and perfectly practiſed. And thus in few words, I bid you farewell.

Thomas Lupton.

THE FIRST BOOKE OF NOTABLE THINGS.

1.

IN the first beginning héereof, a rare and strange matter shall appeare, worthie to be marked, especially of such as loue or vse Sage. A certaine man beeing in a garden with his Louer, did take (as hee was walking) a fewe leaues of Sage, who rubbing his teeth and gummes there-with, immediately fell downe and died: where-vpon his said louer was examined howe hée died, shee said shée knew nothing that he ayled, but that he rubbed his téeth with Sage: and shée went with the Judge and other into the Garden and place, where the same thing happened: and then she tooke of the same Sage to shewe them how he did, and likewise rubbed her téeth and gummes there-with, and presently shée died also, to the great meruaile of all them that stood by: whereupon the Judge suspecting the cause of their deathes to be in the Sage, caused the said bed of Sage to be plucked and digged vp, and to be burned, least other might haue the like harme thereby. And at the rootes, or vnder the said Sage, there was a great Tode found, which infected the same Sage with his venomous breath. Anthonius Mizaldus hath written of this meruailous matter. This may be a warning to such as rashly vse to eate rawe and vnwasht Sage: therefore it is good to plant Rewe round about Sage, for Toades by no meanes will come nie vnto Rewe, (as it is thought of some.)

2.

A Certaine Poet by the report of Mizaldus, did weare leaden Soles vnder his shooes, least the wind should ouerblow him, his body was so light and so little.

If

3.

If any doe mildely or softly beate the plant or stalkes of an hearb called Mullen, some calls it Hedge taper, in the morning, when the flowers thereof begins to open, all the flowers by little and little will fall and come to one, as though the plant were withered, or blasted; which the ignorant haue thought to be done by Magicall Artes, or by some inchantment: especially, if hee that doth strike the same Mullen, doth seeme to mumble some words while he doth it. Mizaldus.

4.

The hoofes of the fore feete of a Cow, dried, and made in fine powder, encreaseth milke in Nurses, if they eate it in their Pottage, or vse it in their drinke: and being cast vpon burning coles, the smoke thereof doth kill Mice, or at the least doth driue them away. This Mizaldus writes, of the experiment of a certaine Spaniard. 5.

Aqua vitæ being outwardly applied, doth helpe very well the sinewes and Muscles, and all other parts of the body tormented or pained of a cold cause, with his heating strength and swift penetration. 6.

If one vse to rub chapped or rough lippes with the sweate behind their eares, it will make them fine, smooth, and well coloured. Proued. 7.

When infortunate Planets be in Angles, and the Sunne or Moone applies vnto them corporally, or by opposition, it signifies that the party then borne, will be either crooke-backt, or will halt, or it signifies the destruction or losse of some member, especially, if the Moone be with the Dragons taile in these signes, Aries, Taurus, Cancer, Scorpius: or Capricornus, or in the beginning or end of the signe. Iatromath, Guat Ryff.

8.

Earth-Wormes fried with Goose-grease, then straind, and a little thereof dropt warme into the deafe or pained eare, doth helpe the same: you must vse it halfe a dosen times at the least. This is true. 9.

Anthonius Beneuinius, an excellent Phisition, doth glorie, that hee with the Water wherein Smithes did quench their hote and burning yrons, giuing the same often to drinke, and

with

with the eating of Capars did perfectly heale a Citizen of Florence that had the griefe & swelling of the Splen seauen yeares.

10

Addars tongue wrapt in Virgins Ware, and put into the left eare of any horse, it makes the horse to fall downe to the ground as though he were dead, and when it is taken out of his eare, it doth not onely waken him or raise him, but also it makes him more lucky or quick. Mizaldus writes this of the report of an English man.

11

If a water Snake be tied by the taile with a cord, and hanged vp, and a vessell full of water set vnder the said Snake, after a certaine time he will auoyd out of his mouth a stone, which stone being taken out of the vessell, he drinkes vp all the water, let this stone be tied to the belly of them that haue the Dropsie, and the water will be exhausted or drunke vp, and it fully and wholy helpes the party that hath the said Dropsie. Iacobus Hollerius.

12

Oft Thunder doth turne & change Wines meruailously, but if the Wines be then in Sellers being paued, and the walls of stone, they take lesse harme then in boorded Sellers: therefore it is good before such Tempest or Thunder to lay a plate of Iron with Salt, or flint stones vpon the said vessels with wine. Leuinus Lemnius by Mizaldus report.

13

They will haue the Palsey, or be so that they cannot moue themselues, or will be giuen to tremble, in whose Natiuities the Moone is an Angle with Saturne, Saturne then being vnder the beames of the Sunne combust. Likewise if the first house and the Lord thereof be infortunate of Saturne, without the aspect of a good Planet. Iatromath. Guat. Ryff.

14

Make pouder of vnslackt Lime, & mixe it with black Sope, and annoynt any Wen therewith, and the Wen will fall away, and when the rot is come out, annoynt it with oyle of Walme, and it will heale it perfectly.

15

If you will make wood of the colour of the wood Hebenus, especially such as be hard, as Bore, and Peare-tree, and such like,

doe as followeth: lay the wood you meane to colour in Allome water, so that it be couered with the said water, and let it rest so three dayes, then lay the said wood against the hot Sunne, or the fire, that it may onely ware warme: then seeth the same wood in common Dyle, wherein put as much of Mytriall Romaine, and Brimstone, as a Hazell Nut, let it be dissolued, the longer you seeth it, the blacker the wood will be, so that you keepe a measure therein, and it will be faire and elegant. Mizaldus had this of an Italian, a professor of many experiments.

16.

The iuyce of mullen leaues (of some called Hedge taper, and of some Long-wort,) put to any part that is bruised, or that hath had a stroke, and the stamped leaues thereof, then put vpon the same, and tied fast on with a cloth, if you let it lie so a whole day and a night vnremoued, it will heale it finely, yea, though it be a wound: but the sore must be first washt with white wine a little warmed, and the iuyce and the leaues must be put to it, and you will mervaile at the effect. Mizaldus had this of one that prooued it.

17.

If any wood or Iron be deepe in the flesh, and cannot well be gotten out, dip a tent in the iuyce of Valerian, and put it into the wound or sore as deepe as you can, and tie the hearbe Valerian stamped, vpon the same with some linnen cloth, that it remoove not away: and by this meanes, the wood, Iron, or other thing whatsoeuer, will not onely be drawne forth, but also the wound will be healed. Mizaldus writes it vpon the report of an Italian. Alexes also affirmes it.

18.

A barren Vine will beare Grapes, if you cast olde and sowre Wine thereon, or if you bury the Lees of Wine at the rootes thereof: but you must take heede that you cast not Soote that is swept from Chimneys, or Lyme, to the roote of the saide barren Vine, which with their burning heate kils the Vine, and makes the same to wither before his time. Mizaldus.

19.

In the morning if salt be holden in the mouth vnder the tong, vntill it melt or consume into water, and the teeth being rubbed there with, it will preserue the teeth safe and sound: and it will

keepe

kéepe them from rotting, and that they ſhall not be wormeaten: prooued.

20.

The téeth of a Boare new killed, are ſo hot, that if one then put them to haires or briſtles, they will burne them: which ſéemes that the Boare is enflamed with ire againſt them that kill him, that he would be reuenged on them with his tuſks. Zenophon is the author, and Mizaldus the reporter thereof.

21.

There is no preſenter remedie to ceaſe the torment of the Gowt, both in the hands and in the féete, then a young whelp ſpecially of one colour, if the ſame be put to the gréefe: Leuinus Lemnius. But the whelp ought to be cut out, or clouen in two parts through the mids of the backe, and the one halfe with the inner ſide hot, to be laid vnto the gréeued place: and this I know to be an excellent thing.

22.

Many ſtinking things do driue away the contagious and peſtiferous ayre, as Caſtorum, Galbanum, Sagapenum, Brimſtone, (all which are to be had at the Apothicaries) the ſmoke of burned Leather, and of Hornes, and eſpecially the ſmell of Gunpowder. For ſaith Lemnius, the whole Citty of Tornace infected with the plague, the rulers of the Tower or Caſtell there, cauſed their Gunnes to be layde and leuelled at the Citty charged with Gun-powder, without pellets or ſhotte, and then morning and euening in the twy-light, they ſhotte off the ſaid péeces or Guns, ſo that through the ſtinking ſmell of the ſaid ſmoke, and the great and violent noyſe of the Gunnes, the infectious and contagious ayre was quite put away, and the Citty deliuered from the plague.

23

Common Azure is made as followeth: take of Salt Armoniacke three ounces, of Verdigreaſe ſixe ounces, let them be made in ponder, and mixe them with water of Tartar, ſo that it may be ſomething thicke, then put the ſame into a glaſſe, and let it be well ſtopped that no ayre may get forth, and let it be laid in very hotte horſe-dung, for the ſpace of eight daies: and then when you take it out, you ſhall finde it excellent Azure. Mizaldus.

24.

It is to be meruailed at, that a Cocke or Cockrell which doth not feare a Serpent, or a Dragon, is so afraid of the shadow of a Gleade, when he is flying, that sodainely he seekes a place of refuge, and hides himselfe. Mizaldus.

25.

Any kinde of Amber being sodden in the grease of a Sow that giues sucke to young Pigges, is not onely thereby the clearer, but also much the better. Mizaldus.

26.

If any carry about him the seed of Sorrell, gathered of a boy being a virgin, his sperme or nature shall not goe from him, neither sleeping or waking: therefore it is said to be good against any pollution in the night. Gilbertus Anglicus.

27.

A certaine Cittizen of Padua, hauing Cantharides, that is to say French Flies, applied to one of his knées, did pisse aboue fiue ounces of blood: the like happened to one, to whose great toe of the same foote, the same was applied: Bartholmeus Montegnanus, a notable Phisition affirmes this: therefore Cantharides is perillous to be taken both inward and outward.

28.

The leafe of the greater Burre, borne or laid on the toppe of the head, doth drawe the Matrix vpward: but laid vnder the sole of the foote it draweth downward, which is a notable and excellent remedy against the suffocations, falling, and displacing of the Matrix. This Mizaldus writeth.

29.

Ale sod till it be thicke like a salue, helps all sores and aches, applied thereto, meruailously: a thing often proued.

30.

All kinde of docks haue this property, that what flesh or meate is sod therewith, though they be neuer so olde, hard, or tough, they will become tender and meete to be eaten: heere vpon it comes that they were so vsed in the olde time, for that thereby the meate was more sooner concockt, and easier digested, and the wound more soluble. Mizaldus.

When

31.

When the aſcendent and the Moone are both impedite, and their Lords and ſignifiers ſafe, then the ſickneſs is in the body and not in the minde. And if the Aſcendent and the Moone be ſafe, and their Lords or Signifiers impedite or hindred, then the ſickneſs is in the minde, and not in the body. And if they all be impedite, then it ſignifies, both ſickneſs of the body, and greefe of minde. Likewiſe if any vnfortunate Planet behold the Aſcendent & not the Moone, then the diſeaſe or græfe is in the minde and not in the body. And if contrary, then the diſeaſe is in the body, and not in the minde. But if an vnfortunate Planet behold them both, then the diſeaſe and græfe is in them both. Iatromath Guat. Riff.

32.

If one ſuſpect himſelfe to be infect with the Pluriſie, let the party holde in his breath as long as he can, and then if he can let his breath goe without coughing, he hath not the Pluriſie. If not, he hath the Pluriſie, or is in danger thereof.

33.

Whoſoeuer hath the Quartaine Ague, ſhall not be troubled with the Falling ſickneſs: for if one haue the Falling ſickneſs firſt, and after ſhall haue the Quartaine Ague, the falling ſickneſs will leaue him. Hippocrates.

34.

One may colour Iuory or any other bones, with an excellent græne colour as followeth: take ſtrong water called Aqua Fortis, wherein diſſolue as much copper as the ſaid water is able: then let the bones that you would haue coloured, lie in the ſame all night, and they will be like a Smaragdine colour. Mizaldus.

35.

If oyle be poured vpon Wine, or any other licour, it makes that the ſame ſhall not ware muſtie, or be corrupted. For it excludes or driues foorth all ayre that may breede corruption, only with the outward ayre of the Oyle, as with a certaine couering. Notwithſtanding, all ſtirpes or Plants, whereon Oyle is poured or effuſed, doe purifie. As Plinie reports.

36.

The coales of a Birche tree made in powder, and put into a wound or great ſore, healeth it perfectly without any other

thing. It was credibly told me that the Muscouites vse it much and esteeme it greatly.

37.

A Robin-red-brest finding the dead body of a man or woman, will couer the face of the same with Mosse, and as some holdes opinion, he will couer also the whole body.

38.

An Italian, through the oft smelling of an hearb called Basill, had a Scorpion bred in his braine, which did not only a long time greeue him, but also at the last killed him. Iacobus Hollerius a learned Phisition, affirmes it for truth. Take heede therefore ye smellers of Basill.

39.

Nauell. If the Nauell string of a childe after it is cut, doth chaunce to touch the ground before it be burned, the same childe will not be able to keepe or holde his or her water, neither night nor day. A thing very true and knowne.

40

A slaine Mouse rosted, and made in powder and drunke at one time, doth perfectly helpe such as cannot holde or keepe their water: especially, if it be vsed three daies in this order. This is very true and often proued.

41.

It was credibly reported to me for a very truth, that a certaine In-keeper in Ware died, which had a dogge that loued him so well, that certaine dayes after he mourned and sought for his saide Maister without eating of any thing: And when he could not finde his said Maister, he laid himselfe among the hot coles in a Chimney: who though he was pulled out of the fire, yet he went in againe and burned himselfe to death. A rare and strange thing as hath beene heard of. I thinke it is hard to finde a seruant so louing to his Lord, as this dog was to his Maister.

42.

Nauell. As soone as the childe is borne, (especially a boy) there ought to be great heede taken in the cutting of the Nauell string: for the member of generation doth follow the proportion of the Nauell string: and if it be tyed too short in a wench, it may be a hinderance to her in bringing foorth her childe. Therefore it is meete

that

that Widwiues haue a great regard therein. This is gathered out of Mathias Cornace, an excellent Phiſition.

43.

For the helping of the Cods or ſtones that be ſwolne or pained, The auncient learned did graue in a plate of Copper the figure of a Scorpion, in the houre of Saturne, the third face of Aquarie then aſcending or riſing with Saturne, and for the Gowt, the ſeale of Piſces: and alſo for the helping and bettering of memory, they made a Ring of pure gold, wherein was cloſed a Diamond vnder the coniunction of Saturne and Iupiter in Aries. Hermes.

44.

Egidius Herthoge writes a ſtrange meruaile of a woman, which caried a dead childe in her woombe thirteene yéeres, which was perceaued of many, that handled her belly: but he writes not what ſucceſſe ſhe had therewith: for whiles he wrote the ſame the woman was well, and did her buſines with her huſband abroad and alſo at home.

45.

Witany drunke with water or Wine, doth cauſe a woman to be eaſily and ſpéedily deliuered, yea, though the childe be dead, or if it be turned contrary to a right courſe: alſo it brings forth the after-burthen: the like effect hath Peniriall, as ſome affirmes. And it hath bén proued as ſaith Mizaldus.

46.

Pigions doe ſo loue the Caſtrell: that if one cloſe young Caſtrels in a potte, and ſtop and couer the ſame cloſe, and ſhall hang them in foure corners of the Doue-houſe, it will procure ſuch a loue to the Pidgions of that place, that for the deſire of them being ſo incloſed in the ſaid pots, they will neuer change that place, ſo much they loue the Caſtrels their friends after their death. Columella reports this as Mizaldus affirmes.

47.

The Wort leafe laide on the crowne of the head, draweth vp the Vuula, or the flap in the throate. M. Caro by the report of Mizaldus.

48.

If a péece of fine gold, or the leaues of pure gold be put into the iuyce of Lenunons, and taken out of it after it haue laine therein a whole day, and the ſame iuyce then giuen to one that is ſicke of the plague, with a little Wine, and the powder of the roote

of

of Angelica, or of the decoction of the same rot, it is merualle to be told what helpe it brings them, yea though they be past all hope or thought past recouery. This Mizaldus writes as proued.

49

If a man be the first that a woman méets after she comes out of the Church, when she is newly churched, it signifies that her next childe will be a boy. If she mét a woman, then a wench is like to be her next childe. This was credibly reported to me to be true, but praise it as it proues.

50

A little bay salt stamped small, mixt with the yolke of an egge, and applied to a Fellon, and so vsed diuerse times, doth not only perfectly heale the same with spéed, but also it drawes out all the paine out of the arme, and ceases the swelling thereof, if any such be by the meanes of the same. This is perfectly proued.

51

Children are not alwaies like vnto their Parents, as it may appeare in Helides, which did beget a daughter of an Ethiopian, which daughter was not of the colour of her Mother: but after the said daughter had a sonne which was black and like to the Grandmother. So Niceus the Poet did degenerate in colour from his Father and his Mother, and was like his Grandfather being an Ethiopian. Which thing ought well to be considered of such that suspects their wiues when they bring forth children vnlike to either of them: for it happens many times that the childe is like to the Grandfather, or great Grandfather, and neither like the Father nor Mother. Mizaldus.

52

A Toad stone called Crapandina touching any part beuenomed, hurt, or stung with Rat, Spider, or Waspe, or any other venomous Beast, ceases the paine or swelling thereof. Lemnius.

53

The iuyce of Brome mixt with the oyle of Radish or Mustard, is a very safe remedy for the killing or destroying of Lice.

54

If a woman annoynt often her Dugges or Pappes with the iuyce of Succory, it will make them little, round, and hard, for if they be hanging or bagging, it will draw them together, whereby

whereby they ſhall ſeeme as the dugges of a maide. Mizaldus.

55

If you ſhall encloſe within a peece of thin ſilke, Galbanum made ſoft, and ſhall lay it to the mouth of the Matrix all a night, (the head of that woman hauing then no foule nor ſtinking cloaths vpon it, but onely couered with a Caule, and a cleane or thin Kirchiefe, without any kinde of odours) in the morning when the ſame are loſed from her head, if the crowne of her head ſmell of Galbanum, it is a ſure token that the woman is apt to haue children. Hipocrates.

56

If a ſtone called a Hemetiſt, wherein a man is grauen with bended knées, girded about with a Serpent, holding the Serpents head in his right hand, and his taile in his left hand, be ſet in a gold Ring, with one leafe of an hearbe called Dragons put vnder the ſaid ſtone, it doth make the bearer thereof ſafe from all poyſon and plague. Hellerius a notable Phiſition writes it.

57

The faſting ſpettle of a whole and ſound perſon, doth quite take away all ſcruuines, ſawſflame, or rednes of the face, ringwormes, Tetters, and all kind of Puſtules or wheales, by ſmearing or rubbing the infected place therewith. And likewiſe it cleane puts away thereby all painefull ſwellings by the meanes of any venemous thing: as Hornets, Spiders, Toades, and ſuch like. Mizaldus.

58

New Cheeſe wrapt or folded in the dry leaues of Dragons preſerues the ſame from being mowly, or from putrifying. Gallen and Plinie.

59

It is certaine and conſtantly affirmed, that on Mid ſomer eue, that is, the day before the Natiuity of S. Iohn Baptiſt, there is found vnder the roote of Mugwort a coale, which preſerues or keepes them ſafe from plague, the Carbuncle, Lightning, the Quartaine Ague, and from burning, that beares the ſame about them. And Mizaldus the writer hereof ſaith, that he doth heare that it is to be found the ſame day vnder the roote of Planten. Which I know to be of a truth, for I haue found them the ſame day vnder the roote of Planten. Which is eſpecially and chiefely to be found and had at noone.

The drosse, or that that is left after the palling out of the oyle of Linseed, is marvellous profitable for the feeding of beasts: and if you shall let a hand full or two thereof steepe a while in raine water, & therewith wash your hands, it will not onely amend the spots or other deformity of the skin: but also you shall thereby perceiue that the same & other members, if they be likewise washt therewith, will be made much fairer & more cleane. Mizaldus.

61

All things that comes out of the earth will swim vpon quicke-silver, though they be heauy, except gold: and gold though never so little will sincke into it and be swallowed thereof, and his colour will be turned into silver, which cannot be reduced into the forme of gold againe, but with fire, nor cannot be gotten out. And the Nick-silver, through the fire will be resolued in a smoke with a perilous smell. Mizaldus.

62

Salt finely stamped and mixed with fasting spettle laid on a fillet, and applied certaine times to the place where superfluous haire is, doth cause that haire will grow there no more. A thing certainely proued. Pigions dung doth worke the like effect applied in such sort.

63

Aqua vitæ mixt with white Sugar-candy finely powdred, so that it be not too thick therof, but indifferent, & a spone-full therof taken last at night for the space of three or foure nights, doth presently helpe the cough and hoarsenes, and breakes the fleame marvellously: this is a tried thing. The like effect hath the pouder of the rot of Enulacampana mixt with the pouder of Liquorice and white Sugar-candy, if it be oftentimes vsed and eaten a spon-full at a time. Which I haue often proued.

64

They are like to be Gowty, or to haue the Sciatica, or paines in the ioynts, in whose Natiuity Saturne or Mars is in the first house, or in the twelfth house infortunating the Lord of the first house: especially, if the signe of the first house be Capricornus, Aquarius or Pisces. Iatromath. Guat. Ryff.

Whosoeuer

65.

Whosoeuer haue their fæt smell strongly, if they put the scales of Iron, in their shoes wherein they vse to goe, it takes cleane away the euill smell thereof. George Fabricus.

66.

You shall stay the bleeding of the nose, if you write with the same blood in the fore-head of the party that bleedes, these words following. Consummatum est. A thing proued with many. Mizaldus.

67.

If boyes or young men doe vse milke and exercise from the cradle, they are thereby more higher or taller of body, and of more comly and beautifull stature. Mizaldus.

68.

The powder of the toth of a Bore mixt with the oyle of Linseede, doth presently cure the Squinancie. (which is a paine or swelling in the throte) if the greeued place be touched with the end of a feather or pen, smeared with the same mixture. Mizaldus.

69.

The outward part of the Nettle, doth sting, prickle, or burne, but the inward part (being the iuyce) anointed on the artiers, doth mitigate and amend the feuerly heate of the heart. Auicenna, & Arnold de villa noua.

70.

If the corners of the eyes be anointed with an ointment of Saffron, if after the spittle doth sauor thereof, the party is not barren, but apt to haue children. Plinie.

71.

A Medicine made of a little Honey and of a cole made of a Wine which neuer bare Grapes, if the teeth be often rubbed therewith, doth so cleanse them, and makes them so white, that they will be iudged to be of Iuory.

72.

The blood of a white Hen, smeared on a freckled or spotted face, & thereon suffered to drie, and afterward wiped away cleerely, takes away all spottes from the same. Mizaldus had this of a certaine Italian.

73.

Cantharides wrapt in a Spiders webbe, and hanged ouer one that hath the Quartaine Ague, it is said it cures or deliuers

him or her thereof perfectly. Mizaldus.

74.

The decoction of Hollihocke, with Honey and Butter being drunke, doth meruailously ease the paine of the Collick and of the back. I haue proued this to be very excellent and true.

75.

A plaister made of the powder of burned Swallowes, and of their nest, doth helpe effectually the swelling of the throate, or the Squinancie.

76

If the pésse of a Bull that is all red, be made in powder, and a dram thereof (that is the weight of lxii. barly cornes) be giuen to a woman in a draught of wine, it will make her loth to haue to doe with a man, (as Basis writes.) And the same powder giuen in méate medicines to a man, doth contrary stirre and make him haue lust therein. Marcellus Empericus.

77.

If dogges chance to finde a Cats skin, they will rub and roule themselues vpon it. And they will doe so likewise where it is buried: they delight so much of the thing dead, which they hated aliue, Cardanus.

78.

You shall knowe good and pure Azure, from sophisticate and naughty Alure, if some of it be laide vpon hote burning yron, and if then it will not be burned, neither any little stone is found therein, then it is pure and perfect. Mizaldus had this out of an olde written booke.

79.

The white of an egge well and long beaten mixt with quicke Lime, will ioyne surely broken Glasses, and broken earthen Cups, and make them hold fast and surely together. But it would be the better if a little of very old Chese be well mixt therewith. This is very true, and proued.

80.

Planten is iudged by Hermes, to be the herbe of Mars, and therefore good against the diseases and paines of the head: because that the signe Aries, which is one of the houses of Mars, doth gouerne the head. And also Planten is very good against the greefe and diseases of the stones, and the vlcers of the bladder: and also Gonorrhæa passio and Hæmerods, because Scorpio the other house

of

of Mars, doth rule that part of the body. Like iudgments may be had of other hearbes of the planets. Mizaldus.

81

If the right knée of a Bull be very ſtraite tied, he cannot bull a Cow, although before his eyes ſhe allure him thereto with her mouing. Mizaldus.

82

If a married man be let or hindred through Inchauntment, ſorcery, or witchcraft from the act of generation, let him make water through his mariage Ring, and he ſhall be looſed from the ſame, and their dooings ſhall haue no further power in him. Guil. Varignana, and Arnoldus de villa noua, affirmes the ſame.

83.

Who ſo vſe to rubbe their fingers betweene their toes of their féete when they goe to bed, eſpecially when they ſmell moſt, and then to ſmell the ſame at their noſe: it is a perfect remedy to put away the cramp. This was affirmed to me as a tried thing.

84.

A candle burning, holden or put to a houſe or place wherein a péece of Salt-peter is put, the ſaid candle will ſodainly be blown out. And the ſame candle immediatly put to a mother place wherin is Brimſtone, will be light and burne againe, to the great meruaile of them that ſtands by, if they be ignorant of the ſecret. Mizaldus. But the ſnuffe of the candle muſt not be cleane out.

85.

That writings ſhall not burne in the fire, take very ſtrong vinegar, and the whites of egs, and put them together, & put thereto Quick-ſiluer, mixing and ſtirring the Quick-ſiluer well therein, and with the ſame mixture anoint Paper three times, and after euery time, dry the ſame well: and after that write what you liſt on the ſame paper, and then caſt the ſame writing into the fire without burning. This Mizaldus had out of an old book.

86

Cut or breake a white loafe in the mids when it comes hotte out of the Ouen, and lay it to the eare of ſuch as haue any quick thing in their head, and it will bring it out, ſhifting it ſtill with hot bread, vntill all the quick things be come forth. This is proued to be true.

87.

The little bone in the knée ioynt of the hinder leg of an Hare doth presently helpe the Crampe, if you touch the grieued place there with. Often proued.

88.

A little peece of the tong of a Fox, being moystened and made soft in Vineger, (if it be dry) draweth out a thorne or any other thing deepe in the flesh, if it be laide vpon the place where it is. It is an excellent and true thing.

89.

When the signe of the first house is Libra, and Mars in the same house: it signifies greefe and paines of the eyes. Iatromathematica, Guat. Riff.

90.

Iulius Viator a Knight of Rome, (Plinie being the Author) who in his child-hoode had the Dropsie, therefore then forbidden of the Phisitions to vse moyst things, did so ouercome Nature, through continuance or long vse, that all the time of his life after he liued without drinking any thing.

91.

The three corned stone of a Carp, which is to be found in the hinder part of the head, nie vnto the neck, beaten small, & blown into the nose, doth stay the bleeding of the nose, by his binding faculty: which may be perceaued by the tasting thereof. This hath bin proued, and I know it to be true. Mizaldus

92.

The head of a Cat that is all blacke, burned in a new potte, and fine ashes or powder made thereof, & some of the same thrice euery day, blowne out of a quill into the eye that hath either web or pearle, or any other euill or greefe in the same, is a most excellent helpe and remedy therefore. But if the party feele any burning in his or her eye (especially in the night) let three or foure Oken leaues steeped or moystned in water, be laid together vpon the sore or grieued eye, and let the same be afterward turned and laid on againe. The Author of this secret said: that the sight is restored with this remedy, after a whole yeares blindnes. This was told to Mizaldus.

That

93

That Salt will helpe Fecundity, or make women more apt to bring forth children, It may be an argument: because of the great number of Mise & Rats that are wont to breed in Shippes of the Sea. And because women that are lovers of Salt and Salt meates, are more prone, and have more children. Lemnius.

94

Asses that are much cumbred with melancholy, doe gladly eate Citterach, or Scaleferne, that they may mend and helpe the diseases of the Spleene: Goldfinches, Eybright, and Vipers, Fennell, for the mending of their sight. So Goates by a certaine property of Nature, doe hate or cannot abide mans spetle, nor they will eate any thing whereof man hath first tasted. But the nature of the Lyzards is contrary: for they licke up the same greedily, Plinius, Theophrast. 95

Annibal made a passage for him and his Souldiours through the hard Rockes of the Alpes to passe into Italy. For by heating and burning the stones with fire, & sprinkling Vineger thereon, he made them so soft, that they might fall easily in peeces, and that they might be sooner broken a sunder. Titus Liuius, Plutarchus.

96

Heere followes an excellent remedy for all wounds, and easie to be made. Take Greeke Pitch, Brimstone, & white Olibanum, which is a kind of Frankensence, of all a like quantity: let them be stamped and mixt with the whites of Eggs, then (the wound being first washt, and the lipps thereof well ioyned together) lay the same mixture on a linnen cloath, and apply it to the wound, and tie the same fast on with cloathes, or broad bands: and let it lie so certaine daies unremoued: proued saith Mizaldus.

97

White Lillies will wax red, as Florentinus hath taught: if warily and diligently you open the clifts of the rots, and fill the same with any red colour: and so then set the same in a fat dunged earth. Mizaldus. 98

Women that vse to lie and sleep on their right side, seldome or neuer bring forth any wenches. Rasis writes this.

99

Who soeuer is annoynted for the Neapolitane disease, (commonly

monly called the French pocks) if he hold in his mouth a Ring of gold, or elſe an other peece of gold, and roules the ſame about his mouth with his tongue, the Quickeſilver that is in his body by the meanes of the oyntment, is drawne of the ſaid gold, & is ſo wrapt about the ſaid Ring or gold, that when the ſame is taken out of his month, it ſhall ſeeme as though it were all ſilver. And the ſame Ring or other gold will not be reſtored to his former brightneſſe or colour, except it be put into the fire. Lemni.

100

Snailes without their ſhelles, or otherwiſe with their ſhelles ſtamped and mixed ſometimes with Cheſſep or rennet doe draw out thornes, or any other thing out of the fleſh, though neuer ſo deepe, if they be applyed to the place. And alſo being laid to the belly of them that haue the dropſie, they ſuck out the water. But the ſame muſt not be loſed from the belly, vntill all the humour or water be ſweate forth, or elſe the ſame plaiſter of Snailes doth fall away of himſelfe. Iacob Hollerius.

The end of the firſt Booke.

The ſecond Booke of Notable things.

1

When the Mone is in the coniunction with the Sunne, or in any euill aſpect with him, and in a nie Angle, and beholden of euill Planets with an euill aſpect, in any bodyes natiuity, It ſignifies that childe that is then borne, ſhall haue inſeparable diſeaſes or greefes in the eies. Iatromath. Guat. H. Ryff. Argent.

2

It is manifeſt by experience, that the ſeauenth Male childe by iuſt order (neuer a Girle or Wench being borne betweene,) doth heale onely with touching, (through a naturall guift,) the Kings euill: which is a ſpecial guift of God, giuen to Kings or Queens. As daily experience doth witnes.

Eraſtratus

Eraſtratus a Phiſition did perceiue by the feeling of the pulſe, that Antiochus the ſon of King Seleucus, did ſo pine for the loue of Stratonices his mother in law, that vnleſſe hee might haue his deſire, with the good will and pardon of his father, he would die. Theſe are the Authors thereof, Valerius Maximus, and Galenus. Which alſo by the like, did know that Iuſta the wife of Boetius, a Conſailour of Rome, did languiſh for the loue of one Pilas dancing in the Theater. Mizaldus.

4

Celendine with the hart of a Mwnt or a Mouldwarp laide vnder the head of one that is greeuouſly ſick, if he be in danger of death immedatly he will cry with a loud voyce, or ſing: if not, hee will weepe. Mizaldus.

5

The iuice of Henbane, mixt with the bloud of an Hare, and ſod within the skinne of a Hare, it is ſaid that all the Hares will gather together which be within that trace where it is buried. As the Patrir of a Bitch will gather Dogs together. This was affirmed for truth to Mizaldus.

6

Many women with childe of the ſodaine or vnlooked for, meeting, or ſodaine ſeeing of an Hare, or for the deſire or longing to eate of the ſame: doe bring forth children with a clouen ouer-lip, & forked wiſe, called an Hare lip. Daily experience confirmes it. Mizaldus.

7

That diſeaſe or ſickneſſe will be great which takes one when the Moone is in that ſigne, wherein an euill Planet was in the time of his birth, either in a quartile or oppoſite aſpect: and if an euill Planet doth then beholder, it will be very perilous. But then if the Moone be in a place where a good Planet was in the time of the birth, that ſickneſſe will be without any danger. Hermes Triſmegiſtus, Ptolomeus, and Claudius Galenus. Authors.

8

An Egge laid in ſtrong Vineger, three daies or a little longer: it makes the ſhell thereof ſo tender and ſoft, that one may

draw it through a Ring. Caſt the ſame into a warme water, and let it lye therein, and it will be hard againe. Mizaldus.

9

A flint ſtone lying in vineger the ſpace of ſeauen daies, may be reſolued into pouder by rubbing betweene the fingers. Therefore it is no maruell though Annibal did diſſolue the ſtones of the Alpes with vineger. Mizaldus.

10

Water wherein the leaues and ſéeds of Hemp is ſodden, being caſt or ſprinkled on the earth, will make the wormes to come out of the ground if any be there. Mizaldus.

11

Take the oyle of Tartar, made of the Léese of excellent wine, it doth take the ſpots from yron, the yron being cleanſed from all ruſtines, and doth make him of an excellent brightnes: if the yron be rubbed there-with. Mizaldus.

12

The rote of Henbane ſtamped and applied warme to the paine of the Gowt of the fét or Sciatica: It is ſaid that it helpes marueilouſly, becauſe the hearbe belongs to Iupiter, which is onely Lord of Sagitarie, which gouernes the huckle-bone. And of Piſces which challendgeth the fét. Mizaldus had this out of an old booke of ſecrets.

13

If ſome drops of Aqua vitæ, be mixt with writing inke, the ſame inke will neuer be frozen: proued.

14

Whoſoeuer is apt to any thing, hath certainely that Star or Planet, by whom that thing is ſignified, very ſtrong in his birth. Mizaldus. As thus for example (I may ſay by the way.) He that is apt to martiall feates, or war-like affaires, hath vndoubtedly Mars ſtrong in his birth. And whoſoeuer is apt or enclined to planting, drawing, writing, ſphoring, or to the Science of Arithmeticke, or to any witty or notable inuentions, without all doubt hath Mercurie very ſtrong in his birth. Which by daily proofe is infallible. And ſo you may know of the reſt.

The

15.

The wood of the Sicamore tree, is neuer drye in the ayre or high ground, and in the bankes of Riuers, and where waters run ouer, it dries very quickly. Mizaldus.

16.

The soles of the feete anointed with the fatte of a Dormouse doth procure sleepe. As Ætius doth say.

17.

They will haue paines in the stomacke, or be weake-stomackt, in whose Natiuities, Mars and Saturne are in the first house: or in the twelfth house, infortunating the Moone, or the Lord of the Ascendent: especially if the signe of the first house be Cancer. Iatromath. Guat. Ryff.

18.

This following is an excellent remedy for them that be broken bellied or burſten. Take ninered Snailes, and put them betweene two Tile-stones, so that they slide not away, and dry them in an Ouen, so that you make them in powder: then giue to the diseased the powder of one of them in white wine euery other day in the morning, till all be done, which will be in eighteene dayes. The party must take it fasting, & neither eate nor drinke of two houres after. And if the disease be so long rooted that these nine times will not suffise: then begin immediatly againe with other nine Snailes, and doe as before is declared in all points. I had this out of an old Booke wherein was many secrets, and I heard one affirme it to be a true and tried thing.

19.

Hemp-seede giuen to Hennes in winter, will make them lay egges a pace. Candanus.

20.

The oyle of Tartar, doth take away cleane all spots, freckles, and filthy wheales, of the face, chin, or forehead, with his cleansing strength. This is proued.

21.

When thou wilt driue away Flyes from any place, that there shall none be seene there againe, make the image of a Fly in the stone of a Ring: or as my Booke saith Mizaldus, in a plate of braſſe or Copper, or of Tume, make the image of a Fly

of a Spider, or of a Serpent, the second face of Pisces, then ascending. And whiles you are making & grauing of them, say: This is the image which doth cleane rid all Flyes for euer. Then burie the same in the midst of the house, or hang it in any place of the house, (but if thou hast foure such plates, & bury or hang them in foure corners of the house, or hide them within the walls, that no body take them away, it were far better.) But this laying of them must be when the first face of Taurus doth ascend. And so no Fly will come in there, nor tarry there. Ptolomie saith, that he saw the triall hereof in the house of king Adebarus: who was very wise, and was meruailous expert in naturall Magicke, in whose Pallace or place, there was neither Fly nor any other hurting worme. And that I might search it out saith he: I brought in thither liue Flies, which presently died. Mizaldus.

22.

Sire or seauen whites of egges put into troubled or thicke Wine, and the same being well mooued and stirred with a sticke makes the Wine faire and cleare.

23.

It is dangerous to strike, especially, to cut that part of the body, when the Moone is in that signe that gouernes the same: as daily experience sheweth by many, and a thing euery where feared and doubted, through the dangers that followes thereof. And it was credibly tolde me, that one that was by chance prickt in the finger with a thorne: the Moone in Gemini, died without any remedy thereof. And I knew a tall man and a stout, that in fighting had a little cut with a sword vnder the ankle, as it seemed to me, seeing the same, a thing of small harme, yet notwithstanding, he died within halfe an houre after the stroke was giuen. This may be verified by many examples. So that by this and by many other things, it is manifest that the Moone and other celestiall bodies, haue meruailous power in our earthly bodies. As in this booke and in diuers and many places, the same is manifest.

24

If a Rat, Mouse, or Weasell, or any other thing, sodainly leap or fall on the body of a woman with childe: or else any Cherries

or

or a cluster of Grapes, or other thing whatsoeuer chance to fall or hitte any part of her body, by and by it haps that the childe is marked with some speciall note or marke on that part, whereon they did fall or hit: except happily the woman (on whose body the same did chaunce,) wipe with her hand sodainly the part or member therewith touched, and lay her said hand on some other part further off. Lemnius. There are fewe women but knowes this to be true, and many haue found it too true. As two or three strange examples in this book doth shew most wonderfully.

25.

Burning water called Aqua vitæ, is of a meruailous force, in preserning of things and keping them from putrifying. For flesh or meates whatsoeuer moystened there with, will be safe from corruption and wormes.

26.

If yong beasts eate of the leaues of an Iuy tree, they die. But if they that chewe the cud doe eate thereof, they feele no harme. This is the opinion of Theophrastus. But Plinie doth ascribe it to the Ash tree. But the likelihoode and nerenes of the wordes might deceaue him. For the Ash tree in the Greek tongue is, Milean, and the Iuy tree is Millon. Mizaldus.

27.

A meruailous matter, and a thing worthy to be remembred is written by Ælianus, that a great mighty Wolfe did come to a schoole, and did snatch the writing Tables out of the hands of a boy, called Gelon of Syracusa. Whereat the said childe Gelon, rising from his seate, did diligently and sharply without any feare follow the said wilde beast, earnestly to plucke the saide Tables from his mouth. But after that Gelon was out of the schoole, the Wolfe with a sodaine ruine fell vpon the rest of the schollers, and killed, and oppressed with the Schole-maister, aboue a hundreth boyes. Onely Gelon by Gods prouidence, of all his fellowes remaining aliue. And because he was not killed of the Woolfe, but rather reserued: it cannot be without great admiration, partly forshewing his kingdome and rule, and partly that hee was preserued from so imminent a perrill.

28.

Whoſoeuer will preſerue Cheſ-nuts, and kéepe them ſafe and ſound, let them lay and mixe them with Wal-nuts: for they will drinke vp and conſume ſuch humors whereby they corrupt. And they will not ſuffer them to ware moldy. Mizaldus.

29.

Knot-graſſe is thought to be the herb of the Sunne, whereupon it helpes greatly all the diſeaſes of the heart, and the mouth of the ſtomacke. Whereof Leo the Lyon is gouernour, which is the houſe of the Sun. And it is very good againſt the great griefs of the backe, the Stone and the Collicke, by drinking of it, or by inſection. It was affirmed to Mizaldus, that it was found true by experience.

30.

An herbe called Houndſ-tong, ioyned with the Matrix of a Witch, being ſo tied to the necke of a dogge, that he cannot get it away: you ſhall ſée him turne about ſo long, that hee will fall downe and ſéeme to be halfe dead. Albertus.

31.

When the Scithians were conſtrained to ſuſtaine hunger for any certaine matter or vrgent cauſe: they girded in their bellies with broad bands that no emptines left in their belly or guttes, their hunger might the leſſe gréeue them. For through the hard binding in of the belly, hunger is the more tolerable. Whereupon it is ſaine that they that eate much, doe loſe or vnbutton their dublets, and loſe their garters. Phauorinus.

32.

The Elephant ſéeing a Ram, is by and by tame, and leanes his fiercenes. With which policy the Romains cauſed the Elephants of king Pyrhus to returne and goe backward. And ſo the Romaines obtained a worthy victory. Mizaldus.

33.

The paring of an Apple cutte ſome-thing thicke, the inſide whereof laide to hotte burning or running eyes, at night when the party goes to bed, and tied or bound to the ſame, doth helpe the ſame very ſpéedily, and contrary to expectation. An excellent ſecret.

34

A certaine Priest hauing a louing Dogge, was killed for his money, and throwne among bushes or some other priuy place. Which dog so mourned for his said master, that hee would not depart from him, but howled: so that the dead body was found. Which dead body was brought afore certaine men to be viewed, to which place diuers people resorted. Amongst whom the murtherer must needes shewe himselfe (lamenting outwardly the matter, with the rest of the standers by, as though he had beene as guiltlesse as the best,) whom when the said dogge perceiued, he barkt and did runne at him fiercely, and by no meanes would leaue his barking, howling and running at him. And following after him, and at none other: shewing (in his manner) that that was he that killed his maister. Whereupon being suspected hee was examined, who forthwith confessed his wicked fact: and therefore was executed. Saint Austine affirmes this, as I doe remember.

35

If both the lights, (that is to say, the Sunne and the Moone) be in the first house infortunate, they that be then borne, without doubt will be blind. And if but one of them be there and infortunate: then the child will be blind but of one eye. And like wise it will be, if either the said lights be Lord of the first house infortunate. And vniuersally, their eies cannot escape great hurt, in whose natiuity the said lights are impedite. Iatromath.

36

This following will presently ease the paines of the Gowte: fry out the grease of Shoomakers spetches, or peeces of Leather: and lay some of it vpon a browne paper, warming it a little at the fire: then apply the same to the greefe, and it will take away the paines in one night. I had this of them that haue proued it often to be true.

37

If Sheepe chance to eate of an hearbe called Knotgrasse, it will make their bellies swell, and they will auoyd out of their mouthes a thin stinking froth: therefore they must be let blood vnder the taile next to the buttock. Columella.

38

There are many doe things in their sleepe, that they that be awake vse to doe. For they will walke about the house and

Chamber

Chamber, and will goe to other folkes beds, & dare doo any thing without feare. Whereof there are many daily examples. But one among all the reſt, (which was credibly told me) was meruailous ſtrange, and almoſt incredible. Which was: that two men lying in bed together, the one of them being faſt a ſléepe, tooke the keyes and vnlocked the doores, and the gate of the houſe, and ſo toke his Bow and Arrowes, and went to a wood or chaſe about a mile from thence, and killed a Bucke or a Doe, and then did couer and hide the ſame in the Wood: and then came home againe, vnlocking and locking the gates and doores againe, & laid the keyes where he had them, and ſo went to bed. The other man that lay with him being awake, followed him, and did ſée all that he did. But he would not goe to bed, but ſtaid a while in another place, to ſée the end thereof. And as ſoone as the other within the bed, where the other man did lie, and by and by after awaking, ſaid: alas what haue I done, I haue killed him. The other anſwered, nay, I am not killed yet, thankes be to God. Then ſaid he: for I was a dreamed I killed a Bucke in ſuch a place, and that thou didſt ſéeme where I did kill him, and hide him: and thinking thou wouldſt bewray me, I thought to kill thée. But I am glad ſaid he, that it was but a dreame. Then the other ſaid: if it were a dreame thy dreame is then true. For thou haſt performed all thy dreame, except the killing of mee, which he would not beléeue vntill the next day: when hée that lay with him carried him to the place where he himſelfe told that he did hide the ſaid Bucke. Where in déede they found the Bucke killed as he before told in his dreame. A meruailous matter if it were true.

39.

The Grékes and Romaines did kéepe Snowe till Sommer in Caues of the earth, couered with Oaken boughes or chaffe. Which made Saint Auſtine ſay: who gaue chaffe ſuch a colde ſtrength to kéepe and preſerue Snowe, or ſuch a hot ſtrength, to heape and ripen vnripe Apples.

40.

Wine will bée pleaſant in taſte, and in ſauour, and colour: it will much pleaſe thée if an Orenge, or a Lemmon (ſtucke

round

round about with Cloaues) be hanged within the vessell that it touch not the Wine. And so the Wine will be preserued from foulnes and euill sauour. Mizaldus.

41

They will haue paines or diseases in their Liuer, in whose nativity Iupiter is Lord of the first house, being euill aspected of an infortunate planet. Iatromath.

42

If shell Snailes be rosted and dried at the fire or in an Ouen, and made in pouder: and a spoonfull thereof drunke in Ale at one time, and so taken nine or ten daies together: it doth perfectly helpe and cure the blacke Iandies. proued.

43

If you stampe earth wormes, and then straine them through a cloath, and then put to the same as much of the oyle of Radish rootes, and betweene the beating or framing of swords, knines, or daggers, when they be hot, you doe quench them twice or thrice therein, the same shall cut yron after, as though it were Lead. This Mizaldus had of a Phisition that was cunning in that Art.

44

Stinking and corrupt wine will be maruelously mended, if according to the bignes of the vessell, a sufficient quantity of cleane Wheate in a bagge be hanged in the said vessell, and after be taken out of the same. For whatsoeuer is vncleane, or naught in the wine; the wheate will draw the same to it, and so will leaue the wine pure and cleare. Pistorius.

45

The vttermost or last ioynt of the taile of a young Whelpe, after he is forty daies old, being withen off: the same dog will neuer be mad. Besides that, his taile will be thereby of a comly length. Mizaldus.

46

If you bore holes in Bay-beries, and put into euery hole the seedes of Artichokes, and wrap them with dung: and so put them into the earth, thou shalt haue so sweet and pleasant smelling Artichokes: that nothing can be of a more sweet and pleasant smell. Varro. The same will happen, if you doe steep seeds three daies in sweet smelling water Mizaldus.

47

Butter Aqua vitæ, and Beast gall, of each like quantity mixt together. And any ach or stitch annointed there with some thing hot, euery morning and euening, for seauen or eight daies, doth perfectly helpe the same. proued.

48

All Wheat that is sowen in continuall moist ground, after the third sowing, will become the purest Wheat and make the finest and best bread that can be made, Columella.

49

Galen saith, that he knew certaine men in his time, that gaue the pouder of mans bones burned, to them that had the Falling sickness: they not knowing of it, least their minde should stand against the medecine, and many was cured with the same. Gesnerus hath proued it with the scull.

50

If the little Nerue vnder a Whelpes tongue (commonly called the grædy worme) be taken away, it kæpes the same safe after from being mad: and he will not be giuen so much to barking after. And also it is thought they will not be giuen to grædynesse after.

51

If you pricke the head of a Lærke, with a Rød or a sticke sharped, and put within the same the sæds of Raye, or of Cucumbers, the said lærks head wil so swell that it will sæme monstrous.

52

Ætites, called the Eagles stone, tied to the left arme or side: it brings this benefit to women with child, that they shall not be deliuered before their time. Besides that, it brings loue betwæne the man and the wife. And if a woman haue a painefull trauaile in the birth of her child, this stone tyed to her thigh, bringes an easie and light birth: but you must take it away quickly after the birth. The same stone as the Caldeans reports, if it be mixt with meates enuenomed, it forbids or lets that the same meate be swallowed downe. Euax. & Alb.

53

The people of Astomores (as Plinie reports) haue no mouth: and are clad with a woolly mosse growing in India, and liues onely with smelling of odours at their nose, of rots, and flowers,

and

and Apples that growes in the woods: which they carrie with them in their long iournies to ſuſtaine and nouriſh them withall, leaſt they ſhould want thereof to ſmell.

54.

The powder of Stone-pitch, drunke in ſmall drinke once euery day, for the ſpace of foure or fiue dayes: is a very good remedy for them that are bruſed through falling, or otherwiſe.

55.

When the Sunne is in the day time, and the Moone in the night, in an natiuity, & is corporally coniunct with any euill Planet: the childe that is then borne will be blind. And if this be in an Angle, or if the Lord of the Aſcendent be with them, then they will be blinde in their youth. And if the ſaid light ſo infortunate be not in an Angle, nor with the Lord of the Aſcendent, then they will be blind in their age. Iatromath. Guat. Riff.

56.

Three nailes made in the vigill of the natiuity of Saint Iohn Baptiſt, called Midſomer Eue, and driuen in ſo deepe, that they cannot be ſeene, in the place where the party doth fall that hath the falling ſickneſs, and naming the ſaid parties name while it is doeing: doth driue away the diſeaſe quite. Which Mizaldus writes of the report of one that proued it.

57

If you will preſently turne Wine into Vineger, caſt therein Salt with Pepper, myrt with ſowre leauen, and it will performe it quickly. Mizaldus.

58

The root of Veruaine hanged at the necke of ſuch as haue the Kings Euill: it bringes a meruailous and an vnhoped helpe. Which is Venus hearbe, that hath power of the necke: becauſe of Taurus the Bull, being her houſe. Mizaldus.

59.

Whoſoeuer falls ſicke in that yeare wherein there is an eclipſe, and the ſignifiers of the ſaid eclipſe be in the Aſcendant of the natiuity of him that ſo falls ſicke, or in the Aſcendent of his Reuolution, or in the place of his Hileth, or of the ſignifier of his life: That diſeaſe then taken, will be very perilous and deathly. Mizaldus.

60.

Geese, Ducks, and other water fowles, helpes their diseases with wall Sage, Hennes with Withwind, Geese with Haritch, the Cranes with Squinant, the Panther with mans dung, the Boares with Ivy, the Harts with Artichokes, the dogges with grasse. Also Plinie saith: that the smell of Crabs will kill Bees, especially if one seeth them nie unto their Hiues. For they abhor stinking smells. Therefore they follow them fiercely that smels of stinking smels.

61.

If children eate Resins fasting, that haue wormes, without any other meate, it will kill and auoid the wormes. For as bitter things are noysome unto them, euen so is swéet things. For with the oft eating of swéet things, it makes them to swell and burst.

62.

If the tender hornes of young Bucks, that is couered with a thin hairy skinne, be cut in péeces, and then put into a new pot well couered, and set in an Ouen or other place that is hot, whereby the same may be made into powder, and some of the same giuen with Pepper & Myrrh, to them that are tormented with the Collicke, in good wine: it will helpe them marueilously of the same disease. Scribonius Largus.

63.

Pellitory of the wall stamped, and so layde to the Coddes, and under the nauell: And so vsed foure or fiue times, helps the Collicke, and the paines of the Bladder and Cods. A thing often proued.

64.

They will be diseased in the Spléne, in whose nativity the Moone is Lady of the first house, being infortunate in Saturne. Or if the Lord of the Ascendent be infortunate in the seauenth house: or if Saturne be Lord of the Ascendent, and infortunate of Mars: or if Saturne be infortunate by any meanes under the earth. Iatromath. Guat. Riff.

65.

Cordes, Peares, Apples, Quinces, Cytrins, Wardens, or such like fruite: whereon you desire to haue some prety, or other forme on the out side; If when they haue cast the flowers, and

begins

begin to haue any forme or proportion: encloſe them within ſome wood, or other thing of ſtone, or of any other thing, & within of what forme you liſt: and tie the ſame faſt about the ſame fruit. But make not the ſaid inſtrument on the inſide bigger, then the fruit will be within it. And when you think that the fruit is full ripe: take the ſame with the fruit in it from the tree, and the fruit will be of that faſhion and forme as you deſire. Mizaldus.

66.

It is ſaid that Alphons King of Caſtile, gaue to certaine Mathematicians a hundreth thouſand peeces of golde: which were called or ſent for out of Arabia, Affricke, or other places for the making & framing of the Aſtronomicall Tables (which ſhewes the continuall courſe and place of the Starres and Planets) which worke is to be had euery where through his great liberality, to his perpetuall praiſe.

67.

Galbanum made ſofter, and ſpread vpon a linnen cloath, and ſo applied and laid vpon a plague ſore: if the diſeaſe be curable: it will ſo ſticke and cleaue to the ſame, that it cannot be pluckt away: vnleſſe it bring away the rots of the ſore with it. But if the diſeaſe be incurable, it will not cleaue. Arnold de villa noua.

68.

The little Sparrow hath a ſtrength and vertue worthy of great meruaile. For if the Sparrow be condite or well powdred with ſalt and eaten rawe, it doth expell and driue forth the ſtone by the vrine, and cures the diſeaſe ſo perfectly, that the ſame ſhall neuer breed againe: The Sparowes may be condite very well, if when their feathers be pluckt off, that then they be powdred and couered well with ſalt, and ſo dried and eaten: if you haue many Sparowes, they may be ſodden as other birds be. And alſo they may be burned in a potte cloſe couered with the feathers and all: and the powder of one of them ſo burned with a little pepper and Cinamon, may be giuen to them that are greeued with the Stone. There be which condite them (their feathers being pluckt off aline) with ſalt, which is better. Some doe eate them roſted whole, ſo that they caſt nothing away of them but their feathers. They that will knowe more hereof: let them take counſaile of Ætius and Paulus Egeneta. Mizaldus.

69.

If any will make their hands white, let them mixe the dung of Sparowes in warme water, and waſh them therewith: or let them ſæth the rootes of Nettles in that water, & therewith waſh their hands.

70.

Æliqus writes, that the quilles or pennes of an Eagle, mixt with the quilles or pennes of other foules or birds, doth conſume or waſte them with their odour, ſmell, or aire.

71.

The roots of Lillies ſodden in water, doth take away the rednes of the face: if certaine mornings and euenings the ſame be waſht and rubbed therewith. This hath bæn often proued.

72.

Beaſtes that be ſtubborne and wilde, and alſo Horſes that will wince or kicke, or otherwiſe vnruly: will ſuffer themſelues to be dreſt, or elſe to be ſhod, If you put into one of their eares a little round flint ſtone, and then hold the eare hard with your hand, and it will make them quiet, though they be fierce. But if you put into either eare one, you ſhall haue them as mild as the ſhéepe. Mizaldus had this as proued, of one of the king of Nauarres ſtable.

73.

Any ſtones will eaſily be made ſoft, if you lay them all night in the hot blood of an Ore, the fat of a Weather & ſtrong vineger mixt together. Iohan. Baptiſta porta, de Magia Naturali. As Mizaldus writes.

74.

Apples that are frozen, if they be put or caſt into cold water, & ſuffered to lie therein a while, will come to their nature againe. For thereby all their frozen congealing will be reſolued. Lemnius

75.

When you ſee the Mulbery trée begin to bud, then thinke that the chiefe cold is paſt. Plinius as Mizaldus affirmes.

76.

To ſeperate gold from ſiluer, doe thus. Annoint the ſiluer that is guilted with the oyle of Linſéede, and ſprinkle thereon the pouder of Roch Allome, and ſalt Armoniacke mixt together: which being well heated in the fire, quench in water: and the ſeperate golde will remaine therein. Mizaldus had this of a cunning Gold-ſmith.

A

77

A greene Jasper stone hanged at the necke, doth help & strengthen the stomack, and the mouth of the stomack very well. Which Galen affirmes by the report of Mizaldus. If they be hanged like a chaine about the necke: so that the same stones doe touch the mouth of the stomacke.

78

If the head of a Wolfe be hanged in a Doue-house, neither Cats, Weesels, nor any thing that will hurt Pigeons, will enter therein. Rasis. & Albertus.

79

They are like to haue paines or diseases in the Lights or Lungs: or will haue the Mysick, or be short breathed: that haue in their natiuity, the Mone in the Angle of the earth, (which is the fourth house) in coniunction with Mars or Saturne, or is infortunate by them. And likewise if Venus be the Lady of the first house, and infortunate in a fiery signe. Iatromath. Guat. Ryff.

80

If you stamp Hariffe a little, and lay it in faire spring water for the space of xxiii. houres, & then wash any sore or scabby place there-with: it will heale it wonderfully. This is proued true.

81

A pretious and approued medicine for the stone. Seeth in white wine, Time, and Parsly very well, then straine it, and into a good draught thereof, shaue a spoonefull of white Sope, and giue it to them that are greeued with the stone: and it will make them make water with speed.

82

The great number of Spiders doe fore-shew that the Sommer following will be pestiferous and plaguie. Mizaldus.

83

There were seene two brethren at one birth in Austria, that if they did set the sides of their bodies towards gates or doores that were lockt, the lockes would then open. Iohannes Langius.

84

Carduus Benedictus stamped, and then well sodden with sewet or Swines greace, Wine, and Wheate flower, vntill it

it be like an oyntment: is an excellent medicine for ſores and biters whatſoeuer. Yea, though the bones there-with be bare: but you muſt anoint the ſores twice euery day: waſhing firſt the corruption from the ſores, with white wine. Arnoldus.

85

S. Auſtine reports that he did heare whiles he trauailed in Italy, that certaine women were tranſformed into young beaſts of certaine trauailers, by the eating of Cheeſe, that they might carry their burthens.

86

Take one handfull of Mugwort, and ſeeth it in ſweet oyle Oliue, vntill the third part of the oyle be conſumed: then annoint there-with any part that is tormented or pained with the Gowt, and the paine thereof will be quickly gone or put away. This is an experiment of a Kings Surgeon, againſt the Gowt of the feet and the hands. Mizaldus.

87

It is found by obſeruation, that Rats and Dormiſe will forſake old and ruinous houſes, three months before they fall: for they perceiue by an inſtinct of nature, that the ioynts and faſtning together of the poſts and timber of the houſes, by little and little will be looſed, and ſo thereby that all will fall to the ground. Plinius. & Lemnius.

88

If one bleed on the right ſide of his noſe, bowe and preſſe hard the parties right little finger that bleeds: if on the left ſide, then the litle finger in like caſe: for there with the bleeding will ceaſe. This is a common and proued remedy. Mizaldus.

89

If you giue halfe a ſcruple (which is the weight of vij. barley cornes) of pure Corrall made firſt in fine pouder, with the nurſe-milke, to a child that is newly born, before it taſt any other thing, the ſame childe will neuer haue the falling ſickenes. Arnoldus de villa noua.

90

One Baldus of Trydent Doctor of both lawes, as hee was playing with a litle Whelpe of his owne, the ſame did bite him a little in the neather lip, who being ignorant that his ſaid

Dogge

Dogge was infected with madnes: hée himselfe within foure monthes after became mad, and at the last being past remedy did dye miserably. Andreas Matheolus, in Dioscoridem. Which let them marke and consider that have such pleasure in little puppets. Mizaldus.

91

Whosoeuer is tormented with the Sciatica or the Gowte, let them take an hearbe called Speregrasse, & stampe it, and lay a little thereof vppon the greefe: but put vpon it a Cockle or a Walnut shell, and tie something on it, that the hearbe be not remoued: and within fiue or eight houres at the most, it will make a great blister on the same place. Then lay a Clot leafe, or else a Woort leafe on the same: but first let the water out of the blister with a pin, and it will drawe out all the water that causeth the paine or greefe. This helpt one that was pained therewith twenty yéers.

92

Boetius after Oppianum doth affirme, that Bells couered with the skin of a Woolfe, doe drowne the sound of other Bells that are couered with the skin of a Lamb.

93

Put two or moe quicke Mice in a long or déep earthen pot, and set the same nie vnto a fire made of Ash wood: and when the pot begins to wex hot, the Mice therein will cherp or make a noise: whereat all the Mice that are nie them will run towards them, and so will leape into the fire, as though they should come to help their poore imprisoned friends & neighbours. The cause whereof Mizaldus ascribes to the smoke of the Ash wood.

94

If you séeth the dregs or mother, or some of oyle to the halfe: and therewith annoint the bottom, corners, and feet of any Chest or Presse, the cloathes that you lay therein, shall neuer be hurt with Moths: so that it be dry before you put therein your cloaths. M. Varro and Cato.

95

If one aske the Astrologian which part of his life is like to be the most fortunate, Let him giue the first quarter of his life to the Ascendent, the second quarter of his life to the tenth house: the third quarter to the seauenth house: and the fourth part of his life, to the fourth house. And marke in which of them there is

fortunate Planets, and the part fortune, and the Moon free from infortunate Planets, and not combuſt. Iudge that part of the life is or will be moſt fortunate. Haly Abenragel.

96

If you would not haue haires to grow, plucke them firſt vp by the roots, then vſe to rub the ſame place with Aqua fortis diuers times, a little at once: and it will ſtay the haire from growing there any more. A woman told me this for a great ſecret.

97

Make a plaiſter of Potters clay mixt with vineger, and the white of an egge, and apply it to the Cods of him that bleeds at the noſe, and ſtraight way his bleeding will ſtay or ceaſe. This is a ſure proued medicine.

98

Giue to a woman that ſuſpects herſelfe to be with childe, at night when ſhe goes to bed, a cloue of Garlicke to eat: and if ſhe feele any ſauour thereof in the morning when ſhe riſeth then ſhe is not with childe. If ſhe feele no ſauour thereof, then ſhe is with child. This I had out of an old written booke.

99

They will haue weake or feeble hearts, or will be much giuen to ſwounding, in whoſe natiuity the Sunne is Lord of the firſt houſe, or Lord of the part of infirmity, being impedite, or infortunate. Iatromath. Guar. Ryff.

100

An excellent and approued thing to make them ſlender, that are groſſe: Let them eate three or foure cloues of Garlicke, with as much of bread and butter euery morning and euening, firſt, and laſt, neither eating nor drinking of three or foure houres after their taking of it in the morning, for the ſpace of fourteene daies at the leaſt: and drinke euery day three draughts of the decoction of Fennell: that is, of the water wherein Fennell is ſod, and well ſtrained, fourteene daies after at the leaſt, at morning, noone, and night. I know a man that was marueilous groſſe, and could not goe a quarter of a mile, but was inforſt to reſt him a dozen times at the leaſt: that with this medicine tooke away his groſſnes, and after could iourney very well on foot.

The end of the ſecond Booke.

The

The third booke of Notable things.

1.

FIue Egges laid in the euening in ſtrong and tarte vineger, and taken out of the ſame the next morning: ſo that you perceaue their ſhelles there with to be ſomething ſoft, elſe let them lie longer therein: and then put or thruſt them downe into the throate of a Horſe that hath the cough, his tongue being holden all that while out of his mouth, will helpe him perfectly of the ſame.

2.

The Turtle Doue hath ſuch a loue one to another being mates, that when one of them is dead, the other will neuer after haue any other mate. Ariſto.

3.

If one aſke the Aſtrologian, which part of the Land or Country is beſt for him. Or if one would goe out of the place he dwels in, to dwell in another, & doth aſke in what quarter or part were beſt for him to goe. Marke in what part of the heauens the good Planets be, from the Aſcendent, and iudge that, that part where they are found is beſt for him: but conſider that from the degree aſcending, to the beginning of the tenth houſe, is for the Eaſt part, and from the Culpe of the tenth houſe, to the beginning of the ſeauenth houſe, is for the South part: and from the Culpe of the ſeauenth houſe, to the beginning of the fourth houſe, is for the weſt part: and from the Culpe, or beginning of the fourth houſe, to the Culpe of the Aſcendent, is for the North part. Haly Abenragel. And as theſe quarters and parts are good to remoue vnto, where the good Planets are placed: euen ſo thoſe quarters where euill Planets are placed, are euill to dwell in.

4.

A certaine woman, a Florentine, was ſo pulled and griped in her ſtomacke with ſuch torments, that no Phiſition coulde helpe: which woman of a ſuddaine, did vomit long and crooked nailes, needles of braſſe, with waxe, and lumps of haire, and at

last she auoided out of her mouth a great fleshy peece, such a one as a Giant could not swallow. The Author hereof is Beniuenius de admirandis morborum causis, But he saith, that the said woman was possest of a wicked spirit. Mizaldus. (Which I beleeue was done by the deuill.)

5.

Plinie reports, that men in ancient time, did fasten vpon the gates of their Townes, the heads of Wolues: thereby to put away witchery, sorcery, or inchantment. Which many Hunters obserue, or doe at this day, but to what vse they know not.

6.

A Moule or Woont enclosed in an earthen pot, if you set then the powder of Brimstone on fire, shee will call other Moules or Wonts to help her, with a mourning voice. Mizaldus.

7.

If you take an Oake Apple from an Oake tree, and open the same, you shall finde a little worme therein, which if it doth flie away, it signifies warres: if it creepe, it betokens scarcenes of corne: if it runne about, then it foreshewes the plegue. This is the Country mans Astrologie: which they haue long obserued for truth. Mizaldus.

8.

If a man be sicke, marke his eyes when he sleepeth: for if any white thing appeare betweene the eye lids, and the Patient haue no great lare, nor receaued any purgation before: it is a terrible and deadly signe. Aphor. Hippocr.

9.

Whosoeuer is troubled with the cough, or shortnes of breath, let them drinke a good draught somthing warmed, of this following, thrice euery day first and last, and one houre after dinner, for the space of seauen or eight dayes: and it will helpe them (God willing) for it is an excellent and often proued thing. Take of the roots of Enula campana, cut in small peeces, of Hisop and Veneriall, and also of good scraped Liquorice, of each two handfull, Seeth them all in a gallon of pure and faire water, vntill the water come to one pottyll, then straine it well, and keepe it in a cleane vessell, close stopt or couered, and so vse it.

Hope

10.

Sope mixt with a little ſalt, helpeth perfectly a Fellon, Vncome, or other ſore or ſwolne finger with ſpeed. I know that this hath beene well proued.

11.

The white of an egge well beaten and mixed with the pouder of Hatricke, helps chapt hands: if they be anointed therewith.

12.

Mouſeare, any manner of way miniſtred to Horſes, brings this help vnto them, that they cannot be hurt whiles the Smith is shooing of them. Therefore it is called of many, Herba clauorum. The hearb of nailes. Mizaldus.

13.

If a Firre tree be touched, withered, or burned with Lightning, it ſignifies that the maiſter or Miſtres thereof ſhall ſhortly die. Seruius.

14.

Galen ſaith, that he hath found by experiences, (following the opinions of many) when any ſhall fall ſicke, and the Moone then be in the ſigne wherein a good Starre (or Planet) was found in the time of his birth, without doubt hee ſhall eſcape from ſuch ſickenes. If in the place of an euill Starre (or Planet) he will not eſcape. Iohannes Tayſnier.

15.

Seeth the leaues of an Oake, and the middle rinde thereof in water, and waſh the head that is ſore, or full of Puſtules therewith, and it will helpe it preſently. This hath been oft proued.

16.

Ganiuerus ſaith, that in the yeere of our Lord 1418. the viiii. day of Auguſt, before foure a clock at after noone, in the houre of Saturne, a certaine Prieſt, called Iohannes Morterius, did aſke him for a certaine brother of his, which was ſicke: What ſhould be the end of his diſeaſe, death, or health? Who after he had erected the celeſtiall figure therefore, eſpying Mars within one degree of the Aſcendent in a moueable ſigne, beholding alſo the part fortune of a quartile aſpect, with diuers other teſtimonies euill ſignes; And alſo Mercury being the Lord of the houſe of that Moone, in the viii. houſe, both retrograde & combuſt, Iudged that the party would be mad, & ſo die within a day after: which

the messenger did declare vnto his friends, and to the maister of him that was sicke, being his brother. Which happened so. For about foure of the clocke the next morning, he was so frantick, that he had like to haue killed his Maister and others. But they were preserued through Gods speciall gift. And after being close in a chamber, did breake a poste, and so cast himselfe headlong downe, and died.

17.

The roote of Pelitor of Spaine, chewed betweene the teeth a good while: will purge the head and gums very well, and fasten the teeth. So that it will helpe the head-ache, and tooth-ache: if it be vsed foure or fiue times in a day, two or three dayes together. It is very true and often proued.

18.

Make that, that is shorne from Scarlet, into powder by drying it at the fier, or in an Ouen, and then giue to the party that hath the bloody flure to drinke, halfe a spoonfull thereof in red wine. Vse this fiue or sixe times, and it will help him or her shortly and surely God, willing. This is well proued.

19.

The gall of a Partritch, annointed once a moneth to the Arteires of the temples of the head: So that it may penetrate & sinke in, doth profit very much, for the confirming of the memorie. Simeon Sethi.

20.

If the taile of a Woolfe be buried or put in the ground of any towne or village: no Wolfe will enter in at that townes or village. Rasis.

21.

Albertus makes mention of a Well, that whatsoeuer is throwen into the same, is turned into a stone. Whereof proofe was made by Fredericke the first, who because he would not be deceaued, he threw into the same one of his Gloues, whereto first he put ware and sealed it with his owne Ring, and the one halfe of the Gloue which was vnder the water, became stone, the other part aboue the water remained as it was before.

22.

If one goe to any body, and doth aske them being learned in Astrologie, whether he shall find him or speake with him, or not.

Parke

Marke the Lord of the seauenth house, whom if thou finde in an Angle: say that he is at home, If in a succedent house, then he is nie at home. And marke if betweene the Lord of the ascendent, & the Lord of the seauenth house, ther be any application, or if there be any Planet beholding the seauenth house, and carries the light of the one to the other, or that doth ioyne their two lights, & it be thus, then tell him that he shall finde him. If not then he shall not. Haly Aberengel. Which is true, so that the party doth goe to his wife, or to his enemy, or to any other common person. But according to Guido Bonatus: if he goe to a King, or to his master, then you must take the tenth house, & the Lord thereof: if to a Priest, a Prelate, or a Bishop, then you must consider of the nineth house, as Haly bids you doe by the seauenth house: if to your sonne or daughter, then the first house, if to your father, the fourth house: if to your brother, then you must iudge as before, by the third house. And so of the rest, according to the significations of euery house. Wherefore the learned in Astrologie are not ignorant: and this is a very true rule throughly and many times obserued. And the Lord of the seauenth house, or the house that the party trauels vnto, doth signifie, be it in the Cadent house: then the party is farre from home, so that he is not like to speake with him.

23

Many haue proued that a Saphire tied to the Artier doth put away the heat in an Ague. And the same stone borne against the heart, doth preserue the bearer thereof from the plague, and from venemous things. Rasis. & Albertus, and others.

24

If one that hath eaten Garlicke or Comminsed, breath on the face of a woman that is painted, the colour will vanish away straight; if not: then her colour remaines, as it did before. Lang.

25

The leaues of an Elme tree, or of a Peach tree falling before their time: doth foreshew or betokens a murrian, or death of cattell. Cardanus.

26

Tiberius Cæsar, who was Emperour of Rome when Christ suffered, when he awaked out of his sleepe: did see in the darke as Cats doe. Suetonius.

Whosoeuer

27

Whosoeuer eateth two Walnuts, two Figs, twenty leaues of Rew, and one graine of salt, all stampt & mixt together, fasting: shall be safe from poyson and plague that day. Which Antidote King Mithridates had vsed so much, that when he drunke poyson purposely to kill himselfe: it could not hurt him. Plinius.

28

If You will enclose seeds of diuers kinds, either in waxe, or in some other fast matter made something thinne or small, shooting out of length, (that is) as long as you would haue the same to grow, and then putting the same in the ground well dunged: a maruellous hedge will spring thereof. This is the workmanship and experiment of the Kings Gardiner. Mizaldus.

29

The Elephants haue sense and vnderstanding next vnto man, and it seemes they know, and kepe the course of the Starrs: for at the change of the Moone they breake downe boughs from the trees, and holde them, then moouing them vp and downe, and they are maruellous docible. Gellius and Plinie hath left it witnessed by Mucinus that was thrice Consull, also Plutarch, that an Elephant did write the Greeke letters. And Ælianus saith, that an Elephant did write all the Latin letters in order, with other things incredible.

30

Grind Mustard with vineger, and rub it well and hard on the plants or soles of the feet: and it will helpe and quicken forgetfull persons. Petrus Hispanus.

31

A most notable and proued water to clarifie the dimnesse of the eyes, or sight, doth followe. Take the iuice of Fennell, of Celendine, of Rew, and of Eybright, of each two ounces, Honey one ounce and a halfe, Aloes, Tutte, and Sarcacoll, of each halfe an ounce: the gall of a Capon, chicken, or Cocke, two drams: Nutmegs, Cloues, and Saffron, of each one dram, Sugarcandy fiue drams, put all into a Limbeck of glasse, and distill it: and put of this water into your eyes, once in the day, two or three drops at a time; And there cannot be a more precious thing for the eyes then this. I know it by proofe: and therefore I am the bolder both

to

to praise it and publish it abroad to the great comfort of other.

32

The threescore and third yeere of ones age is counted to be a dangerous and perillous time; for that it doth passe seldom without danger of life, or without some other great misfortune. And it is observed in many examples. Whereof Augustus Cæsar (as Gellius reporteth) was maruellous glad that he had escaped that yeere of his age. The cause may be that the seauenth yeere, and the ninth yeere (being Anni climacterici & critici, which are iudiciall yeeres) multiplied together, makes the said number of 63. Mizaldus.

33

Seethe Iuy berries in vineger. or in white wine, and when they be well sod, sup of the same hot licour, & when it is cold spet it out, and sup more thereof. Whosoeuer doth thus, it helpeth the toth-ache.

34

They in whose nativity Venus is impedite or infortunate of Saturne, Are like to haue paines or greefes in their stones, especially, if she be in the Ascendent. And likewise if Venus be with Mars in the eight house: or if the Moone, Venus and Mars be coniunct, or in the euill aspect of Saturne. Iatromath. Guat. Ryff.

35

Whosoeuer is lame, and can neither goe nor stir their ioynts: Let them take of good Aqua Compolita, and oyle of Roses, of either a like much: mixe them both together, and annoint the greeued place therewith morning and euening, vntill it be well. Which will be within a while after, but rub the place with warmed cloathes well before. A thing often proued.

36

Whosoeuer hath Mars in the Horoscope, or the Ascendent at the time of his birth: certainely he will haue a speciall scarre or marke in his face. Pto. Which I haue often tried in many, and yet neuer haue found it false.

37

The circles of Cart wheeles, empty Carts, and the comb on a Cockes head, doe maruellously feare a Lyon, (being a most hardy and fierce beast:) but of all things he feares fires, Torches

light, or fire-brands. Plinius, Ælianus & alii.

38

That Pidgions be not hunted or killed of Cats at the windowes & at euery passage, and at euery Pidgions hole, hang or put little branches of Rew: for Rew hath a maruellous strength against wild beasts. As Didimus doth say.

39

If the taile of a Wolfe be hanged in a house, no Wolfe will enter therein, neither any flies will flie into the same. Rasis.

40

If a mad man vse to laugh, it is a laudable signe, but if he be very sad it is very perilous. Aphor. Hippocratis.

41

This medicine following will procure a good stomacke to meate. Take three drams of good Cinamon, one dram of Paticks, one dram of parings of Pomegranets, and halfe a dram of Galingale, and stampe all these together, and temper it with clarified Honey: and then vse to eate as much thereof as a Nut euery day during ten dayes, fasting: and it will procure a good stomacke, and also preserue and keepe the same from any euill humors to breed therein. This is an excellent medicine, and often proued, and easie to be made.

42

If you marke where your right foot doth stand at the first time that you doe heare the Cuckoe: and then graue or take vp the earth vnder the same: wheresoeuer the same is sprinkled about, there will no Fleas breede. Plinie by Mizaldus report. And I know it hath bene proued true.

43

To make the counterfet Mandrag, which hath bene sold by deceiuers, for much money: Doe thus as followeth. Take the great double root of Briony, newly taken out of the ground, and with a fine sharpe knife, frame the shape of a man or woman of the same, with his stones and rods, and other members thereto. And when it is cleane done, pricke all these places with a sharpe steele, as the head, the eie browes, the chin, and the priuities, and put into the said holes the seeds of Millet, or any other that brings forth other small roots, that doe resemble haires (which

Lette-

Leeke ſeeds will doe very well) or elſe Barly, after this put it in the ground, and let it be couered with earth vntill it haue gotten vpon it a certaine little ſkin: and then thou ſhalt ſee a monſtrous Idoll, and hairie, which will become the parts well: if it be workmanly or cunningly made, or figured. Mizaldus. Another trim way for the like, is in the naturall and artificiall concluſions, Engliſhed by Thomas Hill.

44.

Whoſoeuer anoints his feete or hands with the greaſe of a Woolfe: he ſhall not be hurt with any cold of his hands or feete ſo anointed. Mizaldus.

45.

Fiue-leaued graſſe, through Iupiters force, doth reſiſt venome or poyſon. Wherefore, if one leafe twiſe euery day, morning and euening be drunken with wine, It is ſaid to put away the Quotidian ague. Three leaues the Tertian ague. And foure leaues the Quartan ague. Marcilius Ficinus.

46.

If in the beginning of the ſickneſs, or at the time of aſking of the queſtion for the ſick: the Lord of the Aſcendent, & the Moone be in the fourth or eigth houſe, combuſt, or cadent, or coniunct with the Lord of the eight houſe: they haue a certaine teſtimony of death. And if one of them only, that is the Lord of the Aſcendent or the Moone be ſo, it is teſtimony of death: as is before ſaid. Iohan. Ganiuet.

47

Marum ſtampt and ſtrained with wine, water, or Vineger, and then giuen to a woman that trauels, or is in her labour, and cannot be deliuered: it cauſeth ſpeedy deliuerance, Trotula de paſſionibus mulierum. And Gilbertus affirmes the like, if it be drunk with water.

48.

A ſtrange medicine, and a rare ſecret, for conſuming the web in the eye: often times proued. Take nine little wormes with many feete, of ſome called Swine lice, (if they be touched they become round as a button, they are to be found betweene the barke and the wood of old Timber or Trees,) ſtampe them with a little iuyce of Wood-bind, or Betony, then ſtraine the ſame

well, and let the party that hath the web in his eye, drink it in a morning something warmed. Doe this three mornings together, and it will cure it perfectly, (God willing,) This was told me for a very truth, by one that had proued it diuers times.

49.

This that followeth is a speciall medicine for them that swounds, or are faint at the hart. Take Rosemary, Sage, Betony & Margerum, of each one handfull, and seeth them in a gallon or more of faire water, till halfe the quarter be consumed: then take away the hearbs, and put to the said water a good pint of Honey, and then scum it well, and then put thereto an ounce of Stycados, tyed in a faire linnen cloth, and let it seeth a little while, and then take it out of the said water, and then put thereto an ounce of Cinamon, three quarters of an ounce of Nutmegs, and as much of Ginger in pouder: and vse to drink a good draught thereof twise euery day something warme, first and last, for the space of five or seauen dayes: and then it helps perfectly.

50.

That child will be deafe, that is borne when Mercury is Lord of the first house, and infortunate by euill aspects with Saturne, chiefely if he be in the first house. Likewise they will haue great impediment in their hearing: in whose nativity Iupiter and Saturne be both impedite or infortunate aboue the earth, That is, if they be Retrograde, or combust in euill places. Iatromath.

51.

They that haue any paines or swelling in the throate, let them take a Iewes eare, (which is to be had at the Apothecaries) and lay it to steepe in Ale a whole night, and let the party drink a good draught thereof euery day, once or twice, vntill they perceaue themselues amended. A proued thing.

52.

A strange matter, and a thing followeth worthy of memory. Whosoeuer hath the Kings Euill, and looke vpon a certaine bird called Galgulus, of a meruailous sharpe and quick sight, by and by the same bird doth drawe to her the yellowe vapours of choler, and heales the party perfectly through a certaine great benefit of nature. But where as through a secret gift of nature

the

ſhe doth perceaue or ſmell the diſeaſed party to come toward her, ſhe will cloſe her eyes, and hide her head vnder her wings, not that ſhe doth enuy the parties health, or loath to help him of his diſeaſe, But becauſe ſhe doth greatly feare the ſharpnes of the humour, which the nérer the party infected comes to her, the more it will paine her, & he the more eaſed. Therefore they were woont to ſell this bird to ſuch as had that diſeaſe, in ſome cloſe thing, or couered: leaſt the party ſhould be healed for nothing. The Authors héereof are Heliodorus, Plutarchus, Ælianus, Suidas and Plinie, with other. And Kirannides, and after him Albertus reports, that if this bird refuſe to looke vpon the diſeaſed party, it is a token that he ſhall die thereof. But if ſhe looke euen vpon him, ſhée drawes the diſeaſe to her ſelfe, and then by and by or ſoone after, ſhe flying againſt the ſunne, doth vomit it out of her. And thus ſhe doth cure the ſick party, and deliuer her ſelfe from the ſame, through a certaine meruailous benefit of nature. But learned men doe much diſſent in taking of this bird. Plinie contends that it is Icterus, ſome doe thinke that it is Chloreus, or Chlorio, which the French men calls Lorion & Loriot, the beſt part of the phiſitions defends that it is Charadrius: ſome affirmes that is Oriolus: others ſay it is Galbulus or Galbula or Chloris which Geſner likes not. And Mizaldus leaues it to the iudgement of the Doctors and learned, vntill experience ſhall try the truth thereof. Mizaldus in ſuis Mirabilibus ſeu arcanis.

53.

Orpheus and Archelaus affirmes, by the report of Plinie, that if the lips of them be ſmeared with mans blood, that are fallen of the falling ſickneſs, by and by they will be deliuered from the trance or fit, or if their great iawes be then next pulled or pincht.

54.

The middle rind of a Cherry tree, ſtamped and ſtrained, and the ſaid iuyce put into a little white wine warmed, and then giuen to drink to them that haue the ſtone, or cannot make water, it auoides the grauell or ſtone, and makes them to make water preſently. Vſe it three or foure times.

55.

One may make beyond ſea Azure as followeth, and counterfet it very well. Take common Azure, and beat or ſtamp it well

with vineger, and anoint there with a thin plate of pure ſiluer, and put the ſame ouer a veſſell full of vrine, which ſet ouer hotte aſhes and coales, and let it be moued and ſtirred, vntill it be like beyond-ſea Azure. This is the beſt way. Mizaldus affirmes that he had this out of an old written Booke.

56.

If you doe put Quick-ſiluer into a pot amongſt ſéething or hot Peaſe, the Peaſe will leape out of the potte: except the brim or mouth of the pot be too high, or the fire too ſmall. Mizaldus ſaith that this is proued.

57.

If in the degrée of the Aſcendent or nie vnto it, within two degrées, there is an euill Planet; It is an argument of the death of the party that did fall ſicke at that time, or for whome the queſtion is then aſked, for the ſtate of his ſicknes. And if it be in a moueable ſigne, it betokens that the ſick ſhall die within ſo many dayes, as the ſaid euill Planet is degrées, from the degrées of the Aſcendent, if in a fixed ſigne, then it ſignifies a long time: (that is, as I haue tried, euery degrée a month,) if in a common ſigne, it ſignifies a meane time betwéene both, (that is as I haue found, euery degrée a wéeke.) Iohannes Ganiuetus. But you muſt beware, if the ſaid Planet be direct, that he doth apply to the degrée aſcending.

58.

If any doubt, or feare any thing whatſoeuer it be, and aſketh thée hauing knowledge in Aſtrologie, thereof, marke and conſider the Lord or Alinuten of the Aſcendent, whom if thou doſt finde pure and ſafe from infortunes, and he beholding the Aſcendent, the feare is néedleſſe. For no harme ſhall happen according to the feare. Haly Abenragell.

59.

Sauery beaten and ſodden in vineger, and laid in manner of a plaiſter to the hinder part of the head: doth merrily awaken thoſe that are heauy a ſléepe.

60.

Héere followeth the making of a pleaſant Dyle of Cloues. Take of Cloues one pound, which beate to powder in a brazen mor-

ter

morter, then adde thereto three pound of Almonds scraped and beaten in a morter: and when they be well mixed together, sprinkle thereon foure ounces of the best white wine: letting it so lye in a masse, for the space of eight daies at the least: after that stamp the whole ouer againe, and then put it into a new earthen pan, which heat ouer the fire so long, that you cannot suffer your hand in it: then put it vp into square bagges, and wring the same hard in a presse, vntill all the whole substance of the oyle be come.

61

Take a Frogge, and cut her through the middes of the backe with a knife, and take out the Liuer, and fold it in a Colewort leafe, and burne it in a new earthen pot well closed, and giue the ashes thereof vnto him or her that hath the falling sickness to drinke with wine, and it will helpe him. And if the party be not healed at once, then doe so by an other Frogge, and so doe still, and without doubt it will helpe him, if he vse it. This was told me for a sure experiment. And it is also affirmed by Petrus Hispanus.

62

A wonderfull thing, passing all credite, chanced in the Bishoppricke, or Dyoces of them of Eistettence, in Germanie: but that it was seene of diuers credible witnesses. A certaine Husbandman there called Vlricke Neuecesser, being tormented with cruell paine in one of his sides, suddainly tooke hold of a naile that was vnder the skinne vnhurt: which cut by a Surgeon, he tooke out the naile: yet for all that the paines did not cease. Wherefore the miserable man suspecting that there was no remedy to be had for his paine, but by death, he tooke a knife and cut his throat. And the third day after, he being carried to buryng, there was three present, one Eucharius, Rosenbader of Wessemburge, and Iohn of Ettenstet, Surgeons in the presence of many, which did cut or open the belly and mawe of the said dead Husbandman. Wherein was found being maruellous and prodigious, a long and round peece of wood, foure knifes of Steele partly sharpe, and partly nicked like a Saw, and two sharpe instruments of yron, that was longer then a span: and they had therein also, haire rowled together as it were a round

Bowle

Bowle or Ball. This was laid and put into his Maw, by none other Art, but onely by the craft and subtilty of the deuill. This hath Iohannes Langius written in the first part of his medicinall Epistles. Epistol. 38. de prodigiis & prestigiis demonum in morbis: Mizaldus reports it also.

63

In many ponds, all the water and mud taken out, by and by Eeles doe breed, if raine water come into them, for that with the dewe they doe liue and are nourished. Arist. Plutarch. And other.

64

If the right knee of a Bull be tied with abroad band, it will make him tame. Ælianus.

65

Let the party that bleeds, chewe the root of a Nettle in his mouth, but swallow it not downe: and without doubt the bloud will stench: for if one keeps it in his mouth, he can loose no bloud. Petrus Hispanus.

66

If a mad man finde ease in sleeping, it is good: but if his rage encrease it is to be feared. Hippocrates in suis Aphor.

67

If the Lord of the Ascendent or the Moone, or the Lord of the first house be Combust, or Retrograde, and the Lord of the Ascendent be in the eight house coniunct to Mars or Saturne: the sicke must die of that disease. Iohannes Ganiuetus. (But God can restore health past all hope.)

68

This medicine followtng doth maruellously breake wind in the belly. Take Commin seed, Fennell seed, and Annis seed, of each a like much: beate them to pouder, thtn seeth the same in wine, and drinke a good draught thereof first and last, foure or fiue dayes together, and you shall finde a great helpe thereby: for it hath bene often proued to their great ease and comfort that takes the same.

69

Take a spoonfull of Aqua vitæ, and two spoonfulls of the water of Arsemart, and anoint any ache there with twice euery day, morning and euening, for the space of fiue or sixe daies at the most,

moſt, and it will heale it for euer. I had this out of an old written booke.

70

He will be weake in act of generation, in whoſe nativity Venus is ioyned with Saturne, eſpecially in the tenth or eight houſe: or that the Moone is ioyned with Saturne, is an euill aſpect of Venus: or if Saturne be in the firſt or twelfth houſe, in a moiſt ſigne infortunating Venus. Iatromath.

71

This following is an excellent medicine for the ſtone. Seeth an handfull of Holly berries in a pint of good Ale, till halfe the Ale be conſumed: then ſtraine it, putting then a little butter to it, and let the party drink thereof fiue or ſixe ſpoonfulls: and within halfe an houre after, the party will make water (if euer any medicine will cauſe it.) This was told me for a very true ſecret.

72

The learned and wiſe among the Perſians affirme that if Sage be putrified or laid to rot in Horſedung, whiles the Sunne and Moone doth both occupy the ſecond face of Leo: thereon will breede a bird like a Owſell, or Blacke-bird: the aſhes whereof being burned and ſtrewed or caſt into a burning Lampe, will make the houſe ſeeme to be full of Serpents. Hermes.

73

If the eares of Cats be ſhowd or cut off, it wil make them keep the home better. For that, when the water (which they cannot abide) will drop into their eares being open. And if they be geldded eſpecially the male Cat, they will not onely be more tamer and fatter: but alſo thereby they will range abroad the leſſe. Mizaldus.

74

It is ſaid that Cockles and Oyſters in great thunders, doe vomit and caſt out their pearles. Whereupon many are found in the ſands. Mizaldus.

75

When any drawes nie towards their death, & not their members lacke bloud and vitall heat: then Fleas and Lice leaues them quite, or elſe drawes to that part of the body where the ſaid heate tarries the longeſt: which is the hole in the necke vnder the chin. &c. This is a token that death is at hand. Lemnius.

76

The leaues of Walwort sod with wine doth marueilously mitigate the paines of those that are tormented with the goust, if they be apped to the place where the greefe or paine is. There be that preferres and extolls with maruellous praises the iuyce expressed out of the leaues and rootes thereof, sodden with wine and May butter: and in the steed of a Liniment: anointed still on the greeued member. That is, three or foure times euery day. Mizaldus learned this of one that proued it.

77

A rush dried and put into wine, if there be any water therein drywes it to it. The wine left alone, or together: which is good and profitable for trying of wine. Mizaldus.

78

A notable medicine to heale lame members, doth follow. Take of oyle Olife, Aqua vitæ, oyle of Ereton, and a Beasts gall, of each a like much, mixt all together, and anoint the lame members there with twice euery day, morning and euening, the space of a fortnight, being well rubbed before: and it will helpe the same of a certainty. An old woman in Worcester shire, did helpe many there with.

79

If out of one pound of excellent wine, with as much Salt as you can hold in your hand, and the lees of pure wine you doe distill a water, you shall finde that it will be the hottest water of all other: Mizaldus had this of a certaine Alchemist.

80

It is said that Harts in Crete being stroken with darts enuenomed: doe eate of a certaine hearbe called Dittany, and therby the prick or any other thing that sticks in them is driuen forth. Mizaldus.

81

There was a certaine woman great with childe in Pago, not farre from Andernacus, a Towne of the Bishop of Cullen: desiring or longing to eate or to feede on her husbands flesh, and although she loued him intirely, she killed him in the night, and being satisfied with the halfe of his flesh, she powdred the rest with salt: but after when her great longing did cease, and that she

shée did repent the déede, shée did confesse it to her friends that sought for her husband. Iohannes Langius, in his medicinall Epistles. Therefore it is good for the husbands to take héede, whiles their wiues haue such inordinate longing vpon them.

82.

Many haue béen helped that haue had foule and leprous faces, only with the washing the same with distilled water of Strawberries: the Strawberries first put into a close glasse, and so putrified in Horse-dung. Conradus Gesnerus.

83.

If in the time of the birth of any, Mercurie be Occidentall from the Sunne, not vnder his light, or his beames: (except in Aries or Leo) nor Retrograde: being then in any of the foure Angles, strong, and well affected: doth shew that the child then borne, shall be high minded, strong, and famed for his strength, and liberality, and shewes also that he shall be an Astronomer. For Mercurie Occidentall in Leo, is woont to make Astronomers, And Mercurie Oriental of the Sunne, and strong, dooth shew great knowledge, wisedom of handy works, chiefly if he be with the Moone, or in the house of the Moone, that is Cancer: and if it be a moueable signe: it signifies inconstantnes both of deed and minde. But in a fixed signe constancy. Taysmer.

84.

Primrose leaues stampt, and laid in the place that bléedeth, stencheth the blood. This hath béen proued.

85.

Take blacke Sope, and almost as much Ginger in powder, and mixe them well together, then anoint therewith any Tetters or Ring-worme euery day, for the space of foure or fiue daies together, and it will heale it certainly. Proued.

86.

Take Aloes Epatcum foure drammes, Briony, Gallicke, Myrrhe, Asarrabatcha, Scamonie, of each a dramme: mixe the same made in powder, with the iuyce of Fennell, and a little clarified Hony to preserue them: take a dramme thereof, which is the weight of three score and twelue Barly cornes at the most early in the morning, and neither eate nor drink of three or fower houres after: If they be giuen nine daies together, they

helpe marueilously: and they are very excellent for all manner of head ache, approued (though neuer so long rooted.) They purge all humours, they bring gladnes, they are good for the eye sight they preserue the minde, letting or hindring the hearinesse of eares: they helpe the swimming of the head, and the Megrim, and heales the sounding of the eares. But to the weaker persons giue the lesser quantity. Make it in fiue or sixe little round pils or balls, and swallow them one after another at one time. They are prooued to be very good. I found this in a very olde written Booke.

87.

If Mercurie be impedite of Saturne in a childes Nativity, it doth hinder the tongue. But it is worse when they be corporally coniunct together, especially in the Ascendent, or in the seauenth house, and in the same signe with the Sunne, (Mercurie being then Occidentall:) or if Mercurie be aboue the earth corporally coniunct with Saturne, or else in an euill aspect of Saturne, and in a dumb signe called signum mutum, and also is infortunate: that is to say in an euill place, Retrograde or combust, any peregrene: That party then borne, will haue great impediment in his tongue, or else will be dumbe, and cannot speake. Iatromath. Guat. Riff.

88.

Iohannes Langius, an excellent Phisition, saith, that he heard it reported of certaine Horse men of the County Palentine, that they did see in Austria, a man which with barking, and with swift running, contended and striued with dogges, and was hunted of them vnhurt in the Woods.

89.

The eyes of young Swalowes being in the nest, prickt with a needle or a pinne, and so made blind, within foure or fiue dayes after they will see againe. Which is very true, for I haue proued it. But how they recouer their sight I know not. But diuers write, if their eyes be hurt, the olde Swallowes restores their sight againe with the iuyce of Celendine.

90.

White Poppy and Henbane seed, a little stamped, and tempered with the white of an Egge, and laid to the forehead, procureth

keth ſkepe This hath bẽ often proued.

91.

This following will heale lame members. Sáth Rewe, and Roſemary, of each two handfuls, with common oyle, and Malmſey, of either one quart together, for the ſpace of halfe an houre: then let the laine member be waſht and bathed therewith, (but before the ſaid member or greeued place muſt be well chafed with a hote cloath,) then when it is well bathed (which will be within halfe an heure,) wrap and kéepe the member or place ſo bathed with a Lamb ſkinne, (the woll ſide inward,) and doe thus euery night before or at going to bed, three workes at the leaſt, and hée will be whole and ſound thereof. Doctor Owen helpt one therewith, and with none other thing, that could neither ſtand nor goe, but was very laine. They that ſawe the proofe thereof tolde it me, which were perſons of good credit.

92.

It was a hainous offence with the Egiptians, either willingly or by chaunce to kill a Cat. And Diodorus tels a prétty ſtory thereof, leaſt it might be thought to be a fable. In the time of Ptolomie, a league or amitie being begun betweene him and the Romaines: A certaine Romaine then againſt his will, had killet a Cat: where vpon the Egiptians gathered togeather, and did beſet the houſe where he was, requiring to haue him to be executed for his great offence, no whit regarding the power of the Romaines, nor yet their league or friendſhip with them. When had not the King and Rulers béene, they would haue drawne him out of the houſe and killed him. Diodorus.

93.

To kéepe harneſſe or any thing made of yron or ſteéle from ruſting. Let the ſame be rubd ouer with vineger mixt with Ceruſe, or the marrow of a Hart, (which is farre better then oyle) and it will kéepe them fayre and bright.

94.

If the Lord of the ſecond houſe, be in the firſt houſe, and fortunate, the childe then borne ſhall poſſeſſe riches without labor. And by the nature of the Planet thou maiſt knowe, whereby the riches will come. And if it be the Sunne, it will come to him by

helpe marueilously: and they are very excellent for all manner of head ache, approued (though neuer so long rooted.) They purge all humours, they bring gladnes, they are good for the eye sight they preserue the minde, letting or hindring the hearinesse of haires: they helpe the swimming of the head, and the Megrim, and heales the sounding of the eares. But to the weaker persons giue the lesser quantity. Make it in fiue or sixe little round pils or balls, and swallow them one after another at one time. They are prooued to be very good. I found this in a very olde written Booke.

87.

If Mercurie be impedite of Saturne in a childes Natiuity, it doth hinder the tongue. But it is worse when they be corporally coniunct together, especially in the Ascendent, or in the seauenth house, and in the same signe with the Sunne, (Mercurie being then Occidentall:) or if Mercurie be aboue the earth, corporally coniunct with Saturne, or else in an euill aspect of Saturne, and in a dumb signe called signum mutum, and also is infortunate: that is to say in an euill place, Retrograde or combust, any peregrene: That party then borne, will haue great impediment in his tongue, or else will be dumbe, and cannot speake. Iatromath. Guat. Riff.

88.

Iohannes Langius, an excellent Phisition, saith, that he heard it reported of certaine Horse men of the County Palentine, that they did see in Austria, a man which with barking, and with swift running, contended and strued with dogges, and was hunted of them vnhurt in the Woods.

89.

The eyes of young Swalowes being in the nest, prickt with a needle or a pinne, and so made blind, within foure or fiue dayes after they will see againe. Which is very true, for I haue prooued it. But how they recouer their sight I know not. But diuers write, if their eyes be hurt, the olde Swallowes restores their sight againe with the iuyce of Celendine.

90.

White Poppy and Henbane seed, a little stamped, and tempered with the white of an Egge, and laid to the forehead, prouo-

keth

keth sleepe This hath been often proued.

91.

This following will heale lame members. Seeth Rewe, and Rosemary, of each two handfuls, with common oyle, and Malmsey, of either one quart together, for the space of halfe an houre: then let the lame member be washt and bathed therewith, (but before the said member or greeued place must be well chafed with a hote cloath,) then when it is well bathed (which will be within halfe an heure,) wrap and keepe the member or place so bathed with a Lamb skinne, (the wooll side inward,) and doe thus euery night before or at going to bed, three weekes at the least, and hee will be whole and sound thereof. Doctor Owen helpt one therewith, and with none other thing, that could neither stand nor goe, but was very lame. They that sawe the proofe thereof told it me, which were persons of good credit.

92.

It was a hainous offence with the Egiptians, either willingly or by chaunce to kill a Cat. And Diodorus tels a pretty story thereof, least it might be thought to be a fable. In the time of Ptolomie, a league or amitie being begun betweene him and the Romaines: A certaine Romaine then against his will, had killet a Cat: where-vpon the Egiptians gathered together, and did beset the house where he was, requiring to haue hun to be executed for his great offence, no whit regarding the power of the Romaines, nor yet their league or friendship with them. When had not the King and Rulers beene, they would haue drawne him out of the house and killed him. Diodorus.

93.

To keepe harnesse or any thing made of yron or steele from rusting. Let the same be rubd ouer with vineger mixt with Ceruse, or the marrow of a Hart, (which is farre better then oyle) and it will keepe them fayre and bright.

94.

If the Lord of the second house, be in the first house, and fortunate, the childe then borne shall possesse riches without labor. And by the nature of the Planet thou maist knowe, whereby the riches will come. And if it be the Sunne, it will come to him by

power, that is, the riches will happen by help or fauour of great power: if Mars then by warres or by theft: if Saturne, of the enheritance of the dead: if Iupiter, of faith, religion, or of Maisters of faith, or of the Law, and such like appertaining vnto Iupiter: if Venus, by women: if Mercurie, by learning, wisdome, or marchandize: if the Moone, by the workes of hands or by iournies; but if the Lord of the second house (so placed) be not fortunate and an euill Planet beholding him, he shall loose all his goods, Taysnier.

95.

A notable Oyle or medicine for the Gowt and ioynt aches, very true and often proued. Take the iuyce of Sage, of Aqua vitæ, of oyle De bay, of Vineger, Pusterd, and of a beasts gall, of each a like much: put them altogether into a great bladder, and chafe it well vp and downe with your hands, for the space of an houre and a halfe, and kæpe it then to your vse, and anoint the grieued place there with euery morning and euening: and you shall finde your selfe healed within a short time. This is a sure and often proued thing.

96.

This precious medicine following, doth preserue and kæpe them that takes it, safe from poyson or plague. Take of Iuniper berries two drammes, of earth, of Lemnie, called the Phisitions, Terrie Lemnie as much, & one scruple more, which is the weight of xviiii. barly cornes. When you haue made them in fine pouder, mire them with Honey, and kæpe it to your vse in a cleane vessell: giue as much thereof at one time as a Hazell nut, in three ounces of Aqua Mulsa, which is made with water and Honey, that is of one pound of Honey, and eight pound of water sodden and skimmed ouer an easie fire: vntill the fourth part be consumed. This excellent Antidote did King Nicomedes vse, when any did bid him to banquet, or any other chære, that he did suspect. If there be no poyson taken before it, it will remaine quietly in the stomacke: but if there be any poyson, it will procure vomit: so that thereby the poyson and medicine will both come foorth. Mizaldus.

97.

A notable thing to cause one to slæpe immediately. Take of the iuyce of Henbane, of Lettice, of Plantine, of Poppy, of the leaues

leaues of Mandrag, of Iuy leaues, of Mulbery leaues, and of Hemlocke, of each one dram, of Opium, and Iuy berries, of either as much: stamp the Iuy berries and the Opium together, and mixt the iuyces and them well together: then dip a spunge into the same and let it drinke it all vp, and then lay the same spunge in the Sunne to dry: after lay the said spunge to the parties nose whom you would haue to sleepe, and he will sleepe quickely. And when you will awake him, dip another spunge in vineger, and hold it at his nose, and he will awake within a while after. This is an excellent thing and true.

98

Beware that nothing bind thy body hard, when thou bleeds, and then hold thy hand full of Shepheards purse, and stedfastly looke vp to the Sun, and the bleeding will cease. This is proued.

99

To make a pouder that will draw out a toth without any instrument. Take Spurge, Pelliter of Spaine, Smalledge, the dung of a Rauen, or of a Crow, Galbanum, the braine of Partridges, and also a Frogge, of each alike much: burne all these together in a new earthen pot all to pouder, & with a little of the same pouder touch the toth that you will haue fall out: & doubtlesse within a quarter of an houre it will fall out. But you must take hed that you touch none other toth there with. This I haue out of an old written booke.

100

Seeth Mallowes and red Nettles together in faire water, and let the party that is costiue, or cannot goe to the stole, sit close ouer the same, and receiue the fume thereof vp into his fundament: and it will helpe him certainely, and spedily, (God willing.) A thing often proued.

Heere endeth the third Booke.

The

The fourth Booke of Notable things.

1

MAke Diuale as followeth, which makes one to sleepe while he be cut or burned by Calyterising, as followeth. Take the gall of a barrow swine, or the gall of a Boze, the iuice of Hemlockes three spoonfull, and of the iuice of wild Nep three spoonfull, of iuice of Lettice, of the iuice of Poppy, of the iuice of Hendane, and Afell, of each three spoonfull: mixe them together, and boile them well, and doe them in a glasten vessell well stopped, and put three spoonfull in a quart of good wine or Ale, and mixe them well together: & let him that shall be cut or Cawterized sit against a good fire, and giue him drinke thereof till he fall a sleepe. This I had also out of an old written booke. Vse it warily, and proue it aduisedly: if you begin with a little quantity, you may encrease it when you will: but if you giue too much at once, you cannot diminish it when you list.

2

They will be hindred in their smell, or will haue diseases or greefes in their noses, In whose nativity Mars and Venus are impedite aboue the earth. Iatromath.

3

Dry the rots of red Nettles, and make them in pouder, and drink a spoonfull of the pouder thereof in a draught of white wine something warme, and it will breake the stone, though it be neuer so great, and that with speede. Vse it euery day vntill the stone and grauell be all broken and consumed. A thing of small price, and great vertue.

4

A comb made of the right horne of a Ram, doth take away the head ache, being on the right side of the head: if the payned head be combed there with. If the paine be on the left side of the head, then a Combe made of the left horne of a Ram, doth take it away: if the pained head be combed there with. This I had out

out of an old Booke.

5

Thebet the Philosopher doth teach that to get the vertue of any Starre, you must take a Ring when the Moone doth behold happily by a Tryne or Sextile aspect the same Starre placed in the middes of the Heauens, or in the Ascendant: but the matter or substance of the Ring, must be made of that mettall that belongs to that Starre: and likewise an hearbe ascribed to the said Starre, must be included or put vnder the Ring.

6

Dippe a silken thred in the bloud of a Mouse, and then let the Patient swallow it that hath the Squinancy, or swelling, or paines in the throat, and it will helpe him.

7

This following is a notable medicine for the Gowte. Take the roote of wild Neppe, and the roote of the wilde Docke, first sodden by themselues, then pare of the skinnes, and cut them into peeces, and stamp them both together, as well as can be: then put thereto a quantity of soote of a chimney, and temper them with the milke of a Cow that hath the haire of one colour, then take vrine of a man that is fasting, and make a plaister thereof, and boyle all together, and as hot as the party can suffer it, lay it to the place pained or greeued, and a day or a night without remouing, and then lay another plaister of the same to it, and let it lye thereto as long as the other. And doe thus nine times, and it will helpe him on warrantie (God willing.) proued.

8

If yron that is made cleane or polished, be tincted or rubbed ouer with Aquafortis, wherein the filings or scrapings of braſſe is dissolued: that yron will haue the colour of Braſſe. Bapt. Porta.

9

A Horse that casteth or holdes his eares backeward: for the most part is deafe. And that Horse that doth not ney in the company of a great number of other Horses, is dumb. Simoneta Cardinalis.

10

The best thing of all other to keepe harneſſe, or any other thing made of yron or steele from rustinesse, is this. Stamp the filing or dust of Lead, finely in a Leaden or yron morter, putting

 thers-

thereto a little Oyle of Spike (which beſides makes it ſmell trimly) and there-with rub ouer the Harnes or any other thing as is before ſaid made of yron or ſteele. By this meanes you may carry your Harnes or other things ſo rubbed there-with, in watery places, and in moyſt aires ſafe from rusting. Mizaldus had this from a cunning Armorer.

11

If one come to giue thée counſell, and thou wouldſt knowe whether he meane well, or be a deceiuer: Marke the tenth houſe, and if a good and fortunate Planet be found there, his counſell is good and true. But if there be an euill or vnfortunate Planet there, he is a deceiuer and a lyar. Which (ſaith Haly, as one that hath proued it) doe confirme and doe ſay: if one come to counſell thée, and the Aſcendent be of common ſignes, or the Lord of the Aſcendent, and the Moone be in common ſignes: doe ſay that he is then a deceiuer, and will deceiue thée, Therefore harken not to him. Haly Abenragel.

12

One knot of the root of a Mullen, giuen to drink, doth binde the looſenes of the belly. proued.

13

He that wareth deafe through an Ague and blædes at the noſe, ſhall recouer his hearing. Hippocrates in Aphor.

14

This medicine following, is proued by experience, and as a certaine diuine thing, doth cure euery pleuriſie, and doth releeue the ſicke from death: which ought not to be applied vnto the ſick party, vntill the fourth day be paſt. Take of Dealtha two ounces, (which is to be had at the Apothecaries:) the oyle of ſweete Almonds halfe an ounce, mixe them together: with which ointment (being warme) let the greeued place be annoynted: then ſprinkle vpon the annoynted place halfe an ounce of pouder of Commin finely cearſed, (which done) take a Colewort leafe made hot vpon burning aſhes, and annoynt it with old butter (not ſalted) and lay it hot vpon the annoynted and powdred place (tying it on with cloathes that it remoue not,) and a marueilous effect will appeare vnto you in the ceaſing of the paine of the pluriſie: and in reſoluing of the matter of the impoſtume. This re-

medy

medy will bring honor vnto thée, and great profit vnto the ſicke perſon. And know that this remedy is good in any other great paine, in all the body, from the head vnder Emperica benedicti victorii. And alſo I haue ſéene this prooued, which helped one of the pluriſie without letting of blood.

15.

If a woman with Childe haue her Smock that ſhe weares, ſlitte at the neather ende or Skirt thereof, or not ſewed there round about, but that one ſide or ſeame thereof, be a little left vncloſed, or vnſowed together: the ſame childe that ſhée then goeth withall, ſhal be ſafe from hauing a cloven or Hare-lip, yea, though ſhe chaunce to méet ſuddenly a Hare, or though a Hare doe leape ouer her, or ſuddenly touch her. Which happens to many children by ſuch meanes, as is mentioned in an other part of this Booke. This was very credibly told me for a truth. Therefore I haue placed it héere, as worthy the name of a notable thing.

16.

Whoſoeuer ſhall vſe daily to take in a draught of ſmall Ale, a ſpoonefull of the powder of Patfellon or Scabius: the ſame will deſtroy any impoſtume within them. It hath béene often prooued. And Antonius Muſa doth praiſe it for the like effect.

17.

If the Lord of the firſt houſe be in the Aſcendent, or tenth houſe it ſhewes that the diſeaſe is open and manifeſt, if in the ſeauenth or fourth houſe, then the diſeaſe is priuie or hid: if in the ninth or eleuenth houſe, then it is openly and manifeſtly knowne: in the other places, the diſeaſe is priuie, hid or vnknowne. Iatro. Guat. Riff.

18.

Cleopatra, the laſt Quéene of Egypt, and wife to Marcus Antonius, Conſull of Rome, (a proud Princeſſe, and to daintie a Dame) did drinke one ſo voluptuous a draught, as neuer any did before, nor I thinke will hereafter: for ſhée diſſolued in tart and ſtrong Vineger, the greateſt and beautifulleſt pearle that euer was ſéene in the Eaſt part of the world: and drunk the ſame at one draught, to ſatiſfie her proude preſumptuous pleaſure withall. Which pearle was worthy two hundreth and fiftie thouſand crownes. Plinius, Macrobius, and other.

19.

Out of the Figge tree, there comes such a sharpe vapor, that if a Hennе be hanged thereon, it will so prepare her, that she will be soone and easily rosted. Plut. And the like will be if the fethers be pluckt off from Fowles and Birds, and the skins pulled off from Beasts, and then layde or couered a day or two in a heape of Wheat. It is confirmed by experience, saith Mizaldus.

20.

The professor of naturall Magicke, affirmes, that Marvine being taken vp or gathered, when the Sunne is in Aries, the Ram: and stampt with seeds of Pyonie, and strained with white Wine and drunke: doth marvellously helpe them that haue the falling sicknes. Oftentimes proued saith Mizaldus. Which he had out of a very old Booke of the seuen hearbes of the Planets, written to Hermes.

21

When any of the three highest Planets, and the Sunne is in any of the Angles, the childe then borne (being a boy) shall be cheefe of his brethren. Or if there be any borne before him, they will dye, and he shall hold the cheefe rule in his fathers house. Taysnier.

22

Salt dissolued in water or Brine, presently with his strength doth put away the paines, and the heate of any burning, whether it be with gunpouder, or with oyle, pitch, scalding water, burning coales, burning yron, or any other meanes whatsoeuer, especially if it be bathed with linnen cloathes, wet or dipt in the same, and a linnen cloath therein wet, and laid or applyed to the place burned. Lemnius.

23

Take Salarmoniacke, Roch Allom, Allom plume, Sal gem, Taytar, and Romaine Vitriol, of each equall parts, all which seuerally made in fine pouder, mixe together, and dissolue it in faire cleere water, then put siluer or siluer plate therein, and let it lie, & set it ouer the fire that it may be very hote: and you shall see that your siluer or plate will be marvellous white and faire. Mizaldus.

24

The roote of Zedorie (but be sure it be perfect and good) mixt with

with Raiſins, and a little Liquoris, champed with the teeth and ſwallowed, preſerues them that doth ſo, vnhurt or without the danger of the plague, if they goe to any that are infected with the plague, or that are conſtrained to ſpeake with them that hath the plague. Mizaldus.

25

The roote of Pyonie, (which is the hearbe of the Sunne) being pulled out of the earth on a Sunday, in the houre of the Sun, the Sunne then being in Leo, called the Lyon, and the Moone encreaſing in light, (which is from her change to the full) deliuereth them of the falling ſickeneſſe, that beares it about them. Marcelius Ficinus.

26

If at the firſt time of the falling ſicke of one, or at the time of the queſtion for the ſicke, the Moone be in the fourth houſe, with Mars, and good Planets be Cadent: it is ſigne of death. Iohannes Ganiuetes.

27

Let the woman that trauels of her childe, (or is in her labor) be girded with the skinne that a Serpent or Snake caſts off, and then ſhe will quickly be deliuered. Tortula.

28

A marueilous rare ſecret, to draw out the oyle of Cinamon after an eaſie maner: which oyle preſerueth the ſtomacke from corruption, by taking it by the mouth, and applying it to the ſtomacke. Take of Cinamon one pound, which ſtampe and beate finely: then mire and impaſt it with the oyle of ſweet Almonds, vnto the forme of an oynment: then heate the ſame in an earthen pan ſomewhat, which after let ſtand (cloſe couered) for foureteene dayes: or twelue at the leaſt: at the end of which time, heate the whole againe ſufficiently, (that is vntill it be very hote) then put it into a bag, and wring out the oyle in a preſſe, vntill the whole Cinamon remaine through dry therein: then that which is come forth, will be of the colour, ſauour and taſt of the Cinamon. A ſecret knowne to few to be wrought in this order.

29

The pouder of Pellitor of Spaine, mixt with the milke of Wartwort or Spurge, and Galbanum, and a little thereof applyed to any rotten or aking teeth: will breake it or pluck it

out, and the paine thereof will ceaſe. This I had out of an olde written booke.

30.

If you would know whether one ſhall eſcape or not, that is infected with the plague, (hauing the plague ſore) giue the partie ſome excellent Treakle with white wine, (ſo that hée be not troubled with an Ague, for then giue the Treakle with Scabius or Planten water) and alſo annoint the Plague ſore with the like Treacle: and if the ſame be dryed or burned, and remaine fired, (the party thereby not releeued or eaſed) it is a very euill ſigne: but contrary, if the party be eaſed, it is a great ſigne that the party ſhall eſcape. Arnoldus.

31.

In the common place where the Cenſors of Venice ſits, there neuer enters any Flyes. Gandeur. Merula. And in the flethe Shambles of Toledo, a Cittie in Spaine, is not ſéene but one Fly in all the whole yéere. As Leo Papiſt. ſaith, And in Weſtminſter Hall, in the Timber-worke, there is not to be found one Spyder, nor Spyders webbe. Becauſe (as it is thought) the Timber wherewith the roofe is builded, was brought out of Ireland, and did grow there. In all which Country of Ireland, I haue not onely heard it credibly told, that there is neither Spyder, Toade, nor any other venemous thing: but alſo that ſome of the earth of that Country hath béene brought hether, whereon a Tode béing layd, ſhée hath died preſently. Though this be meruailous and ſtrange, yet it is true.

32.

It is proued ſaith Tayſnier, if Iupiter be in the fifth or in the twelfth houſe, whether he be Orientall or Occidentall, of the Sunne, or whether hée bée in a Maſculine ſigne or Feminine, the firſt child of him or her then borne, will be a boy.

33.

The iuyce of ground Iuie, ſnuft vp into the noſe out of a ſpoone or a ſawcer: purgeth the head meruailouſly, & takes away the greateſt and eldeſt payne thereof that is. This medicine is worthy golde, though it be very cheap. I haue known them that haue had meruailous paine in their head, almoſt intollerable, for the ſpace of a dozen yéeres: and this hath helpt them preſently, and neuer had the paine ſince they tooke this medicine.

This

34

This medicine following will kill wormes in the belly. Take the gall of an Ore or of a Cow, and so much of the flower of Lupynes (which are to be had at the Apothecaries) as will thicken the same, mixe them well together, and lay it on wooll, and so plaister it to his belly where the greefe is, and about the nauill, and after twelue houres lay thereon another plaister. Doe thus foure or fiue daies and it will helpe him.

35

How greatly is the sicke party to be feared (or iudged) not to escape if in the time of the question, or the first beginning of the sicknes, both the Luminaries are vnder the earth, &c. Iatromath. M. Guat. Ryff. Argent.

36

If hote burning golde be quenched in pure Wine, (the same Wine being drunke) it procures strength to the chefe members, and to the vitall parts. And it makes strong the naturall faculties, and doth helpe the diseased part, with strength and vitall spirit. And this liquor is thought to be very good in the time of Plague. And if the same be mixed with a little Tarre, it doth quite put away from any place of the body, all spottes, though they be neuer so foule. Yea it helpes a leprous face, a red nose, and any other deformitie of the same: if the infected be washt & rubbed oftentimes therewith. Lemnius.

37

The water that drops out of the Wine, or the gumme that is found there, being drunke with white wine: doeth breake and expell the stone in the reines maruellously. And also being rubbed vpon Ringwormes, Tetters, and leprous places, it doth cure them, but they must be rubbed before with Niter. This was told to Mizaldus as a proued thing.

38

If his spettle which hath a consumption, being cast vpon the coales doth kincke, and the haire fall from his head: it is signe of death. Hippocrates in Aphor.

39

There is a certaine Electuary of life, of Arnoldus de villa noua, in a little Booke of his, of the putting backe of old age: described

deſcribed of the fiue kindes of Myrabolanes, made for the conſerning or képing of health, and prolonging of life. And it is a perfect and approued thing. For it doth not onely comfort, but alſo it doth purge ſuperfluous humours remaining of nutriment paſt: And the vſe thereof doth let or hinder gray haires, and it makes one come to the laſt old age. It ſtrengtheneth the ſtomacke, and the vſe thereof maketh a good colour in all the body. And this is the deſcription thereof. Take of great Raiſins cleanſed of their ſtones and ſtalkes, two pound, Liquorice made cleane and beaten, one ounce, let theſe be put into two pound & a halfe of faire water, and let them ſéeth well, and let them then be ſtrained well. And in that that is ſtrained, let there be put of Mirabolanes, Kebule, Citrine, and Indy, beaten in a Morter, their ſtones taken away, of each two ounces, of Embelicke, and Bellerieke, of either of them two drammes: Let them be ſod, ſtrained and preſſed, or well wrung: then put thereto white Sugar one pound, and ſéeth altogether to the thickeneſſe of a Syrup, and in the end, adde thereto of good Cinamon halfe an ounce, Cloues, and Galengay, of each two drammes, two Nutmegs, Maratrum, and Annis ſéeds, of either one ounce: & make thereof a Lectuary, and kéepe it in a pure veſſell. In this Electuary, be medicines of the principall members (that is to ſay) of the heart, head, ſtomacke, Liuer, Spléne. And of the generatiue members, and it is firſt hot, after moiſt, then cold: and at laſt dry. Iohannes Ganiuetus alſo deſcribes it.

40

Certaine wormes that ſhine in the night called Glowormes, being well ſtopped in a glaſſe, and couered within hot horſe dung, ſtanding there a certaine time, will be reſolued into a liquour, which being mixt with like portion of quickeſiluer, firſt cleanſed and purged: which will be within halfe a dozen times waſhing in pure vineger, mixt with bay ſalt, which after euery waſhing and rubbing, muſt be caſt away, and then hote water put to the Quickeſiluer, and there with waſhed, and then put and cloſed in a faire bright and pure glaſſe, and ſo hanged vp in the midſt of a houſe, or other place or roome: will giue ſuch a light in the darke, as the Moone doth, when ſhe ſhines in a bright night. Iohannes Bapt ift.

41.

A péece of a childes Nauell ſtring, borne in a Ring, is good a-gainſt the Falling ſickneſſe, the paines of the head, and of the Collick. Mizaldus.

42.

Baptiſta Fulgoſus repoꝛts, that nye to Sirminum, a Cittie of Pamony, ſometimes there hath béene Tendꝛalls of golde found in the Vine: whereof there hath bén mony coyned. Which ma-ny haue ſéne ſaith Gandeut Merula, in his time. And Alexan-der Neapolitanus ſaith: that he hath found in Germanie, with-in Danuby, Vines, that did beare little nayles, and leaues of pure gold: which was giuen as pꝛeſents to Kings and Dukes. Mizaldus.

43.

If any doth aſke thée (hauing knowledge in Aſtronomie,) whether that place where he dwells, is better foꝛ him, then that to which hé meanes to goe: behold, and if thou dooſt finde the Moone ſeperate from infoꝛtunes, that is from any euill Planet, oꝛ from an infoꝛtunate Planet, tell him that his going is better then his tarrying. But if you finde the Moone ſeparate from a good oꝛ foꝛtunate Planet, then is is better foꝛ him to tarry there ſtill, then to goe from thence to dwell. And to bs bꝛéfe, if one ſhall aſke thée, ſaying thus, I muſt néds doe a certaine thing, oꝛ I haue certaine buſines to doe, whether may I doe it oꝛ not? Then marke thou the Loꝛd of the Aſcendent, and the Moone, and if thou finde them ſeparate from euill Planets, oꝛ euill foꝛtunes, applying to good oꝛ foꝛtunate Planets, bid him doe that, that hée is determined to doe and ſpare not. But if thou finde them ſepa-rate from good Planets, oꝛ vnfoꝛtunate, and applying to euill Planets, bid him that he doe it not, neither take it in hand. Ha-ly Abenragell.

44.

That woman is like to be barren, in whoſe Natiuitie the Moone and Venus béeing in barren ſignes, are infoꝛtunate of Mars and Saturne. Oꝛ if Saturne be in the ſeauenth oꝛ tenth houſe infoꝛtunating Iupiter ♃ the Moone: oꝛ if Venus be with Saturne, and the Moone then in the firſt, oꝛ twelth houſe infoꝛtunate. Ia-trom. Guat Riff.

45

The ſéedes of Roſes with Muſtard ſéde, and the foote of a Meſell, altogether tyed in ſome thing, and hanged among the

boughs or branches of a Tree that beares but little fruit: It is said, that it will make the Tree to beare well, and to be marvellous fruitfull. Mizaldus.

46

Pare the nailes of one that hath the quartaine Ague, which being put into a linnen cloath, and so tied about the necke of a quicke Eele, and the same Eele put into the water thereby, the Ague will be driuen away. Geber. & Alber.

47

If any list to slæp, & lay by him the branches of moist Hemp: Gnats will not trouble him nor come nære him. Mizaldus.

48

If the Lord of the twelfth house, be in the twelfth house, many debates and enormities will happen vpon the day belonging to that Planet, to the childe then borne. Taysnier.

49

Culuer dung stampt & vsed for a plaister with strong vineger, and applied to the nauell, bindeth incontinent all fluxes of the belly. Macer.

50

The rot of a Goord, tied to the ripenes of the backe of women that is in labour or trauell of childe, doth cause spædy deliuerance thereof. But let it be taken away as sone as the childe doth come forth: least the Matrix goe out after the childe. Tortula passionibus mulierum.

51

Nære followeth an Electuary of wonderfull vertue in the time of Pestilence; this Electuary is of so great vertue, in them that doe receiue it once in xviii. houres, that they may be sure from all euill infections of corrupt and contagious aires, all the day after. But in them that are infect already, and are taken with the Pestilence, if they drinke of it but one spoonefull, as shall be said hereafter, (especially after letting of blood, if it be conuenient to the patient,) and lay him downe & sweat vpon the same, if the venome hath not vtterly ouercome the heart: he shall vndoubtedly recouer. It hath bene lately proued that after drinking of the same medicine, when the patient made his water in an vrinall, the glasse hath burst in peces, by reason of the venom that it purged out. This is the making of the said Electuary.

Take

Take Cinamon eleet one ounce, Terra ſigillata ſixe drams, fine Myrrh three drams, Unicornes horne one dram, the ſæd & rind of Citron, roots of Diptany, Burnet, Tormentill, Zedoary, red Currall, of each two drams, yellow Saunders, foure ſcruples, red Saunders two ſcruples, white Béne and red, flowers of Marigolds, of each one dram, Iuory raced, Scabius, Vero incitunici, ſæd of Basill, the bone of a Stags heart, Saffron, of each two ſcruples, make a fine pouder, and adde vnto it of bole Armoniacke prepared two ounces, white Sugar three pound, and with a ſirrope of Acetoſitate citri: make a good Electuary, and kæpe it in a glaſſe. If the Peſtilence commeth with great exceſſe of heat, drinke it in Roſe water and vineger: but if you feele it cold, take it in a draught of wine, and couer you with cloaths, ſo that you may ſweat as long as is poſſible: for without doubt it is a preſent remedy, as I my ſelfe haue now of late proued. Thus much Thomas Phayre in his Treatiſe of the Peſtilence.

52

The téeth of a mad dogge, that hath bitten a man or woman, tied in leather, and then hanged at the ſhoulder: doth preſerue and kæpe the party that beares it from being bitten of any mad dogge. Dioſcorides by the report of Mizaldus.

53

The ſæedes of Cardus Benedictus ſtamped, and drunke, doth helpe the greefes, paines, prickings, and ſtitches of the ſide, and the griping in the guts, and the lower part of the belly. This is proued for truth.

54

If any doe ſprinkle his head, with the pouder of the ſkinne that a Snake doth caſt off: gotten or gathered when the Moone is in the full, being alſo in the firſt part of Aries, the Ram: he ſhall ſée terrible and fearefull dreames. And if he ſhall haue it vnder the plant of his foot, he ſhall be acceptable before Magiſtrates and Princes. Cardanus.

55

Whoſoeuer begins their iourney in the houre of Venus, hée ſhall haue good and profit on the behalfe of women or ſome ſuch like thing. Haly Abenragel.

56.

If wormes gnaw vpon or hurt the mouth of the stomacke, put Honeycombs into the mouth fasting, and hold them there, and the wormes will draw vnto the Honey, and so void by the mouth. It hath bin proued.

57.

If in the first beginning of any sickness, or at the time of any question for the sick, if the Moone be Orientall, nie to the Sunne, within twelue degrees, it is signe of death, and the nerer to the Sunne, and in Combuston, the worse. Iohannes Ganiuetus.

58.

With this secret following, Benedictus Victorius, had alwaies good successe, in passions and greefes of the heart. Take of the iuyce of Bugloss, clensed or purified at the fire, two ounces, of white Suger two drams, mixe them together, and let the patient or diseased party drinke it euery night going to bed: and there will not ten daies passe, but the party will be cured of the passion or greefe of the heart.

59.

This following is a notable tried medicine for the Gowte, and for the swelling of ioynts, and for knobs and knots comming of the French pocks. Take May butter a quarter of a pound, halfe a pound of Cummin seed beaten in fine powder, a quarter of a pound of black Sope, one handfull of Hearbgrace, halfe a handfull of clarified sheepe sewet: stamp all these together in a Morter, then take the gall of an Ore, and a spoonfull of bay salt, and fry them all together till it be thick, then lay it on a woollen cloth, and so apply it to the ache as hotte as it may be suffered: and let it lie vnremoued a whole weeke: and then lay another plaister thereof to it, and let it lie vnremoued as long: then lay the third plaister thereto, and let it lie thereto as long as the other, which will be the whole three weekes, and without doubt it will helpe him. I haue seene it proued. This I had out of a very olde booke.

60.

There be (and truly with proued successe) that doe hang rots of Sorrell at their necks for the Swine pocks: and also in like case of Planten. Mizaldus.

Who-

61.

Whosoeuer hath the bloody Flixe (be it neuer so great or grieuous) let them drinke the wine wherein the rootes of Hollocks cut in peeces are sodden and strained: if the party haue an ague, then let the roots be sod in water with some Plantan leaues, and so strained, which is an approoued and sure medicine for that disease: whether the party haue an Ague or not.

62.

A ring made of an Ore or a Cowes horne, and worne or carried vpon them that haue the cramp: it puts the same away. This is proued to be true of many. Mizaldus.

63.

If the Lord of the seuenth house, be in the third or ninth house, and any euill Planet behold him: he that is then borne will fall from some building, or else he will die of some thing that shall fall vpon him. Ptolo.

64.

If you seeth Briony in water, and vse to drinke the same: it helps and cureth them that haue the dropsie. Proued.

65.

Wonderfull and notable vertues of the Eybright, doe follow. Let the leaues, stalks, & flowers with the whole substance be distilled, when it beareth flowers, the water thereof stilled, dropped and streaked about the eyes, causeth cleere eyes, and sharpneth the sight, and ceaseth the paines of the eyes: the water dropped into the eyes an houre before night, and strikes about them, and drunke to the quantitie of three ounces at one time, comforteth, strengthneth, & preserueth the sight, especially in aged persons, and in flegmatick complexions. The heard dried and brought to powder, and eaten euery day in a poched egge rere, for a certaine time together, restoreth sight lost, the water mered with halfe a dram of the pouder, & drunke euery euening for a month or forty dayes together: recouereth a weake sight.

66.

This precious medicine following, will bring forth a Tanker, and plucke it vp by the rootes, out of any sore where euer it be either in man or woman. Take Rosealger, and make powder thereof: then take Barrowes or Hogs grease, that is new and fresh (first melted and after colde) then mixe the powder there-

with very well: then put thereof vpon a peece of white leather which may couer the sore: then sprinkle on the said plaister fine flower of pure wheate: then vpon the same spred Honey, and then put vpon the said Honey womans milke, and when all this is done, put the said plaister vpon the sore, where the canker is, and put the nether crust of a new white loafe vpon the said plaister, and tie it fast vpon the same, that it remoue not: And in the morning thou shalt finde the canker dead on the said plaister, this is most true. This I coppied out of an old written booke.

67

Let a woman make water in a Urinall that is faire & cleane, or rather new, vpon certaine cornes of Barly: and set the same in a cold place for the space of eight dayes, and if the said Barly cornes will grow againe, or bring forth new corne: then the fault is not in the woman that she conceaues not, but rather in the man. If otherwise, then the let of conception is in her.

68

Stampe Christall in a stone morter of marble, & make thereof a very fine poulder, then put thereto so much of the white of an egge, that you may write there-with, mire them well together with a little gum or gum water, then write there-with in paper what you will, then rub the same letters with what mettall you will: and the writing will be of the colour of that mettall where-with you rubbed them. This I had out of an old Booke, and Mizaldus affirmes it without the gumme water.

69

The iuyce of Lilly roots and vineger, of either like much mixed together, and the sawfefleame or red pimpled face anointed there-with euery euening for the space of nine or ten dayes, doth helpe it perfectly.

70

You shall know whether the Dropsie be hote or cold, by this that followeth: if the swelling begin first at the feet and goe vpward, then it comes of a hote cause: if the swelling begin first in the face, and goe downeward, then it comes of a cold cause. This likewise had I out of an old written booke, wherein were many things credible.

Cast

Caſt the water of any ſicke perſon newly made at night on red Nettles, and if the Nettles be withered or dead in the morning after, then the ſicke party is like to dye of that diſeaſe, if they be greene ſtill, then he is like to liue.

72

A certaine wicked fellow that killed his father, did ſit in company with his companions eating and drinking, ouer whoſe head there was a Swallows neſt, with young Swallows in the ſame, at which time the ſaid Swallowes made a great noiſe, and chittering, when ſodainely the ſaid wicked fellow got a long poale, and burſt the Swallowes neſt: whereby the Swallowes fell down and he trod on them, and cruſhed them in peeces. Being asked of one of them, why he did ſo: I haue good cauſe ſo to doe, ſaid he: for did you not heare, ſaid he, how they told that I had killed my father. Whereupon he was ſuſpected, examined, and ſo confeſſed, and therefore executed. Plutarch.

73

Dry a Goates, Sheepes, or Hares bladder, and make pouder thereof, and let them drinke thereof with vineger, or water when they goe to bed, that cannot hold their water: and it will helpe them. Galen affirmes this.

74

If the Sunne, the Moone, the Alumten, or the Lord of the Aſcent be all ſafe, and not with the Lord of the eight houſe, or in his aſpect: without doubt the ſicke perſon ſhall be rid of his diſeaſes, and recouer the ſame. If two of them be ſo, he is like to eſcape likewiſe. If contrary, then he is like to dye thereof. Iatromathematick. M. Guat. Ryff.

75

To kill ſerpents in your dreame, ſignifies victory, to ſee ſailes of ſhips is euill, to dreame that all your teeth are bloody, it ſignifies the death of the dreamer: but that the teeth is drawne out, ſignifies the death of another: that birds enters into a houſe, ſignifies loſſe: to weepe, betokens ioy, to handle money, ſignifies anger: to ſee dead horſes, ſignifies a lucky euent of things. Artemidorus.

76

You ſhall make a ſword, knife, or any other inſtrument to haue an excellent edge: if you doe as followeth. Put into a pound

of

of the Vrine of a young man, as much soot as ye may take in your hand, putting thereto foure ounces of the Oyle of Linseede: all being mixt together, let them seeth on the fire, and betweene the beating or striking of the Sword or the knife, whiles it is red or burning hotte, quench it in this mixture, and according to arte let it be well tempered. Mizaldus.

77.

If you stamp Lupines (which are to be had at the Apothecaries) and therewith rub round about the bottome or the lower part of any tree, no Ants or Pissemires will goe vp and touch the same Tree. Mizaldus..

78.

If Mercurie (being Lord of the first house) be impedite of Saturne, it threatens to the child then borne, continuall blindnesse: and so much the more, if the Moone behold the Sunne & Saturne in that sort. Tayshier.

79.

Rub the leafe of a Marigold betweene your fingers, and put the same into your nose, and let it stay there a little while: and it will bring forth abundance of humours out of your head, and it will helpe the reume within a little while, if you vse it. This I had of a friend as an excellent secret.

80.

The eating of two drams of great Raisons (the stones taken out) in the morning fasting, doth profit for conseruing youth, because they make better digestion, and the fleame is diminished by them, they comfort the Liuer, and makes it latte, because they are frendes of the stomacke and of the Liuer, and they encrease blood and make it thick, and when they are taken after meate, they strengthen and moysten the belly. Ioh. Ganiuerus.

81.

The eyes be not onely instruments of enchantment, but also the voyce and cuill tongues of certaine persons. For there are found in Affrick, as Gellius saith, Families of men, that if they chaunce exceedingly to praise fayre trees, pure seedes, goodlie children, excellent horses, faire and well liking Cattell, soone after they will wither and pine away, and so die. (No cause or hurt knowne of their withering or death.) Thereupon the custome came

came, that when any doe praise any thing, that we should say God bleſſe it or kéepe it. Ariſto. in Prob. by the report of Mizaldus.

82

Stop both your eares with your fingers, and the hickop wil goe away within a while after-proued.

83

Many that are borne at that time, when the earth doth quake, are alwaies fearefull: in the time of thunder, they are for the moſt part faint and fearefull: in the time of the change of the Moone, either they liue not long or elſe they be weake: and often-times as Ariſtotle ſaith, haue Melancholike diſeaſes, or elſe are out of meaſure Melancholike: which makes them to be waiward, freating, and ſeldome merry. Mizaldus.

84

There is a maruellous ſtrength in Spermaceti, for if it be pure and right: it will penetrate and goe through the bores or things wherein it is kept, with a certaine moiſture or ſweating drops. Mizaldus.

85

If Mercurie be coniunct with Saturne. or in an euill aſpect of him, and neither Iupiter nor any other good Planet, doth behold Mercurie, it doth note, that they then borne, ſhall haue an impediment in their tongue, or ſhall ſtut: chéefely if it be found aboue the earth. Tayſnier.

86

The rootes of Eldern ſod and ſtreined, and drunk thirty daies together, three euery day, at morning, none, and night: doth cure the dropſie perfectly proued.

87

If the pappes of a woman, which is with childe of two, doe ware little, ſhe ſhall loſe one of them, and if it be the right pape, it is a man childe that will be loſt, and if it be the left, a woman child. Hippocrates in Aphor.

88

Take Garlicke, and Houſlicke, of each like much, and ſtamp them both together, and plaiſter the ſame either to a hot or colde gowte, and it will helpe or eaſe it maruellouſly. This was reporte-ported to me to be excellent therefore.

90

The Flower of Oyntments, called Flos vnguentorum, is made as followeth. Take of Rosen, and Perrosin, of each halfe a ponnd, Virgin wax, and Olybanum, of either a quarter of a pound, Mastick one ounce, Harts tallow, or else Sheepes tallowe, a quarter of a pound, Camphere two drams: make your gums in fine pouder, and seare them: then melt the wax and tallowe, and mixe the pouders therewith well, and boile them well together, then straine it through a canuas bagge into a pottle of white Wine: then let it kéele vntill it bée blood warme, then put thereto the Campher, and a quarter of a pound of Turpentine, by little and little, euermore stirring it well, till it be through cold; Then make it vp in rowles, and kéepe it to your vse, for the best salue for all things following, that euer was made by the sufferance of God. Wherefore esteeme of this salue aboue any other, for it hath bin put in experience and substantially proued. It heales wounds, old and new, it cleanseth very well, and gathereth good flesh: It healeth head ache, and impostume in the head, or in the body: swolne eares or chéekes, sawflames in the face, sinewes cut, sterke or sprained in trauell: it drawes out yron and thorne: it helpes venemous biting and pricking, it healeth all manner of botch, all swelling and ache in the Cods, and all other members: it ceases the flure of the Emrodes, and it is speciall good to make a seare-cloath, for all manner of grefes. This was written and cast into the Recluse or Anker, at the red hill in Almaine, wherewith he wrought many maruels, and neuer vsed any other medicine but this. This I copied out of a very old booke: and I haue proued it many times to be pretious.

91

When the Alumten, or the Lord of the Ascendent is infortunate, in his fall, or combust with three other testimonies or else two: it signifies that the sicke person shall die. And it is so much the worse, if he be vnder the beames of the Sunne. Iatromath. Guat. Riff.

92

Whosoeuer hath the grefe or swelling of the Splene neuer so much, and hath had it of a long time, and doth heate the end of a paire of tongues in the fire, vntill they be glowing

and

and red hote, & then quencheth the same in halfe a pint of white Wine, and drinke the same Wine: it will helpe them thereof perfectly. This was credibly told me for very truth. But it is more certaine, if they be so heated and quenched fiue or sixe times and then drunke: and to take the same foure or fiue mornings together. Which I knowe to be excellent: the like vnto this is affirmed to be most true, and proued by Anth: Beneuentinus.

93

It is a great token of health, when the Stones or Codds begins to itch: though the other parts of the body be weake. But then take héed of Venerious acts, least you pay for your pleasure. This is out of Mizaldus.

94

Coriander séede made in powder, and mixt with Honnie, and implaistred vpon a Carbuncle, or other grieuous Biles: destroyes the same quite. Arnoldus de villa noua.

95

The blacke Sea-Coale, mixed with Oyle, will bée made soft. Wherewith if one anoint Vines, it will destroy the Wormes: which destroyes or eates the buddes of the Vines. Seruerinus Gebelius.

96

The gum of a Cherry trée dissolued in white Wine, and so giuen to them that are gréeued with the Stone: it will helpe them meruailously. Mizaldus affirmes it to be proued.

97

It was credibly told me for a truth, that there was a verie poore woman being brought to bed of a Childe, hauing many children before, to whom a sister of hers (being rich, & that neuer as yet had any childe) came to sée her, who said vnto her as followeth. Ah sister sister, here are many mouthes and little meate. To whom her poore Sister answered, content your selfe sister: God neuer sendes mouth, but he sendeth meate. After it chaunst the rich sister to be with child, which, when it was borne, had neuer a mouth. So that, there was much meate, and no mouth. A worthy and rare example to make all coustous grédy and carefull worldlings to cast their whole care on the Lord. And not so to depend on their owne prouision or worldly wealth. If it were

not for the great goodnes of God we should haue no more meate for our mouthes, then this womans child had a mouth for meate. But if we haue both mouthes and meat, and lacke good stomacks for the same: what are we the nere? So that both mouth and meat and stomacke, are not in our wills to haue when we list: but are Gods gifts to bestow as he will.

98

Hermes saith, if in the Nativity of the Husband, Venus be combust, the wife shall die before the husband. If in the Nativitie of the wife, Mars be combust, the husband shall die before the wife.

99

Water or Wine wherein Walwort is sod (if a good draught thereof be drunke euery day first and last, for the space of twentie dayes at the most) dooth perfectly helpe them that haue the Dropsie. It is an excellent medicine for the same.

99

Cast or instill certaine droppes of Baulme into cleere water and then with a sticke labour well the water, and if the water then be troubled, the Baulme is not perfect. But if the water abide cleere: then the same is good and perfect Baulme. For the good and true Baulme, doth gather it selfe alwaies into one place. And thus you may try a true and good Baulme from a false and sophisticate Baulme.

100.

If the roote of Piony (especially of the male Piony) be hang'd at the necke of a child or a boy, that hath the falling sicknesse, it doth helpe very much. Likewise, doth Pelliter, and the haire of a Dog that is all blacke. Lemnius.

The end of the fourth Booke.

The

The fift booke of Notable thinges.

1.

Mare will bring foorth a Foale of diuers colours if she be couered with a cloath of diuers colours, whiles she is taking the Horse. For such colours as be before the eyes of the horse, while hée doth horse her: without doubt the Foale will be of the same colours. The same may be proued with hogges and other Beasts. Mizaldus.

2

The berries of Halicacabus (called Winter Cherries) béing stampt, and the iuyce prest or wrong out of the same, and then dryed in the shadow: the same, (if it be giuen to such as haue the Dropsie,) it will prouoke vrine, or drine forth the water and also expell the Hidropicall humors. Mizaldus.

3

Hortus Apollo doth say, that a Wolfe doth feare greatly stones: therefore when he is constrained to goe by stony places he treads very demurely or softly. For béeing hurt with a very little stroke of a stone, it brédes wormes, whereof at length hée is consumed, or brought to his death. Therefore he doth flye from a trauellor, that layes wait to strike him with stones.

4

If the Moone and Venus be ioyned together, and both be combust, he that is then borne, shall lacke a wife, or neuer marry. Ptolameus.

5

If the leaues of Elderne, first made hote betwéene two Tyle stones, and then applyed hote to the forehead and the temples, if any paine lie there, it helpeth the ach of the head meruailously, This is very good and well proued.

6

Héere followeth a meruailous water to prouoke slépe. Take of Opium thebaicum, and Garlicke heads pilled, of each

two ounces, beat the Garlicke heads in a morter with a wooden pestell, and put thereto the Opium grinded: incorporate these well together, that it may be like a sawce. Distill this in a Retort, with a most soft and slow fire in ashes: with this water distilled when need shall require, anoint the temples, the forehead, and pulses at the wrists. And beware you minister nor vse this, but vpon a great necessity, and in frantick persons, (as you shall thinke it good.)

7

The iuyce of the buds, leaues, inner rind, or of the yong branches of Elderne, (something warme) put into the eare: doth not only breake the impostume thereof, within foure or fiue times, but also doth meruaillously helpe the deafenes. This was taught me for a great secret: and I haue tried it to be an excellent thing in such a case.

8

To see Monkes in ones dreame, doth pretend death or calamitie: to see fat Oxen betokens plenty of things: to loose an eye or a tooth, signifies the death of a friend, or of a kinsman, or some other euill luck: to dreame to be dumbe, fore-shewes speedy gladnes: to see Oxen plow, betokens gaine: to enter into waters, betokens euill. Artemidonis.

9

This following makes a soft beard, and dooth beautifie the chinne with a fine haire. Take Butter without salt, the iuyce of a red Onion, the grease of a Beare or a Badger, the roote of Bryonie, of Bëtes, of Radish, and of white Lillies, whereof make a Liniment, and anoint the chin often there-with, being shauen. Mizaldus.

10.

Put vp an old Gander into a house: and let him be there three daies without meat, then cast vnto him peeces of an Eele newly killed, then gather the dung that comes from him, after he hath eaten the peeces of the Eele: which dung being laid to any impostume or swelling: is a present remedy therefore.

11

He that sleepeth in a Sheepes skinne, shall see true dreames, or dreame of things that be true. Mizaldus.

The

12

The braine of a Weſell dried, and drunke with vineger, doth helpe them that haue the falling ſickneſs. Mizaldus.

13

Iupiter and Venus, or the one of them in the eight houſe, not Combuſt, nor Retrograde: doth ſignifie the child then borne ſhall die a naturall, and no violent death. Tayſnier.

14

Take a little ſticke, and tie about the end thereof old Oken leaues, then cut them ſomething round, and hold the ſame leaues in your mouth as deepe and as farre in as you may ſuffer it well, (holding the ſticke betweene your teeth) and ſo hold your mouth ouer a porrenger or a diſh: and there will great aboundance of humours auoid out of your mouth; and within a while waſh in faire water the ſaid leaues on the ſticke: and then hold it in your mouth ſo againe. Doe thus for the ſpace of halfe an houre, and vſe this three or foure times a day, for three or four daies together: or vntill you haue auoided as much watery humours as you thinke good. This is the beſt and the preſenteſt remedy for helping of the Kewme, that I euer knew or heard of. I had it of a Gentleman that eſteemed it as a treaſure. And whoſoeuer proues it ſhall finde it an excellent thing.

15

Mirabolanes chebuli, preſerued with his ſirrope, vſed daily, and eaten: preſerueth youth exellently well.

16

This following is an excellent Gargariſme to purge the head and the breaſt. Take of Stauefaker three drammes, Peliter of Spaine and Muſtard ſeede, of either two drammes, long Pepper, Ginger, and Allomgem, of each one dram, make pouder of them that are to be poudered, and ſtamp the reſt and mixe all well together, and put as much thereof as a Beane in a little linnen cloath, and tie the ſame faſt with a threed, that it may be round: then hold the ſame in your mouth, and champe it ſoftly betweene your teeth: and it will bring forth water and fleame aboundantly. Vſe this daily vntill you thinke your head be well purged.

It

17

If the Lord of the Ascendent be in the eight house, receiued of the Lord of the eight house, so that he receiue not the Lord of the eight house, it signifies that the sicke party shall escape without all hope. Iatromath. Guat. Ryff.

18

Earth wormes slitte and clensed, and washt from their stimie, and earthly matter (halfe a dozen of them, at the least) and cut in peeces or chopped, and a good messe of pottage made thereof, with Otemeale and water, and so much euery day eaten by them that haue the blacke Iaundies, for the space of twelue daies or longer: no doubt it will perfectly cure them thereof, though it be neuer so long rooted, or thought to be past cure. Or else a spoonfull of the pouder made of them in March, or any other time, when you can get them, taken euery day so long in a little draught of any drinke: doth likewise perfectly cure the same. This is very true, and hath bene oftentimes proued. It hath helpe some in foure or fiue daies.

19

Olibanum (which is a kinde of Frankenscence) in pouder, mixt with as much of Swines greace, & boyled together, wherewith if childrens heads that are full of lice, or that are giuen to breede lice, be annointed, they shall afterwards be free from lice. This is better and more safe, then to vse ointments mixt with quicksiluer, which is very dangerous: therefore let mothers or nurses, rather vse this.

20

Where as euery beast (the act or generation ended or done) is wont to be sad: onely the Cocke reioyceth, for he sheweth his gladnes then by crowing.

21

If Mars be in the eight house, and in a humaine signe, or in the second face of Taurus, or in the first face of Leo, it doth shewe the childe then borne, shall die of yron. Taisnier.

22

It is proued by experience, that to vse customably in the dinner, and immediatly before supper, halfe an ounce of the flower of Cassia newly drawne, doth forbid the engendring of the impostumation of the stomacke. Truly I say vnto thee, that who doth

doth vse, such taking of Cassia, shall be preserued from euery euill affection of the stomacke. Emperica bened.

23

Wine of the decoction of Tormentill, drunke daily without any other drinke, & the hearbe thereof sodden, & euery euening plastered ouer the eyes, the space of three or foure months or more: restoreth the sight, yea to those that haue their eies as though they did see, & yet are blind, and sees nothing at all. Pe. Hispanus.

24

Andreas Matheolus, knew a woman, that euery day for a whole yeares space, was greeuously troubled with the paines of Mother, which was helped very well of that disease, by drinking once a weeke at her going to bed, of white wine, wherein an ounce of the root of Bryony was heated: and she vsing this medicine a whole yeare in such sort, she felt no more harme thereof.

25

If you will destroy or put away warts, cut off the head of a quicke Eele, and rub the warts all ouer well with the same blood then as it runnes from the Eele: then bury the head of the said Eele deep in the ground, & whenthe head is rotten, then they will fall away. I thinke the Author hereof is Iohannes Baptista Porta. Mizaldus.

26

About the rising of the little dogge, (being in Sommer) an old Cocke doth lay an egge, round, speckled, and of divers colours: whereof many doe thinke that the Basiliske or Cockatrice doth come, (which is a most pernicious and venemous Serpent,) especially, if that egge be sit vpon and hatched by a Toade. Which whether it be a fable or not, let other iudge. Mizaldus.

27

Mars in the eight house, with the head of the Dragon, betokens that the childe then borne, shall die of a rope, or be hanged. Taisnier.

28

The iuice of Colewarts put or snuft into the nostrills, doe purge the head maruellous well, and helps the antient paine of the head. Often proued.

29

Blacke sieges like to filthy blood, are wonderfull euill, Whether they be with an Ague, or without an Ague. And the darker

colour they haue, the worse they be: but if these signes come through a Purgation, they be more laudable. And although they be of diuers colours, they be not euill. Hippocrates.

30

This following is an excellent and often proued thing for the Collicke, Strangury, and the Stone: take the seeds of Caraway, Fennell-seede, Spicknard, Annis seede, Commin seed: Cinamon, and Galingale: of each halfe an ounce, Gromell seede and Liquorice, of either of them an ounce, beate them all to pouder, and drinke halfe a spoonfull of the same pouder in Ale, a little warmed, and walke vp and downe an houre after, before you eate or drinke any other thing. Doe thus fiue or sixe daies together at the least, and you shall finde it of a notable operation. This was taken out of a learned practisers booke: besides since it hath beene many times proued.

31

Young children whose gums are anointed with the braine of an Hare, doe breed their teeth easily. Mizaldus. And it hath beene proued with the braine of a Conie.

32

A Walnut put fast into a Chicken, that it fall not out in the rosting thereof: it makes that the same Chicken will be the sooner rosted. Mizaldus.

33

If a round large vessell, with one hole in the top thereof, be filled full with quicke Lime and Brimstone, of both equall portions, and then the hole well stopt, that no aire nor any thing may goe out, & so put into some standing water, or a little pit of water or into some Cesterne full of water, it will keepe the said water hote a long time, or for many daies: proued of many saith Mizaldus. And I found the same also in an old written booke.

34

Hens dung mixt with meate that is giuen to be eaten of mad dogs, will take away their madnes from them, (as it is thought.) Mizaldus.

35

If a woorme that is found in the grasse, before it touch the ground, be hanged a liue at a womans necke that is with child, it is

is thought ſhe ſhall keepe the child vntill the due time of the birth. Plinius, as Mizaldus ſaith.

36

If one giue any thing for Warts, to them that haue them, be it neuer ſo ſmall a thing, a three or foure haires, (a rag of linnen cloath, or ſome other thing of no value, the ſooner it will rot, ſo much the better,) & let the party that would be rid of the Warts, wrap the ſame in ſome thing, and put it into the ground, and couer the ſame with earth againe. Truly, as the ſame thing doth rot in the earth, ſo will the Warts weare and conſume away. This is perfectly proued.

37

If Mars be in Gemini, and the Sunne in Piſces, in a quartile aſpect, in the day time, or the Moone in the night time: (it doth ſignifie) the child then borne will be hanged. Tayſnier.

38

They that vſe to receaue three Pills made of Aloes, De ſucco citrino, made in pouder, (which is to be had at the Apothecaries) and mixt with the iuyce of Colewoorts of the bignes of a Beane: ſhall neuer be troubled with paine in the head. Pet. Hiſpanus.

39

A ſtrange medicine for the Gowt. Take a good handfull of Arſemart, and wrap and tie the ſame in a Burre leafe, and lay it firſt in cold aſhes, then compaſſe the ſame with hotte embers and coales, and ſo roſt the ſame well: then apply the ſame roſted Arſemart to the greeued place, and doe this euening and morning for two or three daies: and thou ſhalt find a preſent helpe thereof. This was told me for a great ſecret, and as a proued thing.

40

If you put or ſtop faſt within a Nut, quick Brimſtone, Salt-peeter, and quick ſiluer: the ſame being put into a loafe of bread, and then the ſame loafe of bread put into ſome hotte place, where it may heate, as ſoone as it wareth hotte, you ſhall ſee the loafe of bread ſo leape, that it will be a very pretty ſport to them that ſees it. Mizaldus had this of one that proued it.

41

A moſt excellent Oyle of Saint Iohns Woort, is made as followeth. Infuſe or ſteepe for the ſpace of three dayes the tops of

Saint Iohns Wort, in pure and excellent wine, then in a double vessell let them heate easily ouer the fire, and then straine them easily: then againe put as many of the tops of Saint Iohns wort in that strained liquor, as you had before, and let them stepe therein three dayes or three nights as before, then heat and straine them as before, then adde thereto three ounces of Turpentine, and fiue ounces of olde Oyle, and of Saffron the weight of xviii. barly cornes, mixe altogether, and then seeth altogether in a double vessell, vntill the wine be consumed, & that that remaines put into a glazed or leaded vessell, and keepe it safely for your vse. This oyle is of a meruailous vertue & property, as well chiefely against venemous vlcers as many other diseases & cold greefes: well knowne to many women. Mizaldus.

42

If you rub slightly any kinde of Beasts or Cattell, with the iuyce of Woods, in hotte weather: no kind of Flies will then hurt or molest them, nor yet annoy them. A thing desired of many, and very necessary for such as rides in the hot weather. Mizaldus,

43

If Mars be opposite to Iupiter, and the one of them be the Lord of the eight house: it is like the child then borne shall die by the commaundement of the Iudge. Taisnier.

44

The leaues of wild Iuy sod in wine, and layd vpon any cankar, doth kill and heale the same, Trotula.

45

This water following is very precious for frantick and mad men, proued very often. Take of the flowers of Rosemary, of Burrage, and of the rootes of Buglosse, of each halfe a pound, of Saffron two drams, of Quinces foure ounces, of the best white wine, two pints, mixe them all together, and then let them stand so the space of a naturall day: after that bury the glasse body wherein all the same is, in horse dung for fifténe dayes: and then take it out, and distill a water thereof according to art, two or three times ouer. Keep this water as the apple of your eye, for it is very precious and well proued in all melancholy sicknesses very effectuously, and in the paine and trembling of the hart, the quantity to be giuen at one time is a dram, which is the weight

of

of lxxii barly cornes. If you proue it you will praise it. And this is in the new Jewell of Health: with many other moe excellent things.

46

They are not like to lose their senses, nor their understanding in whose Nativity the Mone doth apply to Mercury, either by coniunction or by aspect. Iatromath. Guat. Riff. Argent.

47

Set a round glasse full of water against the hot Sunne, that it may stand fast, and then hold something that is very drie, and will take fire easily, nie to the same glasse, betwen the glasse and the Sunne, and it will set the same thing there holden on fire. Which is very strange to behold. And the rather, because fire a hotte and drie element, is produced out of water, a cold and moist element. Iohan. Baptist. Porta.

48

Didimus writes, that Sheepe are wont to follow them that stops their eares with their woll.

49

If any doth aske thee (hauing knowledge in Astrologie) what he did see in his dreame: marke the Ascendent, when the question is made: and if thou dost finde Saturne in the Ascendent (or first house,) tell him that he did see in his dreame Religious persons: as Friers, Hermits, or such like, or places of prayer, &c. But if thou finde Mars in the Ascendent, say that he saw in his dreame, Captaines, Knights, Murtherers, Theeues, Harnesse of battels, or such like. If the Sun be in the first house: he did see Gardens, Trees with fruites, gold, or a King. If Venus be in the Ascendent: he did see a faire Virgin, or some eating or drinking, or one lying with a woman, or that haue things wherein they are delighted, or else to play, or to walke abroade, or white or red garments. If Mercury be in the first house: then he did see handsom and eloquent men reasoning, or Pallaces decked with Curtens, and rich hangings, or cloaths, bookes, or writings of saluation, or of accounts. If the Moone be in the first house: he did see Riuers or water, or precious stones. or some that did eate or drinke, or his Mother, or his Aunt, or his Mothers sister. This saith Haly Abenragel. But Messahala, and Alhaylat, and Abrier Forsall, haue said: looke in the signe of the ninth house from the Ascendent,

cendent, and if thou doſt finde in the ſame houſe any of the ſeauen Planets, iudge that the viſion or dreame was of them as is before, when they are found in the firſt houſe. And adde to the ſignification of the Sunne, (that is, if the Sunne be in the ninth houſe,) that he did ſée himſelfe flying betweene heauen & earth, or that he did ſée a great light: and if there be no Planets in the ninth houſe, then mark him that is in the firſt houſe: if none be there, then mark who is in the third houſe: if none be there: then looke in the fourth houſe, if none be there: looke in the ſeauenth houſe, if none be there: then looke in the tenth houſe. And iudge according to the ſignification of euery Planet, and thou ſhalt be certified God willing. Haly Abenragel.

50.

Againſt the quarten Ague, take all the Vrine that the party makes at one time in his fitte, and knead flower therewith: and when the ſame is baked, then giue it to a dogge of the ſame houſe. And when you haue done this thrice: the party will be whole, and rid of that diſeaſe. And in his ſtead the dogge will be ſicke. But for a man that is ſick, a Dog muſt be choſen. If a woman, a Bitch muſt be had. This was taken out of an often proued experiment of an Italian, by the report of Mizaldus.

51.

Whoſoeuer deſires to ſée the Sunne Eclipſed without hurting their eyes: let them behold the ſhadow thereof in a veſſell, wherein oyle is put: Where they may behold and ſee it without danger. For a fatty humor is not eaſily troubled. And what ſhapes or formes it doth receaue, It repreſenteth the ſame truly. Mizaldus.

52.

A Laman, a thin plate of gold, born on the ſeame of the braín, doth ſtrengthen the braine. The ſame hanged againſt the Region or place of the hart: doth helpe the beating of the hart and encreaſeth gladnes. And if it be put vpon the reines of the backe: it ſtrengthens the reins, and cooles the ſame, and ceaſeth the paines of the back. But Mizaldus wiſheth that the ſame plate be beaten and made of pure and fine gold, when the Sunne is in Leo called the Lyon: And Iupiter and the Moone beholding eath other happily. Herm. Arnoldus villa nouanus & alii.

53

If the Lord of the Horoscop, be in the seauenth house combust, and the Sunne hath no essentiall dignity in the same: then hée (that is then borne,) shall perish by the hands of many, which wil rise against him. But if the Sun haue then any power in the seauenth house: he shall die by the Kings commandement. Taysnier.

54

It is proued and a secret: that if three graines of Pasticke be giuen to the patient to be swallowed euery night at his going to bed, it doth preserue him from the paines in the stomacke, & doth cure him. Emperica benedicti victorij. I know by proofe it helps the stomacke maruellously.

55

This water following breakes the Stone in the bladder, and in the reines. Take the iuice of Sarifrage, two pints, of Gromel, and of the iuyce of Parsly, of either one pint, of the best vineger of a pleasant wine, eight ounces, distill all these together, and let the liquor distilled be kept in a glasse with a narrow mouth: Of which, minister in the morning one ounce at a time, as much at noone, and as much at euening going to bed. This is a proued water, as saith Fumanellus.

56

To dreame that Eagles flies ouer your head doth betoken euill fortune. To dreame that you sée your face in the water signifies long life. To follow Bées betokens gaine or profit: to be married, signifies that some of your kindsfolks is dead, to dreame you worship God, signifies gladnes, to looke in a glasse doth pretend some issue or child, to haue oyle poured vpon you signifies ioy. Michael Scotus & Artemidorus.

57

If you would haue copper to melt quickely, and run easily, put the hoofs of a horse into the same, betweene the melting and pouring out thereof. Mizaldus had this secret of an expert Italian.

58

Goates will not stray nor wander, if you cut off their beards, Florentius.

59

If you put a Toade in a new earthen pot, and the same be couered in the ground in the mids of a corne field, it is said there will

will be no hurtfull tempests or stormes there. As Archibius did write to Antiochus King of Siria. Plinie Authore.

60

If the Lord of the eight house be found in the twelfth house, with an euill Planet, or in his euill aspect, it shewes, the childe then borne will die a captiue, (that is) in prison, or as one that doth flie away. Taisnier.

61

Whosoeuer anoints their belly with this ointment following, it easeth the paine of the head, it purgeth the stomacke, it comforteth the appetite, and clarifieth the eyes. Take of the iuyce of Smallage two ounces, of the iuice of Mercurie foure ounces, of Goose greace and Hens greace of either of them a pound, of Rozen two ounces, of Mastick, and Frankensence, of either fiue drams, of Cassia fistula two drams, and put thereto iuice of Walwort, and of the inner rind of Elderne, and mire them all well together, and make thereof an oyntment. This if it be well made, is a very good thing.

62

The Squinancie, or any other paine of the throate, will be helpt with this following. Marke where a Swine doth rub him, and then rub your hand on the same wood, post, or stone, with which hand rub your sore or swolne throate. And as some say that haue proued it: cut of a peece of the same wood, where the Swine did rub himselfe, and rub the swolne or greeued place there with. But the rubbing of the Swines necke, is the best for the necke: the legge for the legge, and so that part of the Swine, for the like part of the person greeued or diseased. This is a very true and often proued thing.

63

Take a pint of white wine, one handfull of Woodbine leaues, or two or three ounces of the water of Woodbine, and a quarter of a pound of the pouder of Ginger, seeth them all together vntill they be something thicke: and annoint a red pimpled face therewith fiue or sixe times, and it will make it faire. proued.

64

Ludouicus Viues, doth write, that within the memory of his Ancestors or Fathers, there was a Sepulcher or Tombe

plucke

pluckt vp, wherein a burning candle was found, made (as was witnessed by writing) fiue hundred yéares before. And when it was touched or handled, by and by it was resolued into ponder. Iohannes Langius.

65

If you would haue a déepe Well made, it is best to digge the same when the Sun is in the last parts of Virgo, before the Autumnall equinoctiall, (which is about the beginning of September, or immediatly after.) for then through the great heat and drines of the Sommer, the earth wants raine. Mizaldus had this of one that was skilfull in such things. Which was a master Carpenter.

66

If any be bitten or stricken of a Scorpion, which shall eate Basill the same day, he shal be made whole thereof. Aphri. reports it.

67

If any fall sicke in the houre of the Sun, he will haue a strong Feauer or Ague. And many times shall be vered in his minde: which shall bring no small hurt vnto him. Haly Abenragell.

68

The iuice of Coriander, giuen to them that haue the Falling Euill to drinke: will not suffer the humor to ascend into the head and it worketh great helpe to the diseased. This was written in an old booke.

69

Whosoeuer is brought weake, either by some grieuous sicknes or disease, of long continuance, or by wounds receiued, or any other way, and there vpon haue a siege of melancholy, like to blacke blood, he shall doubtlesse die the next day after. Hippocrates in suis Aphor.

70

A sawsfleame or red pimpled face, is helped with this medicine following. Take Enula Campana, foure ounces, and seth it with vineger till the vineger be sodden in, then stampe it small, and then put thereto quicke siluer and Brimstone, of either foure drams, and Farrowes greace, foure ounces, and beate them all together, and make thereof a plaister, and lay it to the infected or spotted place in the face all night: and on the morrow wash it off with warme water. Doe thus sixe or seauen nights, and it will helpe it without doubt.

71

The first séeds, that the hée, or male Piony bringes forth (being round and blacke,) doe marueilously recreate or helpe them that haue the falling sickenes: If some thereof be stampt and taken with Oximel scilliticke, which is to be had at the Apothecaries: and with the sirrop of Stichados, and a little Nutmegge: which Lemnius doeth witnes for a very truth.

72

Whosoeuer is stricken or hurt of any venemous worme, or other thing: or else bitten of a mad dog, let them take héede diligently that the same thing that did hurt them, sée them not, vntill they be perfectly whole. For the Hebrew Phisitions say, that the party hurt, shall then dye, or else be in perrill a fresh: yea, though they begin to waxe whole when they sée them. Mizaldus.

73

One handfull of Basill, with ten Sea Crabs, stampt or beaten together, doth make all the Scorpions to come to that place, that are nie to the same. Aphri. as Mizaldus saith.

74

If the Lord of the eight house, be afflicted in the fourth house, it signifies, the childe then borne, shall die in prison. Tayshier.

75

Wine wherein the rind of an Ash trée hath bene sodden, drunk fasting, sire or seauen mornings together, doth perfectly help them that are tormented with the paines of the splén. (Which makes one to haue a great paine in the left side, and their most gréefe is after meate.) And if you annoint the gréeued place so long with an oyntment called Deathea, euery morning and euening, It is an excellent thing likewise.

75

Behold a singuler oyle or baume drawne out of Waxe and Turpentine, which driueth and mightily peareeth where the same is applyed: taken out of the secrets of Fallopius. Take of the purest and clearest Turpentine that can be gotten one pound, and two ounces of new yellow Waxe that is odoriferous, twelue ounces of Nutmegs and Cloues: of either one ounce, of common Ashes sire ounces, beat all these well together, then put the same into a Retort, fenced with Lute of Wisedome, and set in Ashes,

and

and distill it with a slowe fire at the first, and after encrease the fire vntill all be distilled, which gathered, distill the second time in a Glasse body with an head and receaver, putting vnto it before the distilling foure ounces of the pouder of Brick or Tiles. Which diligently luted in the ioynts, maintaine fire vnder it, vntill no more will come, then haue you purchased an oyle of a Rubine colour: which worketh miracles in wounds, especially where sinewes be harmed. This also helpeth any manner of Rewme proceeded of a colde cause, it helpeth besides the cough, by anointing the region of the breast therewith: and it is also of great importance, vnto many other greefes: inuented and proued by the aboue said Author many times. This excellent oyle I had out of that worthy booke, called the new Iewell of health: which many perhaps shall read in this my booke, that otherwise should neuer haue seene that booke. Which makes me describe herein some notable things therein vttered.

77

A notable and often proued plaister, to destroy any impostume swelling, and stitch, in what place of the body so euer it be: is now described as followeth. Take of the roote of Hollyocke, (cleane washed and cut in peeces,) two good handfull, and seeth the same in faire water, vntill the said root be something tender. Then take out the said root, and put into the same water of Fenecreeke and Linseede, of either one handfull, (something stamped or brused,) and seeth them together vntill the water be roping like birdlime: then stamp the said roote of Hollyock before sod. And put it to the said Fenecreeke and Linseede, with an handfull of barly meale, and fry them together with Bores grease, & Barrowes grease: and if neede be, you may take Sheepe sewet, then lay a plaister thereof to the sore, or greeued place, as hotte as the party may suffer it, and let the same lie twelue houres vnremoued at the least, and after apply another plaister of the same thereto, in such order, and within nine plaisters it will worke the full effect It hath helpt and dissolued the Plurisie, with the applying of three or four plaisters. A thing of small cost, and great vertue.

78

When the Lord of the Ascendent is impedite or infortunate of the Lord of the second house, it signifies that the sicke shall

not be healed. and with great expence of money, or elſe die. And vniuerſally, mark what Planet doth infortunate the Lord of the Aſcendent, The ſicke is like to haue harme or hinderance by ſuch things, as that houſe doth ſignifie whereof that infortunating Planet is the Lord or ſignifier. Iatromath. Guat. Riff.

79

Egge ſhels dried & beaten to pouder, & giuen in white wine, breaketh the Stone. It is a tried medicine, as one affirmed to me.

80

Suger, (eſpecially Valentia Suger,) made in pouder, and put into a wound or cut, doth not only cleanſe all corruption from it, and conſumes all ſuperfluous fleſh or matter in it, but alſo heales it meruailouſly. If you liſt you may mixe a little freſh Butter there with, whereby it will not be of the leſſe vertue. This is a ſure, excellent, eaſie, and a ready medicine, who liſt to try it, ſhall finde it a ſinguler thing.

81

A certaine Wench was borne within fifténe miles of London, who within a yéere and a halfe after her birth did begin to eate earth, ſtones, brick, and grauell. And ſo continued therein (hauing all her delight in eating of ſuch baggage) alſo ſhe did eate the woollen ſléeues that were on her armes, beſides that ſhe did eate a gloue. And on a time as her mother did féede her with milke, there chaunſt to fall a great péece of ſoot out of the chimney into the ſaid milke, which ſoot, the ſaid child tooke out of the diſh with her fingers, and did eate it moſt grédily. Shée abhorred then bread and butter, and other ſuch naturall foode. Whereby ſhe was meruailouſly conſumed with a flure, and ſhe yet liueth, hauing nothing in her but ſkinne and bone. I ſaw her in June 1577. She was borne in Charſay, within two or thrée miles of Stanes, at which time ſhe was full thrée yéeres of age.

82

It is ſaid that Mice dung, with the aſhes of burned Walpes and of Hazell Nuts, & a little vineger of Roſes put thereto, doth trimly decke a bald place with haires, if the ſame place be often rubbed or anointed therewith. Mizaldus.

83

If any Beaſt of the female kind, doth piſſe vpon the vrine of a Woolfe

Woolfe newly made: the ſame beaſt ſhall neuer conceaue. Pythagoras.

84

Ætius giues counſaile, that that dog be buried or put into the ground in any wiſe, which is dead by taking his diſeaſe from a man: for it is certaine (ſaith he) that dangerous and many effects (the man being eſcaped,) are turned or ouerpowred into him.

85

The troubleſome or vnpleaſant noyſe of Frogs in the night, will ceaſe: if you ſet a candle burning on the banke ſide nie the water where they be. Or elſe many lights according to the greatnes of the place where they be. Affricanus Ceopon. And this was proued at Paris, by the meanes of a Preſident there, that there with was troubled. Mizaldus.

86

It is the opinion of many, that an hearbe called Leucanthus, that is white Thorne (euen as the Bay tree,) is neuer ſtricken nor touched with lightning, nor is not touched with any euill from heauen. Mizaldus.

87

Zael ſaith, that he hath proued in many nativities, where the Moone is in Virgo oppoſite with the Sunne: that the childe then borne hath beene drowned.

88

Fiue cloues of Garlick ſtampt and ſtrained into a draught of Rennith wine and ſo drunk: is a preſent remedy for the Collicke, Stone, and Strangury. An excellent tried medicine, if you take it three dayes.

89

Make powder of the flowers of Elder, gathered on Midſomer day, being before well dried, and vſe a ſpoonfull thereof in a good draught of Borage water, morning and euening firſt and laſt, for the ſpace of a month: and it will make you ſeeme young a great while. This I had out of an old written booke, as proued.

90

Take Horſeleaches, and burne them to pouder, and mix them with Eyſell, then vſe to rubbe the place there with where you would haue haire grow no more: and there will no haire growe in that place. This was a ſecret of a notable Practiſer.

91

Whosoeuer vses to drink butter-milk, they will be laxatiue, although they be very much bound, & cannot goe to stole. Proued.

92

They are like to haue the falling sicknes, in whose natiuities the Moone and Mercurie doe not behold the one the other. Or where neither of them doe behold the ascendent: and whereas in the day time Saturne is the significr of the qualities of the minde, and then being in an Angle, and Mars in natiuities of the night.

93

That young Beasts be not hurt of their fetters, or that being hurt of them, they may be cured. Tie vnto their necks a Date stone bored through. Mizaldus.

94

If you giue to them that haue the falling sicknes, this medicine or Antidote following three dayes, whiles the Moone is coniunct to Iupiter: it will helpe him. Take of Pace, the seedes of Piony, and the roots of the same halfe a dram, the leaues of Gilliflower, and of Primroses, (which some takes to be a Daisie) one dram, stamp them and giue it to drink with white wine, the party being fasting. Mizaldus.

95

A certaine Country man did sleepe open mouthed in the fieldes, a Serpent crept in at his mouth, and so into his body: but after the same man cured himselfe therof with eating of Garlick. But he infected his wife with poyson, by hauing to doe with her carnally: whereof she died, which was very rare and strange. Volateranus.

96

Powder made of the stone of a Swallow, giuen to drinke to them that haue the falling sicknes, healeth them without doubt, for it is a sure experiment. Petrus Hispanus.

97

If you would knowe whether a woman be conceaued with child or not, giue to her two spoonfull of water, and one spoonfull of clarified honey, mingled together to drinke, when she goeth to sleepe: and if she feele gripings & paines in her belly in the night, she is with childe: if she feele none, she is not. This is very true and often proued.

The

98

He will neuer be poore, of whose nativity Iupiter is ruler, or Lord Gelienarrant: the Author of which worke is vnknowne.

99

This following will take spots out of the face, & beautifie the same. Put seauen whole egs, in most pure and strong vineger, and let them lie therein so long vntil their shels be as soft as their inward skinnes, and mixe thereto foure ounces of Mustard seede, before made in pouder (or stampt) then stamp or grind them together, and therewith let the face be often annointed. This hath beene proued. And Trotula affirmes it also for the like purpose.

100

Greene Nettles laid in the vrine of one that is sicke, and so steeped therein for the space of xxiiii. houres, if after the same time they be taken out green and fresh, it betokens that the sicke party will recouer of that sicknes: if they be withered, it is a great token of death. Mizaldus.

The end of the fifth Booke.

The sixt booke of Notable thinges.

1.

IF you would haue any beast, or any part of the same, (of what colour soeuer he be) to be turned into white, shaue of the hairs and smoake the same that is shauen, with the fume of Brimstone: and white haires will grow there. You may proue the same in flowers. Mizaldus.

2

The berries of white thorne, taken with white Wine, is of great force, for destroying or expelling of the stone. It is knowne by the practise or experience of the Countrymen. Mizaldus.

3

In a question of a vision, or Dreame, marke the Lord or the Alumten of the Ascendent, and the Moone, and consider if thou findest either of them in the ninth or the third house: but if you finde none of them there, then marke, if thou finde either of them

them in the Ascendent or first house, or in any of his Angles, and if you finde either of them, and the same be separate from a good Planet, and applied to a good Planet: It signifies that the dreame is good and pleasant, and of a good signification, and is of the condition of that good Planet, to whom he applies: and the profit or commodity of his dreame, shall be of the condition of the house where he is in the figure, and of the condition of that house which he doth behold with a good Aspect. But if it be separate from an euill Planet, and applies also an to euill Planet: then the vision or dreame, is euill & to be feared, and is of an euill signification. Which euill and harme shall be, according to the nature of the Planet, to whome the same applies, and according to the nature of the house wherein he is in the figure, and according to the nature of that euill Planet. But if he be separate from a good Planet, and applies to an euill Planet: say that the vision or dreame was good and pleasant, but it hath an euill signification. But if it be separate from an euill Planet, and doth apply to a good Planet: say that the vision or dreame was foule and euill, but it hath a good signification, and the profit or succesſe thereof, will be according to the nature of the Planet, to whom he doth apply, and according to the nature of the house wherein he is in the figure. (As we haue said,) Therefore according to this way and rule, consider the visions or dreames: and confer one to another, and thou shalt be certified God willing. Haly Abenragel.

4

It is proued, and a secret, that if you giue to them that haue the Hickop, euery morning three houres before meat one roote of greene Ginger, and immediatly after drinking two draughts of Malmsey, you shall see that he will be soone cured. Emperici benedicti victorii.

5

A sword where-with a man is killed, the blood being cleane wipt from it, and put into a hot fire, which being taken out of the same doth manifestly shew the murder: for so farre as the sword was in the wounded person, so farre it will be of a contrary colour to the sword. It was told me that a Bishop did try it to be true, by one of his men.

If

6

If the bloud of a Cocke be dried, and made in pouder, and mixt in Wine, wherein there is water, it makes the water ſwim above. This was of the relation of a learned Ponke. Mizaldus.

7

Planten hath a marueilous vertue, to deliuer them of the Plague that are infected there with: giuen any manner of way. proued.

8

The more liuely and quicke that a Horſe is, the more deper he will thruſt his noſe into the water when he drinks. Plinius.

9

Swine and Elephants doe hate white garments, Buls & Oxen hates marueilouſly garments that be of purple colour, which many vnder ſuch apparell haue ſometimes proued to their great greefe. Plinius.

10

If the Lord of the eight houſe, be in the eight houſe, or behold the ſame happily: the child then borne will die in his Country, or nie the ſame. Taiſnier.

11

The white of an Egge and the iuice of Pelitory of the wall, well beaten together and ſkimmed, and then one drop of that liquor put into the eye, doth heale the web in the eie. This is true and proued.

12

A proued oyle which is very good for the Dropſie, called Aſcites, if all the belly or panch be anointed there with. Take of Turpentine one pound, of Frankenſence, Maſticke, Myrrh, of each two drams, Landanum one dram, Nutmegs, Cloues, Galengall, Zedoary, of each one dram and a halfe, of the iuice of Walwort, and the iuice of Cucumber, (called Cucumis aſinimus) of either one ounce: Let them be poudred, that are to be poudred, and let them be mired together, and put them in a Limbeck, and let an oyle be diſtilled thereof, and it is a moſt ſecret thing, not onely to take away the ſwelling of the belly in the Dropſie, called Aſcites, but alſo any flegmaticke ſwelling of any other member of mans body, and it is marueilous for the paines of ioynts & members of a cold cauſe. Emperici benedicti.

13

A certaine Butchers wife being with child, as she was stirring the bloud of a Beast newly killed, a little thereof did chance to sprinkle or spirt on her face: which she with her hand suddainely wiped of, and then wiped the same hand on her left thigh: Who after being brought to bed of a boy, the same boy had & hath the like marke, or bloud spot on the left thigh. They that knew both the father, mother, & the child, told this for a very truth. Therefore it is not good to hit a woman suddenly, being with child, on the face or otherwise: least the child she is withall, be so marked, as is declared in other places of this booke.

14

The sicke person cannot escape, when the light of the time, (that is) the Sunne in the day, and the Moone in the night, and the Alumten of the Ascendent, are both impedite, or evill affected of the Lord of the eight house, or of the Lord of the fourth house. Iatromath. Guat. Riff.

15

If you will take the haire from any place of the body, & would haue it to grow there no more: stamp Ants egges with the iuice of Henbane and Hemlocks, or with the bloud of a Bat, or Rere-mouse: and anoint the place there-with. Mizaldus.

16

If you cut the liuer of a Beast in peeces, and put into the same peeces, the pouder of Nux vomica, called the Spuing nut, (which is to be had at the Apothecaries,) the same peeces being strowed or laid in an open place, where Rauens and Crowes may resort thereto: the Crowes or Rauens that eates thereof, cannot flie away: where you may take them easily. This I know to be certaine and true.

17

The little bird called Linaria, begins to leaue singing, and also to be sicke, when the Starre called the little dogge, doth rise, and will plucke off her feathers. Which chanceth about the middest of July: as we haue proued by one another, (saith Mizaldus) the space of ten yeeres. And there-upon haue shewed to many, that then that Starre did surely rise. And in a Larcke we haue obserued the same (saith he) in the rising of Arcture with the Sunne.

And

And it is not to be doubted, but that other birds, & liuing things, haue their peculiar Starre, wherby they are moued to ſing, or to hold their peace, to ſadnes or gladnes, which I deſire the diligent ſearchers of the ſecrets to obſerue. Thus much Mizaldus.

18

The Lord of the Aſcendent in the twelfth houſe, in a humaine ſigne, without the beames of good ſtars: the child then born will be impriſoned. This is true and often proued: and alſo Taiſnier affirmes it.

19

This following is a ſure & proued medicine for the tooth-ach. Take a handfull of ground Iuy, as much of ſpere Mint, and as much of ſalt, ſtampe them all a little together, then put all the ſame into a pint of vineger, and ſeeth all well ouer the fire, then ſtraine it well and put the ſame into a cloaſe glaſſen veſſell or bottell: and when you will occupie it, take a ſponefull thereof and put it into the ſide of the mouth that aketh, and hold downe your cheeke that it may deſcend to the roots of the aking teeth, and it will take the ache and paine away preſently. This was taught me by a woman to whome many reſorted for helpe, who vſed only this medicine therefore.

20

An oyntment made of the oyle of bitter Almonds, Honey, the roots of Lillies, and of Waxe, is an excellent thing to anoynt the face withall to get away wrinckles, ſpots, and other deformities of the face. Mizaldus.

21

You may take Fores with this oyle following. Annoynt the ſoles of your ſhoes with a peece of fat Swines fleſh as broad as your hand newly toaſted, or a little broyled at the fire, when you goe out of the wood homeward, and in euery of your ſteps caſt a peece of the liuer of a Swine roaſted and dipt in Hony, and draw after your back the dead carcaſſe of a Cat, and when the Fore following thee comes neere vnto the ſteps, be ſure to haue a mannie thee with bowe and ſhafts to ſhoote at him, or by ſome other meanes to hit him. Mizaldus had this of an expert Hunter.

22

Women that haue double apples in their eies, or ſtrales doe euery where hurt with their looking, which is called of

some ouer-loking Cicero.

23

Bodies that are strucken with lightning, doe remaine vncorrupt: therefore in ancient time they did neither burne nor bury the bodies of such as were strucken or killed with Lightning, where vpon it is plaine to all men, that the same bodies are not corrupt as others: Mizaldus.

24

If the Lord of the eight house, be in the third or ninth house: it signifies, the child then borne shall die among Strangers, or out of his natiue soile. Tayssier.

25

Mornewood newly stamped with the white of an egge, and laid ouer the eyes, taketh away the blood and rednes thereof: of what humor soeuer it come. This hath bẽ often proued.

26

If one doe take this confection following fasting, he shall neuer fall into the paines of the Collicke nor illiack. Take the outward rinds of Radishes, being taken or pared thick two pound, white Hony foure pound, let them boile together, vnto the consumption of halfe the Hony, then put thereto of the pouders of Sinamon, Cloues, Nutmegs, Mace, black Pepper, of each two drams, mix them together, and let them be put vp in a cleare vessell, and let the patient take and eate euery morning halfe an ounce of the said rinds of the Radishes. Benedictus victorius Fauentinus.

27

If you take the pouder of Brasell, & mingle it well with milk, but so that it be very red, and put therein either staffe, wood, or bone, letting it lie therein eight daies: it will make the same wood or bone red forever. I had this out of an old written booke.

28

To dreame that you goe ouer a broken bridge betokens feare, to haue your head cut of for a hainous offence, signifies the death of friends, to make cleane the hands, betokens trouble: to see hands filthy or foule, doth signifie losse and danger: to feed Lambs, signifies greefe, or paine: to take flies, signifies wrong or iniury. Mizaldus.

Agar-

29

A garland made of Iuy leaues, and laid vpon womens paps, or dugges, that hangs flagging downe: it gathers them together, and makes them round. Iuy leaues stampt and applied thereto, works the like effect. Mizaldus.

30

A Toade being strucken of a Spider, or of a Serpent, doth helpe her selfe by eating of Planten. Plinius. For confirmation whereof, a Tode being on the ground hard by a wall, a Spyder did suddenly strike the said Tode on the back: Which when the Tode felt, beginning to swell, did eate of Planten nie vnto the place. Whereof being well, the Spyder againe did poyson the Tode with her venome as before. Which done, the Tode preserued her selfe with the saide Planten as before, but one that chaunst to behold the same, did then cut vp the said Planten, and tok it away from that place. Which Tode the third time being strucken, or rather poysoned of the Spyder, as before: immediatly searched for the said planten, (for as it should seeme there was no more Planten nie to that place) which when she could not finde, did swell so sore, that soone after she did burst withall. The party that did take away the same Planten, and did se this strange and meruailous matter, did tell me this for a very truth. Whose credite I knew to be such, that I am bolde here to place the same hauing so good occasion. And I heard that a notable man of this Realme, did se the like.

31

Whosoeuer is sore grieued with the Stone, and cannot make water, let them drink a spoonfull of the ponder called Puluis diuriticus, in a draught of white wine, (which you may haue made at the Apothecaries) and vse it three or foure mornings together, or somthing lesse if you list. Giue halfe so much to a child, and without doubt it will make them auoide the Stone, and to make water presently. I haue proued it often times to be a soueraigne thing in this case. And there was one from whom I had it, that got there with aboue a hundreth pound by the yeere. If it be truly and well made, you will praise it well as I haue done, & because it is such a notable thing, I would haue it better knowne, and more vsed.

32

Make oyle of paper, by burning faire paper on a cleane pewter dish or saucer, or hold a peece of faire paper folded on a knives poynt, and set fire on the nethermost end thereof, & hold the same nie vnto the saucer, and out thereof will come a little moyst oyle, and be on the saucer: Take a little thereof on a cleane feather and put it into the eye that is sore or dim of sight, and it will helpe the same meruailously. It hath bene proued in many to be excellent, and Euonimus doth praise it therefore.

33

If the Lord of the Ascendent be in the eight house infortunate, it signifies that the sick party will kill himselfe through euill guiding him.

34

A Spirite came nie vnto M. Brutus, leading an Armie of men from Asia, when Brutus asked him whome he was: he answered I am thy euill Angel, whom thou shalt see in the fields of Philippi in Thessaly, and there Brutus died in conflict. Plut.

35

Agrimony sod in red wine, where with if wounds be washt, it cleanseth all filth & corruption from them. And the leaues of Agrimony beaten or stampt, and tied on wounds that be ill ioyned or knit together: by and by doth open them. A Spaniard told this to Mizaldus.

36

Hee that receaueth a sum of money in the houre of Venus: he will spend the same with women, in pleasures and wantonnes.

37

The iuyce of Rew mixt with Honey, that hath bin scummed, and a little thereof put into the eye at once, rideth them that vse it, of an ancient dimnes of the sight. Proued often.

38

If a woman hath not conceaued, and thou wilt know whether she shall conceaue or not, let her be well couered with clothes, and beneath let a fumigation be made of hot things, and odoriferous, or sweet smelling: for if the smell come vp through her body to the nose, and mouth: be sure that she is not barren of her selfe. Hippocrates Aphor

39

Whosoeuer is greeued and tormented with the Stone, let them take

take an ounce of the roots of Radish, cut in slices: & lay the same to steepe in halfe a pint of good white wine all night, then straine the same well, and put thereto of the Electuary, called Lithontriphon, of the description of Nicholas: and also Iustinum, one dram, mixe them with the same white wine, wherein the Radish was infused, and let him that is greeued with the stone receiue all the same at one time, and you shall see a marueilous worke thereof. If need be, let him receiue the like quantity thereof three or foure daies together. This is proued to be sure, and an excellent thing, for breaking and auoiding the stone, and grauell. Be sure that the Apothicaries make it of good stuffe.

40

A head of Garlicke, the skins pulled off, and a litle bruised, laid by equall parts to the hollow parts of the soles of their feet, that are grieuously tormented with the tooth-ache, especialy if it come of a cold cause, & be on the nether iaw: it will help them with speed by drawing the humours out of the soles of the feete. I haue knowne them that haue taken this medicine, and haue not beene troubled with the tooth-ache, of seauen yeares after.

41

That man is like to haue few children, in whose natiuity Saturne is in the Ascendent, opposite to Venus, or if Venus be in a barraine signe, infortunate of Saturne: or if Venus be in the house of Saturne, especially infortunate of him. Iatromath. Guat. Riff.

42

If you rub or touch Warts with the leaues of a Fig-tree, the Warts will consume and vanish away: so that the said leaues be buried within the earth or ground: Some ascribes the same to the heart of a Pigion. Mizaldus.

43

Elephants of all other beasts, doe chiefly hate the Mouse, so that if they shall see or perceiue, that a Mouse hath once touched their meate that is before them, they loath the same, and will not eate a bit thereof. Plinius.

44

If the Lord of the Ascendent, be Combust in the twelfth house, hee that is then borne, will die in prison or captiuity. Taysnier.

The

45

The pouder of the berries of Bryony, drunke in the water wherin water Cresses are sod: doth maruellously heale the Strangury.

46

If any woman great with child, shall take this drinke following, euery other day in the morning, three houres before she eate any meate, beginning the same about ten daies, or a fortnight before the time of the birth, the birth shall not onely be made more easie, but also she shall bring forth her child without paine. Take of the great Treakle one scruple, (which is the weight of xviii. barly cornes,) the pouder of Liquorice, & the pouder of Cinamon, of either three graines, of good white wine one ounce and a halfe, mire all together, and make thereof a drinke, and let it be giuen to the woman with child, in such manner as is before said. Benedictus victorius fauentinus, in his booke called Emperica.

47

This following will stop the bloudy flixe. Take Parrow and Planten, of either a like much, stamp them well together, and put thereto red wine, and straine it well, and drinke a good draught thereof first and last, three or foure daies together: and certainly it will stay it. It is an easie and pretious thing.

48

If you will proue whether a woman be with child or no, let her make water in a copper or brasell vessell, and let a needle lie therein a whole night, that is bright and cleane, and if she be with child, the needle will haue red spots on it. If not, then it will be blackish or rusty. It is proued as Mizaldus was informed.

49

If a Crowe chance to eate of the rest of the flesh whereof a Wolfe hath eaten before: the same Crow will die soone after. Elianus and Philes.

50

Neither falling sicknes, neither deuill, will infect or hurt one in that place whereas a Bay tree is. The Romans calls it the Planet of the good Angell. &c. Mizaldus.

51

Writing Inke tempered with water, wine, or vineger, wherin Wormwood hath beene steped; Mice will not eate the Papers or

or Letters written with that Inke. And also cloathes wherein Wormwood is laid or wrapt, is safe from moths: and if there be any there, it will driue them away. Dioscorides.

52

The houre of Mars is to be abhord in all things, both in the beginning, and when the thing is done. Haly Abenragel. Therefore you were best to take heede, that you take no notable thing, or great matter in hand, or begin any long iourney in the houre of Mars, if you can by any meanes know when it is. But whosoeuer puts their whole trust in God, and guides their life by the rule of his holy word: (be hee neuer so simple and vnlearned) he will so guide them, and instruct them, that they shall auoide all such dangers and perillous times. And contrary, the wicked learned, (yea though they know the times) shall not haue power to auoid them. As I haue seene in many, which afterward they did well consider, though too late. And as I haue said of Mars: so I say of Saturne. For there is neuer a good of them both. Yet doe I not thincke, that Saturne or Mars shews such harme to them, in whose natiuities they are significrs, or bearers rule in the Ascendent: but chiefly to such in whose natiuity they are Lords of the xii. viii. ix. or viii. house. But surely I haue markt it long, and yet I neuer saw any notable thing begin in the houre of Mars or Saturne: that came to a good end. Which they shall well finde, that begins to set forward towards the Sea, in Saturnes houre. I speake by triall as well as Haly doth: which I should not haue considered so much, but by his counsell and proofe:

53

Oxen, Kine, Bullocks, or Horses, shall not be troubled with any disease: if you hang a Harts horne vpon them. Absyrtus.

54

If you ioyne a Lyons skin to the skin of a Woolfe or any other beast, it will make them without haire, or cause their haire to fall or consume away. Mizaldus.

55

Colewarts and Rew (called hearbe Grace,) are so contrary in nature the one to the other: that they ought not to be sowne nie together. Fracastorius.

56

If any sheepe, or else hairy beasts, or else man or woman be full of wormes in any wound or sore: take of the woll of the same sheepe, or haire of the beast, or some of the haire of the man or woman, and hide the same before the rising of the Sunne vnder the barke of a tree, called Trembla, (which is a kind of blacke Poplar tree.) Doe thus certaine daies, and thou shalt see the wormes fall out of the wound or sore miraculously: or else they will die or leaue that place. There be that ascribes the same to the Birch tree, and also to the root of wild Succory, hanged at the necke in manner of a Crosse. Which Mizaldus saw obserued in a dogge, one of whose eares was almost eaten off with wormes.

57

It is proued oftentimes by experiment, that many being born in the coniunction of the Sunne and Moone, doe die in the opposition: (that is in the full of the Moone:) and they that be borne in the full of the Moone, are dead in the coniunction, (that is in the new Moone.) Taisnier.

58

Put two or three of the seeds of Oculus Christi into your eye, and within a while after you shall not feele them. Whereby you will thinke they are not there. But at the last they will drop or fal out of themselues: compassed about with slimy matter, which hinders the sight. Which if you vse, they will cleanse and cleare your eyes marueilously. This I know to be very true.

59

If one doth buy Warts of them that haue them, & giue them a pin therefore: if the party that haue the Warts, prick the same pin vpon some garment that he weares daily, or commonly, the Wart or Warts without doubt will diminish and weare away priuily, and be cleane gone in short time. This was told me for an often tried and proued thing: yea, and by such a one as had seene the experience thereof. Also Warts rubbed with a peece of raw Beefe, and the same Beefe being buried within the ground: the Warts will weare and consume, as the Beefe doth rot in the ground. proued.

60

Salt Armoniacke stampt, and mixt with water, doth make white

white Letters, nothing differing from the colour of paper, but if you hold the same paper to the fire, the Letters will ware blacke. Mizaldus.

61

A thing to be meruailed at, and worthy to be remembred doth follow, declared by Iouianus Pontanus. A certaine Caietane woman (saith he) was married to a fisher, whom he did vse as his wife, according to the order of marriage, many yeres (as Anthonius Panthormita, being a friend of the same fisher, was wont to tell to the saide Iouianus Pontanus, when he was young:) which woman after she had bene married fourtene yeres, did become to be a man, and suddainly there sprung out the members of man, in the naturall place of the woman. Which being so ashamed of her condition, as one that thought she should be mocked or laught to scorne both of men and women, became a Religious woman, and liued in a Monastery where he knew her the rest of her life. And she was buried at Rome, in the Temple of Marie to Minerua. And another woman called Æmilia, was married to one Anthony. A Cittizen of Ebula, and after she was married twelue yeres, she was changed into a man, and was conuersant with men, vsing then the arts and trades of men in that Country, and married a wife. This writes he in the tenth booke. De rebus celebribus, &c. Mizaldus.

62

If the Lord of the Ascendent be Combust in the Ascendent, or in the first house, it signifies short life to the childe then borne. Taysnier.

63

Take the inner rind of an Oake tree, and seeth it well in faire water, and then bath any sore old or new therewith, halfe a dozen times together, twise euery day and at euery time when it is thus bathed, then anoint it with Butter and Brimstone mixt well together, and within nine or ten daies it will be whole (God willing.) A true and tried medicine.

64

This following will helpe the yellow Iaundies with speede. Take a Burre root, the greater the better, scrape it cleane: then take a pot of new Ale, and put your root therein, and the Ale will boile, and let it be therein one day and one night wel stopped, then let the patient drinke a good draught, two or three times, and he

will be whole certainly. Proued.

65

The sicke is much to be feared, if in the Ascendent, or in the eight house, or with their Lords, there be euill starres or Planets. But if good Planets be there, it is safe enough. Iatromath. Guat. Riff.

66

Aristotle and Auicen doe affirme, that of the round and short egge, the Cock chicken doth come, of the long and sharpe egge, the Hen chicken. Mizaldus.

67

If you put yellow Amber into hot melted ware, (before well skimmed:) it will be then as soft as clay, so that you may make things thereof in what forme or fashion you will: it will be tractable and soft. Mizaldus had this secret of a certain cunning Lapidarie.

68

There is nothing better to driue away Serpents or Snakes, then the smoke of old Leather, or old shoes burned, or else to bring them out of ones body, before crept into them by sleeping open mouthed. Whereof Marc. Gantiatica an excellent Phisition doth write, that the like did happen to a certaine man in his time: to whom when many medicines were giuen in vaine, the saide man receaued the smoake of old Leather at his mouth by a funnell, so that it went into his body, and as soone as the venemous thing in his body felt the saide smoake: it came out at his fundament. Which was a meruailous great Viper, to the great meruaile and feare of all them that were present.

69

Seath the inner rind of the young branches of a Hazell tree in small Ale, vntill halfe be consumed, and let them that haue the Strangury drink a good draught thereof first and last for the space of eight or nine dayes together: and it will help them certainly, for it neuer failes. Therefore proue it and praise it.

70

In the first beginning of any sicknes, or at the time of a question for the state of the sicke person, if the Moone be corrupt or afflicted of Saturne in the three first degrées of Scorpio, it betokens death. Iohannes Ganiuetus.

A

71

A notable medicine for the Sciatica, doth follow. Take Ore dung and Pidgions dung of either one pound, and mire them wel together, with one pottle of white wine, and let them boile together vntill halfe the wine be consumed, then straine it through a linnen cloth: then put thereto halfe a pound of Hony and twelue yolks of egs, and halfe a pound of melted ware: and mire all together with as much barly meale as will suffice for the making of it in a plaister, and put it hot to the painfull place. This was proued by King Henry the fift, as the writing did witnes, out of the which I had this. Besides it hath bin since proued,

72

Let the Phisition take heed of his first visiting of the sick in the houre of Saturne and Mars, if he come to him in the houre of Saturne: either the sicke will die, or else the Phisition shall haue great labour, doubts, and hadnes in the curing of him. Neither shall he helpe him, except it be risen to desperation, or out of all hope. And if he be sent for, or goe to him first in the houre of Mars, there will be chidings and brawlings, betwixt him and the sicke party and small gaine. The houres of Iupiter and Venus are much praised. The houres of the other Planets are indifferent. Iatromath. Gual. Riff.

73

A greene Lyzard hath a great delight to behold a man in the face, for he will louingly fawne vpon him as a dog with the moouing of his taile, and as much as in him lies will defend him from a Serpent that lies lurking in the hearbes to hurt him. Lemnius,

74

The iuyce or water strained out of Radish roots before stamped, mixt with white wine, & the pouder of Turpentine burned or dried in the Sun, and so receaued: is an excellent medicine to breake and driue forth the stone. And it is giuen with happy successe. A thing proued, much better then gold. Mizaldus.

75

If the Lord of the Ascendent be found in the ninth house, hée that is then borne, shall of his own wil goe far and long iournies. And if there be a good Planet to the same ninth house with him, or else doth behold him with an happy Aspect: then it shall happen

well to him in his iournies. If an euill Planet, then contrarie. Taysnier.

76

Lay a thin peece of raw beefe to the forehead of them that haue lost their voice, and let it lie thereto all night vnremoued, and it will help them presently, or at least within three or foure seuerall applications.

77

Take the bones of Beasts which be found in the fields, and chiefly of Horses (because they be best therefore) and let them be well washed: after let them be dried at the Sun, then put them into a great Cawdron with water, and let them seeth long: and gather the fat that swims aboue, where with anoint the gowt or Palsey, of whatsoeuer cause they come, and it will be helped.

78

Seeth Iuy, Pugwoort, Walwoort, and the inner rind of Elderne in water with much salt, and bath there with any Sciatica, twise or thrice a day for eight or nine dayes together: and the party greeued will be made whole. This I had out of an old written booke, wherein was many excellent things.

79

If you sprinkle the powder of Saffron round about the weake vpon the oyle in a faire greene and bright Lamp of Glasse, and let the same burne, (so that there be none other light in the same chamber,) it will beautifie all things in the same place with a yellow colour. You may proue it by other colours likewise.

80

The dung of a Wolfe being hidden in a stable or house where cattell be especially sheepe: it will not onely make them leaue from eating of their meate: but also it will cause them to stirre vp and downe, and to bleat, or to make a noise, and also to quake and tremble, as though their deuouring enemy the Wolfe were there present. Neither will they cease from doing thus, vntil they feele or perceaue, that the said dung is taken away Mizaldus:

81

There is nothing better to draw forth Thornes, pricks, or any other thing whatsoeuer, in any part of the body wheresoeuer it be, then black Sope applied to the place: letting the same lie thereto twelue houres without remouing the same.

A

82

A certaine noble Matron in the parts of Spaine, had a strong imagination of a great Ethiopian painted in her chamber, with other, in the time of the act of generation. Which Lady afterward was delivered of a boy, like to the great Ethiopian painted, before named. Which child being borne, every one beleeved, that shee had layne with some one of the slaves of the Saracins. For that the childe was like none of his parents. Where upon the ministers of Justice, with consent of her husband, and other, did decree, that she should be burned alive the moneth end. But before the ministration of this Justice or execution, certaine wise men were called, whereof one desired, that he might see the place where the childe was begot: which when he had seene, he considered, that that generation was by the strength of the imaginative vertue. And then he said that that great Ethiopian was the Father of the child. Bringing forth for the confirmation thereof, that place of the Bible, where Iacob put speckled rods before the Sheepe: by which imagination the Ewes brought forth speckled Lambs, which when he had spoken: the Lady was delivered from burning. Wherefore as I have written in other places of this booke, men ought not rashly to mislike their wives, (having none other occasion,) because their children are unlike to their Parents. For as you see here and in Iacobs Lambs, imagination is of marvellous force in the time of generation. Which doth not onely worke in men but in beasts. Ganiverus writes this History, who as it should seeme, hath it out of Lyra.

83

The flowers of Marigolds, as also of Succory, and of certaine other hearbs, doe begin to open at the rising of the Sun, at noone they are fully and wholy opened, but they are closed, or are shut when the Sun doth set. Therefore some calls it, and such other, Sponsus Solis, the Spouse of the Sunne. Because they sleepe and are awakened with him, &c. Miraldus. And the daily triall thereof affirmes it.

84

If Asses doe eate much of Hemlocks, they will be cast thereby into a dead and deepe sleepe, that they will seeme to be dead.

Which

Which hath deceiued the Country men being ignorant thereof: for as they haue bene flaying of their skins, (thinking that they were dead) the silly Asses haue stirred and wakened out of their sleepe: to the great terrour of them that did flea them, or cut off their skinnes, and to the great laughing of them that did behold them. As Andreas Matheolus, (that learned Phisition,) hath written in his commentary vpon Dioscorides.

85

Put the ashes of a burnt Snaile, vpon the spot in the eye, and within three daies it will take it away. Barth.

86

If one comes to aske or enquire the Astrologian for any thing in the houre of an euill Planet: that is of Saturne or Mars, it is a suspition rather to euill then to good. And chiefly if that euill Planet be any where impedite, Retrograde, or Combuit, or in his fall or Cadent from an Angle. And this is to be vnderstanded likewise of the comming of any on the behalfe of any that is sicke, or bringing the vrine of the sicke, or of any that doth aske counsell, or enquire of the estate of the sicke (though the vrine be not seene,) It is a suspition of euill for the sicke: though it be not a full testimony thereof. Ganiuetus.

87

If a woman, that is too much weakened with her monthly course, doth cast the same, or let the same runne into a hole made in the ground, with a three squared stake, (the same stake immediatly after being put or driuen into the same hole, and so remain therin vnremoued,) her said flure will stay or cease, being thought before to be vncurable. An honest woman reuealed this strange secret to me. Which proued the same to be true: and learned it of a poore woman, that required almes of her at her doore.

88

In the lake called Larius, (which now is called Comensis) certaine fishers in the winter, did draw with their nets to the dry land, a great sort of sea-Mewes, seeming to be dead, which were ioyned together with their bils or nebs in one anothers taile or fundament: and being warmed with their guts, were found aliue. Garuas. Tabellesius.

The

89

The leaues of Docks doe loſe the belly, and makes one laxatiue: but the ſeeds being taken, doe binde and are reſtrictiue.

90

If Wine haue taken any tartneſſe or ſowrenes, take a pot filled with good water, and let it be well couered, then ſet the ſame pot with water in the veſſell with Wine: ſo that the pot ſtand vnder, or within the Wine, and at the three daies end, if the wine haue gotten his former ſtrength, the water will ſmell, and then the Wine will like thee. Tarentinus.

91

A peece of raw Beefe, (not too thicke, nor too thin) being laid or ſteeped all the night before in good Aqua Compoſita, and applyed to the temples of the fore-head, without remouing all the night: (and thus doing three or foure nights,) doth helpe the watering and paines oft he eyes, and al diſtillations and rewmes that comes from the head or braine. One told me this which had often proued it to be moſt true, as a great ſecret.

92

When Mercurie is in the tenth houſe not impedite, the childe then borne, will be mighty, wiſe, and a great Philoſopher. Celliennarent.

93

Annoynt yong Swallowes with Saffron, and ſoone after the old Swallowes will bring a ſtone vnto them: where-with the Dropſie will be cured. This I had out of a booke of ſecrets.

94

An Egge laid on a Thurſday, and emptied, and filled with Salt, and ſo ſet in the fire, remaining there vntill it may be made in powder, and then cankred teeth rubbed with the powder thereof, it both kils the canker and the wormes that eates the teeth and deſtroyes them. proued for truth.

95

This following will deſtroy Ring-wormes, Tetters & ſcales in the handes. Take white Coprice, the quantitie of two Beans, and put it into a pinte of cleere water, till it be reſolued or melted: and with that water waſh the place or hands, till they be whole. proued.

96

Stampe Parſly in white Wine, then ſtraine it well, & drink a

good draught thereof, and it will cauſe thée to make water, and breake the Stone, vſe it fiue or ſixe times. This hath béene well proued.

97

The wiſe and learned men in the old time, did thinke that a Toade put into a new earthen pot, and ſet within the ground, and ſo couered with earth in the midſt of a field, will driue away Crowes or Birds, from Corne that is ſowed there. But about Harueſt time they will that it be digged vp, and to be caſt forth of the limmits of the fields, leaſt the Corne be bitter thereby. Plinie.

98

A little péece of the Nauell ſtring of a Childe, that is newly borne, enclosed in a ring, and ſo borne that it may touch the fleſh or bare skinne: is a moſt ſure helpe and remedy, againſt the great paines and torments of the Collicke. Mizaldus.

99

They whoſe haire of the eye-browes doe touch or méet together, of all other are the worſt. They doe ſhew that he or ſhe is a wicked perſon, and an entiſer of ſeruants, and giuen to vnlawfull and naughty Artes: which Iohannes Indagnies ſaith: hée hath obſerued in old women béing Witches, which were led to be burned, whoſe eye-browes were ſuch. As Thaddeus Hageccius hath alſo noted.

100

Saturne in the ninth houſe, doth ſignifie feares in iourneyes, but more in the Sea chiefly, in a watry ſigne: and in Cancer the houſe of the Mone. Taiſnier.

The end of the ſixt Broke.

The ~~firſt~~ booke of Notable thinges.

1

THe water wherin the leaues of planten, that grows cloſe the ground, and nére the rot, is ſod, being drunke twice euery day, morning and euening, firſt and laſt, halfe a pint at a time, for the ſpace of foure or fiue daies, helps perfectly al griefes and diſeaſes of the bladder. A true medicine and often proued.

2

A notable water for breaking of the Stone. Take of the iuyce of Saxifrage, two pound, of the iuyce of Gromell, & of the iuyce of Parsly, of either one pound, of the iuice of Bettony, of the iuice of Nettles, and of the iuyce of Ramsens, of each halfe a pound, of strong white vineger, ten ounces, of the flowers & seeds of brome and of the roots of Radish, of each two handfulls, stamp the last rehearsed well, then mire the same with all the iuyces before mentioned, and thereof distill a water with a gentle fire: of which water giue to them that haue the stone, one ounce at a time, with Ormell Diuritick, (which you may haue at the Apothecaries) vsing the same nine or ten dayes (if nede be,) and it will breake and avoyde the stone wonderfully. There cannot be a better medicine for the Stone: proue it when you will.

3

In the Ilands of Ireland, and Orcades, in certain places there, there be certaine Trées there, much like vnto willow Trées, out of which comes forth certaine little haires, encreasing by little and little into Birds, hauing shape of Ducks, hanging vpon the boughs by their nebbes and bills: and when they are come to full perfectnesse, they flie away of themselues, or fall into the next Seas, which birds we call Barnacles. This is related by the people that dwell there. Mizaldus.

4

If one be bewitched of any, put Quick-siluer into a quill, and stoppe it, or else into a hollow Nut-shel, enclosed fast with ware, and lay the same vnder the pillow of the partie bewitched, or vnder the threshold of the doze where he enters, into the house, or Chamber. Iohannes Weckerus.

5

He that will deliuer a Summe of money in the houre of the Moone: he shall haue much a doe to get it againe. And at last shall mistrust of the recouering thereof: but at the length he shall recouer it, but not all. Abables filius Zaed.

6

Bettony stampt and made in a plaister, and layd to the eye, healeth a stripe in the eye. And if the eyes be washed with the water wherein Betony is sodden, they will be whole without dim-

neſſe or other blemiſh. And if you drinke a Dram of the powder of Betonie, with the water of Betonie, it will bring downe and heale the cloudines and bloodines of the eyes. And if Betonie be eaten, it dryeth vp the teares of the eyes. All this and more hath bẽ prooued of Betony.

7

Marke on what day any doth fall ſicke, and number the daies from the firſt Calendes of Julie, (which is the xxvi. day of June) vntill the day when the partie did firſt begin to bee ſicke: and diuide that whole number by three, and then if at the laſt, one remaine, he will quickly eſcape, if two remaine, he will be long ſicke, if three remaine, then it is to be feared he will die of that ſickneſs. This I had out of a booke of ſecrets.

8

A marualous cure of a woman that was ſwolne, done by one Iohn Ardern, whoſe words thereof were theſe. I Iohn Ardern did ſee a certaine woman at Newarke, whoſe whole body was ſuddenly ſwolne, and alſo the face, necke and legges, who did lye as though ſhe were halfe dead: to whom I gaue the roots of Daffadill ſtampt, & mixt with water Saffron, which being drunke ſhe was quickly whole. I wrote this out of an old written booke.

9

Take heede in letting of blood or giuing of Purgations, or ſtrong medicines, that the Lord of the eight houſe be not with the Moone, or with the Lord of the Aſcendent. Likewiſe, that the Moone, nor the Lord of the Aſcendent be in the fourth or eight houſe, nor that the Lord of the eight houſe be in any Angle, and it is not good that the Moone be in the Aſcendent. Iatro. Guar.

10

A winde riſing in the North in the beginning of the night, or in the twie-light, by and by hee ceaſeth, and leaueth his place. Therefore it is, that the Mariners (hauing inſt triall thereof) will not ſet forth in that winde, vnleſſe it hath continued three dayes. The South winde is contrary, which if it riſe or begin in the beginning of the day, it brings hope to the Mariners that it will continue, and not quickly depart out of that place. Mizald.

11

The ſkin of the right heele of a Calcar laide to the right ſore, &

of

of the left heele, to the left foote, of them that are pained with the Gowt. It is said that it doth mitigate the greefe, and ease the paines. Mizaldus. 12

Lute strings or Harpe strings cut in little peeces, and cast upon flesh newly sodden or rosted: will seeme to be wormes, whereby they that knowe not thereof, will refuse the same meate. Mizaldus. 13

If the Yard doth swell and be grieuously pained, mingle wax-Oyle, & the iuyce of Purslane together, and apply it to the swolne Yard, and it will helpe it. It is often proued.

14

Iohannes Ganiuetus writes, that in the yere of our Lord 1431 the seauenth day of August (being Tuesday) about seauen of the cloch in the morning, one Master Henricus Amici. a Doctor of Phisicke, borne at Bruselles in Brabant, did aske him for the Lord Deane of Viennens. then being sicke, whether he should die or recouer that sickenes. In the figure of which question hee found that the Moone was going in coniunction to the Sunne vnder the beames of the Sunne, which was a testimonie of death, with diuers other likelihoods of the same. But espying Mercury beginning to be Retrograde, within one degree of the Ascendent (corruption the degree ascending) did iudge that he should shortly fall into a frenzie, at the farthest within a naturall day: although he was a very wise man, and so it came to passe. For within lesse then a naturall day, he became frantick, and died shortly after.

15

Take Cloues of Garlicke, and burne them in a pot all to powder, and if you vse to eate of that powder in your pottage, doubtlesse it will procure you to make water, if you are troubled with the stone. 16

If you put the powder of Allom in water, whatsoeuer you write therewith, the writing or letters will not appeare: vnlesse you put the same paper in water, and then you may read it perfectly. Bapt. Port. 17

This that followeth is a most excellent and sure proued medicine for a great & old greefe and paine in the head. Take of bay Salt stamped by it selfe, as much Comin seed stamped by it selfe, as much browne Fennell, and then stamp them all together,

then with as much pure vineger & a little Roſe water: mixe and ſtir them altogether in a diſh, ouer a chafindiſh of hot coles, and then lay ſome of the ſame hot upon a cloth, and apply it ſo to the hinder part of the head at night, and tie it faſt thereto that it fall not away. And alſo lay another plaiſter thereof hot thereto the next night, and ſo doe nine nights together, one after another: and it will not onely helpe the ſame, (perhappes within three or foure times ſo doing:) but it will alſo cléere the ſight, and draw the humors cleane away, that runnes out of the head into the eyes, and drye vp the ſame. This medicine neuer failes. Therefore it is a precious thing, and worthy to be eſtéemed.

18

A good way to get the ſtone called Cranpaudina, out of the Toade. Put a great or ouer-growne Toade, (firſt bruſed in diuers places) into an earthen pot, and put the ſame into an Ants hillocke, and couer the ſame with earth, which Toade at length the Ants will eate: ſo that the bones of the Toade and the ſtone will be left in the pot: which Mizaldus and many other (as he ſaith) hath often proued.

19

It is ſaid, that the femall Viper, doth open her mouth to receiue the generatiue ſparme of the Male Viper, which he doth by putting his mouth into her mouth, which receaued. ſhe doth bite off his head, This is the manner of the froward generating of Vipers. And after that, the young Vipers that ſpringe of the ſame, doe eate or gnaw a ſunder their mothers belly, thereby comming or burſting forth. And ſo they being reuengers of their Fathers iniury, doe kill their owne mother. Galen de Theriaca ad Piſonem. You may ſée. they were a towardly kinde of people that Chriſt called the generation of Vipers.

20

Séeth Sage, and drinke it, either ſtamp it, and lay it to the matrix, for both waies it prouoketh the flowers and after burthens. Pet. Huſp.

21

The girdle worne of a childe, béeing vnder ſeauen yéeres of age, ſome ſaies twelue yéeres of age, taken and tyed about the middle of one that hath the falling ſickines, and then preſently taken from the ſaid party, and cut in nine peeces, and euery péece throwne nine ſeuerall wayes, is a preſent and perfect remedy to

heale

heale and helpe the same party thereof, without saying of any wordes. They that told it to me did see it proued: a thing no doubt very strange, and almost incredible. Some thinkes that this will not preuaile, but at the first falling of the party.

22

The tongue of a dog laid vnder the great toe within the shoe, doth cease the barking of dogs at the party that so weares the same. Mizaldus.

23

The skinne of an Asse being tand, and shoes made of that part of the hide, whereon the burthens did lie that the Asse carried, they will neuer teare nor be worne. No although you goe continually among stones & thornes, and with the olnes thereof, they will ware so hard, that one cannot suffer to weare them as Cardanus hath written.

24

To stop the bleeding of the nose: take nine or ten fresh newe Leekes, and put a threed thorow the mids of them, but cut off the toppes of the leaues, then hang them about the parties necke that bleedes, so that the leaues be vpward to the nose, and the heads of them downeward. It is good also to smell to Camphere dissolued in vineger, and also to put the rot of Piony vnder the tongue. Iaco. Holle.

25

If you take of mouthglue and Allome, equall parts, mixing them together, and then poure vineger to them, what thing soeuer you shall cast into the fire, being rubbed, or all ouer annointed therewith: it will not be burned. Mizaldus.

26

Mars in the ninth house, doth threaten in long iourneies, chiefly on the land, feare and euill hap and successe: but not in Capricorne, seeing it is in his exaltation. Taysnier.

27

It is credibly reported, that whosoeuer is sicke, and at the point of death, though they be maruellous old, lying or being in a certaine place in Ireland: the same party cannot die vntill hee or she shall be remoued out of this place. And many that haue bin there, being very old and weary of their liues, haue earnestly desired to be remoued from thence: who as soone as they haue bin out of the same place, haue died presently. A very strange thing, if it be true.

Stamps

28

Stampe Rew with oyle of Roses, and lay the same somthing thicke vpon the crowne of the head, of one that is sicke, the same being first shauen, and if the same partie doe neese within sixe houres after he will escape that sicknes. If not, he will surely die.

29

To make a greene that it will not vade away. Take the flowers of Flowerdeluse, stampe them and straine them, then put the iuice thereof into goome water, and dry it in the Sunne.

30

To make Letters of Gold: Take gum of Almonds and temper it with Vermilion finely ground; let the gum be dissolued in the white of an Egge, then write therewith, and it will be like Gold. Proued.

31

If you will know in what yeere Wheat will be deere or cheap, and what time of the yeere, and what month the same will chance? Elect or chuse twelue faire Cornes of Wheate, in the Kalends of January, which is the first day of January, then sweepe the fire hearth cleane, and make a fire: then take a young wench, or boy of the house, or els one that dwels nie you, and bid the same boy or wench lay one of the same cornes on the same hearth being hot and made cleane: and when that is done marke diligently, whether the said Corne abide still in the place, or leap: If it be still, then the price will continue: If it leape a little, the price will abate a little: If it leape much, then perswade thy selfe that it will ware very cheape: If it leape towards the fire, it will be deare in the first month, and so more or lesse, for the greater or lesse accesse of the same to the fire. Doe so with the second corne, and it will presage for the second month, that is for February: and so you may iudge of the rest. That is, the third corne for March: the fourth for Aprill, and so of the other. Mizaldus hath heard that it hath beene proued of many.

32

The Lyon is more fierce against men, then Women: for Nature hath taught him, that women are to be more mildly vsed then men: as Plinie affirmes. And Aristotle saith, that it is more wicked to kill a woman then a man, &c. And the Poet saith Quod fæminea in pœna nullum est memorabile nomen. Which is true

true. A man also can get no praise nor honestly by beating of a woman. Which let butcherly beaters and cruell tormentors of their wiues marke well and consider. Mizaldus.

33

A spoonefull or more of the pouder of Nettle seed, drunke in good wine, doth asswage all paine of the Matrix, and takes away the windines thereof, or the griefe of the Mother. Petrus Hispa.

34

By this meanes following, you may put an Egge into a narrow mouthed glasse. Lay an Egge in strong vineger, till it be tender: then fill the glasse almost full with water, then put the wimpy Egge into the glasse: and anon it will be hard. Proued.

35

To rost a dish of butter. Take fine grated white bread, and mixe the same well with sugar, then put a lumpe of butter vppon a Spit, and turne the spit at the fire, and still cast the grated bread and the sugar vpon the butter, and it will be a trim dish of meat. Proued.

36

If a certaine worme with many fet, which will become round like a pease if she be touched, of some called a Swine lowse, be prickt with a needle, and then any aking toth touched with the same needle, the paine thereof will cease immediately. This I had out of an old Booke.

37

They are possest with Deuills that haue not in their Natiuities Mercury, with the Mone in some aspect: if neither of them, behold the Ascendent, which is the more certaine, if Saturne be there in the natiuity of the day, and if Mars be there in the nightly natiuity: and if either of them be in an Angle, such is the natiuitie of Deuills. Alpohazen. And they are, or will be mad, that haue Mercury, and the Mone in this sort, except that Saturne contrary must be in an Angle in the natiuitie of the night, and Mars in an Angle in a natiuity of the day. Iatromath.

38

There is a certaine Well at Gratianapolis, which although it hath not hote or warme water therein, yet oftentimes there comes out of the same together with the water, flames of fire, two contrary Elements at one time out of one place flowing out together. Mizaldus writes this of the report of the inhabi-

tants of that place. 39

If you stamp Polliocks with the whites of egs, and therewith annoint your hands, and throw them vpon the same the pouder of Allom, you may handle fire without harme. Alber. praise it as it proues. 40

Drinke no medicine in the houre of Saturne, neither enter or begin then any iourney on the sea. Haly Abenragel.

41

White wine, wherein Lapis Calaminaris is seauen times quenched, first made very hot in the fire, doth maruellously stop the running of the eyes, and cleareth the sight: if you put a few drops thereof into them, and vse to wash them therewith. This is a tried thing. 42

If you would allure or bring Pigions to a Doue-house. Take a fat Dog and flea him, and fill his belly full of the seeds of Cummin, then rost him dry, wash also the Pigion holes in the Doue-cote with water where with Cummin is sod: but first cleanse the said holes from all filthines, then lay the rosted Dog vpon a broad stone, in the Doue-house, and hang a great Glasse on the top of the Louer, and three or foure little lokīg Glasses within the Doue-house, by some of the holes. Also take good clay and mingle it with bay salt and Cummin, and make thereof a great lump like a Sugar loafe, then put it into an Ouen and make it hard, and set it by the dead dogge. Beware of Owles, Buzzards, and Starlings, see the house be close that no vermine come therein, as Polecats, Wesels, or Ferrits, and you shall haue Pigions enough. Also make a shrape by the Doue-house, strewe Chaffe there, then lay therein a good quantitie of Barly, but it must first be laid to steepe in Honey three daies, and then cast it among the Chaffe, & then a great sort of Pigions will resort to that Doue-house.

43

Linseed put into the rots of Radish, and by and by put into fat or dunged earth: it will bring forth an hearbe like Dragons, whose taste will seeme like vineger and salt: therefore it is meruailously desired in sawces: for hauing this, you néede neither vineger nor salt, as one that is cheefe of the Kings Gardens told me, saith Mizaldus.

Apes

44

Foxes being ſod, or cut in peeces, and then giuen to Hennes or Geeſe amongſt their meate, it makes them ſafe from being hurt of any Foxes after, for the ſpace of two monthes. Mizaldus.

45

The ſeedes of Docks, tyed to the left arme of a woman, doth helpe barrennes, or ſterility. Affricanus.

46

The Moone and the Aſcendent are generally ſignifiers of the whole Ship, and of the ſtate thereof: and the Lord of the Aſcendent is the ſignifier of them that ſailes in the ſame: whereof if all they be infortunate, the Ship is broken, and they that ſailed in her are drowned, vnleſſe ſome one of them be receaued, that is of the ſaid ſignifiers, and then the impediment will chaunce in the drowning, and ſome climers of the Ship will eſcape: but if all they be fortunate, all ſhall eſcape and be ſaued, that is both Ship and men, chiefely if there be any reception. Furthermore, if the Aſcendent and the Moone be both fortunate, and the Lord of the Aſcendent infortunate, the Ship is ſafe, and the Saylers in her are deſtroyed: but if the Aſcendent and the Moone be infortunate and Lord of the Aſcendent fortunate, the Ship is ouer-whelmed or loſt, and the Saylers in her are ſafe. Haly Abenragel.

47

Goates dung mingled with vineger and Bran, and applied as a plaiſter to a ſore breaſt, looſeth wonderfully all ſwellings of the breaſt. It hath been proued.

48

Betony ſtampt and applied to any wound of the head, doth not onely draw out the broken bones, but alſo doth heale the ſame with ſpeede.

49

A ſpeciall medicine to ſtrengthen the backe. Take a quart of white wine, and the pith that runneth in an Ore backe, and halfe a quarter of a pound of Dates, and of Marigolds, Planten, Betony, Parſly roots and Fennell roots, of all two handfuls: boile all theſe together, vntill the wine be halfe waſted away: and then ſtraine them through a cloath, and drinke nine or ten ſpoonfuls thereof euery morning and euening for the ſpace of nine or tenne dayes: and it will ſtrengthen the backe meruailouſly.

50

Fiue leaued grasse sod in water, which if it be drunk and gulpt vp and downe in the throat, is an excellent help for sore throats.

51

They are deuilish or possest with deuils, in whose Natiuities Saturne is Lord of the place of the Moone, & the Moone then vnder the beames of the Sunne: or if Mars be Lord of the place of the Moon opposite to the Sun, especially in Sagitary. Haly Abenragel.

52

To keepe Beasts safe that the blind Mouse called a Shrow, doe not bite them. Enclose the same Mouse quick in chalk, which when it is hard, hang the same about the neck of the beast that you would kéep safe from such biting. And it is most certain that he shall not be toucht nor bitten: as it is afore-said. Vegetius.

53

I heare (saith Mizaldus) that it is obserued and proued, that a Cow, an Ewe, a shée Asse, a Bitch, a shée Cat, and such other domesticall & tame beasts of the female kind, wil cast their Calfe, Lamb, Colt, or that they goe withall, if the Male, by whom they conceaued, be killed while they went with the same. Such a strong and vehement concord or agrément of nature is betwéene or among them.

54

If the ninth house begin in a fixed signe, or if Saturne be found in the same (except it be Aries) they that be then borne, shall for the most part sée true dreames, but in a moueable signe, his dreames will be without effect, &c. Taisnier.

55

A notable ointment for the head ache, comming of any cause, where-with you must anoint the pulses of the temples and all the forehead. Take of the iuyce of fresh Camomell foure ounces, of the iuyce of fresh Roses two ounces, of the iuyces of fresh Rew and Betony, of either one ounce & a halfe, of the iuyce of the roots of Hollock two ounces, of oyle Rosate Omphacine, one pound & a halfe, of the best & pure Alabaster three ounces, pouder of Alabaster finely beaten, then put it into the oyle, and let it lie therein a day & a night, then mix them altogether, & with sufficient white wax, make it into an ointment, which ointment, is good for any paine of the head, proceeding of any matter or cause. And it may

be

be vsed at any time of the fit or pain, except the beginning. Emperica Benedicti victori. Fauenti. 56

An excellent distilled water for hearing, followeth. Take of the iuyce of Betony, of the iuyce of Onions, of either of them fiue ounces, of the leaues of Rosemary stamped one handful, of ỹ oyle of bitter Almonds three ounces, and one white Cele grosse chopt and cut in small peces: mixe them altogether & distill them, and the liquor which cõmeth therof kẽp in a glasse, drop two or three drops therof into your eare foure or fiue nights together: and it will helpe the deafnes. 57

It is much to be merualled at, that the little bird called a wren being fastned to a little sticke of Hazell newly gathered, doth turne about and rost himselfe. Cardanus and Mizaldus.

58

Thou maist make faire pictures, vessels, and many other fine things with small cost and expences, as followeth. Scrape the barke of the Elm tree, and the toys of the Poplar tree, and whiles they are very hot, put thereto most pure and fine Lime, vntill all the same be like Cruds of milk. Afterwards put therto the whitest Parble that is, well and finely beaten into pouder, & serced, and then cast the same into what forme you will, then dry them in the shadow. Hieronimus Cardanus.

59

Hermes doth say, that an euill Planet in Cancer, doth threaten short life and continuall sickines to the mother of the childe then borne. 60

Brimstone stampt with wine, and plaistred ouer the Dugs or Paps of women: breakes the hardnes of them. Isac.

61

Water Mints stamped and laide to the midst of the browe, and to the nape of the necke of one that is mad: will much helpe and releeue him. But first tickle him in the browe, and it will dispose him to slepe: and then apply it to him as is before said. But if he be far gon, that it will not help him, then take a Tench and cleaue it in the midst, and so warme, lay the one part to his brow, and the other to the nape of his necke: and without doubt it will help him, if euer he shall haue help. This I toke out of an excellent written Booke.

62

For burning with fire. Take oyle Oliue, and put it into colde water, and stir it well together, till it be well mixed: then anoint the burned place therewith, and lay a Woort leafe vpon it, and it will helpe it speedily. Proued.

63

Stamp Malowes & Garlick together, and mingle it well with white wine, then straine it well, and drink a good draught thereof nine times, and it will make thée make water, of whatocca-sion so euer the same is stopt. This is affirmed for truth.

64

If you will bring forth or hatch egs without a Hen, couer your egs in hot horse dung, (so that the bigger part of the egge be vpward) but euery fift or sixt day shift them with new horse dung, with a temperate heate as the heate of a Hen. But remember that the egs must be turned, and about the time of the hatching, or when they should come forth of the shel, put them vnder a Hen. Mizaldus.

65

Although the fruit of a medler tree by nature be restrictiue or binding, neuertheless the powder of him doth vehemently breake the stones in the reines, and driues them forth. Which Antho-nius Musa an excellent Phisition doth witnes, that he hath proued with most happy successe on himselfe. Mizaldus.

66

The blood of an Hare dried & made in pouder, and thrown vp-on flesh newly rosted or sodden, makes the same flesh séeme to be bloody & corrupt. So that they that be present, and sées the same vnlesse such as know the secret thereof, will loath to eate thereof. Mizaldus.

67

The ancient wise men haue said, that he that is taken prisoner in the houre of the Sunne, shall escape within the space of one moneth: and in the houre of Venus, he shall escape at the end of sixty dayes: and in the houre of Mercury, he shall haue long im-prisonment, & he that is taken prisoner in the houre of the Moon, his busines and state shall be changed, according to the applica-tions which the Moone hath with fortunate and infortunate Pla-nets: whereby the easines or slownes of his deliuering shall be es-téemed. Also, he that is taken prisoner in the houre of Saturne,

he

he shall indure long imprisonment: and he that is taken prisoner in the houre of Iupiter, he shall be deliuered quickly. And they that be taken prisoner in the houre of Mars, many sorrowes and troubles shall happen to them during their imprisonment. For he shal be put in fetters, and shall be beaten, and he shall suffer great sorrowes and labours. Haly Abenragel.

68

This medicine following, will surely heale a scald head. Take oyle Oliue, and put it into a dish with faire water, and beate or stirre them well together, as you would make Butter: then take it vp, and put it into a vessell, and put pouder of Brimstone and May Butter thereto, and make an oyntment thereof, wherwith anoint the sore head, and doubtlesse it will heale it.

69

Woodbind leaues stampt & laid vpon warts, (vsing the same halfe a dozen times,) will quite destroy them.

70

Francis Marques of Mantua, did so instruct or teach a dogge that he vsed him as a very good seruant, in calling of such of the Court as he would. Blondus.

71

Abenzeor, an excellent Phisition among the Arabians, declares that once there was such a famine in his Countrey, that the people was driuen to plucke out the dead bodies out of their graues, and did sucke the marrow of their bones. A thing horrible to be heard, but more horrible to be done: from which nede or hunger, I beseech God keepe vs.

72

If the séeds that are found in the round knobbs, of the lesser Burleafe, be made in very fine pouder, and so giuen with a little good and pure white wine: it purgeth the sand marueilous effectually from the reines, but more spédily if it be drunke with Aqua vitæ. Mizaldus had this of one that proued it.

73

If you séeth Mugwort in water, and plaister it hote vpon the nauell and thighs of a woman labouring with childe, it causeth both childe-birth and the after burthen also: but if it tarry long there, it will cause the Patrix to follow. Rogerius.

For

74

For ſcalding and burning that it be not ſéene, take ſhéepes ſuet, and ſhéepes dung, and the inner rind of Elderne, and boyle them altogether, then ſtraine them through a courſe cannas cloth, and ſo kéepe it in ſome cleane veſſell, which when you doe vſe, you muſt melt in a ſaucer, or ſome other thing, & lay it on the burned place with a feather. Proued.

75

To draw out a toth, fill an earthen pot with Emets or Ants, and their egs, and ſet the ſame pot in hot embers, ſo long, vntill all be burned into aſhes, and when any doth ake which you would draw forth without paine, then take of the ſame pouder and touch the toth therewith, and it will fall out.

76

Anoint the freckled face with the blood of a Hare or of a Bull, and it will doe them away, and make the skin faire. Proued.

77

This following will helpe the hardnes of the ſide, called the Elfe-cake. Take the root of Gladen, & make pouder thereof, and giue the diſeaſed party halfe a ſpoonfull thereof to drinke in white wine, and let him eat thereof ſo much in his pottage at one time, & it will help him within a while. This was told me for a truth.

78

Mugwort ſteéped in Roſe water, doth helpe trembling or ſhaking hands, if they be waſht therewith. Mizaldus.

79

You ſhall know whether the Toad-ſtone called Crapandina be the right and perfect ſtone or not. Hold the ſtone before a Toad, (ſo that he may ſée it) and if it be a right and true ſtone the Toad will leape toward it, and make as though he would ſnatch it from you, he enuieth ſo much that a man ſhould haue the ſtone. This was credibly told Mizaldus for truth by one of the French Kings Phiſitions, who affirmed that he did ſée the tryall thereof.

80

Garlicke being ſowen when the Moone is vnder the earth, and pluckt vp when the Moone is aboue the earth, it is ſaid, that then his ſtinking ſmel will be gone. Socian Græcus and Palladius repoꝛts, that Garlick will be made the ſweéter, if in the planting

thereo

thereof, you doe set the stones of Olives round about it, or else if you set the Garlick bruised.

81

Lay a Spunge upon any ache sowt dipt in warme wine of the decoction of Commin, and it will draw out the hurtfull humors. It hath bin proued. Pet. Hisp.

82

Take the iuyce of Elder berries, and anoynt warts therewith and it will destroy them.

83

If you take the outward rind of the Radish root, and the hearb Mercury, of either one ounce, of Saffron three graines, of Cassia Lignia finely poudred one dram, the iuyce of Sauine two drams, and then mixe them, and let them all be beaten together, & then tie the same in a fine linnen cloath that is thin, and then ioyne it to the necke of the Matrix of a woman that is in her trauaile, and in the houre of the birth, (which else should bring forth her childe with difficulty,) by and by shee will be brought to bed. It is a secret. Benedictus Victorius Fauent.

84

He in whose natiuity Venus is coniunct, or ioyned with Mercury, and they both being vnder the beames of the Sun, shall be gelded. Iatromath. Guat. Riff.

85

If you put out one of the eyes of a blark dogge whiles he is liuing, and will carry it with you, it will make that no dogs shall barke at you, yea though you walke amongst them, but it will be more sure if you put thereto a little of the heart of a Wolfe. Sextus Platonicus, and Albertus.

86

The iuice of knot grasse drunke with the pouder of seauen pepper cornes before the fit, doth quite put away the quarten Ague: But it is said that the hearb must be gathred vpon a Thursday, and the iuyce then likewise thereof must be gotten and strained (the Mone decreasing, which is betweene the full Mone and the change) Mizaldus had this out of an old booke of secrets, written with the hand of one called Ianus or Faunus.

87

A Bath wherein Emets or Ints and their eggs being stampt haue bene sodden, doth quickly heale an old, and almost incurable ioynt sicknes. Proued.

88

If they that haue the falling sickne, doe vse to receiue twice or thrice in the weeke at their going to bed one of these Pills following: without doubt they will be whole thereof howsoeuer it comes. Take of the best Castorium, Assafetida, of either halfe a dram, of the rot of Piony finely poudred one dram, Aromaticum Rosatum two drams, mixe them together with the sirrop of mints and make thereof seauen Pills, (you may haue all this at the Apothecaries.) This is a proued secret. Emperica Benedicti.

89

An excellent ointment for the Goute. Take three pound of Wallwort, and stamp it well, then melt one pound of may butter and put therevn, and let them stand so nine daies together, then boyle the same halfe an houre on the fire, then straine it through Canuas, and so anoynt the pained place therewith, it is a notable and proued thing, not much vnlike to one in this booke to that effect described by Mizaldus.

90

This medicine following will destroy the itch in any part of the body. Take of oile Debay one ounce, & one ounce of Quick-siluer first killed with fasting spettle, which must be a killing therein with stirring of them together halfe an houre, then therewith anoynt the palmes of your hands, and the soles of the feet, and within three or foure times so doing it will kill the itch.

91

If you will make a candle that will not be put out: fill a cane with the pouder of brimstone, and with a linnen cloth broken in very little peces, then couer the same with ware, & so set it on fire and then it will not be put out neither with bellowes nor winde.

92

Oyle wherein Frogs be sodden vntill the flesh be gone from the bones, doth meruailously helpe all effects of the sinewes and the ioynts, & also all the parts of the body that is cold or benumbd if the places affected be anoynted therewith, being first made

warme

warme. This is gotten out of the secrets of Ianus.

93

If you will bring into one place, or else kill all Wormes and Beasts that are hurtfull in a garden. Take the belly or panch of a Weather newly killed, with all the filth or dung that is in it, & bury the same in the place where they be, & couer it a little with earth: and then within two daies thou shalt see all the wormes and vermine gathered thether: if you doe this twise or thrise, you shall make all the hurtfull wormes and things to gather together there. And then you may cast earth vpon them, or else kill them as you list. Mizaldus did vnderstand that this was proued.

94

An euill Planet in Leo, doth shew or betoken short life, of the Father of that child then borne. Taisnier.

65

The iuyce of Betony, put into the eare something hot or luke-warme, will both put away paines & the deafnes of the eares, (if there be any,) and also other impediments of the same. I haue proued this diuers times, and found it excellent good, in this case.

96

This water following is both proued, and precious against fistulaes: and also it so hardeneth yron, that you may cut an other peece of yron therwith, as easily as if the same were wood. Take of earth wormes, and draw of them a water by distillation, and likewise draw water of Radish rootes, both which waters mixe together, then put therein an edged yron knife, made red hot: the same thus heated and quenched for three or foure times by an equall quantity, vsed at each time, and the knife tempered with the edge: then dip it red hot againe into the same water, and then after you may cut away iron safely and easily there with: and this water is also mernailous in Fistulaes.

97

It is said, that if horses be shod with that yron where with any hath bene before killed: it makes the same horses very liuely and quicke. And if of the same you make a bit or a snaffle, that horse that hath it in his mouth, will be made tame and easie to be handled: yea, though he be neuer so wild, stubborne, or giuen to biting. Rasis & Albertus.

98

If a Horse cannot stale or pisse, or else doth the same hardly, or with much greefe or paine: beat his body all aboute, easily, mildly, or gently, with the boughs of Elderne full of leaues: then after couer his head, necke, and all the body with the same leaues, and it will help him very much. Simonota Cardinalis.

99

A water whereby the Phisition doth meruailes, and is reputed as a Prophet. Take the filings of siluer, or brasse, of iron, of lead, of steele, of gold, of spume, of siluer, and gold, of Storax according to the riches and pouerty of the patient: first of all let them be put into the vrine of a Boy that is a virgine, the second day in warme white wine, the third day in the iuyce of Fennell, the fourth day put them in the whites of egges, the fifth day in womans milke, that giues suck to a boy, the sixt day in red wine, the seauenth day in seauen whites of egs, and put that onely into a Still at an easie fier and that that shall distill keepe in a vessell of gold or siluer. Silence is to be kept of the praise of this water, because it may not be bought. For his vertue doth palliate leaprous persons: it heales and destroyes a pure leaprie, it wipes away, or takes away euery spot, it conserues youth, it makes the eye faire. I cease to speake of the secrets of this water; for because I feare, least they that haue it should be puft vp with pride. Trotula de passioni. Mulier.

100

This following is a proued thing, for the sounding of the eares or wind in the same. Take Almonds and the kernels of Peaches, and let them be cleane pilled in hotte water, then stampe them, and get oile out of them, and put of the same oile with tents wet in the same into the sounding eares, or otherwise greeued, which tents must be made of fine linnen cloth, and doe thus with new tents euery day once, for the space of nine or ten dayes: and it will put away the sounding and other paines of the eares. This I learned of one that came out of Spaine. And I proued it to be very true.

The end of the seauenth Booke.

The

The eight booke of Notable thinges.

1

YOu shall make vineger by & by, and if you poure pure and good wine halfe sod, into a new earthen vessell, then well couered & kept: and so the same pot set in hot scalding water.

2

A Wolfe first seing a man, doth lift vp his voice, & as a victor doth despise him. But if hee perceaue that the man hath espied him first, he layes away his fiercenes, and cannot run. D. Ambrosius. Virgil. Plato. Sextus. Platon, and other.

3

There is a deadly warre betwixt the Hawk and the Eagle, who somtimes are so fast together in their fight, that they are both taken or catcht thereby. Plinius.

4

To take the birds that eates the seedes that are sowne. Seeth Garlick, that it may not growe againe: for it is said to profit marailously, if it be throwne vnto them, for they that shall eate of it will be taken with your hand. Mizaldus.

5

He that takes his iourny on the Sea, in the houre of Saturne, he shall haue many waues, and diuers windes, which will cast him to vnknowne places. Haly Abenragel.

6

If you giue one of these Pills following euery night going to bed, to him that hath the palsie, it will help him, for it is proued. Take of hearb Iue, Cowslops, Betony, of the flowers of Sticados Arabici, of each one dram: let them be dried in the shadow, & make them in fine pouder, then take good Turbith, one dram, of the best Agarick two drams, Colloquintida halfe a dram, Ginger, Galgem, of either ten graines, good and chosen Rubarb one dram and a halfe, Spikenard seauen graines, the pouder of Hiera simples Galeni, halfe an ounce, Scamony prepared one dram, let them all be made in fine pouder, and with the iuyce of hearbe

Iuy, make a maſſe of Pils, the weight to be giuen at one time is, one Pill of one ſcruple. And marke if he that hath the Palſie take this ordinary Pill, (not once euery day, but twiſe in the weeke at the leaſt:) you ſhall ſée a ſuddaine helpe in the Palſie. Theſe Pils may worthily be called glorious Pils in the Palſie. Emperica Benedicti victorij fauentini.

7

A certaine man finding or catching a Mouſe, did hit his wife therewith on the left cheeke being with child, who after was deliuered of a wench: which wench had, and yet hath the marke of a Mouſe on her left cheeke. This was told by a credible woman who ſaid moreouer that the name of this wenches Father was Thomas Buckman, dwelling at that time in Norfolk in a certain Towne, called Dylle. This affirmes my other writing heereof.

8

You may turne white wine into red, without any hurt or detriment by and by: if the pouder of Honey, (that is firſt ſod into a ſtony ſubſtance, and then dried, and ſo made in pouder,) be caſt into white wine, and mixing it well in the ſame with rowling it vp and downe together. The roots of any kinde of Docks, either new or dried, put into the wine, will performe the ſame with leſſe buſines.

9

Garlick being ſtampt with Hogges or Barowes greaſe, and made ſomething thick like an ointment: doth mierueilouſly help them that haue the cough, and haue taken cold: if their ſoles of their feete and their backbone before the fire, be anointed therewith.

10

Whoſoeuer hath any fixed Starre, of the firſt honor, or magnitude, in the degree of their Horoſcope, or in the degree of their Culpe of the tenth houſe, or in the degree of the Sunne by day, or in the degree of the Moone by night: he ſhall poſſeſſe greater riches and honors, then his Anteceſſors haue done of the nature of that fixed ſtarre. Indeede this is true, if that fixed Starre be of ſmall Latitude: but if it be of a great Latitude, his ſtrength will ſmally appeare in the Natiuity of the child. Taiſnier.

11

This water following is excellent good to cleare a dim ſight, if two

two or three drops thereof be put into the eyes at a time, vsing it certaine daies together. Take of the water of Verueine, the water of Roses, and the water of Fennell, of each foure ounces, white strong wine three ounces, Tuty preparate, and Sugercandy, of either three drams, Aloes, Hepatick, two drams, let all them be beaten into fine pouder that are to be poudered, and put them into waters and wine, miring all together, and let them remaine and stand a whole day, then straine them easily, & keepe the liquor in a faire glasse, and vse it as is before said. This is a precious thing for the sight and the eyes.

12

A meruailous medicine for wounds & sores. Take a handfull of Arsmart, wet in faire water, then lay it in the wound or sore: after bury the same Arsmart in some moist ground, and the said wound or sore will afterward miraculously heale, as the same herb doth rot and consume. This I had of one that affirmed it to be true. I thinke it is written by Paracelsus.

13

The bodies of drowned or dead men doe fleet on the water with their faces and bellies vpward, but dead women doe fleet on the water groueling, or with their faces downeward, contrary to their procreation, but they doe fleet or swim aboue the waters out of whome the Lungs is taken, &c. Mizaldus.

14

The water of Marigolds doth helpe all diseases of the eyes, and takes away all paines of the head: and the smoke of the flowres thereof taken and receiued by a fundible into the secret parts of a woman, or else otherwise to be doth bring forth easily the after burthen. This secret Mizaldus did get of an old Mid-wife, which had need of his helpe otherwise.

15

The head of a Glead vnfeathered, burned, and so much therof taken with water, and drunke, as you may take vp with three fingers, helps them that haue the Cowt. Galenus.

16

If any come or send to thee in the houre of Iupiter, it is for no harme but rather for good, therefore doubt it not, and though it should seeme to be some harme or losse at the first, yet at length

it

it will turne to good. The oftner one tries it the truer he shall finde it, so that he be not Retrograde or Combust.

17

The herbe (called Polipodium) stampt and plaistred vpon the sole of a woman trauailing of childe, causeth the birth of the childe either aliue or dead. This was told me for a great secret.

18

Take of the greace of a Swine or Hog, and rub therewith the body of any that is sick, against the heart, or the soles of his feet, then giue that greace to a dog, which if he eat, the party will escape, if not, it is a token that he will die thereof.

19

This following, will helpe them that be deafe. Take a peece of greene Elme, or Ashe, and lay it in the fire, and receiue the water that cometh out of the ends thereof, and take also a spoonfull of the greace of an Eele that is red beneth the nauell, boyle all these together a little on the fire, and put it into a glasse, and when he goeth to bed put some thereof into his eare luke-warme, and in two or three daies he will be whole, and heare well. Proued.

20

To draw out a toth without any pain. Take the gum of Iuy, and greene Ivy leaues, of each a like weight, and burne them to ponder in a new earthen pot, and when it is made in fine ponder mire it together with the milke of Spurge, and put some thereof into the toth that you would haue out, if it be hollow, if not, touch the toth therewith, and it will fall out: but beware you touch no other toth therewith.

21

Ælianus doth report that no sick person of the Locranses should vpon paine of death drinke any wine without the consent and knowledge of the Phisition, or any other giue it them without the commandement of the Phisition.

22

If you will proue whether there be any water mired with wine or not, put an egge into the wine, & if the egge sinke into it, there is water mixt with it, if the eg swim, then it is pure wine.

23

If the skull of an aged man be hanged in a Doue-house, Pigi-

Pigions will be encreased there, and will liue quietly. Albertus as Mizaldus writeth.

24

The iuyce of Bay leaues distilled into the eares, doth not permit deafenes, nor other strange sounds to abide in the eares. Pet. Hisp.

25

A question was asked of the state of a certaine person being sicke, and of what condition the disease was, and whether he should recouer thereof or not. &c. It seemed at the first sight that the party was whole for whome the question was made, because the Sunne was in the tenth house, and the part fortunate in the Ascendent, but many other testimonies shewed the contrary: And also Mars did corrupt Venus, Lady or Alumten of the Ascendent, and Venus also was vnder the beames of the Sunne, and began to be combust, distant from the Sunne ten degrées: For Venus was in the xviii. degrée of Sagitary, and the Sunne in the viii. degrée of Capricorne: Which two degrées in Sagitary did signifie two monthes, being a common signe, and the viii. degrées in Capricorne being a moueable signe did signifie 8. daies, therefore it was to be doubted of the death of the sicke person, about two monthes, and eyght daies after the question was made, as God would ordaine, and so it happened right by the appointment of God. to whome it belongs to cure infirmities and griefes, to raise vp the dead, and to moderate the earthly bodies by the heauenly bodies, and to dispose inferior things by meanes, to whom be glory. Amen. Gulielmus Anglicus in suo tractatu de vrina non visa.

26

An excellent medicine for the ache in the bones or armes, or any other place of the bodie. Anoynt the place where the paine or ache is, with good and pure Aqua composita by the fire, and let it drinke in, doe thus three or foure times together, then at the last time while it is wet cast vpon the wet place where the ache is, the pouder Olibanum, which is the fairest and the whitest of the Frankensence, and so lay a linnen cloath vpon the pouder and sewe it fast, and so let it lie three or foure daies, vntill it be well and whole, which will be by that time God willing.

27

Eunuchus, that is, they that be gelded be neuer bald, nor goutie. Hippoc.

28

It is a thing worthy of memory, that Lampridius writes of Heliogabalus the Romaine Emperour, who saith he had foure Harts in his Charret that carried him, and so many dogges, calling himselfe Diana; and foure Tygers; calling himselfe Bacchus; and foure Lyons, calling himselfe Cibel: and he ioyned fours women to his Chariot, as Sesostris King of Egypt did with foure Kings. O proud presumptuous Prince, he might ride a good while in that Chariot ere it would bring him to Heauen.

29

It is not good to bury any too hastily, especially, such as haue had the Apoplerie, the Falling sickness, & that are suffocate with the strangulation of the wombe, called the Mother. For such may seeme to be dead, and yet reuiue againe within three daies: for it was the fourth day after Lazarus died ere Christ did raise him from death to life, least any should falsely report that Lazarus had had the Apoplery, or the Falling sickness, or such like, and therefore but in a traunce, or not perfectly dead, whereby the iust merit of Christs meruailous miracle thereof might be darkned. This is the meaning of Lemnius in his second booke of the secret miracles of Nature. Therefore it is very meet to know whether any such be perfectly dead or not, which you may doe by holding a little burning candle at the parties nose, whose mouth is open, or else by setting some little Cup or Glasse full of water to the brim, vpon the said parties belly or nauell, for by the moouing of the flame of the candle, or of the vessell with water, you shall perceiue his secret breathing, and whether there be any life in him or not. Camillus.

30

An approued medicine doth follow for shortnes of the breath, and doth meruailously help the same: for if halfe an ounce thereof be giuen to the patient thrice in a naturall day, that is three houres before dinner, two houres before supper, and about midnight, continuing the same three or foure daies & no moe, you shall see the diseased healed. Take of Manna elect or chosen, called Manna Granata, two ounces, the iuice of Cassio newly drawne, halfe an ounce, Penyedes three ounces, oyle of swete Almonds being new one ounce, the Lights or Lungs of a Fore

finely

finely beaten and poudred, two ounces, (make the reſt in pouder that are to be poudred,) then mixe all together, and make thereof a Lectuary with the ſirrop of Hiſop. Emperica benedicti victoij ſauent. You may haue it well made at the Apothecaries, I haue tried it to be an excellent thing in this caſe.

31

If you will breake the great heate of wine in the veſſell, caſt into the ſame a little pece of chéeſe: and then you ſhall ſée a meruailous thing. And why that is, Georgius valla placentinus doth teach.

32

If you anoint your hands or other parts of your body with a liniement made of nettles, oyle, and a little ſalt: it will defend the party therewith anointed from the bitterest cold that is. Mizal.

33

There be braunches of a Bay trée, wrapt vp or laide among clothes and booke: will kéepe the ſame ſafe from Moths, wormes, and other corruption. Dioſcorides.

34

If you ſtamp Ants egs, and ſtraine them through a cloth, and put thereto the iuyce of Swines graſſe, or Knotgraſſe, and diſtill it into the eares, it helps a long continued deafnes.

35

A pouder to conſerue the ſight. Take Betony, Reiue, Celondine, Saxifrage, Louach, Annis ſéeds, Cinamon, Eyebright, of each one handfull, Cardamomum, Ginger, Fennell, Petroſelline, Hiſop, Organy, Syler mountaine, of each one dram, Galinga an ounce, Sugar one ounce: let a pouder be made of theſe, and let it be taken continually with meat, and the ſight will be reſtored and kept. This powder was ordained by maiſter Geralde: whoſe tryall an old man did proue, which vſed ſpectacles twelue yéeres, ſo that without them he could not ſée great letters: but after he had vſed this pouder onely one forty dayes he was free, inſo much that all the time of his life, he did ſée, and reade the leaſt letter that was. This Trotula hath written in the latter end of his Booke. De paſſionibus mulierum.

36

An excellent way to get out the water out of ſwolne legges, whereby to make them as ſlender as they were before. Take the

Otes in water vntill they be tender: then let the party diseased hold his leg that is swolne ouer the vessell, that it may receaue the fume or smoake of the sodde Otes, and couer the partie with some thing that it may goe downe round about the vessell, and then blisters will come vpon the legge or swolne place, out of which will runne much water and corruption, then after annoint the place with Butter. Doe thus foure or fiue seuerall times if neede be. This is well proued.

37

Two or three drops of pure Aqua composita, put into the eyes morning and euening, euery other day, for the space of foure or fiue dayes, will cleere the sight, and help the eyes, of a cold cause mernailously. An old Gentle woman that tried it on her selfe, did reueale it to me.

38

The hearbe Dandelyon well sod in water, is counted to bee a cheefe help for the ioyning or knitting of wounds. It is good against ruptures, or for them that be broken or brusten. &c. Mizaldus.

39

A marnailous Water that soone and easily may be prepared, more precious then gold, it is made as followeth. Put faire and cleere water into a vessell wherin there was neuer before any liquor, or before neuer occupied: and when the water is very hot, poure it to quick Lime, being before in another new and cleane vessell: and let it remaine and rest so long, vntill you haue taken all the foule spume that riseth aboue from the same, and that all the Lime be setled to the bottome, and the water very cleere, then poure out the water very softly, without moning the Lime in the bottome, and keepe the same water in a faire cleene glasse, or some other cleane vessell well couered or stopt, vntill you vse the same. It will scantly be beleeued, what a miraculous vertue and power it hath in all kinde of Vlcers, and cheefely, such as springs of the French Pockes. For the same being bathed or moistned with a linnen cloth dipt or wet in the said water some thing warme a pretty whyle, and then a linnen cloth well wet in the same, and so laid vpon the vlcer or sore in maner of a plaister, and after renewed againe: it wipes cleane away all the filth or corruption, it easeth the paines, it fills the Vlcer with flesh, and it quite quencheth the heate or inflamations in a small

ſmall time. Not without a great miracle, for otherwiſe quicke Lime doth burne with vehemencie of his heate. Let them inioy this moſt excellent Secrete, which for great prayer and prize to many, I haue refuſed to vtter. Thus much Mizaldus.

40

Mirre giuen to drinke in warme Wine, the quantitie of a bigge Nut: cauſeth the deliuerance of the childe, either quick or dead. Petrus Hiſpa.

41

Heere followeth a bleſſed water for the Sowte. Take of Romaine Vitriall two pounds, of diſtilled Honny foure pints, diſtill theſe together, (making the Vitriall firſt in powder,) and when it is diſtilled, adde to the ſame the third part thereof, of Aqua vitæ rectified: which diligently mired, keepe to your vſe, and annoynt the ſore or greeued place therewith: doe this morning & euening, vntill you feele your ſelfe wel, which will be God willing, within ſeauen or eight dayes at the furtheſt. I wrote this out of an old Booke. I thinke it be all in the newe Jewell of Health, which is a worthy booke, and full of many ſtrange and excellent things.

42

The ſmoake of Jury burned, doth driue away Batts or Rere-mice from that place, where the ſame ſmoke is. Anatolius.

43

If any doth aſke thee, (hauing knowledge in Aſtrologie) for any thing wherein he hath a hope to haue: marke if the Lord of the eleuenth houſe, apply to the Lord of the Aſcendent, or the Lord of the firſt houſe, to the Lord of the eleuenth houſe: iudge that he ſhall haue the thing, which he hopes to get or haue, and hee ſhall come to it. And if the Aſpect be of a trine or ſextile he ſhall quickly and eaſily & by a good meane obtaine it: but if it be by a quartile or oppoſite Aſpect, hee ſhall get it with his tradiouſneſſe and labour. Furthermore, if thou dooſt finde the Lord of the eleuenth houſe in an Angle and receiued: then iudge that hee ſhall haue the thing that he hopes to haue, euen as hee deſires. Haly Aben.

44

A peece of the roote of Crow-foote, either put into the hollow tooth, (if there bee any) or applied to the tooth that aketh: will helpe the ſame preſently. A ſure proued and often tried medicine.

45

Whosoeuer hath a soreenes in the throat, or else any hard swelling there, called the Squinancy, or Angina, and perhaps therby doth hardly draw his breath: let them apply this following often times in a day, and it will soften it and resolue it, for it is proued. Take of the roots of Holliock cut in small peeces, and made cleane, Camomell, the flowers of Violets, the flowers of Mallowes, with the roots, of each one handfull, let them boile all in a sufficient quantity of water, vntill the water be consumed: then put to the same, the flower of Barly, Linseede, and Fenecreeke, well stampt & beaten, of each one handfull, the grease of a Hen, one ounce, oyle of Camomell, and oyle of sweet Almonds, of eyther a like much, which will be enough to make the plaister fat. This I know to be an excellent remedy in this case: which I learned of Benedictus victorius fauentinus, in his Booke called Emperica benedicti.

46

This medicine following, will help any paines or weakenes of the back. Take a quart of Malmsey, of Balm, Pep, & Paidweede, (which Paid weede is a stinking hearb, hauing a flower like a Daisie,) of each one handfull: stamp the hearbs well, and straine them well into the Malmsey, or put some of the Malmsey in the stamping, to them, and straine it into the rest of the Malmsey, and drinke a good draught thereof euery morning fasting, & at night when you goe to bed: and within three or foure dayes it will help you perfectly, God willing. A notable and often proued medicine.

47

Drinke the iuyce of Centory once euery morning, foure dayes together, and it will make thee to sing cleare, and speake with a good voice. It cleanseth the breast meruailously. Often proued.

48

Mints doth abhorre yron, as Rew doth Basill: for if Mints be giuen to one that is wounded, he will not easily ware whole: if Mints be mixt with Milke: and after taken from the same, and the Rennet or Cheslip put to the same milke, the same milke will neuer gather together, or come to crud. Floren. in suo Georgico.

Whoso-

49

Whosoeuer falls sick in the houre of Saturne, his infirmity or disease will be prolonged, (or he will be long sicke,) and after will die of the same sickness. Haly Abenragel.

50

Fill a hollow toth with Crowes dung and it will breake the toth, and take away the paine. Petrus Hispa.

51

Guido Bonatus writes a strange thing, which he found out by the Science of Astrologie, in the Reuolution of Henry the Emperour, who had of the said Emperour a yearely stipend for that he was a man of famous knowledge: Which Emperour had many Astrologians, as well Philitions as other, in his owne house. Who for a certaine yeare did trauaile for the Calculation of the Reuolution of the said Natiuity of the said Emperour: And euery one of them did draw out a figure thereof alike, and they found Mars in the same figure of the Reuolution in the Angle of the earth, which is the fourth house vnder the earth, and they iudged Mars then to be of an euill influence, and thereby they iudged that the Emperour that yeare should haue hot Feuers of the nature of Mars: And they agréd all in that opinion to the Emperour. Guido Bonatus being there, had drawne the Emperours Reuolution likewise, and he found Mars going towards the fourth house, being then of an euill influence, iudged thereby that poyson should be ministred to the Emperour to kill him. Therefore he counsailed the Emperour that if any did whisper, or had any priuy talke together, or were found méeting, or hauing conference together in his Court, they should be apprehended: Or if any should come to the Kitchin not wont nor appointed, that some faithfull man of his Court should watch the same: Which charge was committed to the Maister of the Emperors houshold, which being very diligent therein, espied and found two Knights of the Emperours Court, that were very busie in talke together, and had not onely mutuall conference together more then they were wont: but also oftentimes required to come into the Kitchin. Whereupon the Maister of the houshould committed them to prison, & then one of them called Iohannes Franciscus was sore tormented, but yet he would confes nothing.

So

So that they deuised a letter in the name of the said Iohannes Franciscus, confessing therein the matter, & shewed it to his fellow, which when he saw, straight way he said that the said Iohannes Franciscus was the chiefe procurer thereof, and entised him to it. Which vttered, they had their desert, wherefore they were secretly executed. Iohan, Geniuetus likewise describes it.

52

A certaine woman that vsed Mizaldus for her Phisition, had a belly did so swell, that it seemed she was not able to carry her burthen: from whome (about the end of nine monethes) there came an euill shapen masse or peece, whereunto were two eares like the handles of a cup, fastned like armes, with seeling: After that there did fall from her wombe a monster, with a crooked bill or beake, with a long round neck, with brandishing eyes, a sharpe taile, meruailous quick of foot, and so soone as it saw any light it filled the Parlour or place full of noyse, and so did runne from place to place, but at the last the women following it did smolder or choake it to death with pillowes. After the Woman almost wearied, (not without great danger of her life) did bring forth a boy, which was so tormented with the Monster, that they had much to doe to Christen it with life. Leunius Lemnius is the Author.

53

If Saturne bee in the tenth house, in a watry signe, and hath any dignity in the Ascendent: the childe then borne will be a Shipman or a Sayler, or else he will abide gladly on the water, and will delight in fishing. Taisnier.

54

Culuer dung sodden in wine till the wine be consumed, and then emplaistred hot to the Gowt, healeth the same perfectly. Vse it morning and euening foure or fiue daies together. Petru. Hispan.

55

To restore the deafe to hearing. Take the root of Houndstung out of the earth, and make a hole in the root, as long, and deepe as you can, and fill the same hole with Salt, and couer it well that nothing can come within it, then set it in the earth againe as it was, and couer it with earth, & let it be there so three daies, at the three daies end take it vp, and that which you finde therein keepe it in some cleane glasse, and put some thereof into

to the deafe eare, Let him vſe it euery euening at his going to bed vntill he heare clérely, which will be within a fortnight at the farthéſt, (God willing,) and when you doe it into his eare let him lie in his bed that the liquor may enter. This I had out of an old written booke. Praiſe it as it proues.

56

Take two little péces of good Liquorice, the barke ſcraped away of the length of a pin, & of the bignes of two barly ſtrawes, and put either of them into your mouth betwéene your gums, and your chéekes, that is on either ſide one, and ſo let them lie all the whole night. Vſe this euery night for a fortnight at the leaſt, and without doubt it will ſtop and ſtay the Rhume. For it congeales the thin Rhume into thick flegme, ſo that you may ſpit it out. This helpt one that was without all hope to be helpt.

57

To helpe the Pore in the eyes. Take Saffron and lay it in a ſawcer with faire water, & let it ſtand whiles it be yellow, and then drop ſome of it into the eye with a feather, and it will deſtroy the pocks, and ſaue the ſight. This I had out of an old booke.

58

When thou doeſt find the ſeauenth houſe, and the Lord of the ſame to be afflicted or impedite, in the time of the queſtion for the ſicke: change the Phiſition, for he ſhall not profit the ſicke party, either through his owne error, or through the negligence of the ſick perſon, or through them that be about the body. The houſe is afflicted, if Saturne or Mars be therein, or béeing beholden of their quartile or oppoſite aſpect, : and contrary, if the ſeauenth houſe be well affected, as if Iupiter or Venus is there, take the Phiſition to whom you make the queſtion, or whom you are determined to take: for he ſhall profit the ſicke much, and he will quickly cure the ſicke to his great praiſe. Therefore marke the firſt, or ſuddaine calling or ſending for the Phiſition: For if at that time the ſeauenth houſe, and the Lord thereof be euill affected, the Phiſition then called, or ſent for, will not profit the ſick: But it followes not therefore that the ſicke ſhall die. But the Phiſition if he take him in hand, ſhall goe away without honour. Therfore as ſoone as thou art called to goe to the ſick, take counſaile of thy Ephemerides, and the celeſtiall figure being erected,

marke where the seauenth house be well or euill affected, and so thou maist either refuse, or take the sick in hand. Iacro. G.Riff.

59

Put the pouder of red Corrall in the hole of the toth, and it will fall out by the rot. Petrus, Hisp.

60

An excellent medicine, and a noble restoratiue for man or woman that is brought very low with sickness. Take two pound of Dates, and wash them cleane in faire Ale, then cut them and take out the stones and white skinnes, then cut them small, and beat them in a Morter till they begin to worke like ware, then take a quart of clarified Honey or Suger, and halfe an ounce of the pouder of long Pepper, as much of Mace, of Cloues, Nutmegs, and Sinamon, of each one dram, as much of the pouder of Lignum Aloes, beat all these spices together, and seth the Dates with the Suger or Honey, with an easie fire, and let it seth, and as it sethes cast in thereto a little of the pouder, by little and little, stirre it with a slatter of wood, and so doe vntill it come to an Electuary, and then eat euery morning and euening thereof one ounce at one time, and it will renue and restore againe his complexion be he neuer so low brought. This hath beene proued, and it hath done good to many a man and woman.

61

A noble receipt for the black Iaundies. Take a gallon of Ale, a pint of Honey, and two handfull of red Nettles, & take a penyworth or two of Saffron, and boyle it in the Ale, the Ale being first skimmed, and then boyle the Honey and the Nettles therein all together, and straine it well, and drinke euery morning a good draught thereof, for the space of a fortnight: For in that space God willing it will cleane and perfectly cure the black Iaundies.

62

Whosoeuer in the first nine dayes in May drinkes euery morning fasting a little dish full of the iuyce of Betony, it will doe him meruailous much good for the Gowt, which he shall perceiue the next yeare following, (if he liue so long.)

63

If any that hath the Pluriſie, or is stuffed in the stomack with tough or hard flegme, let him take a scruple, that is the weight

of

of xviiii. barly cornes, of the pouder of the ſeeds of Nettles, with the ſirrop of Violets, and ſwallow the ſame, as by licking it by little and little, and he ſhall ſpet out the Viſcus and tough humor eaſily. A ſecret of a Pariſian Phiſition.

64

Goats will giue much milk, if you tie Dittany about their bellies. Affricanus.

65

If Saturne be in the tenth houſe, in an earthly ſigne, and hath power or dignitie in the Aſcendent, and is Orientall of the Sun: he that is then borne, will be a Maiſter Carpenter, or elſe he will delight in Carpenter-ſhip: but if he be Occidentall, he will be a cleanſer of Wells or pits, or elſe a digger. Taiſnier.

66

If the griefe of the Gowt or ach be too outragious: Take of Opium one dram, of Saffron two drammes, mingle them with foure or fiue yolks of egs, & plaiſter the ſame vpon the griefe: for it mightily aſſwageth the paines, and reſtraineth the corruption.

67

A moſt approued medicine for the Emrods or Piles: take two or three Bricks, and burne them red hotte, and put them in ſome pan vnder a cloſe ſtoole, and ſprinkle them with vineger, and let the party grœued ſit vpon the ſaide ſtoole, that the fume thereof may aſcend vpward to his Fundament. Doe thus three or foure times if neede be, and certainly it will helpe it.

68

If you will make Birds drunke that you may catch them with your hands: take ſuch meat as they loue, as wheat or beanes, or ſuch like: and lay the ſame to ſteepe in Lees of wine, or in the iuyce of Hemlocks, and ſprinkle the ſame in the place where the Birds vſe to haunt: and if they doe eate thereof ſtraight waies they will be ſo giddy, that you may take them with your hands. I wrote this out of an old written booke, wherein I know many true things was written.

69

A preſent help for a woman that trauaileth of child: take Hiſop, Veruaine, and Dittany, of each one handfull, ſtampe them ſmall, & temper them with old Ale, then ſtraine it, and wring out the iuyce, and giue a good draught thereof to her that trauaileth

of child to drink: and she will be deliuered with spéd, & the childe saued and she both: so that the child be aliue when she drinkes it.

70

A true Medicine for the gowte: take the iuyce of the flowers of Brome, and the iuyce of Scala celi, and Honey, as much of one as of another, and séeth it all together, till it be of the thicknes of Honey, and anoint the gowty place there with. I knewe (saith the writer hereof) a good Priest in London that healed all men and women there with: for the most part that came to him. This for the great good likelihoode of the medicine, and for the faithfull affirming, I thought good to register it among the rest.

71

If of one pound of Ware, two ounces of quick Brimstone, and as much of quick Lime, (putting thereto a little ounce of the oile of Nuts,) a candle be made with a wéek of Bumbast, and so put into the water, as soone as euer the quick Lime begins to burne, it will moue the rest of things, apt for the fier to burne: euen in the midst of the water. Mizaldus.

72

A Ram will not but nor runne at one, if his hornes be bored through, nie vnto his eares. Mizaldus.

73

Whosoeuer fals sick in the houre of Iupiter, he will recouer his health quickly. Haly Abenragel. This haue I proued to be true many times: and in the houre of Iupiter is an excellent houre to doe any thing, or to take any good thing in hand.

74

A little Gunpowder put into a péce of fine linnen cloath, and the same put into this holow toth, or holden betwéen the téth, so that it touch the aking toth, it puts away the tothach presently. This is very true.

75

If you distill hearb Ivy, & giue the water therof to be drunken of them that are grieued or tormented with the gowt, anointing also therewith the gowty or gréeued place: it will heale or helpe them assuredly. Great warrantise was made of this medicine: where I had it.

76

A speciall medicine for all suddaine sickes, and especiall of the stomacke or breast. Take a spoonfull of Aqua vitæ, and put therein

thorein halfe a ſpoonfull of the ponder of Licorice, & let it remaine therein three houres, and drinke it faſting, or at euen when you goe to bed. It is a ſouereigne thing for the ſtomack or breaſt.

77

Lay Saffron on the nauell of them that haue the yellow Jaundies, and it wil help them. This was affirmed vnto me as proued.

78

This following is an excellent medecine to purge the head of naughty humors, and to helpe the headeach, the ſwimming of the head, and the migrim. Waſh the roots of Bectes, and cut away the vppermoſt barke, then ſtamp the ſame, & wring out the iuyce thereof, then ſnuffe ſome of it out of a ſpoone into your noſe, and a meruailous effect will follow, & a ſpeedy remedy therof. A gentleman a friend of mine told me this, as a proued thing in his caſe.

79

Cocks that eates Garlicke, are moſt ſtout to fight: therefore traueilors doe often bite thereof, and alſo ſuch as followes warre: becauſe it increaſeth agillity, ſtrengtheneth them, & makes them bold. It is giuen to Horſes with bread and wine, at the houre of battell or conflict: to make them more fierce, liuely, and to ſuffer more eaſily their labour and trauaile. Mizaldus.

80

There were young Mice found with the Perſians, in the bellies of Mice, that had young Mice in their bellies. Ariſtotle as Mizaldus writes.

81

If the fet of a great liuing Tode be cut off, the Moone void of courſe, that is aſpecting none, and haſtines towards the coniunction of the Sunne, and hanged about the neck of him or her that hath the Kings Euill: it ſo profits, that often times it deliuers the party from the diſeaſe. Hieronimus. Caidan.

82

If Iupiter be in the eleuenth houſe well affected, and not Retrograde nor combuſt, nor in his fall, as in Capricorne, but in Cancer, Sagitary, or Piſces: it ſignifies the child then borne ſhall be fortunate, happy, & haue a common loue in all things, chiefely if he haue any dignity in the Aſcendent, or in the place of the Sun in the Natiuitie of the day, or in the place of the Moone, in the natiuity of the night. Taiſnier.

83

This meruailous water following, will recouer the ſight againe hindered of any cauſe: wherewith Conſtantine the Emperor receaued his ſight. Take three drams of Tuty, made in very ſmall pouder, as much of Aloe Epaticum in pouder, two drams of fine Sugar, fiue ounces of Roſewater, as much of pure white loine, mixe all together, and put it in ſome cleane veſſell of glaſſe, and being well cloſed and ſtopt, ſet it in the Sunne a month together, ſtirring it together once euery day: then take of the ſame water foure or fiue droppes in your eyes morning and euening, and with this continuing a certaine ſpace, it will cauſe the ſight to come againe as faire as euer it was before. This I know is proued for an excellent water for the eyes, for it cleareth them meruailouſly, I knew one that could not thred a needle without ſpectacles, which put not paſt two or three drops of the ſame into their eyes at night, and the next morning the ſame party did ſee well to thred a needle without ſpectacles.

84

To make a light that neuer ſhall faile: take the wormes that ſhines in the night, called Glowormes, ſtamp them, & let them ſtand till the ſhining matter be aboue, then with a feather take of the ſame ſhining matter, and mingle it with Quickſiluer, and ſo put it into a Viall, and hang the ſame in a darke place, and it will giue light. This I had out of an olde booke, which is not much vnlike the deſcription of Mizaldus.

85

If the Liuer of a Mouſe be giuen in a Fig to a Swine: that Swine will follow the giuer thereof, Mizaldus.

86

The ſound of an Eccho is thought to driue away Bees, therefor their Hiues ought to be placed where the eccho or the voice doth not ſound againe. M. Varro.

87

Whoſoeuer takes his iourney in the houre of Iupiter, he ſhall haue good gaine in his ſubſtance, and in his buſines: and he ſhall haue profit and gladnes in things vnlooked for. Haly.

88

If a Spider be put in a linnen cloth a little bruſed, and holden to

to the nose that bleeds, but touch not the nose therewith, but smell to the same, by and by the blood will stay, and the nose will leave bleeding. This is very true, for the venomous Spider is so contrary and such an enemy to mans blood, that the blood drawes back, and shuns the Spider presently. A mervailous thing.

89

Write what you will on faire white paper, with the iuice of a red Onion, well mixed and tempered with the white of an egge, which being drie will appeare as though it were onely plaine paper, without any writing, but if you hold it against the fire, you may then easily read it, or perceiue the Letters.

90

To gild iron or copper: Take the gall of a Bull, & rub the iron or copper therewith, so that the same before be well burnished all about that you would haue gilded, and let it after drie in the Sun, (forseeing that there come no dust thereto,) and when it is drie gild upon it as you would doe upon siluer.

91

Seeth an egge in strong vineger vntill it be very hard, then let the same egge lie three daies in wine, then drie it, and it will be mervailous hard: Or let an egge lie three dayes in vineger, then drie the same at the Sunne three daies, and it will be very hard.

92

Cast Brimstone into a chafin dish with hot burning coales, & hold a red Rose ouer the smoake thereof, and it will be white.

93

To seperate gold from any thing gilded. Seeth pure Sulphureuius, (called quick Brimstone) in water vntill halfe the water be consumed, then wet the part gilded with that water, then drie it at the fire, then strike the same gilded place with a little iron, & the gold will fall from it. This I had out of an old written booke.

94

To proue or finde out the euent of any that is sick. Count the daies from the beginning of his or her sickneſſe, and take the root of an hearbe which hath so many leaues as the number of the same daies be, tie it or hang it vp, and if the disease be curable the party will be much recreated, if not, then the party will be sad. But if you cannot finde an herb that hath so many leaues,

put

put the rots of diuers hearbs together, the leaues whereof together doe perfectly make vp the number of the said daies, from the beginning of the parties sickenes, and vse them as before. This Mizaldus had of an Italian. 95

The blood of a Hare dried doth help and stay the bloody flire, or any other lare: though it be neuer so sore or extreame. So doth the bones of a man or woman made into fine pouder, and taken in red wine. 96

An easie plaister for the Gowt but not a litle effectual, because I (saith Iohn Arderne) haue often times applied it as well to women as to men, and haue taken away their great paines, with once applying it as well in the feete as in the knees, and other ioynts. But take heede it be not perceaued of the patient, nor of any other: but it ought to be kept more secret and deere: and let it be reuealed to none, bue to thy sonne, or to any well beloued friend. I doe think it preuailes against all other medicines for the Gowte, and easeth the paine sooner: and ought to lie fiue or sire daies without any mouing of it: if it can be so spplied, it is made thus. Take of black sope as much as is sufficient, whereunto ad of the yolks of raw egs, halfe as much as the sope, and mix them well together in a dish, vntill the sope hath lost his proper colour, which done, lay thereof vpon fine flare, & spread it like a plaister, and then applye it to the greeued place, then take the whites of egs mixed with wheat flower, and wet a linnen cloth well in the same, and lay the same vpon the said plaister, and tie it well vpon it, that the plaister remoue not away of all the said time, vnlesse there be some great occasion. This is proued.

97

If you seeth Barly, dry Beanes, and Licorice cut in peeces, of each a like much, all together in faire water, and drinke a good draught therof with some Sugar euery morning fasting, and at night when you goe to bed, fiue or sire dayes together, or more: it will destroy an Impostume, and shall thereby auoid or cast out the same. Proued. 98

He will be a good Phisition, in whose nativity Mars and Venus are corporally or by any good Aspect coniunct. Euen so if Venus and Mercury be ioyned, or in coniunction together. Also he will be a perfect Phisition in whose nativity Mars & Venus are coniunct

iunct in the firſt houſe. Iatro. 99

A very little Bird called Ægithus, doth meruailouſly diſagree with the Aſſe, who in thoſe places doth ſcratch or rub his vlcers or ſores: whereby he doth deſtroy or breake the neſts of this Bird: where vpon it comes, that as ſoon as the Bird heares the voice of the Aſſe, ſhe doth not onely caſt the egges out of her neſt: but alſo her young ones (if ſhe haue any,) doe fall from the ſame aſtonied with feare, ſo that the ſaid Bird flies vnto the vlcers or ſores of the Aſſe, and prickes and thruſts at them with her bill: that ſhe may driue him away from thence. Ariſtot. Pho. & Oppianus.

100

If the Lord of the Aſcendent be combuſt in the fourth houſe, or in the eight houſe: it ſignifies, that he that is then borne ſhall die in priſon. And if he be combuſt in the fifth houſe, in a watry ſigne, it ſhewes he will be giuen to be drunk. In the firſt houſe it ſhewes that he will die of a long ſickneſs. Taiſnier.

The end of the eight Booke.

The ninth Booke of Notable things.

1

FIll an egge full of the iuice of Egrimony, and giue it vnto the patient to drinke whome you ſuſpect to haue drunken poyſon, and it will mightily purge vpward all the poyſon, and with a wonderfull facility healeth the biting of Serpents and other venomous Beaſts. Petrus Hiſpanus.

2

This oyle or Balme following is a meruailous vertus againſt trembling and the Palſie, and it helpeth the memory, anoynting the hinder part of the head therewith, which a moſt ſingulare Phiſition kept priuy to himſelfe for a time, as a moſt precious ſecret. which in the end reuealed it to the Author, whereof the making followeth. Take of Galbanum one pound, (in an other place I haue read it halfe a pound) of gum Iuy three ounces: theſe finely beaten apart mixe together, which after put into a glaſſe bottle

with an head, and diſtill it in Balneo Marie. After it is diſtilled, mixe there with one ounce of the oyle of bayes, and one pound of good Turpentine: then let the whole be diſtilled, and ſeperate the water from the oyle, and keepe the oyle as a precious Balme. The vſe of this is, that the patient vexed with the palſey, Cõuulcions, the Cramp, & trembling of members, be laid vpright, and the oyle temperd hote, muſt be poured vpon the belly, into the hollow and bottom of the nauell, and you ſhall ſée after a meruailous working, that may rather be counted diuine, then naturall, and very much helpeth the palſey, and ſtrengthneth the memory vſed as before. A certaine Practicioner applyed one drop of this oyle on the patients forehead that had the Palſey, and another on his nauell, and he incontinent aroſe as amazed: and was after one houre deliuered of the grieuous paine of a wound, in a certaine place of his body, & the ſhrunken ſinewes being annointed with this oyle, the patient was ſodainly healed, &c. This oyle helpeth deafenes and any ſickenes proceeding of cold cauſe, and helpeth beſides the loſſe of ſmelling. Arnoldus de villa noua, I take to be the Author hereof.

3

The howfe of a Beaſt called Alces, which is a wilde beaſt like a fallow Déere, hauing no ioints in his legges, hath a meruailous vertue and ſtrength againſt the Falling euill: for a little péece thereof enclоſed in a Ring, & the ſame Ring put vpon the finger next the little finger: ſo that the ſame péece of the howfe be turned toward the palme of the hand, it doth recreate them meruailous much, that are fallen, and immediatly makes them riſe vp. A litle péece of the ſame bare, and put it in the hand, by & by cloſed into a fiſt, ſuddenly it driues away the diſeaſe, & raiſeth the party that is fallen therwith. Which Lemnius ſaith he proued once or twiſe. And Mizaldus ſaith that he proued it putting in a litle péece of the ſame in the left eare, (mouing it, as ſcratching a little) of one that had the falling ſickenes, and it had very good ſucceſſe, and it was counted for a miracle. Iohannes Agricola doth ſay the like is don, if a little péece of the ſame howfe be hanged vpon one that hath the ſame diſeaſe: ſo that it may touch the skin. I doe heare ſaith Mizaldus, that the ſcrapings or filings thereof, is giuen in Polonia for the ſame diſeaſe. The howfe of his right hinder foote is to be

choſen

choſen. But you muſt take hæd of falſe deceauers, which ſels the hoſes of Oxen or Kine, for the true hoſes of Alces.

4

It is a moſt ſure and proued remedy, as well in curing of ſpetting of blod, as alſo in preſerving from the ſame, euery day in the morning faſting to eate a ſcruple, which is the weight of four & twenty barly cornes, of Rubarb toſted at the fire. Emperica benedicti fauentini.

5

Bay-ſalt well beaten into pouder and ſifted, and incorporated or mired well with the yolke of an egge, and ſo laid vpon any Carbuncle, Plague-ſore, Botch, Bile, or impoſtume: aſſuredly (by the grace of God) it will draw to it ſelfe all the venome of the plague, or the ſore: and breake any Bile, or other thing: ſo that in ſhort time the ſame will be healed. A tried thing.

6

If the forehead of the ſick ware red, & his browes fall downe, and his noſe ware ſharpe & cold, and if his left eie become little, and the corner of his eye run, if he turne to the wall, if his eares be cold, or if he may ſuffer no brightnes, & if his womb fall, if he pull ſtrawes or the clothes of his bed, or if he pick often his noſe-thrils with his fingrs, & if he wake much, being a young man: being an olde man ſléepe much, theſe are moſt certaine tokens of death.

7

Pottage made of the leaues and rots of Strawberies, being eaten faſting certaine dayes, of them that haue the Jaundies doth helpe them perfectly. This was the ſaying of a certaine Monk, wherewith he got mervailous much money.

8

A Serpent doth ſo hate the Aſh trée, that ſhé wil not come nie the ſhadow of them. And therefore ſhe goes far from them, both morning & euening: becauſe then they giue the longeſt ſhadows. And Plinie ſaith that he hath proued it, that if one compaſſe a place about with the branches of an Aſh trée, ſo that there be a fire, and a Serpent enclоſed in the ſame, the Serpent will rather goe into the fire, then he will ſéeke to eſcape ouer, or though the ſaid Aſhen braunches, &c. Mizaldus.

9

If the Lord of the Aſcendent be found in the twelfth houſe:

he that is then borne, shall procure his owne enmity. Taisnier.

10

Juniper berries are medicinable against poysons: for there is none of like operation vnto it. And Dioscorides saith also, that they doe help against poysons, and stingings of Serpents. Pet. Hisp.

11

To try whether precious stones be pure or not. Heat a plate of iron on the fier, then anoint the same with oyle, and cast or strew on the same, the pouder of Glasse, whereupon lay quick burning coales, and then hold the stone that you would try, a good while ouer the same coales: that the stone may be hotte, not touching the fier, and then if the stone lose his colour, he is not good or pure, but if he kepe his colour, he is then perfect and right.

12

As principall a medicine as euer was ordayned for the boneach, either in woman or man, in what place so euer it be. Take a penny worth of Aqua vitæ, and another oyle Debay, and mixe them well together, and annoint the greeued place therewith, not by the fier, and it will doe away the paine for euer, vsing it often. But you must warme the oyntment a little in a Sauser before you lay it on, and chafe it well vntill it be dried in, and cover it warme at all times vntill it be whole. Thus I found it written.

13

Egrimony, Mugwoort, and Vettony, both leaues and rootes stampt with old grease and Vineger, or Verivice, and a plaister thereof applied to the greeued or sore pained backe: will quite put away the paines & greefe thereof. So that you vse it three or foure times. A sure and proued medicine.

14

If you will catch Moules or Wonts, put Garlicke, Leekes, or an Onion in the mouthes of their holes, or in their entrings in to the ground: and you shall see them come, or leape out quickly, as though they were amazed or astonied. Albertus.

15

If the Fistula be outward, put into the iuyce of Culuerfoote: for it healeth it. If it be inward, drinke it: and it healeth also. This is true, for it hath been proued.

For

16

For them that haue surfeited, or eaten too much, let them stamp Bettony, and temper it with hotte water, and a little wine, then straine it well, and drink a good draught thereof morning & euening, first and last three dayes together, and it will throughly helpe him God willing. This was told me for a truth.

17

The two hornes of a Snaile, borne vpon a man, will plucke away carnall or fleshly lust from the bearer thereof. I had this out of an old written booke. But how true it is I know not.

18

For all euils of the stomacke, and for them that cannot eate. Take an hearb called Centory, and seeth it well in stale Ale, and when it is well sodden, then stamp it, after that seeth it againe in the same Ale, let there be two handfull of Centory, to three quarts of Ale, and let them seeth as is before said, to three pints, then put thereto one pint of pure Honey, and boile them together, and keep it in some cleane vessell, and giue to the party grieued, three spoonfull thereof fasting euery day, till he be whole & well: for it driues away all the fleame and corruption from the stomack, and makes him haue a great desire to his meate, within foure or fiue dayes. Often proued.

19

The pouder of Bettony put in Wine, that is a spoonfull of the pouder to a draught of win, a little boiled on the fire being drunk doth presently help such as haue drunk poyson before. And whosoeuer drinks the same in a morning fasting, no poyson taken after the same day can hurt him. This is a proued medicine.

20

The dung of a Cat dried, and so mixed with strong Vineger, that it may be something thick, and therewith any hairy place rubbed oftentimes, or annointed in a day: it will cause that haire to grow no more in that place. Proued of a Country man. Mizal.

21

If the Lapwing doe sing before the Vines doe bud: it is saide that it fore-shewes great plenty of wine. Mizaldus.

22

Whosoeuer deliuers a sum of money in the houre of Iupiter:

he shall receaue it againe well with gaine. Haly Abenra.

23

This potion or drink following is wonderfull, and very often proued of me, saith Petrus Hispanus, for it killeth a Fistula, in what place soeuer it be, and draweth out the corrupt and broken bones. Take the rots and leaues of Planten, Strawbery leaues the leaues or seeds of Hemp, the leaues or sedes of Mustard, the tops of sharpe Dock, red colewort leaues, and Tansey, let them all seeth in a good quantity of white Wine: after straine all the whole, & put into the straining as much hony as shall be thought mete: giue therof vnto the patient early and late, vntill such time as the cleere potion or drink come forth by the mouth of the Fistula: which alwaies must be kept open with a siluer pipe put into it, and kep vpon it alwaies a red Colewort leafe. It is of a wonderfull operation. Pet. Hisp. And I my selfe haue proued it: and healed in such a manner as is before declared, it is a precious thing.

24

Dragons bound to the trauailes of a Woman in labour, causeth her to be deliuered incontinent. But there must be had taken that it be quickly remoued, least it draw out the Matrix withall. Petrus Hispanus.

25

Here followeth an excellent Oile which maketh faire colour in the face. Take of Almonds scraped, ten pounds, of red Saunders in pouder fiue ounces, of Cloues one ounce, of white Wine foure ounces, of Rose water three ounces, these after they be grosly beaten together, let them lie in a Marble morter close couered, for eight or nine dayes, beating the same ouer once a day: then heate it all in an earthen vessell, vntill it begin to fume and be through hot, and after that put it into a new square bagge of linnen cloath, then put the same bagge into a Presse, betweene two smooth plates of yron, something hot: for out will come a red oyle, wherewith women may anoint their faces: for it causeth a comly red fine beautifull skin. A secret, and practised of few. This is in the new Iewell of Health: a book of much value and smal price.

26

The greace of an Eele, and the iuice of Singrene mixd together, of each a like much, boiled a little, and a little thereof put in-

to

to the deafe eare, nine nights together: will bring the hearing a-gaine as well as euer it was.

27

Take ſalt Armoniack, Allom, & ſalt Niter, of each alike quantity, with a little filings of ſiluer, let al be mixed together, then put them vnto the fire, that they may be hot: & when they ſhall ceaſe to ſmoake, then with the ſame pouder alone, or elſe mixt or moiſtned with the ſpettle of your mouth, let copper or braſſe be rubbed therewith: and ſtraight-way it will haue the colour of ſiluer.

28

Serpents being within a circle made of Betony, they cannot goe out of the ſame, but rather will die with beating themſelues. Plinius.

29

If the Lord of the ſecond houſe be in the twelfth houſe, enemities will come many times to him that is then borne for money or through money. Taiſnier.

30

Planten ſtampt, and the iuice wrong out, and put into the hollownes of an vlcer, with a ſpowt, healeth the ſame. So doth Betony ſtampt, and applied to the Fiſtula, healeth it. Petrus Hiſpanus. The iuice of Cinquefole, doth heale the Fiſtula likewiſe: if it be put into the ſame with a ſpowt.

31

To ſeperate gold from any thing that is gilded. Take Borace and temper it in water, then boile it ouer the fire, & with the ſame water anoint the thing that is gilded, and caſt thereon a litle of the pouder of quick Brimſtone: after put it into the fire that it may be made red, then quench it in running water, and you ſhall finde the gold in the bottome of the veſſell.

32

For any paines of the eares, and for them that cannot heare. Take a great Onion, cutte a hole therein, and ſet it in the embers to roſt, then fill it full of Oyle Oliue, and euer as it driech, fill it vp againe till it be roſted well, then take away the vppermoſt ſkinne thereof, then ſtraine the Onion through a cloath, and kepe it in ſome cloſe glaſſe, and when you will occupie thereof, put ſome of it into the whole eare, and let him lie on his ſore eare

when

when he goes to bed: and if he vse this nine nights, at the farthest it will helpe him. Proued.

33

For the fundament that goeth forth. Take the tops of red Nettles, and stamp them in a morter, then put it into an earthen pot, then put thereto a good portion of whit Wine, and set it ouer the fier, and let it seeth till halfe the liquor be consumed, and giue the party diseased a good draught therof something hot to drink morning and euening, first and last: for the space of ten daies, And also apply the hearbs something warme to his fundament: and it will help him perfectly. Proued.

34

For the eyes that be chafed, and the lidds turned vp, bleared eies. Take Arnement, Honey, and the whites of egges, of each a like much, temper them well together: then take flaxe and lay the same thereon, then apply the same vpon the sore eyes, and it will draw the euill blod out of them, and perfectly heale them. This medicine hath bene proued.

35

It is saide that a Hart doth so abhorre a Ram: that he cannot abide the sight of him. Aristo. Plin. and other.

36

When foure or fiue Planets be coniunct or ioyned together in the Ascendent, or first house, of any child that is borne: that child will not liue long. Expositer doth say the King of our Citty did call me, because one of his women had borne a Sonne, and the Ascendent was the eight degree of Libra, the terme of Mercury, and Iupiter was in the same, and also Venus, Mars, and Mercury, and the company of the Astrologians did mete together there: and euery one of them did tell his opinion, and I held my peace: The King said vnto me, say what thou can: why dost thou not speake? To whom I answered, giue me respite for three dayes, for if your Sonne shal passe the third day, you shal see a great miracle of him And after xviiii. houres was ended, the child did rise vp to sit, and hee spake and gaue signes with his hand, whereof the King was greatly afraid: And I said, that hee would speake some prophesie, or some miracle. Then the King went to the childe, and wee with him, to heare what hee would say. And the Infant saide, I

am

am the infortunated borne childe, and I am borne to shew the losse of the Kingdome of Azdexit, and the destruction of the people of Almanaz, and straight way the childe fell downe, and died. Haly Abenra.

37

This following is a secret, & an approued thing for the Palsey, whereof if you giue thrice in the day to him that hath the Palsey, halfe an ounce, that is in the morning three houres before meate, and two houres before supper, and at his going to bed: it will helpe him thereof. Take of the new and fresh braine of an Hare, broiled or fried, one pound, the iuice of Sage, of Hearbe Iuy, and the iuice of the rot of Acorus, of each three drams, of pure Sinamon, Cloues, blacke Pepper, of each halfe a dram, Turpentine washt with the water of hearbe Iuy, three ounces, Sugar dissolued in the water of hearbe Iuy, as much as doth suffice: And thereof make a Lectuary, according to art, & know that it is mervailous. Emperica benedicti victorii fauentini.

38

To helpe swolne legges. Take Wallowes and seeth them in water, then stamp them well, and strain them: then put thereto Barrowes greace and fry them together, until it be something thick, and like an oyntment: lay some thereof vpon a cloath, and make a plaister, and apply it to the sore and swolne legge, and lay a new plaister thereto twice euery day, morning and euening, three or foure daies together: and by that time it will be asswaged, and as small as the other. This was told me by a woman that had tried it many times.

39

One neuer hath the Gowte, vntill he hath knowne a woman carnally. Hippocrates.

40

Alexandrinus, Iouianus Pontanus, doth say: that he saw a man was grieuously stung or striken of a Scorpion, which presently was deliuered & helped thereof, with drinking of Frankensence wherein was sealed the signe of Scorpii, or of a Scorpion: being after made in ponder. But it must be grauen in the stone of a Ring. (Scorpio ascending) the Moon then being there, and plac'd in the Angle, and the Frankensence must be sealed with that seale

when the Mone is in Scorpio, and found in an Angle. And let it be giuen in ponder as is before said, either in water, or in white wine, or in any other meete liquor.

41

Here ensueth the making of a miraculous oyle, called oyle Incombustible. Take of white Sope the best that may be gotten, & after you haue beaten it well & fine, put it into a great Retort, on which poure so much waight of Aqua vitæ seauen times distilled ouer, then set the Retort into ashes, firing a large receiuer to it, & very well luted in the ioints: this done, make vnder it a soft fire in the beginning, and increase the fire by little and little, vntill all be issued forth that will come, which together will be an oyle and water, then draw away the receiuer, and seperate the water from the oyle, which oyle is incombustile and miraculous in sundry matters in the worke of Alkemy: for this greatly auaileth in firing the medicine Volatile, and serueth well to incorporate with al mettals, and sealeth such as be crude, and likewise sweeteth when they be egar. This also dissolueth all paines & swellings causeth of grosse and clammy humours, and healeth in a maner al sorts of wicked vlcers. And in this, (saith the Author) I conceiued a great delight, as to worke such a maistry, to see so many strange fumes and varieties: but a more pleasure I take in the practise, as to see how the same auailed in euery matter whereto it was applied. By which I proue this to be a diuine substance, and an oyle worthy of eternall memory. And this was the greatest secret, with which that singular Matheus the Hungarian, did so many great meruailes in Padua: for he healed with it the Gowt, the quarten Ague, the paine of the Frenzy disease, and the dry scab on the head, with sundry other greefs, for which while he remained in Padua he was highly esteemed and wondred at. And at the last at his departure from Padua, he reuealed it to me, that the onely medicine which he vsed to all the greefes, was this oyle and none other. The making of which, he fully vttered vnto me at his departing: which before he would not teach to any man. And the same I haue many times made, and haue also seene such strange practises of it, that to report them I should scantly be beleeued. Hæc de secretis Falopij.

To

42

To put a Shedule, or little writing in an egge: lay an egge certaine daies in strong vineger, vntil it be soft, and write your name or what you list in a little peece of paper, and rolle the paper as hard together as you can: then with a Rayer cut the said egge in the top finely, and aduisedly: through the which put the little paper into the egge circumspectly, and then put the egge into cold water, and immediately the shell will be hard as it was before. A proper secret.

43

The quieter Beastes haue the lesser galls: the fearfuller, the greater harts: the lighter or more leaping, the more Liuer: the merrier or more pleasant, the greater Splen: & the greater voice, the more light: much like to these verses following.

Cor ardet, Pulmo loquitur, Fil commouet iras.
Splen ridere facit, cogit amare fecur. What is,

The hart doth burne, the lungs doe speake,
the gall to ire doth moue:
The Splen or Milt doth make vs laugh,
the Liuer makes vs loue. Mizaldus.

44

Cauda Draconis in the second house, called the house of Substance: signifies the ills then borne, shall wilfully consume and spend his goods, or signifies the losse therof. And that he shall come to pouerty and open misery. Haly Aben.

45

Agrimony is of wonderful profit in medicine, especially against hollow woands and vlcers. Petrus Hispanus. And Trotula saith, that though the Fistula that penetrates to the eyes, is incurable, yet some do witnes that such a Fistula may be cured, by Agrimonie alone, by often vsing it, either in drink or pouder. Elipendula is good for the same, & the graines or little round things, that are found in the end of the roote. Cordonius alegeth Agrimony to be the best and surest medicine for the curing of a Fistula.

46

For the web or spot in the eye. Take the great bone of a Ewse wing, the elder the better, for though it be a yeare olde it is not the worse, breake it, and take out the marrowe that is within it:

then put some of it vpon the webb, or spot, and it wil breake it, & saue the sight. Proued. 47

The vertues of Tormentile. This hearb comforteth the sight and cleanseth the body of diuers maladies: the powder thereof is good to clarifie the sight of the eyes, though one be blind. And this hearb is dressed on this manner. Take the hearbe with the roote, and seeth it with wine, till the third part be sodden away: and giue him that is blind to drink of this liquor nine daies in the morning cold, and at night blodwarme, and within that time he will recouer his sight (by Gods grace.) But if the sight of the eye be hurt take also the hearb and stampe it, and seeth it in white wine, with a little wafer put into the wine, then lay or spread the hearbs on a linnen cloath, and binde it vpon his eye or eyes, and it brings a wonderfull helpe. If thou stamp this hearb with the roote, a good quantity, and put it into a little vessell full of wine, and let it remaine therein three moneths. Whosoeuer drinkes often of this wine, though he hath bene blind nine yeares, he will recouer his sight againe. This I had out of an old written booke, which doth much agree with Petrus Hispanus in this case: whose mind thereof I haue mentioned in an other place of this booke.

48

If the part of Fortune be cadent from the Ascendent, and doth not behold there the light or Luminary of the time, and his Lord be weak, and infortunate, and remoued from an angle, not beholding the part of Fortune, & the Lord of the house of substance, be euill affected of euil Planets, or if the beames of the sunne, which destroyes and scatters, it signifies that he or she that is then born shall be poore, a wretch, & that he will not be able to get his owne liuing, and that he is like to liue of almes. Haly Abenragel.

49

This following is a secret and approued medicine for them that are short breathed: very good for the poore because it is not costly. Take of the rots of Hollyocke dried in the shadowe, one pound: made in fine powder, clarified honey foure pound: seethe them ouer a fier, and stir them together vntill it be in the forme of a Lectuary, whereof let the patient take often; and he will be whole. Emperica benedicti victorii fauent.

50

A perfect and moſt ſure & proued remedy, and a rare ſecret for the helping of womens ſore breaſts that be ſwolne, & ful of paine which was reuealed vnto me by an olde woman: who ſaid that the Lady Owen Doctor Owens wife, vſed it to women in this caſe very much, who kept it as a good ſecret. The medicine followeth. Stamp or bruſe nine little wormes, of ſome called Swine-lice, (which commonly wil be found betweene the bark & wood of old or dry trées, which haue many fét, and being touched, they become round as a button,) in eight or nine ſpoonfuls of drinke, let them remaine therein all night, and the eight morning ſtraine the ſame drinke, and let the diſeaſed woman drinke the ſame a little warmed, at one draught, and then let her lay to her breaſt, a two or three fold linnen cloath warmed: the next morning let her take eight of the ſame little wormes in drinke, in ſuch order as before, and the third morning ſeauen, and the fourth morning ſixe, and ſo euery morning following one leſſe: decreaſing one euery morning, vntill nine mornings be ended, on which ninth morning ſhe muſt take but one of them, as it will fall out by the decreaſing one euery day, & if ſhée be not then throughly whole of her breaſt: let her encreaſe euery morning one immediatly following, vntill ſhe hath receaued nine at one time, according to the order before appointed. A rare and notable thing, if it be true: for I neuer proued it.

51

For the ſwelling of armes, legges, or féete. Take Linſéede, Wheat bran, Brockleme, Chickenwéed, Groundſell, of each one handfull, and one pottell of white wine: ſeeth them all together, till it be thick, & lay a plaiſter thereof to the place that is ſwolne, as hotte as the party can ſuffer the ſame: and it will take it away and help him within three or foure plaiſters. Proued.

52

To help a ſtinking breath that comes from the ſtomack. Take two handfull of Commin ſéed, and beat it to ponder, then ſeeth it in a pottle of white wine, vntill a quart thereof be waſted away: then giue the party a good draught thereof, firſt and laſt, as hotte as hée may ſuffer it, and it will make him haue a ſweete breath within fifteene daies. This is proued.

53

Marke what Planet is ruler of the twelth house, & the day that beares the name of that Planet, will be vnlucky to the child borne at that time. And many times will haue mishappes of that day. Which by long experience is found true.

54

Put the fat of Hens in hot embers, till the scales or skin therof be seperated and shrunk from the legges: and with the same skin warme, rub Warts three or foure times or more, and it will drive them away. Petrus Hispanus.

55

If you will doe away or consume a Wen, do as followeth: bind fast the Wen, then take Vrdigrese, Brimston, Sope, oile of egs, Allom and Honey, of each alike much, and temper them together and lay it thereto, and it will doe away the Wen, and heale it.

56

A singular Oyle and very rare, which causeth a comly face, and maketh the person merry which vseth it: yea, strong and hardy to fight: the making whereof doth follow. Take one pound or two of Hempseed, which after the finely beating thereof, sprinkle and wet it with a little wine, then put all the same into a new earthen pan glased, and set it ouer the fier heat it so long, vntill you cannot suffer your hand in it, after put the same substance hot into square bagges, which wring hard out in a Presse, and an Oyle will come forth very profitable: whereof if any drinketh to the quantity of an ounce at a time, it maketh him pleasant and merry: and if a Souldier drinke it, it will make him both fierce and hardy to fight without any fears or doubt of his enemy. And also it is profitable to women, in that it maketh them merry, and comly to see to, and in this manner you may draw out an oyle out of allseeds. This is in the new Jewell of Health.

57.

A tryable and often proued medicine for a Sciatica, ache, gowt or other paine or greefe. Take a pinte of pure Aqua composita, one Beastes gall, and one ounce of Pepper beaten into powder, boile them all together vntill halfe the Aqua vitæ be consumed: then lay some thereof in a cloth like a plaister, and apply it something hot to the greeued place, and let it lie twelue houres vnremoued,

moued and doe thus foure or fiue times if nede be: for it is sure helpe.

58

A precious water for eyes that be faire and clere, and yet are blind. Take Smallege, red Fennel, Rew, Verueine, Vettony, Egremony, fiue leaued grasse, Pimpernel, Eybright, Sage, Celendine, of each one quarter of a pound, wash them cleane and stampe them in a faire brasen Morter, or in a pan, then take the ponder of fiftene Pepper cornes finely searced, and a pint of good whits wine, and doe them to the hearbs, and also take three spoonfull of life Honey, and fiftene spoonful of the vrine of a Boy that is an Innocent, and mixe them all together, and boile them ouer the fire a litle while, & straine all through a cloth, and kepe it in a glasse wel stop, vntill you occupy it: and with a feather doe it into the sore eyes, & if it dry away, temper it with white wine againe. This is a medicine for all manner of euils of sore eyes, to make a man see, if euer he shall see, within fiftene daies on warrantesse by the grace of God. This I tow out of an ancient written boke.

59

Euery one that is borne, whose degree of the seauenth house is the terme of an euill Planet, he shall die a foule death. And if it be the terme of a good Planet, he shall die a faire and good death. Haly Abenragel.

60

If you rub Warts with Egrimony, stampt and mixt with vineger, and also plaistred vpon them: it taketh them away cleane. And also if Pacilaine be rubbed vpon them: it pulleth them vp by the rootes. Petrus Hispanus.

61

For the Cods that be swolne, take ponder of Commin seede, Barly meale, and Honey, of each a like much, fry them together with a litle Sheepe suet, and binde the same as a plaister all about the Cods, and it will helpe. Proued.

62

This following will breake a Vyle, Botch, or a Fellon. Lay first thereto some Posset crud, and let it not be remoued of twelue houres, and that will gather the matter together, and make it tender. But if once applying of the Posset Crud doe it not, then apply thereof to it twice or thrice: then take vnquencht

Lime,

Lime, and call vpon it some faire spring water, & mixe the same with blacke Sope, and lay to the sore a peece thereof, according to the greatnes that you would haue the hole of the sore, and when it is broke, then wash it in white wine a little heated: and so heale it with butter and pouder of Sugar mixed together. This a sure and approued thing.

63

A notable secret for all incurable aches & paines in the ioynts where euer they be. Take all the whole horne that a Buck casts off, the later the better, cast away the scawpe, take nothing but the horne, cut the same in shiuers or peces, then seeth the same in a gallon of faire water, vntill all be come to a pint, or something more: then cast away the peces of the horne, and then let that in the vessell stand vntill it be cold, which then will be like a Jelly, and when you will occupy thereof, warme some of it in sawcer, or some other conuenient thing, and then annoint the greeued place therewith by the fire,, morning and euening, and let it drinke in by the heat of the fire: and it will helpe and heale throughly for euer, (God willing) within nine or ten dayes. This is very true, and well proued: which a friend of mine told me, that helped himselfe of such an ache therewith, that neither counsaile of Phisition, practise of Surgeons, nor yet the long dwng of the Bathes could ease: wherby he spent much money in vaine, vntill a wench by chance told him this excellent remedy. Which as she said a noble man of this Realme did learne beyond the Seas: who hath reuealed it since to the great commodity and helps of many.

64

For swolne and sore throates, a rare & sure remedy. Rub your hand on the bare earth or ground and then therewith rub the sore or swolne throate, if presently you do thus three seueral times, the swelling and paine will meruailously go away. This was taught me by a friend of mine, that did know it to be true by proofe.

65

An excellent remedy for a great heat and pricking in the eyes. Fill an egshell newly emptied with the iuyce of Singréne, and set in hot embers, and scum off the gréene baggage from it, and then it will be a water, then straine it, and kéepe it in a glasse, &

put

put some of it into the hot eyes, foure or five nights together, and it will cease the burning and pricking thereof quickely.

66

He will scantly or never die an euill death: that hath a good Planet in his eight house. Haly Abenra.

67

A wonderfull drinke against bruisings, and it helpeth such meruailously that are bruised through falling. Take Egrimony, Wet tony, Sage, Planten, Ivy leaues, Rosespacely, stamp them together, and mixe wine thereto: giue the patient it often to drinke, til he be whole. A true & tried medicine. I think that Pet. Hispanus hath the same. 68

If you burne foure ounces of Turpentine, vpon a hot or burning plate of Iron, vntil it be made in pouder, and then mixe two drams thereof with foure ounces of the water of Saxifrage, and giue it twise in a weeke early in a morning to them that haue the stone in their Blather, and so continue it two months: he shall not onely be preserued from breeding of the stone in the Blather: but also it will burst and driue forth the stone bred there already. This is proued, and secret, and is to be kept well in minde. Emperica benedicti victorij fauentini.

69

If Lauender be well in water, and then strained, and halfe a pint thereof drunk daily first and last, for the space of a fortnight, it will heale them that haue the Palsey. This was found in an old written booke. 70

An excellent and spedy remedy for many diseases, and chiefly for the stomack. Mixe two spoonfull of sallet oyle with two spoonfull of pure Aqua vitæ, and drinke all the same in the morning at one time: doe so five or seauen mornings together. It a notable and often proued remedy.

71

For the Strangury, a strange medicine. Take a pint of good Aqua Composita, and put a good handfull of Ivy leaues therein, and keepe the vessell well stopt, and the Ivy leaues will consume therein, vse to drinke of the same three or foure spoonefull at one time, morning and euening, first and last, five or six daies together, and you shall see a meruailous helpe therof.

72

This following is a proued medicine for the ache in the huckle bone, called the Sciatica. Take a pound of good blake Sope, one pint of good Aqua vitæ, halfe a pint of Sallet oyle, and a quarter of a pint of the iuice of Rewe, seeth them and stir them al together ouer an easie fire, vntill it be something thicke, and that it may be made in a plaister: then spread some thereof vpon a peece of Leather, and apply it to the ache or pained place, and let it lye thereon vnremoued three daies and three nights, and if the paine be not then gone, then apply such another plaister thereto, and remoue it not of so long, and it will helpe it certainely. This was told me by one that knew it often proued.

73

The pouder of white hard Sugar, put into a blodshotten eye, or that is something dim of sight, it helpes the same, and mends the sight very well. Especially if you put afterward a litle rose water into the eye. This I haue proued oftentimes to be true. Yea, and I thinke if it were vsed it would consume the web of the eye, at length.

74

Haly, saith, that he that begins to set forward his iourney in sailing or enters to goe to the Sea in the houre of Saturne, he wil be drowned: or else he will be lost by the invasion of Pirats or other: or else the fiercenes or great raging of the sea will throw him to the land where he shall suffer shipwrack. Or else into farre Ilands he shall be carried, (perhaps vnknowne to him.) Which of truth hath alwaies hapned to that ship that then sets forward as the book of Natures did contains: which as he hath diligently proued, and reade, which chefely entreates of the iudgements of houres. And the said Haly saith further, as followeth: when a certaine ship did set forth or forward in the houre of Saturne, I said to one of my fellowes, which vnderstood something in this Science: all these men are giuen to be lost, & within a while after they all perished. Thus much saith Haly. And in the beginning of long iourneyes as well by Land as by Sea, in this houre I haue knowne much harme and mischefe to followe: which although many doe not nor will beleeue to be true, because they know neither this excelent Science, neither the proofe of these things: yet many that be wise and lerned, and that haue payed full dearely for the proouing

uing thereof: doth think this no lie. But if some of them did know the same houre, and should practise some such like thing therein: the euent thereof would teach them I think, not to be so incredulous. I know (I thank God therefore) that no harme shal happen to the children of God: for he will so guide them, that neither man nor deuill, nor any other thing can destroy them, though in this world they may seem to hurt them. And as he doth preserue them from harme, euen so he appoints them their times to walk in, and the very beginning of their iournies: I am assured and fully satisfied, that hee by his diuine prouidence, makes them auoide that houre, and other euill times: and the wicked and vngodly haue hapned of that time, to their destruction. Therefore for my part, I attribute nothing to the time, but al honour to God, that made the time, whose glory and power is to be extold, that foreshewes such things to man, by such houres or time.

75

Blacke Sheepes wooll, mixt and chafed by the fier, with fresh butter, and the deafe eare stopt therewith at night, & thus vsed nine or ten nights together, it helpeth deafenes perfectly, and speedily. A proued thing.

76

Here followeth a notable and excellent Aqua vitæ. Take Galengale, Cuccubarum, Ginger, Nutmegs, Cloues, Sinamon, of euery one an ounce, fresh Sage, foure ounces, water that is distilled fiue times out of pure and good wine, ten ounces: put them all together, & let them remaine so in a close cleane vessel three daies: then distil the same, and keepe that that is destilled in a cleane and close vessel. Whosoeuer drinks a nut shel full of this water euery day it will preserue their bodies meruailously, and keepe them from many diseases, and bring them to olde age. It is saide that M. Gallus, Phisition to Charles the Emperour, vsed this water, and liued a hundred and foure and twenty yeeres. Georg. Alapide deuised this water.

77

If you desire to haue sweet water forth with, or by and by: put two or three droppes of Oyle of Spyke, in a good deale of pure water, and chafe it together in a Glasse with a narrowe mouth. Euonimus.

78

An excellent oyle for cold aches. Take the wood of Iuy dried, cut the wood in little peeces, and of the berries, and gum of Iuy, of each alike weight: let them be put in an earthen vessell, bored through in the bottome in two or three places: and then let another pot be set vnder it in the earth, and ioyne the bottome of the vpper pot vnto the mouth of the nether with clay or past, and the vpper pot must stand wholy aboue the ground, then make a fire on euery side, and the oyle will distill blacke into the nether vessell. This oyle before all oyles healeth the greefes of the ioynts of a cold cause. This is proued to be a notable oyle in this case. Rogerius seemes to be the Author hereof. As appeares in Euonimus.

79

If you put out the white of a Hennes egge, & fill vp the same egge with the iuice of Flowerdeluce, & mix the yolke and it well together, then warming it a little in the hot ashes, & so giue it in the morning to the that haue the dropsie: it will auoid downward the dropsie water aboue measure. this is proued to be true. Much like vnto this Benedictus victorius fauentinus writs for the same cause: but he appoints the iuice to be giuen with Mellierate.

80

A proper practise to make a Capon to bring vp young Chickes. Take a Capon and pull his belly bare of feathers, and after rub the naked place with Nettles, then setting yong Chickens vnder him he will meruailously cherish them then, and bring them kindly vp. And the rather if you vse him thus for a time: for by that meanes he is moued the more willingly to cherish, bring vp, and feede: yea and to loue them, as the Hen would doe naturally. And the reason thereof is, for that by the pricking of the Nettles, he is the rather desirous to couch on the soft down and feathers of the yong Chickens sitting vnder him. This I had out of the natural and artificiall conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

81

One Æschilus was fore-told by an Astronomer, that he should be killed by some ruine, or some thing that should fall vpon him, vpon a certaine day or time: (who to preuent the same,) did walk abroad a certaine space about the warned time, and would by no meanes

meanes come into any house, thinking thereby to auoid the danger, vnlesse the heauens should chance to fall: but marke how hard it is to auoid Fate or Gods determined appointment! about the said time foretold by the Astronomer, an Eagle did flie ouer his head, from whom a stone did fal vpon Æschilus head, and killed him. Wherby we may not onely see that mans wisedom & pollicy is not able to frustrate Gods prouidence: but also that there is a meruailous certaintye in the Astrologicall forshewing of euents, especially by directions: which Ciprianus Leouitius seems to affirme by this and other notable examples. And sure I am by many proues and trials, that the euents will assuredly happen at the time promised by directions: that is when the significr comes to the very place and minute of the Promissor, accounting for euery degree betweene them one yeere, and euery minute aboue fiue daies, if the significr be to be directed by the direct Ascentions: but if the significr be to be directed by the oblique Ascentions, (or else Intermixtim) which is not very easily or soone done, then they signifie some times more, some times lesse, according to their swift or slow ascending, which directions be infallible, the learned and expert herein cannot chose but affirme. For that they are found as perfect by proofe, and as true by triall, as the breake of the day doth assure vs of the rising of the Sunne.

82

In Lamberge a town of Schelesia, as Iohannes Langius writs a certaine woman great with childe did follow a Priest that had newly washed or bathed his feete: who being taken with such a longing or lust with the sudden sight of his bare feet, that the priuily behind his back, did hold his legge with her hands, and out of the same pluckt a peece of flesh with her teeth: nothing regarding the cry of the poore Priest, which cried out both of God and man.

83

If the foot or legs of an Oxe, Cow, or Horse be swoln by chãce, marke the ground where the same swolne leg or foot doth stand, and take or graue vp with a knife or dagger, a turfe or peece of earth in the same place where the said foot did stand, and hang the same turfe or peece of earth vpon the bough of a white thorne, or some other tree, (if it be faire or dry weather,) if not, then hang it in some chimney where fire is made: & after as the turfe or earth

doth dry, so will the swelling cease, and the paine goe away. This I haue proued to be true diuers times. And it is practised of many: especially for Oxen or Kine. But the suddaine swelling and greefe of my Horse lege hath bene helpt there with, within two or three dayes, and by none other meanes. Who list to proue it shall finde it true: although it be vnlikely.

84

The water wherein Lauender is sod: doth quite put away any spot or staining in any cloath, Cap or Hat: if the stained place or spotted be washed or rubbed there with. It is very true, proue it who list.

85

To make any fowle of what condition the same be, to haue the feathers all white. Take the egges of what Bird or Fowle you will, role them in the iuyce of the hearb called Mouse eare, or in the iuice of houseleek, or otherwise in oyle (after the minde of Cardanus,) and after put the egges againe in the nest: for after the hatching, the feathers will grow white. This is taken out of the Naturall and Artificiall conclusions of the Schollers of Padua. Translated into English by Thomas Hil.

86

If the figure of a Lyon be graued in a thin plate of golde, when the Sunne is in Leone, (that is the signe called the Lyon: so that the Moone beholde not then the first house, nor the Lord of the Ascendent behold Saturne or Mars, and the Moone then seperate or rather free from them: it doth put away the intollerable paines and torments of the back: if it hang at the raynes of the backe, or touch the same. And if Trociskes be made of the pouder of pure Olibanum and Goats blood, and after sealed with the same Lyon and after dried, and then being dissolued in white wine and drunk fasting: it worke a meruailous effect against the stone of the reines and of the Blather. Andreas Cordubensis to Gregory the Bishop of Rome.

87

This confection following is a most excellent medicine & remedie for many inward effects: especially, for all flures of blood from whence so euer they flow, & also other flures: moreouer, for them that haue great paines in their backs, and also paines in their Liuer, or whose Liuer is not al together wel. And Galen the Author

hereof

hereof saith, (belike for the excellency thereof,) giue not this before thou hast receiued a reward therefore: the making whereof doth follow. Take of Sinamon, Cascia lignea opium, of each two drams, Myrrh, both Peppers, Galbanum of each one dram, let them be stamped, and then mixed with a little clarified Honey, & made in a lump or masse, giue thereof at night two round Pils, something bigger then Peason, in the soft of a rosted Apple, & let not the party drink of two houres after, and if his greefe & paine be neuer so great, he will be in a meruailous ease and quietnesse, within an houre or two after, and so remaine the most part of al the night: yea, and perhaps sleep soundly and well. You may giue it two or three nights together, if the party be strong. but if he be very weake, giue it euery other night, three or foure times: and if the party be in extreame paine, then giue it when you list. But if the stomack be full of meat or fleame, it will shew the lesse effect. Who euer shall proue it, shall find it a worthy thing. I haue proued it aboue a hundred times.

88

A fine way to make Corall by art, which followeth. Make the hornes of Goates (first shauen or scraped) into powder, and let the same steepe in strong Lee, made of the ashes of the wood of an Ash, fifteene dayes together: afterward take it out of the said Lee, & mixe it with Cinabrium, dissolued in water, and hang it ouer an easie fire, vntill it be thicke, and if it haue then the colour of right Coral: make it in the forme or fashion you thinke good, dry it, and publish it according to art. This doth Mizaldus describe.

89

The iuice gotten out of a red Onion, and three or foure drops thereof put into the deafe eare cold, three or foure nights when the party goes to bed, helpeth the deafnes, be it neuer so great or ancient. Feare not though it put you in some paine at the first time: for at the second it will be more ease. This was taught me by one that knew it by proofe.

90

To make a woman that hath a dead child within her, immediatly to be deliuered there. Take the quantity of an Almon of a Bulles gall, mixe it with two spoonfull of wine, and let her drinke

drinke it: and she shall auoid it straight. Iacobus Weckerus.

91

Deuide an Apple in the midst, and in the one halfe of the Apple in the midst of it make a round hole, by cutting a peece out of it, then into the same hole put a black Beetle, and so lay the flat side on the table: and the Apple will moue, by the meanes of the Beetle, to the meruaile of them that behold it.

92

Take an Apple of Coloquintida, & lay the same to steep in water, a whole night, & after boile wormwood in the water, which water being cast about the chamber, killeth al the Fleas therein. Also annoint a staffe with the greace of a Hedg-hog, and lay the same in the midst of the chamber, and all the Fleas there will come and cleaue to that staffe.

93

A certaine yong gentlewoman or Lady, trimming & dressing her selfe, holding then in her mouth a few Pinnes, was suddenly and priuily stroken betweene the shoulders, by a certaine Ruler or Prince, (being her Louer,) wherewith she was so suddenly feared & amazed that she swallowed the pins which she did hold in her mouth: which pinnes she auoided in her vrine within two daies after without any harme. Iohannes Langius.

94

If Roses and Lillies be sowne nie together, or that they touch one another, the flowers of them will smell the more pleasantly, and will grow the better. Mizaldus.

95

One Apsius got much money with this most excellent oyle following, and was meruailously esteemed therefore: after whose death the King of Spaine did giue vnto his wife fiue hundreth crownes, for the vttering and disclosing the making thereof, as is manifest in a booke made of the same at large by one George Baker, in the English tongue: which hath manifestly shewed his honest heart & naturall loue to his country. The same Apsius in his life time, and his wife after his death, did helpe all wounds, old vlcers, aches, paines of the backe, & Emrods therewith, & it is meruailous good for the Gowt: the making of the oyle is thus. Take of the most purest and oldest white wine, one quart, of the

oldest

oldeſt oyle Oliue three pound, Cardus Benedictus, (called ỹ bleſſed Thiſtle (Valerian, and the leſſer Sage, with ỹ flowers if you can get them, of each a quarter of a pound, of the leaues & flowers of Saint Iohns wort, halfe a pound, let the hearbs & flowers be infuſed or ſteeped in the ſaid wine and oyle 24. howres, then the next day let all be put into an earthen veſſell leaded, or a veſſell of braſſe vpon an eaſie fire, vntill the wine be conſumed, moouing it ſtill beeing ouer the fire: then beeing taken from the fire and ſtrained, put therto Venice Turpentine, a pound & a halfe: then let all boyle together a quarter of an houre, then put thereto Olibanum, fiue ounces, Myrre three ounces, Sangus Draconis one ounce, and let all boile vntill the Myrre be diſſolued, then put it into a veſſell of glaſſe ſtopped, and let it ſtand in the hot Sun tenne daies: before you vſe this oyle, you muſt waſh the ſores or wounds with white wine, wherin muſt be put the pouder of Olibanum. I haue written this here, becauſe I thinke thereby many ſhall haue knowledge of this precious oyle: which otherwiſe ſhould neuer haue heard it.

96

A ſweete water and vnknowne, whereof one part mixt with ten quarts of pure water, maketh the whole moſt ſweete. Take Nutmegs, Cloues, Galingale, Spicknard, graines of Paradiſe, Mace, Cinamon, of euery one an ounce, pound or ſtampe them all, and thereto twenty graines of Muſke, or leſſe, as you delight in the ſmell thereof, poure into them a pound and a halfe of Roſe water: let them ſo remaine together in a cloſe veſſel foure or fiue dayes, then put thereto three as much Roſewater, and diſtill all the ſame in a pot or Bettle full of water, ſething as in Balneo marie, and keepe the diſtilled water in a glaſſe well ſtopt: to the vſe before ſaid. Euoni.

97

If an egge be painted with ſundry colours, and the ſame ſet vnder a Henne which ſits to bring forth Chickens, ſhe will hatch thereof a Chicken, hauing the like feathers vnto the colours painted on the Egge. Thomas Hill, out of the naturall and artificiall concluſions of the Schollers of Padua, affirmes this.

98

If one make a little rope of the guts of a Wolfe, & then bury

the same vnder the sād or earth, there wil neither horse nor sheep goe that way: though you beat them with a staffe. Albertus.

99

It is said that a Hare doth liue ten yéars, the age of Cat is so much, a Goat doth liue eight yéars, an Asse thirty yéars, a Sheep ten yéars, but the Welwether many times doth liue xv. yéres, a Dogge xiii. but sometimes xx. a Bull xv. but an Ore because he lacks his stones, doth liue xx. a Swine and a Peacock xxv. a Horse xx. and oftentimes xxx. there haue béene Horses that liued fiftie yéres. Pidgeons liue naturally viii. yéars, a Turtle and a Patrich xxv. yéres, and also a Kingdoue, which oftentimes liues xl. yéres. Mizaldus.

100

The body of a Birch trée, cut or scorched, the spring time going before, doth yéld great plenty of water, which water being drunk, hath a meruailous strength to breake the stone in the reines. Matheolus vpon Dioscorides, writes it.

The end of the ninth Booke.

The tenth Booke of Notable things.

1

There is an euident familiarity betéene the Oliue trée, & the Mirte trée, for as Andronicus reports, the braunches of the Mirte trée doe pleasantly extend or spred by the Oliue trée, and the roots of them doe mutually embrace each other, nor any other plant but the Mirte trée will grow well, nie the Oliue trée. This also Mizadus doth affirme.

2

The smel of Bitumen rawe, or the smoak thereof burned, receiued by the nose of such as are greiuously tormented, with the paines of the mother, is a present help or remedy. It is most certainly proued. Wherefore many women which are grécued with that disease, doe hang it about their necks in wool, that they may driue away their fit by the oft smelling thereof. Mizald. writes this. And the learned doctor Monardus affirmes the like thereof.

The

3

The Sparrow hawke is a fierce enemy to all Pidgions, but they are defended of the Castrel, whose sight and voice the Sparrow-hawke doth feare, which the Pidgions or Doues knowes well enough: for where the Castrel is, from thence will not the Pidgions goe (if the Sparrow-hawke be nie) through the great trust the hath in the Castrel her defender. Iohannes Baptista Porta, hath written this.

4

The leaues of a willow tree, as also the barke thereof sod in wine, doth help them that haue the gowt: if they be fomented or bathed therewith.

5

Stoflerus an excellent Astronomer, knowing by his natiuity, that he should be in danger to be hurt about a certain day or time kept himselfe then within his owne house, assured that it was strong enough. The same day or very nie vnto it, that the euent should happen, certaine of his learned friends & he, as they were reasoning together, did vary in some certaine opinion, about the triall wherof as it should seeme, he reached to take downe a booke of his, (being placed there among diuers other,) when through the lack of a naile, the whole classe or shelfe where the book was, fell vpon his head, and wounded his head very sore. Which doth not only shew the worthynes and excellencie of Astrologie, especially, in a learned and skilful person therein: but also our folly in flying from Fate, for that our wisedome doth leade vs into it, when most of all we meane for to shunne it. Therefore perfect prayer passeth pollicie, in preuenting of perils.

6

Three halfpenny weight of the pouder of the Adament stone, drunk with the iuice of Fenel, drawes the water from them that haue the Dropsie. And the same stone put to the head, takes away quite all the paines thereof. Iacobus Hollerius an excellent Phistion affirmes it.

7

It is a manifest thing and prooued by daily experience, that the bodies of them that be murthered, when they be found, if any of their kindred be then present, or the party or parties that killed or murthered them, or was the cause thereof: Immediatly blood will burst forth suddenly, either out of the wound, or nose or out

of some other part of their body. I could alleage heere a great sort of examples for the verifying thereof, but I omit them for it is a thing found true by daily experience, besides that Lucretius, Philip Melancton, Iohannes Langius, and Leonius Lemnius, writes thereof.

8

Peeces of Amber being put or tyed to the hinder part of the head, doth helpe the running or watrines of the eies, with a meruailous successe: and hanged about the neck, doth hinder distillations, that they goe not downe by the throate. Mizaldus. Besides that, it is proued to be true.

9

A certaine woman went with a dead childe in her wombe aboue foure yeares, which by the counsaile of a learned Phisition, and expert Surgions, was drawne from her peremele, and the Mother did not onely liue, but also conceaued another Childe, as Mathy Cornace a notable and learned Phisition hath affirmed: who was present when the said woman was cut for the getting out of the said dead child. Mizaldus reports this.

10.

If Eeles be suffocated in Wine, whosoeuer shall drinke of that Wine, though they haue beene very much giuen to Wine before and could scantly abstaine from the same, they will loath Wine, and not be desirous to drinke Wine after. The greene Frogges which vse to leap about springs, if they be suffocated in Wine, worke the like effect. Mizaldus.

11

If Musaraneus called a Shrew, I take it to be the blind mouse doth chance to goe ouer any part of any beast, that part of the beast will after be lame. This I know to be true.

12

Whosoeuer would haue a very white and delicate Skin, let them boyle or heate Lytarge of Siluer in Vineger distilled and wash therewith their skin, whith they desire to haue faire, trim and white. This I tooke out of Mizaldus.

13

In the time of Traiane the Emperour, a certaine man having a disease called the Dissury, did pisse with much a doe, a knotted Barly straw. Anthonius Mizaldus hath written this. And I knew

knew a Gentleman that after his death being opened, had a pidgions feather sticking in his heart: which feather was shewed me by the Surgeons that did cut and open him.

14

Gates sodden & the hot fume therof close receaued on any lame members, either armes, legs, or any other: & the said members put & holden, a good while in the same sodden Gates, when they may be suffered therin, & the same order vsed foure or fiue times if nèd be, doth helpe them perfectly that be lame. This was told me for a very truth by them that knew it, and saw it tried.

15

The tooth of a man hanged at the necke of the party that is tormented with tooth ach, doth take away the paine thereof, especially: if a Beane be put thereto, wherein there is a hole bored, and a Lowse put therein, and the same beane wrapt in a pèce of silk, and then hanged about the parties neck, as is before said. Mizal.

16

The most whitest Frankensence made in very fine pouder, & drunk with wine, (if it be cold weather or in winter,) or in water wherein Raisons are sod, if it be hot weather, (or in Sōmer) in the encreasing of the Mone: at the rising of the Sun, at noone, and at the setting of the Sunne: doth meruailously helpe and encrease the memory. And is very profitable for the braine and the stomack. Rasis the Author hèreof, by the report of Mizaldus.

17

Any part or a pèce of the bone of mans arme, with the highest part or end of a Gose wing, being carried or borne of them that haue the quarten Ague, doth cure the same. Mizaldus fathers this of Geber. 18

If one that hath the Dropsie or the Jaundies, shall drink their own vrine for certaine dayes together, it wil help meruailously. This Hermes saith. But Benedictus victorius fauentinus in his practises, affirmes for truth: and saith it is certainly proued, that fiue ounces of the vrine of a Boy not polluted, and of a sanguine complexion, mixt with halfe an ounce of good white Suger, being drunke euery morning early fasting, for the space of ten dayes, doth helpe certainly the Jaundise, and also much drink at once, a moneth together in such order, doth helpe the dropsie perfectly.

19

Steepe a threed in oile of Brimstone mixt together, & compasse a glasse with that thred in that place where you would haue it broken euen, or parted, & after kindle the same threed with fire, & do thus so often vntil the place of the glasse be hot, and after compasse the same with a threed wet in cold water: and it wil part so cleane a sunder, as though it had beene cut with a sharp pointed Diamond.

20

If they that be swolne and are full of Dropsie, do lie three daies & nights in their beds well couered round about in sodden barly: it helps & cures them perfectly. This was proued by them that came very swolne from Ginny. And one of them that was helpt therewith, reuealed it vnto me: which I am content to publish, to the common commodity of many.

21

The earnest searchers of naturall things, say and set forth that certaine wormes are bred in the bowels or guts of the Hart and they are destroyed by the eating of serpents, which the Hart both allure with the breath of his nose to come out of their hole or denne: and least the poison of them should hurt him, he goes a pace to some faire Spring of water, and whiles all his whole body is therein vnto the lippes, little drops or teares distils out of his eyes, which at length encreaseth to a thing as bigge as a Walnut, and are in manner of a stone, and when he perceiues hee hath thereby auoided all the poyson, and being come forth of the water: with his rubbing of his eyes at a tree, the same lumpe or stone, (being a hinderance to his sight, he gets away. Which matter or Stone is a thing most effectuall against any venome or poyson. Many Phisitions of great authority and antiquity, are witnesses hereof. Iulius Scaliger, and Amatus Lucitanus do boast that they saw such a thing, and they affirme that it may be giuen effectually with a litle wine to them that are infected with the plague: for by the strength and helpe thereof, so much sweate wil come forth of the body, that you would thinke the whole bodie, will turne or consume into moisture, with which once giuing al the poyson or venome is thrust out of the body. The Arabian Phisitions calls the Stone Bosoard. And thereof Alexipharmaca, a remedy against venomes, Bezardica. This Anthonius

thonius Mizaldus writeth. These Besaar Stones, being of a most excellent, notable, and pretious vertue, are now gotten in Peru, in the west Indians, and found about tenne yéres past, in cercaine kind of Beastes that goeth in the mountaines of that countrey, which are much like to Shéepe or Kindes that are in the Portingale Indians, by a worthy Spanish Gentleman, called Peter de Osima, who killed some of those beasts purposely, for the said Besaar stones, which he thought to find in them: but although he loked and searched therefore in the belly, and in other places of one of the greatest and eldest of them: yet he could find none of them, neither would the Indians tell him in what place of the beast they were, saying they knew no stones: being loath he should know that secret. But at the last an Indian Boy, of twelue yéars of age told him where to find them. Wherfore the other Indians would haue killed the Boy, because the Indians doe much estéeme those stones, for they doe offer them vnto their Gods, or before their Idols, as one of the most pretious things they haue. So that by the said Boys reuealing, the said Gentleman found the stones in a certaine little purse that the maw of the beast hath, wherein the hearbs doth lie when he chaweth the cud. The said Gentleman giues a meruailous commendation of them in a letter, which he wrote to Docter Monardus an excellent learned Phisition of Ciuill in Spayne: saying, that they are meruailous good against all venome, and against all sorts of poyson, as well in meates as otherwise, and to euils of the heart, and to expell and kill wormes, and that they haue healed such diseases with this stone, that it is wonderfull to be séen, both of Ladies & Gentlemen, and many other: naming many of their names in that letter: saying further, that as a new thing al such taks it in pouder, as haue diseases which cannot be healed by medicine, and many doe heale: and so with many other things he praiseth God, for the great benefits receiued by the vertues of this Besaar stone. And the said doctor Monardus hauing receiued the said stones from the said Gentleman, doth meruailously praise and extoll the said stones in a worthy worke or booke made by him of certaine Trées, Oyles, Plants, & Stones, of wonderfull great and meruailous effects, whose very words thereof, (as much as shall séeme needfull therefore:) I here doe

vtter

vtter. If I would (saith he) put here the great effects, & the diseases which the stones of Peru haue healed, that they which doe come from thence doe tell me, & that Gentlemen doth write me, it would make a great Booke. I will put that only which I haue experimented, & the effects that I haue vnderstood that they doe, and these that haue past by my hands, whereby all credite may be giuen vnto it, & as a thing certaine: seeing that there is experience of it, with all assurance & trust, it may be vsed. Our Occidentall Besaar stones haue great vertues, principally they doe remedy many persons which be sicke of the heart, for the which I haue giuen great quantity of them that haue bin brought me, & they haue meruailous effects: so much that to many persons which did swound, by taking it away from them, they were deliuered from death. It must be giuen when they doe swound, and before it come, taking it in the morning fasting with rose-water, if the party haue great heat, if not, then with the water of flowers of Orenges, the quantity of foure graines, euery time made in pouder. In all kind of venoms it is most principall remedy that we know now, & that which hath done best effect, in many that haue bin poysoned, which haue taken it, as wel by venome taken at the mouth, as by biting of venemous wormes, which are full of poyson. It doth truely a meruailous & manifest worke, vnto them that haue drunk water standing in a stinking Lake, being infected with beasts or varment, which are full of poyson, and being swolne immediatly after they had drunk it, by taking of this stone two or three times, they were remedied, as I haue seene them after, &c.

In pestilent feuers I haue giuen it many times, and surely it doth extinguish and kill the malice of them, which is the principall thing that the Phiütions should procure in the like diseases. And although he doth take away the cause, and doth withdraw the putrifaction. And if he doe extinguish and take away the malice, the cure is neuer at an end. For that is it which killeth, and doth the principal hurt. And where there is certaine spots in the body like vnto flea-bitings, which doe appeare in the like feauers, the Besaar stone of our Indians, doth make meruailous effects. Of those which they haue brought me, I haue sper the most part, giuing in them the like diseases, & surely it hath remedied

with

with meruailous ſucceſſe, and in that which ſome of them hath bẽ ſpent by me, hath bẽ in ſowndings, and ſurely I haue ſẽ in theſe ſtones the effects ſo great, that it ſameth a thing of wonder. And eſpecially, I haue ſẽne theſe cauſes moꝛe remedied in women, then in men: it is a meruailous thing to be taken, and it hath done manifeſt effects, where there is melancholly humour, it doth repaire him much. And it doth in him and in all things, which do reſult of him a great woꝛke, be it vniuerſall oꝛ perticuler, in the head, oꝛ that as they call Mirarchia, and alſo in them that haue Lepꝛoſie: of the Arabienſor, Elephanciacis, of ẏ Gꝛaks. It doth pꝛofit much in ſcabs, in itchings, in ſcruincſſe, and in all parts of the body that is infected. It maketh a very gꝛod woꝛke, and doth remedy the euils manifeſtly. Foꝛ that this ſtone hath pꝛoperty to heale them. I haue ginen it in a quarten Agues, and although it taketh not away the quarten, it taketh away the accidents of it, the faintnes and ſadnes, and the gꝛeſe of the heart: which in theſe Feuers are common. Surely they do ſele with the vſe of it notable pꝛofit, in al large & impoꝛtunate diſeaſes. &c. It is gꝛod to caſt into purges, ſome grains of it, that if the purge doe carry venomoos medicines, it may rectifie and amend them. And if not, it giueth foꝛce and ſtrength to the hart, & they woꝛke the better. In the Oꝛiental Indians, they haue a cuſtom to purge themſelues two times euery yẽre: and eſpecially, the Noble people of eſtimation. And after they haue purged theſelues, they take euery moꝛning faſting, foure graines of the Beſaar Stone with Roſe-water, oꝛ with water made foꝛ the purpoſe, and they ſay that this doth conſerue the youth, & doth ſtrengthen the members, and doth pꝛeſerue them from diſeaſes. And it is a gꝛod vſe, foꝛ it cannot but do them much gꝛod. I haue giuen it to many people, and eſpecially to chilꝛen and boyes, that are toꝛmented with woꝛmes: and I haue ſẽne ſuch woꝛks as are not to be beleeued: if they were not ſẽne. This and moꝛe hath Doctoꝛ Monardus wꝛitten in his ſaid book of this Stone, and other woꝛthy and wonderfull things: which booke is diligently & truly tranſlated into our engliſh tong, by one Iohn Frampton Marchant. Which book is tituled and called, ioyfull newes out of the newe found Wꝛld: who deſerueth great thanks, and continuall commendations, foꝛ publiſhing ſuch a common commodity to ẏ is Country.

22

A water which will heale certainly the Fistulaes. Take two pound of water that is distilled out of good white wine, as you till Aqua vitæ: put thereto of the water of Sage, and of the water of Rosemary, of either fiue pound, Sugar two pound, distill them together, and when they are distilled, put to the water distilled, one ounce of Sage, and as much Rosemary, and when they are steept together eight daies, straine it and vse it in curing of Fistulaes. Euonimus. In which booke is many excellent things.

23

If you lay the wicke of a candle to infuse or steepe in the oyle of Hempseed, and after make a tallow candle thereof, which if you doe light after it be cold: the same candle will not goe out with any wind, so long as the whole candle lasteth. And in like sort may lights be made to serue in the night time, if that fine linen rags be first soked in the oyle of Hempseed, and dipped into moulten tallow, which so bound or wrought in a staffes end, or otherwise lying in an iron or a plate at the end of a staffe. This is taken out of the naturall and artificiall conclusions of the Schollers of Padua.

24

The young Swallowes of the first brood that a Swallow hath, being cut and opened before the full of the Moone, two Stones will be found in their mawes: whereof one is of one colour, the other is of diuers colours: if these Stones (so that it be before they touch any ground,) be wrapt or enclosed in a Harts skinne, and be tied to the arme or about the neck of them that haue the Falling sickenes, it doth heale them of the same disease. Mizaldus writes this by the report of an Italian, which affirmed to him that he had proued it to be true.

25

Whosoeuer shall, especially, the first Friday in May, & euery other Friday in May, before the rising of the Sunne: graue vp two turffes of new grown grasse, with the dewe vpon the same, and then doth tye the grasse sides of them together, and shal then lay the same in the water in the side of the Pond, or in some other water, so that the vehemency of the water doth not remoue the said turffes from the place where they be laid, & so letting them lie there vnremouednine or ten dayes: if at the ten dayes end, he shall

shal take vp the said turfes, & vntis or loose the same, he shall find a great sort of yong Eeles within the same, although there be not one Eele in the same water at the laying there of the said turfes. And then if he tie the said turfes with the young Eeles together againe, and lay them againe in the same water, a great increase of Eeles will after come thereof. This was credibly told me for a very truth, of them that did try the same. I thinke they bráde of the same dewe.

26

The vine trée doth not agrée with the Bay trée, for with his odour or smell, he is the worse, wherefore when the braunches of the Vine drawes nére to the Bay trée, he wil drawe backward, flying the smell of his enemy. Euen so the Bur is enemy, or doth not agrée with Lentils. Iohan. Pep. Port.

27

An Image of a Ram grauen or molten in gold, the first degrée of Aries ascending, and Iupiter plac'd in the same, not impedite by an euill Starre or Planet, so that the Mon and Venus behold him friendly: is a meruailous help & remedy to them that haue a continuall head ache, (if they were the same Image of Golde.) Laurentius Miniatus, by the report of Iouianus Pontanus did with the same helpe a friend of his of a continuall head-ache. Mizaldus.

28

If you will colour or paint the brittles of a Swine with diuers colours when they be well washt, and sod in Allom water, let them be put whiles they be warme, in water coloured with Safron, if you will haue them yellow: or in the iuice of Elderne or Walwort berries, if you will haue them of a blew colour: or in water mixt with Flos eris, or Verdigrease, if you will haue them of a grene colour, and so of other colours. You may proue the same with the feathers of birds. Mizaldus.

29

The pouder of Earth wormes, of Mice dung, or of a Hartes teth, put into the holes of teth, that be wormeeaten, doth pluck them vp by the rotes, or makes them fall out without any other Instrument.

39

If the ſtone that is found in the head of a long Snaile be made in fine pouder, and blowne in the eye, it puts quite away all the ſpots thereof, and it deſtroyes the Web in the eye, and any other euill in the ſame. Mizaldus affirmes this.

31

In the Winter time, a ſpoonfull of Aqua vitæ ſweetned with good Sugar, with a little peece of the pureſt white bread put into it, leaſt it ſhould trouble the braine, or doe ſome harme to the Liuer, is healthfully giuen to groſſe & flegmaticke bodies, that it may concoct the humors, and defend their bodies from the Lethargie, which is a forgetfulnes, & a loſing almoſt of the ſences and from the Apoplery, which is a ceaſing as well of the inward ſences as of the outward, and from cold diſeaſes. Lemnius.

32

To make a candle burne vnder the water. Take Ware, Brimſtone, and vineger, of each a like much, boile all theſe thgether ouer the fier, vntil the vineger appeare all conſumed, and then after of that that remaines, make a candle: & you ſhal ſée the proper effect as aboue is written. This is taken out of the naturall and artificiall concluſions of the Schollers of Padua. Tranſlated by Thomas Hill.

Take a ring that is hollow round about, into which put quickſilluer, and ſtop the ſame faſt, that it run not forth, after heat the Ring ſomwhat in the fier, which being hot, lay on a table or ſtole and ſone after it will leape or dance of it ſelfe, vntill it be cold. Proued. 34

Quench hot Iron in the iuice of Hemlocks thrée or foure times letting it remaine therein euery time vntil it be cold, and the iron wil be ſoft. Alſo Cardane writeth, that if you take oyle, putting it into moulten Lead, ſeauen times together, and after quench iron red hot in that oyle foure or fiue times together, it wil make it ſoft. 35

A certaine woman with child, ſeeing a Bakers ſhoulder naked or bare whiles hée did put bread into the Ouen, did long or deſire ſo much to eate of the ſaid Bakers ſhoulder, that ſhée abhord or loathed all other meate. Her huſband hauing pitty of his louing wife, did agrée to giue the baker certaine mony for euery bit that

his

his ſaid wife ſhould bite of his ſhoulder, & the ſame Baker ſuffered the ſaid woman to haue two bites at his ſhoulder; but when ſhe began to bite at it the third time, he was ſo grieued with paine, that he would ſuffer her no more to bite at his ſhoulder. Immediatly after the woman trauailed, and brought forth three children, two of them aliue, and the third dead. Iohannes Langius is the Author hereof.

36

A notable diſtilled water as followeth, worthy to be compared to golde. Take one part of Gentian, and two parts of Centory, ſtamp them together, and put wine to them, & let them ſoke together fiue daies, then diſtill them, keepe the water diſtilled in a cloſe cleane veſſell: this water drunk morning and euening, preſerueth the body from all kinde of diſeaſes: it putteth away all Impoſtumes, it maketh good colour, it reſiſteth the Plague, it healeth the ſick of the Phiſick, it anoydeth the ſtuffed ſtomack, it breaketh the Stones in the reynes, it ſeperateth and putteth away the watry humors, of the Splæne, it helpeth forward the flowres, if it be drunk nine daies together in the morning, and purgeth the belly: alſo it purgeth all choller, and all corrupt blood, it healeth all wounds within the belly, it cleareth the ſight, it cureth poyſoned bitings. To the healing of wounds, the pouder of Centory ought to be put to them. Iulius in his book of waters. Euonimus deſcribes this, which is a worthy worke.

37

Put Quickſiluer in a bladder, and lay the bladder in a hotte place, and it will ſkip from place to place without handling.

38

An excellent water for purifying or cleanſing the ſkin of the face or other parts of the body, which is ſecret and vnknowne. Take fiue newe layd egges, halfe a pound of Malmſey, a young Pidgion not wholy feathered, halfe a pound of new Cheſe, comming from the preſſe made of vnskimmed milk: eight Orenges, oile of Tartar three ounces, one ounce of Ceruſe made in pouder gum of Arabicke, and Maſtick, of either halfe an ounce, water of Beane flowers eight ounces, Rice foure ounces, ſteeped firſt a whole day and a night in halfe a pinte of Creame: cut the Orenges in peeces, and ſtamp them a little, then put all together with

the Creame and Rice also. And distill the same also with an easie fire: and put the water thereof distilled into a cleane close stopped glasse, and vse to rub or wet the face therewith eurry morning before you goe to bed: & euery morning wash it cleane with water distilled of Beane flowers. Vse this a fortnight or three wækes together, and you shall finde it a notable thing.

39

To make a Glew to hold or ioyne things together, as hard or fast as a stone, and an excellent secret. Take vnslecht Lime, and quench the same with wine, and beat the same into fine pouder, mixing therewith both Figs and Swines grease, and after labor them wel together: for this (as Plinie writeth) passeth the hardnes of a stone, with which ioyne broken pots or any thing together. Also take Grek Pitch, Rozen, & the pouder of little stones, these mixe together, and when you will occupy of the same, then heate it ouer the fire, and worke there with, (that is, ioyne any thing therwith) & it holdeth them together as hard as any naile. Also take of Spuma ferri, one pound, of Tile shards in pouder two pound, of vnslackt Lime foure pound, of oyle of Linsæde, as much as shall suffice to prepare, mixe, and worke them together: this Glew is meruailous strong, which neither feareth nor yeldeth to water nor fire. This is out of the naturall and Artificiall Conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

40

An Angelik water of a meruailous vertue against blearednes of the eyes, Canker, and burning with fire. Take three ounces of vnslackt Lime, and halfe a pound of rayne water, let them stand together in a vessell of Glasse or Tin, three dayes, then mixe and stir them together, and let them settle againe a whole day and a night, in a vessell wel couered, afterward straine them tenderly through a linnen cloath, vntill it be clere, then put into it tenne drams of Sall Armoniack, the whitest you can get, beat it finely and let it be dissolued with long standing, and oft moouing in the said water. And when it is setled, straine the cleane water that standeth aboue certaine times, or else distill it by a filter. This water healeth the spot and web in the eie, if you drop three drops thrice euery day into them, continuing so vntil the eies be whole

it

it taketh away alſo the teares of the eyes, the rednes, & the bleareднes of the eyes. And alſo the Cankar and burning: It taketh away all ſpots and ſtaines of cloath, both of ſilke and woollen: if they be waſhed with it a little warmed. Furnerius by the report of Euonius. Beſides I haue proued it in the like caſe: therefore I am bold to ſay it is an excellent thing.

41

An excellent water called the golden water, a Balme and a blacke oyle doth follow. Take of cléere Turpentine, ſeauen ounces, waſh it well with white wine, after take good white honey three pound, clarifie it with a little white wine ouer an eaſie fire, and take off the ſkim ſtill from it: then put the Turpentine to it, mixing them well together: then poure thereto of Aqua vitæ foure pound, and mixe them well in a body of Glaſſe, luting it (or ſtopping it well,) then take Bugloſſe, Burrage Bawme, Sage, Lauender, of each one handfull, Wormewood one dram, Roſemary two handfuls. Then take wood of Aloes, Xilobalſamum, the three Sanders, of each one dram, Mace, Nutmegges, Sinamon, Galenga, Cloues, Cucubes, white and blacke Pepper, Saffron, Spykenarde, Graines of Paradiſe, Cardomomum of each three drams, Zedoarie, halfe an ounce, Squinant halfe a dram, the pyls or rinds of Limons, the ſéeds of Limons, Sticados Arabike, of each one dramme, Calamus Aromaticus halfe a dramme, Carlinæ Cardopacij, two ounces, Biſtorte, two drams, the rot of Flowre Deluce, halfe an ounce, Bayberries, Valerian, Polypode, of each halfe an ounce, Liquorice, Annis ſéedes, of either halfe a dram, of Radiſh two ounces, of Coriander correct, halfe an ounce, Spyer mounten, one dramme, blanched Almonds halfe a pound, ſmal Raiſins halfe a pound, being waſht with Wine. All theſe (being beaten or ſtrained,) put into the ſaid body of Glaſſe, to the Honney and other things: and if there be not enough of Aqua vitæ put thereto more, and let them ſtand ſo ſeauen dayes, well couered and ſtopt: then after diſtill the ſame in aſhes with an eaſie fire, (all being well luted) for the ſpace of foure houres, (leaſt the Honney boyle,) and there will come out a cléere water, then encreaſe the fire, and when you ſée the water yellow, then put too another receiuer of Glaſſe, which you muſt lute alſo with the beake of the Still, and keepe

the

the firſt water by it ſelf, & encreaſe the fire vntill there come no more yellow water, & when you ſee it come black, then take away the receiuer, and put another thereto, and lute it likewiſe, and when you ſée a ſmoke come, then it is enough, and kéepe alſo theſe three ſeuerally, and let the ſtill ſtand vntill it be cold. In the firſt water put Folii Iudi fiue drammes, Amber half a dram, Moſche halfe a ſcruple, which is twelue graines: & alſo fifteene leaues of gold. If you wil vſe it for the head, take one ounce of the water of Bettony, & of the firſt water one ſpoonfull: mixe them together and drink it all faſting. The vertue of this doth ſtrengthen all the members. Take one ounce of Malmſey, or of other good wine in a litle glaſſe, and put one ſpoonful of this firſt white water thereto, mixe them together, & it will be white as milke: which drinke, with a faſting ſtomache, & neither eat nor drinke of two houres after, and it wil preſerue all thy members. For a cold Liuer take a ſpoonfull of the white water, with an ounce of the water of Sage. For the breſt, & the cough of a cold Rewme, take it with the water of Iſop, Louathe, or Fennel. For the hart with the water of bugloſe, borrage, or Balm, For the ſtomach, with the water of wormwood. For the Lights, with the water of Mayden-haire, or Polipode. For the ſpléene, with the water of Hartſtongue. For the Vertigo (a giddines of the head) or the Apoplerie, with the water of Piony, of Fennel, or of S. Iohns Wort. For the ſtone, with the water of Radiſh, or winter Cherries. For the retaining or holding of the water, with the water of Creſſes, ſome parſly, or Saxifrage. For the eies with the water of Fennel or Eyebright. For the retaining or with holding of Menſtrues, with the water of Mugwort, or with water of radiſh. For the too much flure of the Menſtrues, with the water of Plantaine, or of Nightſhade. For the Matrix hurt by the Midwife, or of any cold cauſe, whereby ſhe doth conceiue no more: let it be vſed without the water of Valerian or Bettony. Againſt the ſpots of the face, take of the water of Pimpernel, four parts, of this white or firſt water, one part, mixe them together, & annoint the face morning and euening: and drink it twice or thrice in the weék, with Endiue water. It cures the Cankar, being annointed there-with, and the Fiſtula, if a drop therof many times put into it. It helps a cold Gowt, if it be annointed there-with.

For

droppe thereof many times put into it, It helps a cold golwte, if it be annointed there with. For the paine of the Matrire, let this water be taken with the water of Mugwort. Also it is good against the Quarten and Quotidian Feuers. The Cytrine oyle hath many vertues, as the oyle of Balme: if any greefe bee annoynted there with. The blacke Oyle is of great vertue in the Golwte, if it be annointed there with, as the Mother of Balme being white, called the golden water. Cratarolus.

42

Heere followeth an excellent Medicine that will heale olde rotten and incurable Vlcers, very quickly. Take of Turpentine three times washt, first in faire spring or Well water, and after in Rose or Plantaine water, three ounces, the yolke of an Egge, oyle of Roses, an ounce and a halfe, Mercury sublimate made in powder, halfe a dram, and let them all be mixed well together, and make thereof an oyntment, and wash the vlcers or sores with white wine: then spread some of the oyntment or salue vpon flaxe, and applie it to the sore, and dresse it with new salue twice euery day: but before euery dressing, annoynt it with this following, three or foure fingers bredth about the sore. Take of the oyle of Roses, two ounces, of Vineger halfe an ounce, of the powder of Bole Armoniacke, a little, mixe them together, and annoynt it as is before saide, And when all the rotten or putrified flesh is eaten out, then annoynt the vlcer with Butter, and you shall see a wonderfull effect. Proued.

43

For the burning or great intollerable heat of the Vrine. Take of the seedes of Purslaine, of the seedes of Lettice, of the seedes of Endiue, of the seedes of white Poppy, two ounces of euery of them, of the seeds of Henbane, halfe a dram, Sebasten, two ounces, Safferne, one dram, Liquirice fiue drammes, Pineapple kernels, ten drams, fountaine or spring water, fiue pound, mixe them all together, and let them be sod vntill the consuming of the third part of the water: then let it bee strained. Whereof take one ounce in the morning mixed with one ounce of Julep of Violets. and the fourth day the effect worthy of marueil will appeare, this is prooued.

44

A notable and an excellent Balme. Take of Turpentine one

pound and a halfe, Galbanum two ounces, Aloes Socotrin, Mastick, Cloues, Galengale, Sinamon, Nutmegs, Cubebs, of euery one of them an ounce, gum of Iuie, halfe an ounce: when all is wel beaten, mixe them together, and distill them in a glasse, with a slow fire first, and receiue the first water by it selfe seuerallie, then encrease the fire, and a water more reddish will come, then encrease the fire more: and an oyle will come of a red colour, receiue that as long as any will come: you must change the receiuer thrise. This oyle hath all the vertues of true Balme, for it burneth in the water, and curdeth Milke by and by: for if one drop of it warme, be put into a pint of Milke, it will foorthwith become curded. The first liquour is called the water of Balme, the second Oyle of Balme, the third Balme artificiall. The first is profitable against the running of the eares, if two drops morning and euening be put into them: dropt into the eyes, it amendeth the blearednes, and consumeth the teares: it dooth meruailously restraine superfluous humors in any part of the body: it taketh away the toth-ack, if they be washt therewith, and killeth the wormes if there be any in them. The third liquor will suffer no venom, it is an vtter enemy and destruction to Spiders and serpents, two or three droppes thereof laid vpon any venomous biting, doth make it whole straight. If thou drawe a circle with this liquor, and shut a venomous beast therein, it will die there, rather then get out of it: to be short, it dooth all the same things that Treacle doth, but all things more effectually: being powred or put vpon any Impostume, within nine dayes healeth them, and likewise a Fistula be it neuer so euil, and also Nolime tangere. All diseases bred of fleame and of colde humors it healeth: if a Linnen cloth dipped in it, be laid vpon the place where the greefe is, It putteth away vtterly the Palsey, and all trembling of members: It strengtheneth meruilously the Sinewes, it is hotter then the first or the second, If a man put a droppe of it in his hand, it pearceth straight without greefe. To conclude, it doth many other things, and all diseases risen of a colde cause it healeth, if they vse it right. Lullius in his booke of waters, But this is taken out of Euonimus. 45

If you take the Gall of an Orc, mans vrine, Veriuyce, & the iuice of Nettles, of each a like quantitie, and mixe them verie diligently

diligently together, and after quench Steele red hotte therein, foure or fiue times together: the same Steele will after become as soft as past. This is affirmed by the Schollers of Padua, in their naturall and artificiall conclusions. &c.

46

A most present remedy for them that are infect with the plague or Carbuncles, pestilentiall, pustles, holy fire, and other of that kinde. Take the ripe berries of Iuy, being dryed in the shadowe, then stampe them and make them in powder, of which powder take halfe a dram in two or three ounces of the water of Planten: and remaine still in the bed, vntill you haue sweat very wel, and after you haue sweat put on a cleane shirt well ayred at a fire: and if you may conueniently, let the sheetes and the clothes of the bed be shifted. There hath bene some healed with this order in one night. This is proued. Alexis of Pyemount saw one helped with taking this powder twise: that is, at morning and euening, hauing two sores appearing, which with this pouder, brake the next day after, and so recouered.

47

Doctor Monardus in his booke before mentioned, among other marualous matters, hath declared at large of two wonderfull and strange stones, in these wordes following. They doe bring (saith he) from the new Spaine, two stones of great vertue, the one is called the stone of the blood, and the other is a stone for the disease of the Stone in the kidneies and reynes. The blood Stone is a kinde of Iasper of diuers colours, some what darke, full of sprinckles like to blood, being of colour red, of the which stones the Indians doe make certaine Hafts, both great & smal. The vse thereof both here and there, is for the flure of blood, of what part soeuer it be, of the nose, or of the Menstrues, or of the Pyles, and of wounds, or of that which is cast out of the mouth. The stone must be wet in cold water, and the sick man must take it in his right hand, and from time to time wet it in colde water. In this sort the Indians doe vse them.

And as touching the Indians, they haue it for a certaine, that touching the same Stone in some part where the blood runneth, that it doth restraine: in this they haue great trust, for that the effect hath bene seene. It doth profit also, hauing it holden, han-

ged or tyed to the same part, where the blood runneth, so that it touch on the flesh. Of this stone we haue seene great effects, in stanching of blood. And some that doe suffer the Hemeroidal flux, haue remedied themselues with making of Rings of this stone, and wearing them continually on their fingers, & also in Menstruall fluxe of Women.

The other Stone which is for the disease of the Stone in the kidneyes or reynes, the finest of them are like vnto Plasma of Esmeraldes, which is likened to greene, with a milkish cullour, the greatest is the best, they bring them made in diuers formes and fashions: for so the Indians had them in old time, some like to fishes, other like to heads of Beasts, other like to the billes of Papagaies, other like to round Beadestones: but all pierced through for that the Indians did vse to weare them hanging, for the effect of the griefe of the stone or stomack: for in these two sicknesses it doth marueilous effects.

The chéefe vertue that it hath, is the paine of the stone in the kidneyes, and in expelling of sand and stone. Insomuch that a Gentleman which had one of them here, the best of them that I haue seene, hauing put it to his arme, it doth make him to expell and cast out much sand, that many times he doth take it away: for that he thinketh that it doth hurt him for to put out so much: and it taking it away, he ceaseth to cast any from him. When he feeleth the paine of the stone, and putting it to againe, it doth take away incontinent, with expelling of much Sande and small stones. I haue seene it exercised to persons, that haue béene greeued with great griefe and paine of the said disease, and putting it to them, they do forthwith expell the sand and the little stones: and remaine clere thereof. The stone hath a property hidden, by the which meanes he doth great effects, to préserue that they fall not into the paine of the said diseases. And after it is come it taketh it away, or diminisheth it. It doth make the sand to be expelled with great abundance, and likewise Stones. It taketh away the heate from the reines of the back: it profiteth in greefes of the stomack put to it, and aboue all it préserueth from the said greefe. My Lady the Dutches, (a Dutches in Spaine) for that she had in short time, three times exceeding paines of the Stone, she made a Bracelet of them, and she vsed to weare it at her arme,

and

and ſithence ſhe put them to her arme, ſhe neuer had more paine of the ſtone. And ſo it hath happened to many other that had the like benefit, for the which they are much eſteemed, and now they bee not ſo ſone had as at the beginning: for that theſe ſtones only the Gentlemen and rich men haue them. And with reaſon, becauſe they doe ſo much meruailous effects. Thus much hath the learned Doctor Monardus declared of the excellencies of the two afore named Stones, which are brought from the Weſt Indias, with diuers other precious Dyles, Woods, Gomms, and other things, as ars moſt plainely and largely ſette forth in this ſayd Booke with many credible proofes: lately Engliſhed and publiſhed in print by the ſaid Iohn Frampton, therefore worthie of great commendation, called, Ioyfull Newes out of the newe found world. Which is of a ſmall price, but yet very precious: for in my iudgement, whoſoeuer doth buy it, doth not pay therefore the hundreth part that it is worth.

48

The making of a ſtone which moiſted with ſpettle, will burne. Take of quicke Lyme, pure Salniter, Tuttie Alexandrine, not preparate, Calamita, of each one parte, quicke Brimſtone, and Camphire, of either two parts, let them all be made in verie fine powder and cearced, then tie the ſame powder hard in a linnen cloath, then put it into a Crucible, and couer the ſame with an other Crucible, and wrap it faſt with lypers, and cloſe it well with Lute of wiſedome, that nothing may reſpire out, then let it be dryed at the Sunne: which done, caſt the ſame Crucibles into the fire of a Bricke kill, vntill the matter be well burned, which taken out, you ſhall finde a perfect matter of the cullour of a tyle: which if it be wet or moined with a drop of water, or with ſpettle, putting Brimſtone to it, then it will burne: which with blowing, or a blaſt is put out. Iacobus Weckerus.

49

To make an Egge aſcend into the ayre. In the month of May, fill an Egge ſhell cleane emptied, with dew, and ſtoppe the hole well, wherein you did put the dew, then lay the egge in the hotte Sun about noone: and it will be lift vp. But if you ſet a ſtaffe by it, it will aſcend more eaſily. Iacobus Weckerus.

50

To make a thinne Glew, a trimme secrete. Take the glew made of Fishes, and beat the same strongly on an Anuile, til it be thin: which after lay to soke in water, vntill it become very soft and tender, which will be within fiue or sixe houres, & then worke it like paste, to make small rowles thereof, which being like paste, stretch it, or draw it out very thinne: and when you will worke with it, then put some of it into an earthen pot, with a little faire water ouer hotte embers, and skiumme the same very cleane, and let it so seeth a little while, then after worke with the same, keeping it still ouer the hotte embers, vntill you haue done with it, for so it fastneth and bindeth the stronger: and in such sort, that it fastneth peeces of glasse together.

51

If you would destroy Catterpillers, do thus. Annoynt all the bottome of the tree round about with Tarre, then get a great sort of Ants or Pillemyres, and put them in some bagge, and drawe the same vp by a corde into the Tree, and so let it hang there, so that it touch the body of the Tree, and the Ants letted to go down from the Tree by the meanes of the Tar, will for want of foode eate and destroy all the Catterpillers there, without hurting of the fruite: this was told me for a very truth.

52

Bore a hole in the end of a Goose egge, and put all the white and yolk out of it, then put into the shell a Batte that flies about in the euening, and then glewe or close it fast on the top, and you shall see the Bat flie away with the same egge-shell: to the great meruaile of them that knowes it not.

53

It is very euill for them that falls sicke, when the Moone is applying in coniunction to the Sunne, and worse, when she is within sixe degrees of the Sunne. This I knowe to be true by often proofe and triall. And Abranam Auenezra affirmes the same writing. Decriticis diebus.

54

Rub any precious stone vpon Leade, and if then it change the colour, then it is a counterfeite stone. If it change not: then it is a naturall and good stone.

Stampe

55

Stamp Celondine, and lay it to any Tetter or Ring-worme or any other such like, called Imipetigo, or Sperpigo, shifting it twice euery day with new for the space of a fortnight: and it wil quite kill and destroy them. And also it will put away any black spots with the like vsing thereof, in what part of the body soeuer they be.

56

Take pure Wax and fine Brimstone purified, of each a like much, melt them together, making thereof a Candle and after take the ponder of a Coale finely beaten, and as much of Brimstone in powder. These sift through a Searse or a linnen cloath, and after heating the said Candle, smeare it about with this powder so long, vntill it haue as it were a thicke crust round about the same, like vnto the thicknes of a back of a knife: which after couer about the head of it, with a Paper, and then hang the same at the mouth of a gutter that droppeth fast in a frosty euening, vntill it be couered with Ise a finger thicke: then light the same, and it will burne as it were all Waxe. This is taken out of the naturall and artificiall conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

57

The coniunction of the Moone with Saturne in the first beginning of sicknes, doth signifie euill and long sicknes. But if Saturne be of a slow course, it augmenteth the euill. If of a swift course, then it deminisheth of the euill. If he be Retrograde, applying the opposition to the Sunne, after he is cured, he will fall sicke againe: but if he be Retrograde, and seperate by opposition from the Sunne, the euill is diminished. Abraham Auenestra de criticis diebus.

58

A very good laxatiue Dredge powder, whereof you may take a spoonefull when you neede in your Pottage, or Broath: it will make you to goe to the stoole. Take of pure Turbite one ounce, Ginger, Sinamon, Masticke, Innis seede, Hermodactilis, Diagredion, of each halfe an ounce, of the leaues of Sene, two ounces, of Sugar, foure ounces, beate all into fine powder, and let them be mixed together. Leonardus Fuchsius.

59

That signe and degree where in the Moone is in the houre and time

time of the birth of any: the same signe and degrée did ascend at the very time of the conception of the same child. And that signe and degrée wherein the Moone is, at the time of the conception: the same signe and degrée, or the opposite to the same, doth ascend at the very time of the birth. Hermes & Ptolomeus: Therefore according to this rule of the auncient & famous Authors, (whereto Guido Bonatus, Iohannes Ganiuetus, Sconerus and Taisnierus notable and learned Astronomers, with diuers other, do consent and agrée,) diuers women, haue diuers times betwéene the conception and birth of their children: for the place of the Moone at the time of the conception, and her vncertaine course after, doth plainely manyfest, that some women goes with childe not aboue xxxbii. wéekes, some others xxxbiy. wéekes, and vnder, some xxxix. wéekes, and somthing lesse: some againe goes forty wéekes and a few daies lesse, and sometimes certaine dayes more: yea and sometimes forty and one wéeke, and one day, which is the longest time, as the learned in the same Science, can perfectly finde out. Wherefore they are much deceiued, that thinkes euerie woman goes but iust forty wéekes with childe: which fond and false opinion, hath made many an honest woman falsely suspected, wrongfully slandered, and without iust cause from their husbands seperated. Therefore it were good and very méete for euery one, not to giue to much credite to this fond reckoning of iust forty wéekes: which is more common then true. Which for described excellent rule, (according to the minde of the worthy and learned Mizaldus,) is of no small weight, for the tryall of the fidelitie and honestie of women to their husbands, and to finde out the very right time of the nativitie or birth, so that the very day and hower of the conception be certaine.

60

Take the stones out of Raisins of the Sun, then stampe the same Raisins, and apply a plaister thereof to any grefe or ache: and it will cease it presently, and if you vse it fiue or sixe times in such order, it will thoroughly helpe and cure the same. I haue sene this well proued. 61

If you gather grene Beanes from the stalkes, when they be ripe, fullie growne, and ready to eate, and then immediatly cut off the said stalkes within a handfull of the roote: then new and

mee

more branches will shortly after spring out of the same. Which will spring forth new Beanes, and more plentifull then before: and as good as the first. Whereby you may haue more then double encrease, & two seuerall gatherings of Beanes in one yeere. But in any wise, take heede that the first gathering and cutting away of the stalkes, be when the said stalkes be greene, I haue seene it proued, therefore I write and publish it for an vndoubted truth. It is credibly told me, that if you vse peason in the same order, the like effect will follow. Which I beleeue to be true as well in the one as in the other.

61

Take a little Rew or Hearbgrace, and stampe the same, then straine out the iuyce thereof, and after you haue thus done let the party that is pained with the tothach, drop three or four drops of the same iuice into his eare, on that side the paine is, and let him lie on his other side an houre or two, and it will not onely take away the present paine, but also the party that tryeth it, shal neuer be troubled with the tothache afterward. This was reported vnto me for truth, by one which had proued the same.

62

Lay a dish ouer hotte sodden milke, and there will a water be on the inside of the dish, which water keep in some glasse: whereof if a little be put into sore pained or dim eyes, it will helpe them meruailously. This was affirmed to me of truth.

63

Heere followeth the description of a notable Oyle of Balme. Take of Turpentine, one pounde, and put it into a body of Glasse, and warme it at a soft and easie fire, vntill it war liquid, and put therein by little and little, with mixing or stirring it, the pouder of Frankensence fiue drammes, of Lignum Aloes, Masticke, Cloues, Galinga, Cinamon, Mace, Mirrhe, of each one dram, all well pouder ed together, gum of a Figge tree fiue drams, likewise made in pouder and all mixed together, and mixe them all with the said Turpentine made liquid as is before said, and when they be well incorporated together, set on the head of the Limbecke, and lute all the ioynts of the same well, and set it in ashes, and put vnder it an easie fire. And when it begins to distill

let it drop away a little, for the first drops are little worth, then put the receauer to the nose of the Limbecke, and close and lute them well together that no ayre goe forth: for then the vertue of it would goe away. Then know that at the first will come forth a white and cleare water, which kéep by it selfe. Then will come forth the second water, which is better, of a heauenly and ayrie colour, which kéepe by it selfe. Then receaue the third, which is the best, which will be yellow and thicke as Honey: kéepe this also by it selfe. The first of these is called the water of Balme: the second, the oyle of Balme. the third, is called Balme. His proofe to all examinations is, that you take one drop of the same, and let it be put in a vessell full of water, as you doe of naturall Balme, for the said drop wil goe to the bottome of the water, and it will stand there whole, as though it were pure Balme. This is mertuailous, and is of great vertues, and it is called of some, mother of Balme.

The first vertue thereof is, that it burnes, the second is, that if you wash your face and nose therewith, & that thrice in a day, it cures and helps the Reume. It cleareth the sight, and it comforteth the sinewes: and if you wash there with the hinder part of the head, then it comforts the memory, and all the vertues of the minde. This also doth purifie both fish & flesh, though they be putrified or corrupt: whatsoeuer there for is corrupt or putrified, it takes and consumes it away. And it kéepes that that is good & sound, so that you may eate them as though they were new and fresh. It brings againe an appetite, it comforteth the stomacke, and if you take thereof morning and euening, it consumes the fleame in the stomacke. It helpes or cures a stinking breath, as well comming of the stomach as of the braine: if you take foure or fiue drops thereof once a day in a little wine. No cold venomous thing may come nere it, as Frogs, Toades, Serpents, and Scorpions: if a cloth dipt in the same, and compasse a Toad or Serpent, there with, they will die, although they touch it not, and so it doth in all kinde of cold venomes: as the biting of a Toade, or of a Serpent: For it heales, if you wash oftentimes therewith the greeued place. And if you sethe an egge in it, it will sooner be sod therein, then in any boyling water. It heales and dries vp any kinde of scab or Tetter quickly, if you

wash

wash it there with twise in a day: and if you put three or foure droppes of this into the eare, and suffer the same there as long as you can, it helps and cures all noyse & soundings of the eares. If you mixe here with an equall portion of the iuice of Germander, and put three or foure dropes thereof in the eare, foure times in the day, then it helps and cures all deafnes: of what cause soeuer it comes: watering eyes and bleared eyes it doth cure, clarifie, restraine and comforts, if you wash them there with twice or thrice. All Impostumes, Vlcers, and all other superfluities it doth restraine, cure, and rectifie. And it is a thing more repercussiue and consumptiue against colde humors, then the Saphire or Planton. All paines of the teth, or running humors, it doth help, restraine, fortifie: and it makes the teth whits if therewith you doe wash the rotes of the teth. All wounds of the heade, though they be deepe, are cured with the same oyle: if therewith you wash it twise or thrise a day. Yea though the braine pan be broken, so that Pia Mater be not hurt. It heales and cures all Fistulaes, Cankers, Noli me tangere, the Kings Euill, and euery other eating sore: if you wash the same therwith twice or thrice a day. It heales and cures all kinde of Goutes, if you wash or anoint them there with, so that they come of a colde cause: and laying also a linnen cloath dipt therein vpon the greeued place. It helps also all strokes with staues or other bruisings, eyther by falles or otherwise, if you anoint the bruised or greeued place there with: and heales them perfectly and well. It helps the Emerods and Fundament that goes forth, and makes it tarry in his place, if you annoynt the same there with. It helps the Palsey, and all weakenes of the members, it doth strengthen, if you annoynt the same there with. Know that it is most hotte: and is of such penetration and heate, that if you put one drop thereof in your hand, by and by it penetrates the hand without any hurt. And you shall not feele any swelling of the fete or of the legges, or any paine of the ioynts, if you wash or annoint the same therewith, and it will helpe it if you dip a linnen cloath therein, and plaister it thereto. And briefely, if you will vse it, it profits, helps and cures all colde greefes, and all diseases comming of a colde cause, of fleame, or of putrified or corrupt blood. It hath yet many other vertues here left out, & it is called the mother of balme,

because it is better then Balme in many of his effects. And if you will proue that it be a true Balme: take a Chicken (the feathers pluckt off, and the guts taken away,) and see that it be wel washt and made as cleane as can be, and drie the same at a soft fire, so long as you may well hold it in your hand, then anoint the same Chicken well both within and without, with the saide Balme, twise or thrice: then afterwards lay the said Chicken against the Sunne, for the space of two houres, suffering it a little to dry at the Sunne, and afterwards lay by the said Chicken where you will: for it will neuer putrifie nor receaue any corruption, so long as the world doth endure. And knots further, that the oyle hath eighteene other vertues, which are written: but not here. This notable oyle of Balme, I copied out of a very old written booke which came out of the Abbey of Elsam in Lincolnshire, And now by me conuerted out of Latine into English, to the profit of many I hope.

64

A Flie drowned in water, wine, Ale, or Beere, & so throughly dead, being laid in warme ashes: (but they must not be burning or very hot,) the same Fly will reuiue and liue againe. This is very true.

65

If you doe gather Roses when they be fully ripe, and immediatly cut away the new springs, tops, and the vppermost branches of that yere: you shall haue new and fresh Roses grow againe out of the same, the same yere, about Michaelmas. I know this to be true, and for a truth I haue published abroad.

66

The Indians do vse the Tobacco (a notable hearbe) for to suffer the dreith, and also for to suffer hunger, & to passe dayes without hauing neede either to eate or drink, by any Desart or dispeopled Country, where they shall finde neither water nor meate. They doe vse of these little balls, which they doe make of this Tobacco, they take the leaues of it, and doe chewe it, and as they goe chewing of them, they mingle with them certaine powder made of the shels of Cockles burned, and they mingle it in their mouth all together, vntill they make it like to Dow, of the which they make certaine little balls, little greater then Peason: and they put them to dry in the shadow, and after they keepe them and

vse

vſe them, for the auoyding of hunger and thirſt, in their trauaile without any meat and drink, for the ſpace of three or foure dayes. This doctor Monardus hath written, with many other wonders and notable vertues thereof, in his booke before mentioned: Intituled, Joyfull newes out of the new found World. This Tobacco is a meruailous & wonderfull hearbe, growing in the weſt Indians, called the new Spaine: and through the bringing of the ſeeds therof from thence, it growes now both in Spain & France

67

Wormes and other venomous beaſts are driuen away from any place, with the ſmoake or fume of other beaſts of the ſame kinde, as Raſis writes.

68

Quickſiluer killed, burned Lead, the ſcales of Iron, or blacke Hellebor, mixed with ſome pleaſant meat that Mice loues: if any Mice eate thereof, it will kill them. Mizaldus.

69

There is a certaine Gum is brought from the firme land of the Peru, which helps the Gowt with purging the cauſe thereof, if you put of it as much as a Nut in diſtilled water, which water ought to be the quantity of two ounces, and giue the ſame to the patient. (the ſame party forbearing meat vntil the middeſt of the day.) This Monardus affirmes to be proued, manifeſting the ſame at large in his ſaid booke, called the Joyfull newes out of the new found World. The name of the Gum he names not.

70

The rots of Roſes or their ſlips with their knots, remoued and ſet amongſt Worme, will bring forth yellow Roſes. Iohannes Baptiſta porta.

71

That Cheeſe that is made with Cheſſer or Rennet, wherein a little of the braine of a Weſell is put or mixt: will not putrifie, neither be eaten of Mice. Victorius.

72

There is a certaine Tree growing in peru, a bough whereof, if one doth hold faſt in his left hand a good while, that would know whether one that is ſick ſhall liue or die (of that diſeaſe, or at that time,) if the ſicke ſhall liue and eſcape: the party ſhall holde the

same, shal shew much gladnes. If the sick shall die, then the partie that holds the same shal be very sad. Monardus writes of this tree in his said Booke, and shewes that the same was proued true by a Gentlewoman that was meruailous sad, whiles shee did hold the same, whose husband died soone after accordingly.

73

Rare and strange kinde of fruite, as great as a nut, with meruailous round & hard black stones in them, is brought out of the new Spaine, by the report of the said worthy doctor Monardus, whereof two or three with hot water, doth more effect for to wash and to make cleane clothes, then one pound of Sope doth: whereof as wel as of many other strange and most excellent things you may read, described at large in his said booke, called the Ioyfull newes out of the new found World. A booke no doubt worthy of great estimation and commendation.

74

If a handfull of figs be stampt, till the kernels be broken, then tempered with a little fresh greace, and so a plaister thereof laide to a womans brest that is sore, as hot as she may suffer the same it wil take away the swelling and paine thereof, and if it be ready to breake, it will breake it, or else not. This is an excellent and a sure tried thing.

75

Take two ounces of Sulphur viue, called quicke Brimstone, beate it in pouder, and mixe the same wel with as much of blacke Sope, that is of the moste stinking smell, and tie the same in a linnen cloth, and let it hang in a pint of strong wine vineger, for the space of nine daies, and then vse to wash any kind of scruuines or Morphew there-with, though neuer so old or rooted, being eyther on the face, or any other part of the body, with a linnen cloath, dipt or wet therein, and so let the same vineger dry in of it selfe, and doe thus as long as the said vineger lasteth: and therewith the deformity or Morphew wil be perfectly healed. And whosoeuer vseth to drinke the water of Strawberies distilled: it will certainly kill the roote of any Morphew that is within the body. All this is well proued.

76

An excellent preseruatiue against the plague, which was proo-

ued

ned and vſed in the great Plague time in England, in the yéere of our Lord 1548. For euery one that vſed it then, eſcaped. Take Aloes, Hepatick, pure Sinamon, Myrre, of each three drammes, Cloues, Mace, wood of Aloes, called Lignum Aloes, Ballicke, Bole Armoniack, of each halfe an ounce, mixe them all together, and make thereof a very fine pouder, whereof take early in the morning, with white wine mixt with a little water, and by the grace of God, you ſhall be preſerued ſafe from the plague. Weckerus.

77

If you burne the ſhells of Snailes with Styrax, and then ſprinkle thereof vpon an Ants hill: thereby they will be driuen forth of the ground, or place where they are.

78

Take of Engliſh Saffron beaten in fine pouder, and as much of pure and good black Sope, which when they be well mingled together, ſpread it vpon the fleſhy ſide of a péece of Lether, then lay it vpon the nauell of them, whoſe vrine or water is ſtopt, and it will procure the water to come forth, & thereby they ſhall make water within an houre. This was told me for a true and tried ſecret, whereof I dare make no warrantiſe, but fauour it as you finde it.

79

Make a lute or clay with the dregs or mother of Oyle, & mixe there with a little chaffe, then let it lie ſo two or three dayes, then dawbe with the ſaid thicke lute or clay, your Garner, or roome where you will lay your Corne, then ſprinkle the dregs or mother of oyle, all ouer where you haue dawbed, and when it is dry, lay wheate therein, and there ſhall neither Weſell nor Mice, hurt, touch, or come néere that Wheat. This I had out of an old booke, And Iacobus Weckerus alſo affirmes the ſame.

80

When you firſt ſée the Cuckoe, marke well where your right foote doth ſtand: for you ſhall finde there an haire, which if it be black, it ſignifies that you ſhall haue very euill luck, all that yéere following. If it be white, then it ſignifies very good lucke, but if it be gray, then indifferent. It is certaine ſuch a hayre hath béene found accordingly, but what euent did follow thereof, I am yet vncertaine. But this was affirmed vnto me for a very truth. It was alſo credibly reported to me, that the like hayre will

will be found vnder the right foote, at the first seeing of the Swallow, after they are come at the Spring time: so that you loke after the said Swallow, as long as you can see her.

81

A quantity of Hemp seede stampt and strained through a cloth, when it is well sodden with running water, and a good draught thereof drunk last going to bed, and so vsed: will make one laxatiue, and lose bellied. This is a proued thing therefore.

82

The great Alexander being desirous, that the long life of Harts might be knowne to his posterity: caused golden chaines to be made fast vnto many Harts (about their necks I think,) the time when the same was done, being expresst or marked in the same, & they which were taken of the same Harts, an hundreth yeres after: did not yet seeme to be of the age of olde Harts. Mizaldus writes this, who affirmes that Pliny is the Author thereof.

83

Quicke Lime mixt with old Cheese, and well beaten together, will fasten and glew strongly together, broken stone vessels, and also broken Glasses. This was very credibly told me for a very great secret, by one that proued it.

84

Whosoeuer hath an extreame heate, or sore burning Feuer, let them vse to drinke foure or fiue times in one day, a good draught of the distilled water of wild Poppy, that is Papauer erraticum, which growes among Corne, with a red flower, much like the leafe of a Rose, it is called of some, red corne Rose. This haue I tried to be true.

85

They in whose nativity is Saturne Lord of the seauenth house, are not like to marry before they be thirty yeres of age: or else vntill Saturne (from that time,) hath compassed the whole Zodiake, (which differs not much.) This is proued true by long experience, and I haue seene many, whose seauenth house is Capricorne or Aquary (the houses of Saturne, & yet I neuer knew any of them, but either died vnmarred, or els maried after they were thirty yeres of age. And as I remember Cardanus agrees herein.

86

If the bottom of a seething pot with meate newly taken from the

The fire may be touched or felt without harme or danger of burning, then certainly the same meat is boyled enough: but if it be hot and not sufferable, then it is not sufficiently sod. This I know to be true, for I haue seene the tryall thereof.

87.

Lay a greene Iuie leafe in a dish, or other vessell of faire water, either for your selfe or any other, on New-yeares euen at night, and couer the water in the said vessell, and set it in a sure or safe place vntill Twelfe euen next after, (which will be the fifth day of January,) and then take the said Iuy leafe out of the said water, and marke well if the said leafe be faire and greene as it was before: for then you or the party for whome you laid it into the water will be whole and sound, and safe from any sicknesse all the next yeare following: but if you finde any blacke spotts thereon, then you or the party for whome ye laid it into the water, will be sicke the same yeare following: and if the spots be on the vpper part of the leafe towards the stalke, then the sicknes or paine will be in the head, or in the necke, or there-about: and if the spots be about the middest of the leafe, then the sicknes will be about the stomacke or heart: and likewise iudge that the disease or griefe will be in that part of the body, according as you see the black spots vnder the same in the leafe, accounting the spots in the nether or sharpe end of the leafe to signifie of the paines or diseases in the feet. And if the leafe be spotted all ouer, then it signifies that you or the party shall die that yeare following. You may proue this for many or few at one time, by putting in the water for euery one a leafe of greene Iuy, (so that euery leafe be dated or marked to whome it doth belong.) This was credibly told me to be very certaine, who affirmed to me faithfully that it was diuerse times proued for a very truth. But becaus I neuer tried it, therefore I referre euery one that shall read it to the tryall thereof.

88.

Brusonius writes, and Georgius Fabricius affirmes the same, that the bones of Hennes mired with melted Gold doe consume the same Gold into themselues.

89.

The water of distilled Honny makes faire and comely colou-

red hayre, if it be often moystned, or spunged therewith. This is prooued.

90

The rootes of Hollyhocks, stampt and mixt with the grease of an olde Hogge, and plaistred to the Gowte, helpeth it in three dayes. Petrus Hispanus.

91

Veriuyce sod, vntill it be very hot, and then put into a linnen Bottell with a narrow mouth, and then holden to, or in the eare, that the fume thereof may enter into the head: it will helpe the head ache maruelously, and the sounding of the eares. And if there be any quicke things in the head, it will bring them forth with great spede. A gentleman taught this to a woman that was sore tormented in her head, esteeming it as a precious secret: but I neuer tryed it: therefore as it prooues, so praise it.

92

If one be wounded that hath the dropsie, it is hard to heale him. Hippocrates. Therefore this is worth the marking.

93

You shall knowe howe many daies olde the Moone is, if you doe as followeth: (especially shee being in the first quarter,) hold before your eyes a peece of fine Lawne, & looke through it straite vpon the Moone, and so many daies old as the Moone is, so many Moones shall you see, or at the least, they will seeme so many in your sight. Assone as you try it, you will say it is true. For I haue seene the proofe thereof.

94

I heard it tolde for a very truth by diuers persons, that in a Plague time, in the Cittie of Cullen, there was a certaine woman dyed, and was buried with a Ring of golde on her finger, for the greedinesse whereof, a couetous fellowe, within a while after she was buried, digged her Graue, and opened the Coffin wherein shee did lie, thinking thereby to take away the Ring from her finger: but immediately the said Woman did suddainly stirre and moue, and beganne to sitte vp: which when the saide fellowe sawe, with great feare hee did runne away, and then the Woman by some meanes, did teare or vnloose the sheete, wherein shee was wrapt, and then shee went straight home to her Husband, and called vpon him, to let her into the house: whome, when he heard, he thought it had beene a Spirit. But

at

at laſt through her importunate calling, he receiued her into the houſe; and thus wonderfully ſhe recouered and liued: which woman after that had three or foure children, of whom it is ſaid, there is a monument at this preſent, in the ſaid Citty of Cullen. Therfore too haſty or quicke buriall is not to be vſed, as not onely this rare example may ſufficiently teach vs: but alſo for ſuch cauſes as I haue alleaged in an other place of this Booke.

95

If you graft the ſlips of a Wilding or ſower Apple, vpon the ſtock of a Hawthorne, you ſhal haue Pedlers grow therof. This I haue ſéene proued, therefore I affirme it for truth.

96

A little Bird called the Kings Fiſher, being hanged vp in the ayre by the necke, his neb or bill will be alwaies direct or ſtraight againſt the winde. This was told me for a very truth, by one that knew it by proofe, as he ſaid.

97

Whoſoeuer ſhall weare about their middle ſuch a girdle as followeth, tying it faſt that it fall not away, they ſhall not néede to feare drowning, though the Boate they are in ſhould miſcary, whereby they may paſſe ouer any water ſafely, and without any danger, though it be neuer ſo déepe. For ſo long as they haue it about them, they cannot ſinke. Take two péeces of good Neates leather well tand and dreſt, ſuch as foote-balls be made of, (eyther péece being of the breadth of fiue or ſixe fingers) and of ſuch a length as will make a ſufficient girdle for you. Let a Shoomaker ſew them very ſtrongly, thick ſtitched, and ſurely together, and likewiſe at both the ends, and in the middeſt thereof faſten a pipe like a Bagpipe, wherewith blow the ſame girdle as full of wind as you can poſſible: then vnder the nether end of the pipe, tie the leather very faſt & ſure, that ioynes the pipe and the girdle together, with a ſtrong packthréd, or with ſome other ſure and ſtrong thing, leaſt the winde ſhould come out of the girdle, (whereof you muſt take great héed.) Alſo blow three Ore bladders full of wind, and tie them hard that the winde goe not forth of the ſame, & ſewe each of them ſtrongly and ſurely within good ſtrong Neates leather, round like vnto a foote-ball, and make three ſtrong lopes vpon the ſaid girdle, one againſt the middeſt of the back, & againſt

either of the sides ouer, and then tye fast and surely one of the said bladders sewed in the leather, to euery of the said loopes, and then tye the same girdle about your middle very fast and sure, and then you cannot sinke into the water, and so you may passe safely ouer, if the water be not too broad and too rough. Nicholaus Machauel hath written of such a like girdle in his excellent booke in the Art of warres, for the sauing of Souldiers and Fishers ouer waters. In which booke, there are other notable Engines, and worthye matter beside, concerning warres.

98

A Ladle made of the wood of a Figge-tree, hath a meruailous propertie, for if flesh in the seething thereof be often stirred therewith, or if it be in the pot while it is seething, it makes the flesh to be sooner sodden.

99

A Partrich will crye aloud, and will teare or breake the Cage or Coop where she is fed, if there be any deadly medicine or poyson prepared within the same house, which shee doth feele presently, and also hath knowledge thereof through a wonderful, special, and rare gift in nature. Ætius ex Pisone.

100

Gellius writes, that the Hedghe-hog makes the mouth of her Hole, Cabben, or Caue, alwayes contrary to the winde: for through a meruailous naturall gift, shee hath fore-knowledge in what quarter the winde will be, and thereupon shee changeth the mouth or entring in of her Hole or Caue: whereby Mariners haue learned afore hand, the place of the winde.

The end of the tenth and last Booke.

Joseph Palmer

A ſpeciall Table for the finding out of any matter in this Booke, whereof the Table of the firſt Booke doth followe.

A Strange Hiſtory of two Louers lonly deliuered from the Plague, by that were poiſoned by eating of Sage. Page. 1
A little Poet did weare leaded ſoles. 2
A ſtrange thing of Mullen, 3
To encreaſe milke in Nurſes. 4
Aqua vitae helpes ſtunswes and Muſkles. 5
To make rough or chapped lyppes ſmooth. 6
To knowe who ſhall be crooke-backt or halt. 7
Earth-wormes helpe deafenes, 8
A notable cure of one that had the greife of the Spleene ſeauen yeeres. 9
A rare thing to make a horſe fall, as dead, & after to make him lively. 10
To get a precious ſtone out of a ſnake. 11
A way to keepe wine ſafe from Thunder. 12
To knowe who ſhall haue the Palſey. 13
To take away a Wen. 14
To make wood of the colour of Hebenus. 15
An excellent vertue of Mullen, in helping of bruſes and ſores, 16
Valerian will drawe out any wood or yron out of the fleſh. 17
To make a barren Vine beare Grapes 18
To preſerue the teeth from rotting. 19
The teeth of a Boze newly killed, will burne bruſtles or haires. 20
A preſent eaſe for the Gowte. 21
The Citty of Tornace was merueilouſly ſhooting off of Gunnes. 22
To make common Azure. 23
A Cocke feares not a Serpent, yet he is afraid of a Gleade, 24
To make Amber cleerer and better. 25
A rare way to ſtay the fluxe or ſpreme. 26
Cantarides applyed, made one to piſſe blood. 27
A ſtrange vertue of the Burre leafe. 28
A ſalue made of Ale, helpes ſores and aches. 29
Dockes makes tough fleſh to be tender. 30
A way to know whether one be ſicke in body or in munde, or in both. 31
To knowe who is infected with the Pliriſie. 32
They that haue the quartaine Ague, ſhall not haue the falling ſickenes. 33
To colour bones with a greene colour 34
Oyle keepes wine from corrupting. 35
The coales of a Birch tree healeth and cureth wounds. 36
The Robin red breſt will couer the face of a dead body with moſſe. 37
A ſtrange example of the heard Baſill 38
Great-heade ought to be taken of cutting of Beens nauell ſtrings. 39
To helpe them that cannot holde their water, 40
An incredible tale of a louing dog. 41
The member of generation doth follow the proportion of the nauell ſtring cut. 42

A strange way for the helping of the Cods. 43
Of a woman that carried a dead childe in her woumbe 13. yeeres, 44
How to make a woman to be speedily deliuered. 45
Of the strange loue of Pidgions with the Castrell, 46
The rare secrets of a Moore leafe, 47
A perfect and pretious medicine for the plague. 48
How to knowe whether the next childe of a woman, will be a boy or a girle, 49
To destroy a fellon. 50
To proue that children are not alwaies like their Parents. 51
A Toad-stone ceases the paynes comming by the biting of any denomous beast. 52
A trim way to kill Lice. 53
How to make womens dugs round and hard. 54
How to knowe whether a woman be with childe or not. 55
A Ring which makes the bearer thereof safe from poyson and plague. 56
The excellent vertues of fasting spittle, 57
To keepe Cheese from putrifying. 58
To finde a pretious Coale on Midsommer euen. 59
A good thing to feede Weasles, and to make the hands white. 60
All things will swim vpon Quick-siluer, except gold. 61
An excellent way to stay the growing of haire. 62
A present remedie for hoarsenes and the cough. 63
To knowe who are like to haue the Golvte. 64
To take away the euill smell of the feete. 65
How to stop the bleeding at the nose, 66
Milke and exercise from the Cradle, make tall and comly persons. 67
A present remedie for the Squinancie. 68
Two contrarie natures in the Nettle. 69
To knowe whether a woman is like to haue children or not. 70
To make teeth as white as Iuory. 71
To take spots out of the face. 72
A strange way to helpe the quartaine ague. 73
A proued way to helpe the Collicke and paines of the back. 74
To helpe the swelling of the throte. 75
To make a woman loath the company of a man, and a man to desire a woman. 76
The strange nature of dogs. 77
To knowe good and pure Azure, 78
How to ioyne broken glasses and broken cups. 79
Of the great vertue of Planten, being the hearb of Mars. 80
How to cause an vnable Bull, to bull a Colwe. 81
A strange way to loose a man that is enchanted or bewitched, thereby vnable to the act of generation. 82
A strange way to put away the cramp. 83
A prettie deuise to put out and light a candle, to make them meruaile that sees it. 84
To make a writing, being cast into the fire, to leape out of the same. 85
To gette any quicke thing out of the head. 86
A rare helpe for the Cramp. 87
A strange secret to plucke out a thorne out of the flesh. 88
Significations when the paines be in the eyes. 89
One through vse did forbeare drinke all his life after. 90
The three cornered bone of a Carpe ceaseth the bleeding of the nose. 91
A straunge medicine for curing the Meb

web, and the blindnes of the eye. 92
Salt will make women apt to haue children. 93
Diuers Beasts and Birdes, do diuerslie helpe their diseases, according to their nature. 94
Hanniball made a passage through the hard rocks of Alpes with vineger. 95
A notable remedie for all wounds. 96
How to make white Lillies red, 97
A hinderance to women to bring forth wenches: 98
How to ges quick-siluer out of such as are annoynted with oyntments mixt with the same, 99
To draw out thornes, and to helpe the dropsie, a rare and strange secret. 100

Of the second booke.

FOR knowledge of greekes & diseases in the eyes. Page 18. 1
Of a meruailous vertue giuen to the seuenth male childe, 2
A learned Phisition knew that one was sicke for loue, by the feeling of his pulse. 3
A strange way to knowe whether one that is sicke be in danger of death or not, 4
Howe to gather Hares together into one place. 5
Why children haue clouen ouer-lyps called Hare-lips, 6
What time the disease taken will be dangerous or not. 7
To drawe an egge through a ring. 8
To resolue Flint-stones into powder, 9
To cause wormes to come forth of the ground, 10
Howe to take spots and rustines from yron. 11
An excellent helpe for the Gowe. 12
That yrke shall neuer be frozen. 13
The Scars are strong in the birth, according to the aptnes of them that be borne. 14
The nature of the Sicamour tree. 15
How to procure sleepe. 16
To forse-knowe who shall haue paynes in the stomache. 17
A strange way to helpe them that bee broken bellyed, 18
To make hennes lay egges apace. 19
How to cleanse the face from all spottes, and other deformities. 20
How to driue away flyes that they shall neuer come againe. 21
How to make troubled Wine faire and cleere. 22
What time is dangerous to wound or cut any bodie. 23
The cause of the notable marks of sundry children before they be borne. 24
To keepe things from putrifying. 25
Beastes of one kinde will be hurt and not hurt with eating of one thing. 26
Of a childe meruailously preserued by a Wolfe. 27
A strange way how to preserue Chestnuts. 28
The great vertue of knot-grasse, 29
A strange thing to make a bogge turne round about, and to fall downe as if hee were dead. 30
A way whereby hunger was the lesse greeuous to the Scithians. 31
Of a pollicie whereby the Romans got a worthie victorie. 32
Of the loue of a dog to his Maister. 33
A signification of blindnes. 35
A present ease for the Gowe. 36
Knot-grasse dangerous for sheepe, 37
Of an incredible matter done in ones sleepe. 38
The strange nature of chalke. 39
How to make Wine pleasant in colour and taste. 40
Who shall haue paines in the Liuer. 41
Of an approued medicine to cure the blache Iaundies. 42
To make a Sword, dagger or knife to cut yron, as though it were leade. 43
An excellent way to purifie Wine. 44
To keepe a dog from breing mad. 45

To

To make ſweet & pleaſant Artychockes 46
A ſure medicine to helpe the ſtitch. 47
What grounde will breede the fineſt Wheate. 48
A ſtrange medicine wherewith Galen cured the falling ſickneſs. 49
To keepe dogs from madneſs, and from much barking. 50
Howe to make a Leeke haue a Monſtrous head. 51
The meruailous properties of the ſtone Aetites. 52
Certaine people without mouthes, liued by ſmelling of Flowers, Apples and rootes. 53
A ſpeciall remedie for any kinds of fall or bruſing. 54
Children borne at ſome houre will be blinde. 55
Howe to cure the falling ſickneſs by a ſtrange meanes. 56
To turne Wine into Vineger preſently. 57
A rare helping of the Kinges euill. 58
A dangerous time to fall ſick in. 59
Birdes helps their diſeaſes diuerſly. 60
Reyſins will auoyde and kill wormes. 61
An excellent helpe for the Chollick. 62
To helpe the paines of the bladder. 63
Children borne at a certaine time, will haue the diſeaſes of the Spleene. 64
To make fruite grow with what ſyde you liſt. 65
The great liberalitie of Alphons for making of the Aſtronomicall tables. 66
To knowe whether the Plague be curable or not. 67
A marueilous profitable vſe of Sparrowes. 68
To make white handes. 69
A very ſtrange matter of the quilles or pennes of an Eagle. 70
To helpe the redneſs of the face. 71
To make vnruly beaſts tame, 72
To make ſtoues ſoft, 73
To make frozen Apples come to their firſt nature. 74
An excellent thing to bee knowene by the Mulberry tree. 75
To ſeparate gold from ſiluer. 76
The vertue of the Jaſper ſtone. 77
To keepe Pidgions from beeing hurt with any Cattes, Meaſels, or any other vermine. 78
Who are like to haue the Ptiſicke. 79
A notable medicine to helpe itchings or ſcabbes. 80
A prooued medicine for the ſtone. 81
A foreknowledge of the plague. 82
Of two ſtrange brethren borne in Auſtria. 83
A ſalue for all ſores. 84
Of certaine women tranſformed into young beaſts. 85
How to ceaſe quickly the paine of the Gowt. 86
Of a wonderfull gift giuen to Rats and Mynſe. 87
To ceaſe the bleeding at the noſe. 88
To preſerue children from the fallingſickneſs. 89
Of one that became madde by playing with a whelpe. 90
To helpe the Sciatica or the Gowt. 91
A ſtrange matter of a Molues skinne, 92
To make Miſe runne into the fier. 93
To keepe clothes from Mothes. 94
How to knowe which part of ones life is moſt fortunate. 95
To ſtaye haires from growing. 96
How to ſtoppe the bleeding at the noſe. 97
How to knowe whether a woman bee with childe or not. 98
They that be borne at a certaine time, ſhall be giuen to ſwounding. 99
To make one ſlender. 100

Of the third Booke.

TO helpe a Horſe of the cough. page 1

Of the loyall loue of the Turtle Doue 2
To know in what quarter it is best for one to dwell in. 3
Of a wonderful thing of a woman tormented. 4
Witchery or Sorcery put away. 5
A strange thing of Moles or Moones. 6
To presage of warre, scarcenesse, or Plague. 7
The signs of death of a sick body. 8
To helpe the Cough or shortnesse of breath. 9
A sure remedy for a Fellon. 10
To helpe chapt hands. 11
That horses shal not be hurt with shooing. 12
A strange thing of a Firre tree. 13
A good time to fall sick in. 14
To heale the soies or pustules of the head. 15
One foretold the death of one that was sick by Astrologie. 16
To purge the head and gummes, and to fasten the teeth. 17
A strange medicine to helpe the bloody flixe. 18
How to confirme the memory. 19
To make no Moolues enter into any towne. 20
Things throwne into a certaine Well, was conuerted into a stone. 21
To knowe whether one shall finde the party at home or not. 22
An excellent property of the Sapher, 23
To bewray whether a woman be painted or not. 24
Tokens of the murraine or death of cattell. 25
Tiberius the Emperour did see as Cats doe in the night. 26
A preseruatiue against the Plague. 27
To make a meruailous hedge. 28
A wonderful thing of the Elephants 29
To quicken forgetfull persons. 30
A notable water for the eyes. 31
The threescore & thirty yeeres of ones age, a part dangerous time. 32
An excellent remedy for the tooth ache. 33
They that are borne at a certaine time, shall haue paines in their stones. 34.
Of a true medicine for Lameness. 35
They shall haue a special mark in their face, that are borne at a certaine time. 36
Of things that feates Lyons. 37
To keepe Pidgeons safe from Cats. 38
To make any place safe from Moolues and flies. 39
Good and euill signes in a mad man. aph. 40
How to procure a good stomacke. 41
A strange way to let fleas from biteing. 42
To make the counterfeite Mandrage. aph. 43
To keepe hands from feeling any cold. 44
How to resist venome or poyson. 45
Testimonies of death by the Planets. 46
To make a woman to be speedily deliuered. 47
A rare secret for consuming the web in the eye. 48
A speciall medicine for sounding. 49
Tokens of deafnes by Astrology. 50
A precious thing for swelling of the throate, 51
The Kings euill, helped by a wonderfull meane. 52
A strange thing to raise them that haue the Falling sickness. 53
To auoid the stone or grauell. 54
How to make beyond sea Azure. 55
To make Peasse leap out of the pot. 56
To make Hens to lay great Eggs, and often. 57
To know whether they feare needlesse or not. 58
For them that be much giuen to sleepe. 59
Of a pleasant role of Clouds 60

A ſtrange curing of the Falling ſickneſs 61
A wonderfull thing paſſing all credite, 62
Eeles breeds in cleanſed ponds. 63
How to make a Bird tame. 64
An excellent property of the Nettle. 65
Good 4 euill ſignes in a mad man. 66
Aſtrologicall demonſtrations of death. 67
A notable medicine for breaking the winde in the belly. 68
Of a ſpeciall helpe for any ache. 69
They that be borne at a certaine time, will be weake in the act of generation. 70
A notable remedy for the ſtone. 71
A ſtrange thing like the blacke Bird, will breede of Sage. 72
To make that Cattes ſhall not ſtray abroad. 73
When and where to get Pearles. 74
Fleas and Lice leaues ſick perſons before their death. 75
An excellent medicine for the Gowt. 76
To draw water from wine. 77
A notable medicine to help lame members. 78
How to diſtill a hot water. 79
The meruailous knowledge of harts. 80
A woman longed to eat of her husbands fleſh. 81
Leprous faces cured. 82
They ſhall be hie minded, ſtrong, & famed for their ſtrength and liberality that are borne at a certaine time. 83
An eaſie way to ſtench blood. 84
A ſure remedy to put away Tetters or Ring-wormes. 85
Excellent Pils that helps the headach brings gladnes, and are good for the eyes ſight, &c. 86
A childe borne at a certine time, ſhal be hindred in his ſpeech or tongue. 87
A man did barke like Hounds. 88
The eies of yong ſwallows put out, will ſee againe by a meruailous means. 89
How to prouoke ſleepe. 90
A perfect way to heale lame members. 91
It was a meruailous offence with the Egiptians to kill a Cat. 92
To keepe Harneſſe or iron from ruſting. 93
They ſhall haue riches without labour that are borne at a certaine time. 94
A notable oyle for the Gowt. 95
An excellent thing to keepe one ſafe from poyſon. 96
A thing to make one ſleepe preſently. 97
Of a rare ſecret to ceaſe bleeding. 98
To draw out a tooth with eaſe, and without any inſtrument. 99
A ſure medicine for thoſe that be coſtiffe. 100

Of the fourth Booke.

TO make Whale that will cauſe one to ſleep, whiles they are cut, whereby they ſhal feele no paine all the while Pag. 58. aph. 1.
They that be borne at a certaine time, will haue greekes in their noſes, &c. 2
A precious thing to breake the ſtone, 3
To make a Combe that will helpe the head ache. 4
A King procuring the vertue of ſtarres 5
A ſtrange helpe for the paines of the throate. 6
An excellent thing for the Gowt. 7
To make poyſon of the colour of bloode, 8
What Horſes are deafe and dumb. 9
To keep Harneſſe or iron from ruſting. 10
To knowe whether one come to deceaue thee or meane well or not. 11
How to looſe the belly. 12
The good effect of deafnes in an ague, and bleeding at the noſe. 13
A diuine medicine for the plurifie. 14
A ſtrange way to keepe a woman from hauing a child with a Hare lip. 15

To destroy any Impostume. 16
To know Astrologically where any disease is, either in the body or in the mind, 17
A Queene drunke at one draught, the value of two thousand and fifty thousand crownes. 18
The strange property of a Figge tree. 19
The excellent vertue of Vetuaine in helping the falling sicknes. 20
A child borne in a certain constellation, will be chiefe of his brethren. 21
A notable way to put away the paines of scalding or burning with Gunnepouder. 22
To make siluer plate faire and white, 23
A sure preseruatiue from the Plague. 24
A notable vertue of Piony, in curing the falling sicknes. 25
Astrologicall tokens of death of the sicke. 26
A rare way to make a woman to bee speedily deliuered. 27
To drawe out the Oyle of Sinamon. 28
To plucke out a rotten or aking tooth with ease. 29
An excellent proofe whether one that hath the plague shall escape or not. 30
The place where the censors of Venice sits, is free from flyes, &c. 31
The first child borne at a certaine time will be a boy. 32
A sure medicine to take away the greatest and eldest paine of the head that is. 33
A perfect medicine to kill wormes in the belly. 34
A dangerous time for the sicke. 35
The excellent vertue of gold. 36
The nature of the water or Gum of the Vine. 37
How to knowe the signes of death of such as haue a consumption. 38
Of an excellent Electuarie preseruing life, and hindring old age. 39
Of a Lamp without fire, to giuelight in the night. 40
Excelent vertues of the nauel string. 41
Gold found in Vines, 42
How to knowe what place is best to dwell in. 43
Women like to be barren that are born at a certaine time. 44
How to make barren trees fruitfull. 45
Of a strange way to put away the quarten ague. 46
The Gnats shall not trouble them that sleepes. 47
Troubles and debates what day they shall happen. 48
An excellent way to stay the fluxe. 49
How to cause a woman to be speedily deliuered, 50
Of a wonderfull medicine in the time of pestilence, 51
Howe to keepe one from being bitten with a mad dogge. 52
How to helpe the greefes or stitches in the side. 53
To see terrible and fearefull Dreames, 54
The houre of Venus is good to take a iourney in. 55
How to drawe out wormes out of the stomacke. 56
A great token of death when the moone is nie the Sunne, &c. 57
An excellent medicine for the paines of the hart. 58
For the Gowte and swellinges of the ioynts. 59
Of a strange helping of the Swinepocks. 60
A perfect medicine for the bloody fluxe, 61
A rare helpe for the Cramp, 62
They that are borne at a certaine time shall fall from some high place, &c. 63
How to cure the Dropsie, 64

The great vertues of Eybright. 65
To plucke vp a Canker by the roote. 66
To know whether a woman be barren or not. 67
To make letters of the colour of what mettall you ryb the same withall. 68
To help the red and pimpled face. 69
To know whether the Dropsie be hot or cold. 70
To know whether the sicke shall die of that sickness or not. 71
An horrible murther bewrayed by yong Swallowes. 72
For them that cannot hold their water 73
A signe of recouery or health. 74
Significations of dreames. 75
To make a Sword haue a sharpe edge. 76
To make that Nuts goe not by course. 77
A child borne at a certaine time, is like to be blind. 78
How to helpe the Reuome. 79
How to conserue youth. 80
Things prospers not, after the words of some. 81
How to cease the Hickop. 82
Children borne in the earthquake. what followes. 83
The nature of Sperma ceti. 84
They that are borne in a certaine constellation shall haue an impediment in their tongue. 85
How to cure the Dropsie. 86
Signes when a woman with two children, is like to loose one. 87
To helpe or ease a hot or cold Gowt. 88
The making of the flower of Oyntments, 89
Signes of death by Astrologie 90
A perfect way to cure the Spleene. 91
Tokens of health in a sick body. 92
To destroy a Carbuncle. 93
To make the black sea coale soft. 94
To help the stone. 95
A strange example of a childe borne without a mouth. 96
The wife shall die before the Husband. 97
How to help the Dropsie. 98
How to know perfect Balme. 99
To helpe the falling sickues. 100

Of the fifth Booke.

TO make a Mare bring forth a Foale of diuers colours. Page 79, 1.
To helpe the Stone and the Dropsie. 2
A Mouse for a Parent to goe in stony Mines. 3
They that are borne in a certain constellation, shall neuer marry. 4
A helpe for the head ache. 5
A water to plomber sleepe. 6
To destroy an Impostume in the head, 7
Significations of dreames. 8
To cause soft haire to growe on the chin. 9
A strange medicine for the swellings. 10
How to see true dreames. 11
A help for the falling sickne. 12
One borne at a certaine time, shall die a naturall death. 13
A precious helpe for the Reuome. 14
How to preserue youth. 15
An excellent Gargarisme to cleanse the head and the breast. 16
The sick party shall escape death without all hope. 17
To cure perfectly the blacke Jaundies 18
To keepe children from breeding Lice. 19
The Cock reioyceth contrary to all other Birds or beasts, &c. 20
A child borne at a certaine time will die of yron. 21
To forbid the engendering of the Impostumation of the stomach, 22
To restore sight to the blind. 23

A woman helped of the mother with the roote of Briony. 24
A strange way to put away Warts. 25
A meruailous thing of a Cocks Egge. 26
A child borne at a ceartaine time will be hanged. 27
An excellent purging of the head. 28
Black sieges an euill signe. 29
A notable medicine for the Collicke, Strangury, or the stone. 30
To breede childrens teeth easily. 31
A strange nature of the Walnut. 32
How to keep water hot without fire, 33
How to take madnes from dogs. 34
How to keep a child safe vntill the due time of the birth. 35
Of a strange thing to put away Warts 36
Signification that a child wil be hanged 37
To preserue one from head ache. 38
A strange medicine for the Cowt, 39
How to make a hot loafe leape. 40
A notable oyle of Saint John woort, 41
That no Flyes shall touch any beastes in the hot weather. 42
One borne at a certaine time, will die by the commaundement of the Judge 43
To kill and heale any Canker. 44
A precious water for mad men. 45
They shall neuer lose their sences nor vnderstanding, borne at a certayne time. 46
To make a glasse with water burne a thing nigh to it. 47
To make y sheepe follow one, 48
To knowe what one shall see in his dreame. 49
A strange way to helpe the quarten Ague. 50
To see the Sun eclipsed without hurting of the eyes, 51
Excellent vertues of plates of golde worne. 52
A Childe borne at a certaine time, is like to perish by the hands of many. 53
How to preserue the stomacke from any paine. 54
Of a precious water that breakes the stone in the reynes and bladder. 55
Significations of dreames, 56
How to melt Copper. 57
To keepe Goates from straying. 58
How to keepe Corne from hurtfull stormes. 59
They wil die in captiuity that are born at a certaine time. 60
Of an excellent oyntment. 61
Of a meruailous way to helpe any disease or paine of the throat. 62
A precious medicine for a red face. 63
Of a burning candle fround hid in an old tombe. 64
What time is best to digge or make a Well. 65
A notable vertue of Basill. 66
The great vertue of Coriander. 67
Of a sigue that the sick wil die the next yeete following. 68
How to helpe a red pimpled face. 69
For the falling sicknes. 70
A dangerous thing to suffer a venomous worme or a mad dogge to liue after one is hurt by the same, 71
How to make Scorpions come into one place. 72
One that is borne at a certaine time, will die in prison. 73
Of a notable helpe for the Spleene, 74
Of a precious oyle of Balme. 75
An excellent approoued plaister, to destroy any impostume, stitch, or swelling. 76
Astrologicall likelihoods when the sick cannot be cured, but with great expences. 77
The great vertue of Egshels. 78
The great vertue of Sugar, 79
A strange thing of a young wench. 80
To deck a bald head of haires. 81

A Beast shall neuer conceaue. 83
A dogge that taxes his disease of a man ought to be buried. 84
To cease the noise of Frogs. 85
The white thorne is neuer touched with lightning. 86
Children borne at a certaine time, will be drownd. 87
Of a present helpe for the stone. 88
To make one looke yong a great while. 89
To let hayre from growing. 90
How to make one laxatiue. 91
They are like to haue the falling sicknesse, that are borne at a certaine time. 92
Thatt fetters hurt not young Beastes. 93
A notable medicine for the Falling sicknes. 94
Garlick brought out a Serpent out of a man. 95
A stone found in a Swallow, helps the Falling sicknes. 96
To knowe if a woman be conceaued. 97
Who shall be poore. 98
How to beautifie the face. 99
To know whether the sicke shall die or liue. 100

Of the sixt Booke.

TO turne any Beast into a white colour. pag. 91. 1
A precious thing to expell the Stone. 2
To knowe whether a dreame be good or not. 3
A quick cure for the Hickop. 4
To finde out him that hath done a murther. 5
To know whether water be in wine or not. 6
Planten is meruailous for the plague. 7
To know a liuely or quick horse. 8
Diuers Beastes hates diuers coloured garments. 9
They that be borne at a certaine time, will die in the Countrey. 10
To heale the web in the eye. 11
A prooued Oyle which healeth the Dropsie. 12
A straunge thing of a Butchers dwife. 13
They that falls sicke at a certaine time are not like to escape. 14
To take the hayre away, & that it grow no more. 15
To catch easily Rauens or Crowes. 16
Birds leaue their singing and are sicke according to the starres. 17
The child borne at a certaine time, will be imprisoned. 18
A sure and prooued medicine for the torth-ache. 19
To take away wrinkles and spottes in the face. 20
An excellent way to take Foxes. 21
What women doe hurt with their looking. 22
What dead bodies remaine vncorrupt. 23
They shall die among straungers, that are borne in a certain constellation. 24
To take the blood or rednes out of the eyes. 25
They shall neuer haue the Collick, that vseth a certaine confection described. 26
To make wood or bones red. 27
Significations of dreames. 28
To make flagging or hanging pappes round. 29
A wonderfull thing of a Toade and a Spider. 30
A notable and approoued powdee for breaking and consuming the stone. 31
A great vertue for the eyes, or the oyle of paper. 32
Significations that the sicke party will kill himselfe. 33
A Spirit came to M. Brutus. 34
The great vertue of Egrimonie for wounds. 35
Money receaued in Venus, how it will

be ſpent. 36
How to rid one of an auncient dimnes of ſight. 37
Whether a woman be conceaued or not, 38
A notable medicine for the ſtone. 39
A rare and true medicine for the tooth-ache. 40
Who ſhall haue few children. 41
How to conſume warts, a ſtrange thing, 42
Mice will make Elephants refuſe their meate. 43
Who ſhall die in priſon. 44
Of a notable medicine for to heale the Strangury. 45
How to make a woman bring forth her child without paine. 46
How to ſtop the bloody flixe. 47
How to proue whether a woman be with childe or not. 48
A Crowe will dye, if ſhe eate of the meate wherof the Woolfe hath eaten before. 49
Of the great power and vertue of the Bay tree. 50
That Mice eate not written Papers. 51
The houre of Mars is to be abhorred. 52
To make cattell ſafe from diſeaſes. 53
Of a ſtrange nature of the ſkinne of a Lyon. 54
Colewoorts and Rewe ought not to be ſowne nie together. 55
Of a miraculous thing for the deſtroying of wormes in man or beaſt. 56
They that be borne at the conjunction of the Sunne and Moone. 57
Of the meruailous vertue of the ſeedes of Oculus Chriſti. 58
Of a meruailous ſtrange way to deſtroy warts. 59
How to make the Letters of the colour of paper. 60
Of a wonderfull matter of a woman transformed into a man. 61
What children are like to haue ſhort life. 62
A notable thing to heale old ſores. 63
Of an excellent helpe for the yellowe Jaundies. 64
When the ſick is to be feared. 65
What kinde of Chickens comes of the egge. 66
To make Amber as ſoft as clay. 67
The force of olde Leather in expelling Serpents. 68
A precious thing for the Strangury. 69
When the ſick perſon is like to die, 70
A notable medicine for the Sciatica. 71
A good leſſon for Phiſitions. 72
The loue of a Lizard to a man. 73
A notable medicine for to breake the ſtone. 74
Who ſhall goe far and long Journeyes. 75
Of a ſtrange thing for them that haue loſt their voyce. 76
Of an excellent thing for the Palſie, & the Gowte. 77
To heale the Sciatica. 78
To make a light to make the beholders yellow. 79
The ſtrange nature of the dung of a Woolfe. 80
To plucke out thornes, an excellent thing. 81
A meruailous Hiſtory of a Lady that had by imagination a child like an Ethiopian. 82
The ſtrange property of certaine flowers. 83
Aſſes thought to be dead with the eating of Hemlocks. 84
To take away the ſpotte in the eye in three dayes, 85
Things aske in the houres of Saturne or Mars, is a ſuſpition of euill, 86
A meruailous way to helpe women weakned with their monthly diſeaſe. 87
The ſtrange breeding of Snewes. 88
The great diuerſity betweene the leaues and ſeedes of Docks. 89

To

To amend lowernesse or tartnesse of wine. 90
A strange medicine to help all Rewms distillations, and watrines of the eyes. 91
A child borne in a certaine constellation will be mightie, wise, and a great Philosopher.
To get a stone that will cure the Dropsie.
Of a meruailous medicine to kill the Canker. 94
To destroy Tetters and Ringwormes. 95
How to breake the stone. 96
To driue away Crowes or Birds from corne that is sowne. 97
Of a strange help for the Collick. 98
What people are euill. 99
When feares shall arise in Journeyes. 100

Of the seauenth Booke.

A help for all griefes of the Bladder. Page 116, 1.
A notable water for breaking of the stone. 2
The strange breeding of Barnacles. 3
To help them that are bewitched. 4
Money deliuered in the houre of the Moone. 5
Great vertues of Bettony. 6
To know whether one that is sick, will liue or die. 7
A great cure of one that was swolne. 8
A good warning for purging or letting of blood. 9
Good knowledge for the certainty of the winde. 10
A strange help for the Gowt. 11
A strange thing of Harpe strings. 12
To ceasle the swelling of the yard. 13
One foretold by Astrologe, the speedy death of one that was sick. 14
For the stone an easie medicine. 15
That writing shall not be read, vnlesse the same be put first in the water. 16
A notable medicine for an old paine in the head. 17
How to get the Tode stone. 18
The strange generation of vipers. 19
To prouoke the flowers and after burthen. 20
An incredible helpe for the falling sickenes. 21
To ceasle the barking of dogs. 22
Shooes that will neuer be worne. 23
A strange thing to stop the blood. 24
The fire shall not burne a thing cast into it. 25
Feares or danger in long iournies 26
A miraculous thing in Ireland. 27
Whether the sicke shall escape or not. 28
To make a greene that will last. 29
How to make letters of gold. 30
To know when Wheat will be cheape or deere. 31
The Lyon is more fierce against men. then women. 32
Of the great vertue of nettle seede, 33
To put an egge into a narrowe mouthed glasse. 34
How to rost a dish of butter. 35
To put away the tooth ache, a strange thing. 36
They that are borne at a certaine time will be possest with deuils. 37
A strange well. 38
To handle fire without harme. 39
An excellent time to take medicine, 40
An excellent thing to cleare the sight. 41
To bring Pidgions to a Doue house 42
To make an hearb like Dragons. 43
To keepe Hens safe from Foxes. 44
How to helpe barrennes. 45
To know in what case a ship with the men in her is, being absent. 46
For swellings in a sore be cast. 47
To helpe a wound in the head. 48
A spetiall medicine to strengthen the back. 49

For

For sore throats. 50
They are deuillish that are borne at a certaine time. 51
How to keepe beastes from being bitten of blinde Mice. 52
A good lesson to be obserued in beastes that are with young. 53
Who are like to see true dreames. 54
A notable oyntment for any paine in the head. 55
An excellent water for hearing. 56
That a Wren will turne at the fire by it selfe. 57
How to make fine pictures and vessels with small cost, 58
How to knowe when the Mother shall be of a short life. 59
Howe to take away hardnesse of womens paps. 60
How to helpe mad men. 61
A precious thing for burning. 62
To cause one make water. 63
To hatch Chickens without a hen. 64
The strange vertue of the Medler. 65
Howe to cause rosted or sodden fleshe to seme bloody. 66
Of quicke and slowe deliuering out of prison. 67
To heale a scald head. 68
To destroy Warts. 69
Of a dogge taught to do the office of a seruant. 70
Of a most extreame famine. 71
Howe to driue foorth sande out of the reynes, 72
How to cause a woman to be speedilie deliuered. 73
That scalding be not seene. 74
To drawe out a tooth easily. 75
To put away freckles in the face, 76
To helpe the Elfecake in the side. 77
To helpe shaking hands. 78
How to chuse a right Tode stone. 79
Howe to make that Garlicke shall not smell. 80
An easie medicine for the Gowt. 81
An argument of death, 82
To cause a woman to be speedilie deliuered. 83
To know who shall be gelded. 84
Howe to make that no dog shall barke at you. 85
Of helping the Quarten ague. 86
Howe to helpe an olde and incurable Gowte. 87
Of a notable medicine for the Falling-sicknes. 88
An oyntment for the Gowte. 89
To destroy an itch, 90
How to make a candle that it shall not be put ont. 91
Of an excellent oyle for the sinnewes, and ache of the ioynts. 92
Of bringing wormes & hurtfull things in a garden into one place. 93
A token of short life. 94
Of helping the paines and deafenes of the eares. 95
Of a water for the Fistula, 96
That horses be liuely and quicke, 97
To make a horse pisse, 98
Of a very precious water, 99
For wind or sounding in the eares, 100

Of the eyght Booke.

TO make Vineger presentlye, page, 135, aph, 1,
Of a strange propertie of the Woolfe, 2
Deadly warre betweene the Hawke & the Eagle, 3
Howe to take Birdes that eates seedes that are sowne, 4
Of an euill houre to take a iourney on the Seas, 5
Of approued Pills for the Palsey, 6
A strange thing of a woman beeing with child, 7
To turne white wine into red, 8
Of a medicine for the cough, 9
Who shall possesse greater riches and honors then their auncestors, 1[illegible]
Of cleeting a dim sight, [illegible]
A meruailous medicine for woun[illegible]

and ſores. 12
A ſtrange diuerſitie between dead men and dead women. 13
The great vertue of Marigolds. 14
A rare thing to helpe the Goute, 15
If one doe come or ſend to theem a good houre. 16
To cauſe a ſpeedy birth of a child. 17
To know whether one that is ſick will liue or die. 18
To helpe them that be deafe. 19
How to draw forth a tooth without any paine. 20
A law that no ſicke perſonne ſhoulde drinke wine. 21
Whether any water be mixt with wine or not. 22
How to increaſe pidgions in a Doue-houſe. 23
An excellent thing for deafenes. 24
One did fore-tell of the eyme of the death of one that was ſicke, by Aſtrologie. 25
For ache in the bones or in any other place. 26
They that bee gelded are neuer gowtie. 27
A proud and vaine glorious Emperour 28
It is not good to bury any too huſtilie: 29
A notable medicine to help the ſhortneſſe of breath. 30
How to breake the great heate of wine in the beſtell. 31
How to keepe any part of the body from cold. 32
To keepe cloathes and bookes from mothes. 33
How to helpe a long continued deafneſſe. 34
A precious powder to conſerue the ſight 35
To gette out the water out of ſwolne legges. 36
Aqua vite good for the eyes. 37
To ioyne or knit woundes, 38
A water more precious then any gold, 39
To cauſe a woman to be ſpeedily deliuered. 40
A precious water for the gowte. 41
To driue away Backes or Rearemice. 42
To knowe whether you ſhall obtaine that thing you hope for, or not. 43
A preſent helpe for the tooth-ache. 44
To reſolue the ſorenes and ſwelling of the throat. 45
For the weaknes and paines in the backe. 46
To make one ſing cleere, and to haue a cleare voyce. 47
The ſtrange property of Mints. 48
A very dangerous houre to fall ſick in. 49
To breake a tooth, and to take away the paine. 50
Guido Bonatus learnedly fore-tolde a great danger to the Emperour, by his reuolution, 51
A meruailous matter of a woman with child. 52
A childe borne in a certaine time, will be a ſhipman or a Sayler. 53
A perfect helpe for the Goute. 54
To reſtore to the deafe hearing. 55
A notable thing to ſtop the Rhewme. 56
To helpe the pocks in the eyes. 57
When the Phiſition ſhall not profite the ſicke. 58
To make a tooth fall out by the roote. 59
How to reſtore one that is brought low by ſickneſs. 60
A notable receite for the blacke Iaundies, 61
Bettonie is a meruailous good helpe for the Goute. 62
An excellent thing for the Pluerſey, & the ſtuffed ſtomack. 63
To make Goates giue much milke, 64
He that is borne at a certaine time, will be

be a maister Carpenter. 65
To cease the outragious payne of the Gowt. 66
A most approoued medicine for the Gowt. 67
To catch birds with your hands. 68
To make a woman to be speedily deliuered. 69
A true medicine for the Gowt. 70
To kindle a Candle and to burne in the water. 71
To make that a Ram shall not putte, 72
A good houre to fall sicke in. 73
A present help for the toothach. 74
A warranted medicine for the Gowte. 75
A special medicine for al suddaine sickenes. 76
A straunge medicine for the yellowe Jaundies 77
To help the head ache and swimming of the head. 78
To make a Cock stout to fight. 79
A strange thing of Mice, 80
For the kings euill a rare thing, 81
Who shall be fortunate and happy, &c. 82
A meruailous water to recouer the sight. 83
To make a light that neuer shall faile, 84
To make a Swine follow one. 85
What thing driues away Bees. 86
A good houre to take a iourney in, for getting of vnlooked profit. 87
To stay the bleeding of the nose presently. 88
That writings appeare of the colour of the paper, and not to be read vntille it be holden against the fire. 89
How to guld Iron or Copper. 90
How to make an egge very hard. 91
How to make a red Rose white. 92
How to seperate golde from any thing gilded. 93
To knowe whether the sicke will liue or die: a strange practise. 94
How to stay the bloody Flure. 95
An easie plaister for the Gowte, but of great effect. 96
To destroy any Impostumation, and to auoyde the same. 97
He that is borne in a certaine constellation, will be a good Phisition. 98
A strange thing of a little Bird. 99
He will die in prison, that is borne at a certaine time. 100

Of the ninth Booke.

The wonderfull vertue of Gremonie, in helping them that be poysoned. &c. Page. 155. aph. 1
A meruailous oyle of Balme for trembling and the Palsey, and for helping the memory. 2
The hoofe of a certaine Beast, wil cure perfectly the falling Euill, a meruailous thing. 3
A prooued thing for the spetting of blood. 4
A precious and easie medicine for the Carbuncle, Plague-sore, Botch, bile &c. 5
Tokens of death in the sicke person, 6
Potage that will helpe perfectly the yellow Jaundies. 7
Serpents hates meruailously the Ash trees. 8
Who will procure their owne enmitie. 9
Juniper berries meruailous against poisons. 10
To trye whether precious stones bee pure or not. 11
A principall medicine for the bone ach. 12
How to helpe the paines in the back. 13
How to catch Moules or Wants. 14
To helpe the Fistula outwarde or inward. 15
For them that haue surfeited. 16
To pluche away carnall and fleshy [illegible]

a very ſtrange thing. 17
For them that cannot eate. 18
Of a preſent help for ſuch as haue drunk poyſon. 19
To let hayre from growing. 20
Howe the Lap-wing fore ſhewes the great plentie of Wine. 21
Of a good houre to deliuer Money in. 22
Of a precious drinke that cureth the Fiſtula. 23
How to make a woman to be deliuered incontinent. 24
To make a faire cullour in the face, 25
How to make one heare againe. 26
How to make Copper or Braſſe of the colour of Siluer. 27
The Serpents cannot goe out of the place where they are. 28
Anger and enmities will come to them through money, that are borne at a certaine time. 29
To heale a hollow Vlcer. 30
How to seperate golde from any thing that is guilded. 31
For them that cannot heare. 32
For the Fundament that goeth foorth. 33
For bleared eyes. 34
A Hare cannot abide the ſight of a Ramme. 35
Of a ſtrange thing fore-told by a childe newly borne. 36
A proued help for the Palſie. 37
How to cure ſwolne legs. 38
What makes men to bee without the Goute, 39
A ſtrange cure of one bitten with a Scorpion. 40
Of a miraculous oyle. 41
To put a writing into an egge. 42
Beaſts are according to the proportion of the inward parts. 43
Hee that is borne at a certaine time, ſhall conſume his goods, or come to pouerty or miſery. 44
Of the great vertue of Egrimony. 45
For the web or ſpot in the eye, 46
The great vertue of Tormentil. 47
Who ſhall be poore and a wretch, 48
A very good medicine for them that are ſhort breathed. 49
A ſtrange medicine for helping Womens breaſts. 50
How to helpe ſwolne armes, legges, or feete. 51
To help a ſtinking breath, a tryed medicine. 52
What day is vnluckie to a child borne. 53
How to deſtroy Warts. 54
To put away or conſume a Wen. 55
A ſinguler Oyle to beautifie the face. 56
Of a notable medicine for ache or the Gowte. 57
A precious water for the eyes. 58
Who ſhall die a foule or euill death, 59
To take Warts cleane away. 60
For the Cods that are ſwolne. 61
To breake a Byle, Boch, or a Fellon. 62
Of a notable ſecret for all incurable aches, 63
For ſwolne or ſore throates, a rare remedie. 64
For a great heate and pricking in the eyes. 65
He that is borne at a certaine time, ſhal neuer die an euill death, 66
A wonderfull drinke for bruſings. 67
To driue forth the ſtone in the bladder. 68
How to helpe the Palſie. 69
Of an excellent remedie for many diſeaſes. 70
For the Strangury, a ſtrange medicine 71
Of an approued medicine for the Sciatica. 72
The great vertue of Sugar for eyes. 73
They that ſets forward to the Seas in a certaine houre, are like to be drowned. 74

For

For to helpe deafenesse, a tryed medi=
cine. 75
The making of an excellent Aqua vite. 76
To make sweete water foorth=with. 77
A precious oyle for cold aches. 78
To anoyde the Dropsie water. 79
How to make a Capon bring vp young Chickens. 80
A learned astronomer for=one of his death, 81
A strange longing of a woman with childe. 82
Of a meruailous strange help for swoln legges of beastes or horses. 83
Howe to put away any spottes or clay=nings, 84
How to make any Bird to haue white feathers. 85
Of a meruailous strange helpe for the stone. 86
Of an excellent tryed secrete for diuers inward greefes. 87
How to make Corrall by arte. 88
An excellent thing for deafenes. 89
Howe to deliuer a woman of a deade childe. 90
How to make an Apple moue. 91
How to kill all the Fleas in a Cham=ber, 92
Of a Lady that swallowed pinnes with out any harme. 93
That Roses smell more pleasantly and grow the better. 94
Of a notable Oyle wherewith one got much money. 95
An excellant sweete water, 96
To make that Chickens bee hatched of diuers colours. 97
How to make that horse nor sheep shall goe forward though you beate them. 98
Of the age of certaine beasts & Birdes. 99
Of the great vertue of the water that comes out of the tree, 100

The tenth Booke.

A Strange thing of the Myrre, & the Olive tree. Page, 180. aph. 1.
A sure helpe for the mother. 2
Pidgions defended from the sparhawk their enemie. 3
An easie helpe for the Goute. 4
A learned prediction of an Astronomer. 5
The great vertue of the Adamant stone for the Dropsie, 6
A miraculous thing of them that bee murthered. 7
Of the great vertue of Amber for the watrines of the eyes, 8
Of a woman that went with a deade childe aboue foure yeeres. 9
To make one leathe Wine, 10
How beastes chaunce to become lame, 11
How to make a white & delicate skinne 12
Of one that pissed a knotted Barley strawe, 13
How to helpe lame members, 14
A strange meanes to helpe the tooth=ache. 15
Of a notable help for the memory. 16
A rare help for the Quarten ague. 17
For the Jaundies and the Dropsie. 18
How to part a glasse in sunder. 19
Of a tryed remedy to helpe the Drop=sie, 20
A straunge description of the Belaar stone. 21
Of a water whichcertainely will helpe the Fistula. 22
Howe to make a Candle that will not be put out with the winde. 23
The getting of the stones out of young Swallowes, & of their excellent ver=tues. 24
Of a marualous strange way to breed Eeles. 25
That the vine agrees not with the bay tree. 26

An Jmage of gold helps the head ache. 27
How to colour bristles. 28
To make the teeth fall easily out. 29
How to destroy the web in the eye. 30
Aqua vite with Sugar and pure white breade, is good for grosse bodies 31
Howe to make a Candle burne under the water. 32
How to make a ring leape by it selfe. 33
How to make Iron soft. 34
Of a strange longing of a woman with childe. 35
Of precious waters distilled of Centorie. 36
To make a bladder leap from place to place. 37
Of a notable water for beautifying the face. 38
How to fasten things hard together. 39
Of an Angelike water for the eyes. 40
An excellent water, called the golden water. 41
How to heale incurable bloers. 42
For the great heate of the brine. 43
A notable and excellent Balme. 44
To make steele as soft as paste. 45
A present help for the Plague. 46
Of two wonderfull stones. 47
To make a stone that will burne, moystening it with spittle. 48
To make an egge ascend into the ayre. 49
A Glewe that fastneth Glasse together 50
How to destroy Catterpillers. 51
To make an egge flie in the ayre. 52
A dangerous time to fall sicke in. 53
To know a counterfeit stone. 54
To destroy a Tetter or Ring-worme. 55
To make a candle of Jse to burne. 56
If one fall sicke at a certaine time, it signifies long sickness. 57
A good laxative dredge powder. 58
Euery woman doe not goe a like time with her children. 59
An excellent thing for any ache. 60
To haue Beanes twice of one setting. 61
To helpe dim eyes. 62
A most excellent oyle of Balme, which will helpe all cold diseases. 63
A strange reuiuing of flies. 64
To haue Roses twice in one Sommer 65
A strange hearbe that keepes one from hunger. 66
Venomous beastes driued away. 67
How to kill Mice. 68
A Gum that helpes the Gowt. 69
To haue yellow Roses. 70
That Mice shall not eat Cheese. 71
A Tree which will shewe whether the sicke will liue or die. 72
A fruite better to wash withall then Sope. 73
For womens breastes swolne or sore. 74
For the Morphew and scruffines of the face. 75
A preseruatiue against the plague. 76
To bring Ants out of the ground. 77
To cause one to make water, a strange medicine. 78
To keepe Wheate from Weesells or Mice. 79
When you first see the Cuckoe, marke where your right foote doth stand, &c. 80
To make one soluble. 81
The great age of Harts. 82
To glewe fast together broken Glasses. 83
For them that haue an extreame heate and burning Feuer, 84
Who are not like so marry before they be thirty yeeres of age. 85
To knowe when flesh is sod enough. 86
A meruailous thing of Iuy leaues. 87
The bones of Hennes consumes gold. 88

To

The Table.

To make fayre coloured hayre. 89
A notable helpe for the Gowte. 90
A meruailous helpe for the head. 91
A thing worth the marking. 92
To knowe howe many daies olde the Moone is, a verie strange thing. 93
A marueilous matter of a woman that was buried, 94
To bring forth Medlers out of a Hawthorne 95
A strange thing of the little Bird called the Kings fisher. 96
How to make a girdle that will keepe one from drowning. 97
Of a Ladie that makes flesh sooner to be sod. 98
Poyson is descried by a Parrich. 99
Howe to knowe where the winde will be. 100

FINIS

Oile. 7. 35. 77.
Oile [illegible]. 12. 32.
Oile [illegible]. 20. 21.
Oile apple. 38.
Oile [illegible]. 39.
oile of cloves. 48.
oile of cinamon. 63.

Rabbit. 34.
Ringworm. 53. 65.
Rise. 52

Vine. 4. 65. 77.
Voula. 9.
Venine. 10.
Vinegar. 17. 19. 20. 29. 32. 37.
Vervaine. 29.
Vine water. 65.
urine. 79.

Poisoned by sage. 1.
Palsy. 3.
Plague. 5. 9. 11. 31. 42.
Pluriss. 7. 60.
Pissing [illegible]. 8.
Pigeons. 9. 33. 44.
Plantain. 11.
Paper [illegible]. 15.
Pelitory. 40.
Parthidge. 40.
Paintiffact. 41.
[illegible]. 5.
Primrose. 53.
[illegible]. 13.
[illegible]. 12. 15. 18. 48. 56.

Spleen. 2. 76.
Sores. 6. 7. 33.
Seed bender. 6. 62.
Scorpion. 8.
Sting. 10.
Sunory. 10.
Spettle. 11.
Stinking feet. 8.
Squinez. 13. 14. 46. 59.
Saffron. 13.
Stone. 14. 31. 33. 47.
Swallow. 14. 73.
Salt peter. 15.
Salt. 17.
Thunder. 3. 51.
Teeth. 4. 13. 40. 43. 99. 63
Toadstone. 10.
Thaw. 32.
Throat. 46.

Wen. 3.
Wound. 7. 17.
Wort. 9.
Wormes. 20. 27. 30. 65. 71.
Wine. 22. 26. 27. 29. 52.
Wolfe. 23. 33. 38. 40. 44. 45.
Walnuts. 24.
Wheat. 27. 28.
White hands. 32.
Wind. 50.
Write. 72.
Wallwort. 78.

6 31 OCT